

MASTERS OPEN SHORT COURSE COMPETITION



(Held under Swim England Regulations and Technical Rules)

Saturday 26th September 2026

K2 Crawley, Pease Pottage Hill, Crawley, West Sussex, RH11 9BQ

Pool: 25m x 8 lanes with electronic timing

Welcome to the 20th Swim England South East Masters Short Course Competition. Please read this document carefully, it contains important information for those wishing to enter this event.

CLEAR POOLSIDE POLICY

Swimmers must use the seats in the gallery and should only be on the poolside when going to and from the pool for warming up and to the marshalling area for their event. Swimmers, please don't bring bags to the poolside, just bring what you need for your swim.

We would welcome additional help for timekeeping, marshalling or for administrative tasks, from partners or friends of competitors. Offers to [Geoff Stokes](#), please, Tel. 07850 446130.

SCHEDULE OF EVENTS

Session 1				*Session 2			
*Warm up 8:30 am for 9:35 am start				*Warm up 1:00 pm for 1:45 pm start			
1	Mixed	400m	Freestyle	15	Mixed	400m	Ind. Medley
2	Female	50m	Butterfly	16	Open/Male	50m	Backstroke
3	Open/Male	50m	Butterfly	17	Female	50m	Backstroke
4	Female	100m	Breaststroke	18	Mixed	200m	Butterfly
5	Open/Male	100m	Breaststroke	19	Open/Male	50m	Freestyle
6	Female	100m	Backstroke	20	Female	50m	Freestyle
7	Open/Male	100m	Backstroke	21	Mixed	200m	Breaststroke
8	Mixed	200m	Ind. Medley	22	Open/Male	100m	Ind. Medley
9	Female	100m	Butterfly	23	Female	100m	Ind. Medley
10	Open/Male	100m	Butterfly	24	Mixed	200m	Backstroke
11	Female	50m	Breaststroke	25	Mixed	200m	Freestyle
12	Open/Male	50m	Breaststroke				
13	Female	100m	Freestyle				
14	Open/Male	100m	Freestyle				
				Estimated finish 5:00 pm			

*Warm-up arrangements and the session start times will be confirmed once entries have closed see Condition 10 below.

CONDITIONS

1 PROMOTER

The promoter is Geoff Stokes on behalf of the Swim England South East Region Masters Group, hereinafter called the "Promoter".

2 GENDER POLICY

In line with the Swim England Transgender and Non-Binary Competition Policy the meet will be held with the following categories:

Female – Swimmers with a birth sex of female and categorised as female in the Swim England on-line membership system.

Or

Open/Male – Swimmers with a birth sex of male, Trans or non-binary swimmers and any swimmers not eligible for the female category.

For the avoidance of doubt, swimmers eligible for the Female category may not enter the Open/Male category.

Further details on the policy and the definitions can be found at

<https://www.swimming.org/swimengland/transgender-competition-policy-update/>

3 AGE GROUPS

Age groups are 18 to 24 years old, and from 25 years old in 5-year age bands up to 95 years and over. Ages are as at **31st December 2026**. All competitors must be 18 years of age or older on **26th September 2026**.

4 EVENTS AND QUALIFYING TIMES

Events are: 50m, 100m, 200m backstroke, breaststroke, butterfly, freestyle, 100m, 200m & 400m individual medley and 400m freestyle.

Qualifying times (QTs) are used to ensure a minimum standard for the competition, and to enable it to run to time. By submitting an entry swimmers confirm that since **1st January 2024** they have achieved the qualifying times specified on page 4 and 5 of this document for all the events they have entered. The times can be short course times or long course times converted and must be included in the British Swimming Masters Rankings.

Para Competitors with a swimming classification that is held on the British Swimming Classification Database at the time of entry shall not be required to qualify. Para competitors wishing to enter with times outside the normal QTs will need to contact [Masters Entries](#) for an entry key to enable them to enter.

5 ENTRY PROCEDURE

All swimmers must be current

- Swim England “Club Compete” members, or
- Scottish Swimming “Athlete” members, or
- Swim Wales “Club – Competitive” members

at the time of entering.

Swimmers not registered with the above bodies may not enter.

