South East Para Swimming Open/Male Short Course Records

Open/Male 50m Freestyle

Name/ Club	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
	S5	Vacant		
Josh Coomer (Dover Life)	S6	44.71	Southampton	14/04/18
Andras Szeni (Guildford City)	S7	32.58	Sheffield	16/11/25
Owen Say (Wycombe)	S8	28.75	Sheffield	18/11/23
Tomas Navarro-Barber (Portsmouth N)	S9	26.85	Winchester	02/11/24
Graham Edmunds (Reading)	S10	24.31	Newport	04/07/09
	S11	Vacant		
Darren Leach (RTW Monson)	S12	25.66	Gillingham	18/02/07
Alfie Penfold (Crawley)	S13	27.24	Crawley	19/10/25
Tyler Ioannou (Wycombe Dist)	S14	24.91	Portsmouth	03/11/19

Open/Male 100m Freestyle

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
	S5	Vacant		
Josh Coomer (Dover Life)	S6	1:43.10	Southampton	14/04/18
Alexander Goodman (Fareham Nomads)	S7	1:13.96	Portsmouth	12/11/10
Owen Say (Wycombe)	S8	1:02.17	Sheffield	15/12/23
Tomas Navarro-Barber (Portsmouth)	S9	58.40	Winchester	03/11/24
Graham Edmunds (Reading)	S10	53.30	Brazil	05/12/09
	S11	Vacant		
Darren Leach (RTW Monson)	S12	57.46	Gillingham	12/03/06
Alfie Penfold (Crawley)	S13	59.42	Crawley	18/10/25
Tyler Ioannou (Wycombe Dist)	S14	54.75	Portsmouth	02/11/19

Open/Male 200m Freestyle

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
	S5	Vacant		
Josh Coomer (Dover Life)	S6	3:54.73	Gillingham	28/10/17

Alexander Goodman (Fareham N)	S7	2:39.29	Portsmouth	13/11/10
Owen Say (Bracknell)	S8	2:40.82	Bracknell	02/12/17
Tomas Navarro-Barber (Portsmouth)	S9	2:08.38	Portsmouth	08/10/23
Callum Pearson (Hastings)	S10	2:07.05	Hastings	11/04/19
	S11	Vacant		
Darren Smith (RTW Monson)	S12	2:07.81	Gillingham	18/02/06
Alfie Penfold (Crawley)	S13	2:19.36	Crawley	27/06/25
Tyler Ioannou (Wycombe Dist)	S14	2:02.91	Manchester	10/12/17

Open/Male 400m Freestyle

Name	Class	Time	Venue	Date
	S6	Vacant		
Alexander Goodman (Fareham)	S7	5:31.14	Sheffield	01/11/08
Owen Say (Wycombe)	S8	4:54.05	Sheffield	17/12/23
Tomas Navarro-Barber (Portsmouth)	S9	4:25.55	Smethwick	24/11/24
Graham Edmunds (Reading)	S10	4:27.13	Sheffield	03/11/07
	S11	Vacant		
	S12	Vacant		
Alfie Penfold (Crawley)	S13	4:35.96	Smethwick	24/11/24
Tyler Ioannou (Wycombe Dist)	S14	4:27.03	Portsmouth	02/11/19

Open/Male 800m Freestyle

Name	Class	Time	Venue	Date
	S6	Vacant		
Alexander Goodman (Fareham N)	S7	11:29.57	Portsmouth	15/11/09
	S8	Vacant		
Tomas Navarro-Barber (Portsmouth N)	S9	9.13.79	Portsmouth	01/12/23
Shane Scullion (Portsmouth N)	S10	9:42.11	Portsmouth	27/01/07
Alfie Penfold (Crawley)	S13	10:11.45	Crawley	24/11/23
Ashton Platts (Dover Life)	S14	10:10.77	Dover	12/07/25

Open/Male 1500m Freestyle

Name	Class	Time	Venue	Date
	S6	Vacant		
	S7	Vacant		
Owen Say (Bracknell)	S8	25:09.72	Bracknell	26/11/16
Matthew Davies (Romsey Totton)	S9	21:28.20	Southampton	15/12/22
Callum Pearson (Hastings)	S10	17:50.64	Hastings	21/11/19
	S13	Vacant		
Tyler Ioannou (Wycombe Dist)	S14	18:01.27	Reading	28/09/15

