

Annual Report

2025

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Supporting and enabling the delivery of enjoyable aquatic experiences in a safe and inclusive environment

President's Report

Whilst my year as Regional President appears to have flown by, it has been an action-packed 12 months. Like many of my predecessor Regional Presidents, I took the opportunity to visit and watch aquatic disciplines I had not seen live before, in particular Artistic Swimming and Diving.

I also attended the Regional Open Water Championships in June, held at Mercers Country Park near Redhill. As that weekend was extremely hot, I didn't get the full Open Water "wet and cold" experience that so many people told me about.

The Regional Swimming Championships were, as ever, high points of the year for me as a Swimming Referee, and the organisation and delivery were of the very highest quality. My thanks go to all the volunteers and Regional staff who made it all happen.

As I also had the honour of serving as Berkshire and South Buckinghamshire President this year, I had plenty of opportunities to connect with Clubs, which gave me real insight into the challenges that the Clubs in the South East Region face week in, week out.



**Peter Roycroft, President,
Swim England South East Region**

Chair's Report



I would like to open my 2025 report, as I did last year, by thanking my fellow Regional Board Members for their constant support in what was another "interesting" year. As in previous years, supported by the unrelenting effort from regional staff, we have remained focused on supporting you all to the best of our ability in an ever changing and challenging environment.

Throughout 2025, we continued to meet monthly, primarily on line, with two face to face meetings, in June and November. Peter Rycroft joined us as President, and I am grateful for his contribution to our discussion and debate. The sub committees have continued unchanged. Roger Prior continues as the Board member responsible for Finance, the Audit Committee is chaired by Chris Lee. Roger Penfold is the Board member responsible for Welfare, supported by the regional Welfare Officer Andy Geiss. The Nominations Committee is chaired by Carys Jones and Brian Deval remains responsible for Communications. Jenny Gray chairs the Strategy & Development Committee.

In 2025, the Strategy & Development Committee, with strong support from representatives from the Disciplines, worked to develop our new strategy. As you will be aware, the 'ONE Swim England' strategy was launched in 2024, intended to deliver enjoyable experiences in water for everyone, regardless of age, ability or background.

The South East Region strongly support this approach and have adopted the same principles, and you will recognise a similar tone, structure and language.

However, because the South East Region is currently the largest region within Swim England, representing over 20% (37,567 members) of the total membership, 6 County Associations and 173 Clubs our priorities have been developed to address these specific regional challenges. Our Strategy will be re-assessed annually. All details are available on the website which will be updated as the Strategy evolves. For the purposes of this report, I have included a summary of our Vision, Mission, Values and Strategic Pillars on the following page.

It is important to emphasise that our new strategy continues to support our fundamental responsibilities to strong clubs, talent pathways and excellent competitions but also includes new areas including Access to Water, Learn to Swim and Aquatics for Health & Wellbeing.

I want to thank those County Committees who welcomed me to their meetings and offered their opinions and perspectives so readily. This valuable input has been shared both regionally and nationally and will help to shape our future direction and annual priorities.

2025 marked a significant re-organisation of our National Governing Body (NGB), Swim England. The new structure, with revised roles and responsibilities designed to deliver their new strategy, was finalised towards the end of the year and is now broadly in place. Most of the roles have been filled and recruitment of the remaining positions is underway. It is worth acknowledging that this was a period of immense change and its impact should not be underestimated. The strategic benefits will take some time to be fully realised.

The continued endeavours of our Regional Team comprising; Bryony Gibbs, Kristie Jarrett and Kate Hutchinson should be acknowledged and congratulated. I am aware that some of you have not always received the level of support from Swim England that you should have been able to expect, nevertheless I am confident that these frustrations would have been much more significant without the commitment and diligence of the team who

have worked tirelessly to support you. In addition to navigating the impact of change, the team delivered significant numbers of volunteer training programmes that helped ensure a high level of compliance to the Club Affiliation requirements. The Team also delivered various athlete development programmes. Details of all these activities are included in the detailed reports that follow.

We held our Annual Volunteer Awards ceremony in Guildford in November, and my congratulations go all the nominees and winners on the day. The Region was also very well represented in the National Awards presented by Swim England in Birmingham. Full details of all our Award winners are included in a later report.

As usual, there follows detailed reports from each discipline. You will read that Mike Lambert, a member of the Regional Management Board has stepped down as Swimming Manager after many years of dedicated service, particularly organising the Regional championships. This has become an increasingly challenging environment, and we are indebted to Mike for his commitment, experience and energy in the role. Mike will be missed but I am confident that the new team will continue to support our swimmers with the same commitment. On that note, I would like to thank all the volunteers across the South East who provide so much support to enable aquatics to thrive in our Region.