You should check your membership record at:

- Swim England - <https://www.swimmingresults.org/membershipcheck>
- Scottish Swimming - <https://www.scottishswimming.com/membership/membership-check>
- Swim Wales - <https://www.swimwales.org/membership-checker>

IF YOUR MEMBERSHIP RECORD DOES NOT CONFIRM THAT YOU MEET THE ELIGIBILITY REQUIREMENTS ABOVE – **DO NOT SUBMIT AN ENTRY.**

We will be checking compliance with the above and any entries that do not comply will be rejected. Scottish Swimming and Swim Wales members should add a note to their entry indicating that they are members of those organizations to assist us to carry out the checks.

Swimmers who have chosen to hide their membership data cannot be checked and so will be rejected. Such swimmers should email [Masters Entries](#) before entering to discuss alternative checking arrangements.

Entries can be made on-line via this link,

[ENTER HERE](#)

Click the link below to see the List of Entries to date.

[ENTRY LIST](#)

6 ENTRY OPENING DATES

Entries from Swim England South East swimmers and those from Swim England London Surrey and Swim England London Kent can be made from **1st July 2026**. Swimmers from all other areas can enter from **15th August 2026**.

7 ENTRY FEES AND PAYMENT

A **non-refundable** fee of £2.00 to cover administration will be added to the total cost of each individual entry.

Individual events

50m £7.50 each

100m £8.00 each

200m events - £9.50 each

400m events - £13.00 each

Entry fees will not be refunded for withdrawals whatever the reason after the event has closed to entries (including closing early – see Condition 8 below). All payments will be collected on-line with Stripe via a credit or debit card. Entry fees must be paid at the time of entry.

8 CLOSING DATE FOR ENTRIES

Entries close 12 noon on Wednesday **16th September 2026** or earlier if events are fully subscribed.

9 REGISTRATION, RE-ENTRY AND WITHDRAWAL

All swimmers must register for the events they intend to swim on the sheets provided at the pool **45 minutes** before the start of each session. If you do not register, you will not be able to swim. If you need to withdraw from the competition, please do so by email to [Masters Entries](#) before the entries are closed, this may be before the published closing date if the meet is full before then.

10 LIST OF ACCEPTED SWIMMERS, WARM-UP ARRANGEMENTS AND SESSION CONFIRMATION TIMES

This information will be posted [here](#) during the week before the meet. Please do not chase the organisers for this, it will be posted when it is ready.

11 HEAT SHEETS

Heat sheets will be posted at the pool before the start of each session and be available on-line. There will not be a programme available on the day, swimmers are advised to bring a copy of the Schedule of Events with them to the meet.

12 RESULTS

Results will be decided on heat times; there will be no finals. They will be available on-line and updated after each event has been completed.

13 EVENTS AND SEEDING

In the mixed events Open/Male and Female swimmers will swim together in the same heats. Events will be seeded in order of entry time, irrespective of age, from slowest to fastest. The fastest heat in each event will be spearheaded. Swimmers must submit an entry time in order to complete the on-line entry process.

14 AWARDS

Medals will be awarded to individuals placed 1st, 2nd, and 3rd in each age group. Points will be awarded as follows: 1st place 3 points, 2nd place 2 points, 3rd place 1 point. Clubs will be ranked according to their accumulated points.

15 PHOTOGRAPHY

By submitting an entry, entrants are accepting that their photograph and video images may be taken and used to promote the sport by Swim England South East, and/or made available for download and purchase. Races may be live streamed. All photography will conform to the "Swim England Photography and Photographing Swimmers Policy".

16 USE OF MOBILE PHONES/DEVICES

Under Swim England's safeguarding policy, the use of mobile phones and devices capable of taking photos is strictly prohibited under any circumstances in the changing rooms (including making a call). To quote, **Swim England has a zero-tolerance policy towards the use of mobile phones and other digital devices in the changing rooms during Swim England regulated activities.**

The safeguarding policy is principally aimed at protecting under-18s. Although under-18s are not permitted to enter this meet, we do not have exclusive access to the changing rooms, and there are frequently under-18s in the changing rooms who are taking part in aquatic activities in other parts of the K2 pool complex. As such, we require all swimmers entering the meet and all other persons attending to comply with Swim England policy. **IN PRACTICE, PHONES AND OTHER DEVICES SHOULD NEVER BE VISIBLE IN THE CHANGING ROOMS. THEY SHOULD BE STOWED IN POCKETS OR BAGS.**

17 LIMITS OF LIABILITY

In the event of the meet being cancelled for whatever reason event entry fees will be refunded. The promoter accepts no responsibility for any consequential costs.

18 OTHER

Any matters not provided for in these conditions shall be decided by the Promoter.