Open/Male 50m Backstroke

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
	S5	Vacant		
Morgan Young (Maidenhead)	S6	58.91	Eton	28/03/26
Damian Ng (Maidenhead)	S7	43.66	Maidenhead	10/05/14
Owen Say (Wycombe Dist)	S8	37.16	Sheffield	20/11/21
Tomas Navarro-Barber (Portsmouth N)	S9	34.31	Waterlooville	24/07/21
Michael Goody (Portsmouth N)	S10	29.71	Crawley	03/11/02
Tom Rust (Herne Bay)	S12	37.19	Sheffield	22/10/05
Alfie Penfold (Crawley)	S13	37.66	Crawley	08/09/23
Tyler Ioannou (Wycombe Dist)	S14	29.73	Portsmouth	06/11/16

Open/Male 100m Backstroke

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
Josh Coomer (Dover Life)	S6	2:08.79	Enfield	03/06/17
Andras Szeni (Guildford City)	S7	1:31.65	Sheffield	14/11/25
Owen Say (Wycombe Dist)	S8	1:20.72	Mansfield	06/06/21
Lewis Jones (Arun Tridents)	S9	1:12.63	Bognor Regis	07/06/25
Michael Goody (Portsmouth N)	S10	1:03.61	Crawley	15/03/03
	S11	Vacant		
	S12	Vacant		
Alfie Penfold (Crawley)	S13	1:16.32	Smethwick	23/11/24
Tyler Ioannou (Wycombe Dist)	S14	1:01.96	Portsmouth	02/11/19

Open/Male 200m Backstroke

Name	Class	Time	Venue	Date
	S6	Vacant		
	S7	Vacant		
Owen Say (Wycombe Dist)	S8	3:06.17	Wycombe	26/11/17
Nicholas Cole (Lewes)	S9	2:49.54	Seahaven	19/05/13
Michael Goody (Portsmouth N)	S10	2:18.17	Crawley	01/03/03
	S11	Vacant		
	S12	Vacant		
Alfie Penfold (Crawley)	S13	2:51.91	Crawley	08/09/23
Tyler Ioannou (Wycombe Dist)	S14	2:19.92	Reading	26/11/16

Open/Male 50m Breaststroke

Name	Class	Time	Venue	Date
	SB1	Vacant		

	SB2	Vacant		
	SB3	Vacant		
Jasper Thornton-Jones (Mid Sussex)	SB5	1:41.25	Burgess Hill	20/09/25
Josh Coomer (Dover Life)	SB6	58.75	Dover	16/06/18
Mykyta Dudchenko (Guildford City)	SB7	41.91	Guildford	28/03/26
Matthew Davies (Co Southampton)	SB8	38.56	Southampton	25/05/24
Callum Pearson (Hastings)	SB9	36.36	Hastings	06/06/19
Darren Leach (RTW Masters)	SB12	32.70	Gillingham	17/02/07
Alfie Penfold (Crawley)	SB13	42.54	Crawley	27/06/25
Sol Bressat (Jersey Tigers)	SB14	33.28	St Brelade	21/10/16

Open/Male 100m Breaststroke

Name	Class	Time	Venue	Date
	SB4	Vacant		
Jasper Thornton-Jones (Mid Sussex)	SB5	4:28.65	Bristol	22/09/24
Josh Coomer (Dover Life)	SB6	2:10.95	Southampton	14/04/18
Mykyta Dudchenko (Guildford City)	SB7	1:32.98	Guildford	29/03/26
Lewis Jones (ArunTridents)	SB8	1:21.13	Sheffield	06/12/24
Michael Goody (Portsmouth N)	SB9	1:13.92	Sussex	07/03/04
	SB11	Vacant		
Darren Leach (RTW Monson)	SB12	1:11.38	Manchester	26/08/04
Alfie Penfold (Crawley)	SB13	1:28.84	Crawley	07/07/23
Sol Bressat (Tigers Jersey)	SB14	1:10.47	Manchester	09/12/17

Open/Male 200m Breaststroke

Name	Class	Time	Venue	Date
	SB5	Vacant		
	SB6	Vacant		
	SB7	Vacant		
Matthew Davies (Romsey Totton)	SB8	3:02.99	Totton	01/11/22
Matthew Rishworth (Staines)	SB9	2:51.85	Walton on Thames	25/02/17
	SB11	Vacant		
	SB12	Vacant		
Alfie Penfold (Crawley)	SB13	3:54.61	Crawley	11/06/21
Sol Bressat (Tigers Jersey)	SB14	2:40.64	Jersey	27/10/18