At long last, and following the approvals at earlier Annual Council Meetings to move towards an incorporated structure and after receiving relevant legal and taxation advice, the unincorporated association, known as Swim England South East Region, entered into a transfer agreement with Swim England South East Limited.

On 31st December 2025, the unincorporated association transferred its business, the benefit of its assets and its liabilities and obligations to Swim England South East Limited.

**Sara Todd, Chair,
Swim England South East Region
Sara.Todd@southeastswimming.org**

Our Vision

Aquatics for All.

Our Mission

To support and enable the delivery of enjoyable aquatic experiences in a safe and inclusive environment.

Our Values

We are inclusive

We consult, collaborate and guide

We are transparent and communicate clearly

We hold ourselves accountable

We are ambitious

We demonstrate professionalism and leadership

Foundations of the Strategy

Trusted Welfare & Safeguarding

We will continue to promote acceptable standards of behaviour in an environment where everyone feels safe to enjoy their sport and to raise concerns without fear. We will focus on listening, education, and the development and implementation of best practice.

Stronger Clubs

Aquatic Clubs remain at the centre of our sports and we will remain committed to supporting them with guidance and assistance to strengthen the positive experience of all involved – athletes, coaches, teachers, volunteers and officials, parents and carers.

Access to Water

Access to appropriate facilities is an imperative to success and is a constant challenge. We will continue to advocate and partner where possible with operators, local authorities and our NGB to ensure sufficient quality and quantity of blue space.

Principled Culture

In the spirit of our stated values we will develop an environment where everyone feels included, valued and encouraged to enjoy aquatic sports.

Outstanding Events

We will remain committed to delivering high quality events that deliver positive experiences for all involved and encourage athletes to thrive and succeed.

Effective Talent Pathways

Guided by our NGB, we will ensure a cohesive and effective programme for all disciplines ensuring athletes have the opportunity to achieve their personal goals and maximum potential.

Learn to Swim

We will encourage participation in Learn to Swim for all ages through advocacy and education, reinforcing Learn to Swim as the route to participation in all disciplines.

Strategy and Development Group

Strategy and Development report

The Strategy and Development Group became more inclusive during the year with all disciplines being invited to the online meetings. The uptake of invitations has varied with each meeting, but the new format has been well received and allowed disciplines to understand the development opportunities offered by the Region. We are delighted that discipline representatives join our online meeting and because of their specific expertise, add richly to discussion.

The Regional Strategy has now been agreed, and published initially on the website, and will be formatted for a variety of audiences and across a range of platforms.

Bursaries and training opportunities

Following Swim England's decision to place SwimMark under review the region has agreed that all clubs can apply for 2 Coaching Bursaries and an additional Senior coach bursary. This will be monitored for demand.

During 2025 we awarded:

- 19 – Assistant Coach bursaries
- 29 – Coach bursaries
- 3 – Land Training bursaries
- 9 – Senior Coach bursaries
- 131 – Safeguarding bursaries

In addition, we supported:

- 14 TM1 workshops allowing 439 people to train
- 5 TM2 workshops allowing 119 people to train
- 9 Time to Listen course were run in the year allowing 63 volunteers to provide support to their clubs

We continued to support coach development through opportunities across the swimming pathway activities. The coach mentoring programme continues to support 8 coaches per year based on applications for support. The regional coach forum continues to support and drive improvement across development programmes.

Development

During the year we delivered a range of development programmes:

- Swimming Development Camps
- Three camps for 13 year olds – attended by 36 athletes supported by 7 coaches plus sports science staff and team managers

Distance training camp

Delivered alongside the open water – attended by 60 athletes from 13-15 years and supported by coaches and team managers

Jenny Gray MBE,
Board Member responsible
for Strategy & Development
jennysynchro@gmail.com



We have remained focused on supporting athletes, teachers, coaches and volunteers.



These annual awards bring the entirety of the aquatics community together to celebrate the individuals, groups and organisations for their outstanding contributions throughout the previous 12 months.

In 2025, the awards highlight achievements from clubs, coaches, teachers, volunteers, inclusion, health and much more – showcasing those that create great experiences across aquatics. Our South East award winners were:

Artistic Swimming Club of the Year

- Gold: Medway Artistic SC

Children/Age Group Coach of the Year

- Gold: Matthew Roberts (Southampton Diving)

Diving Club of the Year

- Gold: Star Diving Club

Participation & Community Coach of the Year

- Gold: James Bell (Larkfield SC)

Swimming Club of the Year

- Gold: Bourne End SC

Talent Development Coach of the Year

- Gold: Matt Gough (Ashford Town SC)

Technical Official of the Year

- Gold: Erica Moo (Hythe Artistic SC)

Volunteer of the Year

- Gold: Robert Nicolas (Dover Lifeguard SC)

Young Volunteer of the Year

- Gold: Abigail Brown (Bletchley & District SC)