PLEASE READ THE FOLLOWING NOTES CAREFULLY

- 1) If you break a record, please complete the application form available from the medal table as soon as possible after the swim and hand it to the promoter so that the appropriate signatures can be obtained. Claiming a record after the meet may not be possible if the paperwork is not completed at the time.
- 2) Please comply with the warm up arrangements and with any instructions given by the warm up marshals. DIVING is only permitted in the sprint lanes; YOU MAY BE ASKED TO LEAVE THE WATER IF YOU DIVE INTO ANY OTHER LANE DURING THE WARM UP.
- 3) **Finding the pool.** For directions to the venue search on Google for K2 Crawley. Parking is free.
- 4) Enquiries to Geoff Stokes email: [Masters Entries](mailto:Geoff.Stokes@swimengland.org) Tel. 07850 446130.

PERSONAL DECLARATION

By submitting my on-line entry, I certify that I am physically fit to participate in this event. I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in Masters Swimming events and any other associated activities.

I also confirm that by entering that

- I am currently registered as a competitive swimmer and my registration number is as provided in the on-line entry form,
- I have read and understand the Conditions listed in this document and accept them,
- I am a member of the club for which I have entered,
- my date of birth and my entry times declared are correct,
- if I have entered the "Female" category my birth sex was female.

[Masters Entries](mailto:Geoff.Stokes@swimengland.org)

Geoff Stokes
Meet promoter

Qualifying times Open/Male

Age	18/24	25/29	30/34	35/39	40/44	45/49	50/54	55/59	60/64	65/69	70/74	75/79	80/84	85/89	90+
50 free	00:34.0	00:34.0	00:34.2	00:35.1	00:36.0	00:37.0	00:38.0	00:39.1	00:40.5	00:42.3	00:44.6	00:47.8	00:52.5	00:59.8	No QTs
100 free	01:15.0	01:15.0	01:16.5	01:18.2	01:20.0	01:22.0	01:24.3	01:27.2	01:30.9	01:35.6	01:41.6	01:49.3	01:59.8	02:16.0	
200free	02:47.4	02:47.4	02:50.4	02:53.0	02:55.8	02:59.4	03:04.5	03:11.5	03:20.8	03:33.0	03:48.4	04:07.9	04:33.1	05:07.6	
400 free	05:57.4	05:57.4	05:57.8	05:58.7	06:04.5	06:15.5	06:30.2	06:47.0	07:05.4	07:27.1	07:56.7	08:41.8	09:50.8	11:23.6	
50 breast	00:41.3	00:41.3	00:42.2	00:43.4	00:44.5	00:45.3	00:46.4	00:48.0	00:50.5	00:53.9	00:58.1	01:02.6	01:07.5	01:14.8	
100 breast	01:32.3	01:32.3	01:33.9	01:35.8	01:37.7	01:39.8	01:42.7	01:47.0	01:53.2	02:01.5	02:11.8	02:23.9	02:38.1	02:58.1	
200 breast	03:22.2	03:22.2	03:23.3	03:25.0	03:28.8	03:35.4	03:44.7	03:56.4	04:10.3	04:26.3	04:45.3	05:09.4	05:43.3	06:37.1	
50 fly	00:36.2	00:36.2	00:36.9	00:37.9	00:38.9	00:39.8	00:41.0	00:42.5	00:44.5	00:47.1	00:50.3	00:54.7	01:02.0	01:19.8	
100 fly	01:19.2	01:19.2	01:20.6	01:22.7	01:24.4	01:26.0	01:28.1	01:31.5	01:36.9	01:44.9	01:56.5	02:13.1	02:38.9	03:30.1	
200 fly	02:58.8	02:58.8	03:04.7	03:10.7	03:14.3	03:17.2	03:22.8	03:33.9	03:52.0	04:16.8	04:45.0	05:12.3	05:45.3	07:21.9	
50 back	00:37.2	00:37.2	00:37.7	00:38.3	00:39.2	00:40.3	00:41.8	00:43.6	00:45.8	00:48.5	00:51.9	00:56.2	01:02.3	01:11.4	
100 back	01:21.6	01:21.6	01:22.9	01:24.6	01:26.8	01:29.7	01:33.4	01:37.9	01:43.5	01:50.0	01:57.7	02:07.0	02:18.8	02:36.6	
200 back	02:57.0	02:57.0	03:00.3	03:04.2	03:09.0	03:15.3	03:23.1	03:32.8	03:44.5	03:58.7	04:16.0	04:37.3	05:04.7	05:41.7	
100 IM	01:23.9	01:23.9	01:26.4	01:28.6	01:30.3	01:31.8	01:34.1	01:37.9	01:43.6	01:51.2	02:00.2	02:10.4	02:23.4	02:49.8	
200 IM	03:00.9	03:00.9	03:07.1	03:14.0	03:18.7	03:21.8	03:25.9	03:33.5	03:46.4	04:05.3	04:29.5	04:57.4	05:32.1	06:39.3	
400m IM	06:34.3	06:34.3	06:42.3	06:48.2	06:53.2	07:01.0	07:15.7	07:40.2	08:16.0	09:02.0	09:54.3	10:48.9	11:55.5	14:15.1	