Open/Male 50m Butterfly

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		

	S4	Vacant		
	S5	Vacant		
Josh Coomer (Dover Life)	S6	53.85	Gillingham	28/10/18
Alexander Goodman (Fareham N)	S7	35.88	Nottingham	14/08/15
Mykyta Dudchenko (Guildford City)	S8	35.19	Guildford	29/03/26
Tomas Navarro-Barber (Jersey Tigers)	S9	30.04	Portsmouth	12/09/25
Michael Goody (Portsmouth N)	S10	27.03	Portsmouth	22/04/06
Darren Leach (RTW Masters)	S12	29.08	Kent	04/03/07
Alfie Penfold (Crawley)	S13	30.44	Crawley	18/10/25
Tyler Ioannou (Wycombe Dist)	S14	26.49	Portsmouth	02/11/19

Open/Male 100m Butterfly

Name	Class	Time	Venue	Date
Alexander Goodman	S7	1:30.89	Winchester	16/12/07
Mykyta Dudchenko (Guildford City)	S8	1:18.87	Guildford	29/03/26
Tomas Navarro-Barber (Portsmouth)	S9	1:08.12	Winchester	02/11/24
Michael Goody (Portsmouth N)	S10	1:02.55	Sussex	28/02/04
	S11	Vacant		
Darren Leach (RTW Monson)	S12	1:07.97	Gillingham	18/02/07
Alfie Penfold (Crawley SC)	S13	1:17.14	Guildford	12/09/25
Tyler Ioannou (Wycombe Dist)	S14	58.96	Portsmouth	03/11/19

Open/Male 200m Butterfly

Name	Class	Time	Venue	Date
	S8	Vacant		
Maximilian Tulloch (Chalfont)	S9	3:13.03	Amersham	08/07/17
Michael Goody (Portsmouth N)	S10	2:23.74	Crawley	01/03/03
	S12	Vacant		
Taylor Ioannou (Wycombe Dist)	S14	2:27.58	St Brelade	23/10/16

Open/Male 100m Individual Medley

Name	Class	Time	Venue	Date
	SM1	Vacant		
	SM2	Vacant		
	SM3	Vacant		
	SM4	Vacant		
	SM5	Vacant		
Josh Coomer (Dover Life)	SM6	2:01.30	Dover	16/09/18
Alexander Goodman (Fareham)	SM7	1:29.26	Sheffield	26/11/11
Owen Say (Bracknell)	SM8	1:27.78	Bracknell	17/06/17
Lewis Jones (Arun Tridents)	SM9	1:15.05	Littlehampton	12/07/23
Michael Goody (Portsmouth N)	SM10	1:02.37	Sussex	21/02/04
	SM11	Vacant		
	SM12	Vacant		
Alfie Penfold (Crawley)	SM13	1:18.36	Crawley	22/05/26

Tyler Ioannou (Wycombe Dist)	SM14	1:04.39	Portsmouth	05/11/16

Open/Male 150m Individual Medley

Name	Class	Time	Venue	Date
	SM1	Vacant		
	SM2	Vacant		
	SM3	Vacant		
	SM4	Vacant		

Open/Male 200m Individual Medley

Name	Class	Time	Venue	Date
	SM3	Vacant		
	SM4	Vacant		
	SM5	Vacant		
Josh Coomer (Dover Life)	SM6	4:13.60	Southampton	14/04/18
Alexander Goodman (Fareham)	SM7	3:04.89	Nottingham	13/08/15
Owen Say (Bracknell)	SM8	3:01.93	Bristol	11/03/18
Lewis Jones (ArunTridents)	SM9	2:32.92	Sheffield	08/12/24
Michael Goody (Portsmouth N)	SM10	2:18.98	Sussex	22/02/04
	SM11	Vacant		
Tom Rust (Herne Bay)	SM12	2:55.74	Dover	17/9/23
Alfie Penfold (Crawley)	SM13	2:46.93	Crawley	06/06/24
Tyler Ioannou (Wycombe Dist)	SM14	2:16.48	Portsmouth	03/11/19

Open/Male 400m Individual Medley

Name	Class	Time	Venue	Date
	SM6	Vacant		
	SM7	Vacant		
	SM8	Vacant		
Maximilian Tulloch (Chalfont)	SM9	6:33.61	Gerrards Cross	11/06/18
Michael Goody (Portsmouth N)	SM10	5:02.39	Crawley	15/03/03
	SM11	Vacant		
	SM12	Vacant		
Alfie Penfold (Crawley)	SM13	6:01.26	Crawley	15/05/26
Ashton Platts (Dover Lifeguards)	SM14	5:08.59	Dover	17/10/26

Updated 2026-10-27