Clubs and individuals from the South East were well represented in the Swim England National Awards:

- Club of the Year: Artistic Swimming, Medway Artistic Swimming Club
- Coach Mentor or Developer of the Year: Silver, David Vine (Reading SC)
- Coach Mentor or Developer of the Year: Bronze, Lee Spindlow (Guildford City SC)
- Technical Official of the Year: Silver, Erica Moo (Hythe Artistic SC)
- Talent Athletes: Swimming, Amalie Smith (RTW Monson SC)

Harold Fern Award



Ron Philpot (Crawley SC was awarded Swim England's Harold Fern Award)

The Harold Fern Award, Swim England's most prestigious award was presented to Ron Philpot (Crawley SC). Ron's award recognised a lifetime of commitment to swimming, as a competitor, coach, tutor and mentor.



Our Regional Award Winners

Communications

During the year we saw growth across all our platforms.

The website remains the single resource for all regional information – all other platforms are used to direct users to it. As a general policy we always try link to the original source of information. For instance, Swim England’s Welfare (Wavepower) is regularly being updated and is too important not to be seen in its original format.

Use of the website varies considerably through the year and depends on what is happening in the Region at any one time – for example our Age Group Championships will always see very high traffic.

Our monthly Newsletter, published on the 1st of each month excluding January, is where we tell you about what’s happening and going to be

happening. It’s where we can tell you about both national and regional news relevant to all our members.

Alongside the Newsletter we have Swimming Competition News. This publication is available to anyone who signs up and provides updates about all the swimming competitions in the region. Its remit will be expanding in 2026 to include Open Water and Masters competitions.

In addition to these platforms we have Facebook, X and Instagram. Although our followers on these platforms continue to grow. We are very aware that our social media presence is not as good as it needs to be. To address this, we now have a training plan to support the professional team and will be making use of appropriate AI tools.

Brian DeVal
*Board member responsible
for Communications*
comms@southeastswimming.org

Finance

The accounts submitted show the comparisons with the previous year. Expenditure will increase substantially this year with the recruitment of another member of staff and even more next year when that staff member will be on board for the full year. However, some of that will be ameliorated this year, because we will not be covering any maternity leave. There will also, of course, be the effect of the change in National Insurance employers' contributions.

Income

It can be seen that total income was some £15,000 up on the previous year. This was mainly caused by some increase in membership, increased income from Licensed meet fees and a substantial increase in bank interest. In the current climate it is not at all clear whether interest income will keep to the current levels.

A new sponsor came on board last year to run swim shops at our events; income from that is still more than it had been before last year and the merchandise has been extremely popular.

Expenditure

It is yet again disappointing that a budget of substantial excess of expenditure over income has turned into a surplus of income over expenditure. Again, some disciplines are still finding it very difficult to find volunteers to run their activities and many of those planned have not taken place. Other disciplines have had a bit of a hiatus because of having to adapt to considerable changes in competition regulations made by World Aquatics. I must repeat that the Regional Staff support the disciplines as much as possible, but volunteers are needed if a full programme of events is to be achieved.

There was another decrease in demand for Coaching Bursaries this year, which we think was, again, due to the fact that the backlog seems to have settled down. However, there may be a slight rise this year as, because of the suspension of the Swim Mark programme, the Board felt that we should no longer restrict the Bursaries to Swim Mark clubs. To lessen the effect the Board did reduce the number of Bursaries available to each club.

As a word of caution, I fear we will see a substantial rise in the costs of facilities hire in the near future. Just this month I have been informed of unbudgeted cost increases for facilities for the Summer Swimming Championships, with our main venue increasing charges by 13%! We will be hosting the Swim England Diving Skills competition for the next two years and I have been informed that the pool hire will be £2,000 more than East Region paid last year. It is also completely unknown what effect the current fuel crisis will have.

Further, due to the size of the Region, many of our officials need to stay in hotels during the competitions, and hotel prices have increased dramatically recently.

Thanks

Yet again I would like to thank our Regional staff, Bryony Gibbs, Kristie Jarrett and Kate Hutchinson for their support. I must also thank the Finance Group for their support and advice. Finally, the Discipline Managers have done a good job managing their budgets and I thank them for that.

Reserves

During 2025, the Finance Group took a new look at the minimum level of reserves that the Region needed. Since the formation of the Region, we had worked on a rule-of-thumb figure of £150,000. It was deemed that sensible reserves should be the greater of six months operating expenditure or the likely cost of closing the company. I am very grateful to Chris Lee who undertook those calculations on behalf of the Group. The figure he came up with was £250,000 and the Board accepted that recommendation. The current level of reserves is some 50% above that, but it is unlikely that will not decrease over the next few years.

The Future

We look forward to our movement into operating as a limited company for this financial year, but think the financial challenges may be much more difficult.