Qualifying times Female

Age	18/24	25/29	30/34	35/39	40/44	45/49	50/54	55/59	60/64	65/69	70/74	75/79	80/84	85/89	90+
50 free	00:38.5	00:38.5	00:38.7	00:39.0	00:39.7	00:40.7	00:42.1	00:43.8	00:45.8	00:48.2	00:51.2	00:55.3	01:01.4	01:11.4	No QTs
100 free	01:24.8	01:24.8	01:25.7	01:26.9	01:28.6	01:30.8	01:33.8	01:37.5	01:42.1	01:48.1	01:56.1	02:07.2	02:23.4	02:48.7	
200free	03:08.0	03:08.0	03:09.4	03:10.0	03:12.3	03:17.3	03:24.7	03:34.2	03:45.4	03:58.4	04:14.2	04:35.6	05:07.6	06:00.2	
400 free	06:30.9	06:30.9	06:34.9	06:38.7	06:43.6	06:51.3	07:03.6	07:22.3	07:48.3	08:22.5	09:05.1	09:56.4	10:59.0	12:25.1	
50 breast	00:48.8	00:48.8	00:49.4	00:49.8	00:50.7	00:52.5	00:55.1	00:58.5	01:02.0	01:05.5	01:08.6	01:12.0	01:17.9	01:32.2	
100 breast	01:44.5	01:44.5	01:45.5	01:47.0	01:49.8	01:54.3	02:00.4	02:07.6	02:15.3	02:22.9	02:30.3	02:39.4	02:54.9	03:31.9	
200 breast	03:43.5	03:43.5	03:45.9	03:50.9	03:58.5	04:08.7	04:21.1	04:34.8	04:49.3	05:04.7	05:22.2	05:45.4	06:22.6	07:34.6	
50 fly	00:40.1	00:40.1	00:40.9	00:41.8	00:42.5	00:43.2	00:44.4	00:46.3	00:49.2	00:53.3	00:58.3	01:04.8	01:15.4	01:46.1	
100 fly	01:31.5	01:31.5	01:34.9	01:37.8	01:39.5	01:41.0	01:43.9	01:49.5	01:58.9	02:12.1	02:28.1	02:46.1	03:11.7	04:27.1	
200 fly	03:18.4	03:18.4	03:28.4	03:37.1	03:40.1	03:41.1	03:46.0	03:59.5	04:24.4	05:00.2	05:40.3	06:15.8	07:04.0	10:58.6	
50 back	00:42.3	00:42.3	00:43.2	00:44.4	00:45.5	00:46.7	00:48.0	00:49.8	00:52.5	00:56.4	01:01.9	01:09.2	01:18.7	01:31.0	
100 back	01:30.5	01:30.5	01:31.7	01:33.9	01:36.4	01:39.1	01:42.3	01:46.7	01:52.7	02:01.2	02:12.9	02:28.8	02:50.2	03:18.9	
200 back	03:18.4	03:18.4	03:20.2	03:22.7	03:26.9	03:33.1	03:41.9	03:53.7	04:08.9	04:28.2	04:52.6	05:23.9	06:04.9	07:01.6	
100 IM	01:34.1	01:34.1	01:35.0	01:36.4	01:38.4	01:41.0	01:44.7	01:49.7	01:56.1	02:04.1	02:13.9	02:26.3	02:44.3	03:17.0	
200 IM	03:21.0	03:21.0	03:25.9	03:31.4	03:35.5	03:39.9	03:47.1	03:59.1	04:16.8	04:38.8	05:02.4	05:26.4	06:02.7	07:59.7	
400m IM	07:08.5	07:08.5	07:18.8	07:29.1	07:36.8	07:45.8	08:01.7	08:28.8	09:08.2	09:56.7	10:46.8	11:36.9	12:59.4	18:02.1	