Roger Prior
Board Member Responsible for Finance

SWIM ENGLAND SOUTH EAST REGION

STATEMENT OF RESPONSIBILITIES OF THE REGIONAL MANAGEMENT BOARD FOR THE FINANCIAL STATEMENTS

Current accounting practice requires the Regional Management Board to prepare financial statements for each financial year which give a true and fair view of the Region's state of affairs at the end of the year and of its income and expenditure for that period. In preparing those financial statements the Regional Management Board is required to:-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;

state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the Region will continue in business.

The Regional Management Board is responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the Region. It is responsible for maintaining a satisfactory system of control over the Region's books of account, its cash holdings and its receipts and remittances and must also take adequate precautions to guard against falsification and facilitate its discovery.

SWIM ENGLAND SOUTH EAST REGION

ACCOUNTANTS' REPORT TO THE MEMBERS OF SWIM ENGLAND SOUTH EAST REGION

In accordance with our terms of engagement we have compiled the financial statements of Swim England South East Region for the year ended 31 December 2025 which comprise the Income and Expenditure Account, Balance Sheet and the related notes from the accounting records and information and explanations you have given to us.

The financial statements have been compiled on the accounting basis set out in note 1 to the financial statements. The financial statements are not intended to achieve full compliance with the provisions of UK Generally Accepted Accounting Principles.

This report is made to you, in accordance with the terms of our engagement. Our work is undertaken so that we might compile the financial statements that we have been engaged to compile, report to you that we have done so, and state those matters that we have agreed to state to you in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Regional Management Board, for our work, or for this report.

We have carried out this engagement in accordance with technical guidance issued by the Institute of Chartered Accountants in England & Wales and have complied with the ethical guidance laid down by the Institute.

Charterhouse (Accountants) Ltd

Chartered Accountants

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Charterhouse (Accountants) Limited

166 College Road
Harrow
Middlesex
HA1 1RA

Date: *13th March 2026*
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SWIM ENGLAND SOUTH EAST REGION

INCOME AND EXPENDITURE ACCOUNT

For the year ended 31 December 2025

	2025		2024	
	£	£	£	£
Income				
Affiliation fees	176,674		168,845	
Licensed meet fees	46,330		42,545	
Bank interest (net)	12,077		8,904	
Sponsorship	8,500		8,500	
Miscellaneous income	32		185	
		243,613		228,979
Expenditure				
Cost of Democracy				
Regional management board	1,926		2,245	
President's expenses	208		569	
Welfare officer's expenses	-		-	
Legal and professional fees	2,400		-	
Accountancy fees	3,396		2,976	
Bank charges	1,165		926	
	9,095		6,716	
Disciplines				
Diving (net)	6,822		5,240	
Disability (net)	1,909		3,095	
Masters (net)	71		(5)	
Open water (net)	6,118		2,758	
Swimming (net)	21,075		5,689	
Artistic swimming (net)	13,796		10,481	
Water polo (net)	11,079		13,268	
Medals	1,955		374	
	62,825		40,900	
Development plan				
Development group costs	-		1,840	
Course subsidies	28,683		22,010	
Volunteer training	6,255		11,554	
Athlete support	450		452	
	35,388		35,856	
Staffing and Office Expenditure				
Staffing costs	121,047		119,590	
Central establishment costs	6,109		6,234	
	127,156		125,824	
		234,465		209,297
Surplus for the year		9,153		19,682

SWIM ENGLAND SOUTH EAST REGION

BALANCE SHEET

As at 31 December 2025

	Notes	2025		2024	
		£	£	£	£
CURRENT ASSETS					
Debtors	2	44,153		9,895	
Cash at bank	3	<u>392,979</u>		<u>428,082</u>	
			437,132		437,977
Less: CURRENT LIABILITIES					
Creditors	4	<u>47,962</u>		<u>57,960</u>	
			47,962		57,960
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>389,169</u>		<u>380,017</u>
Accumulated surplus	5		<u>389,169</u>		<u>380,017</u>
			<u>389,169</u>		<u>380,017</u>

Approved by the Regional Management Board on the *13th March 2026* and signed on its behalf by:-

Sara Todd

Sara Todd (Chairman)

Roger Prior

Roger Prior (Board Member responsible for Finance)

SWIM ENGLAND SOUTH EAST REGION

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2025

1 ACCOUNTING POLICIES

The financial statements have been prepared under the historical cost convention.

2 DEBTORS

	2025	2024
	£	£
Trade debtors	6,910	1,000
Prepayments and accrued income	37,243	8,895
	<u>44,153</u>	<u>9,895</u>

3 CASH AT BANK

	2025	2024
	£	£
Cash at Bank - General Purposes	392,979	428,082
	<u>392,979</u>	<u>428,082</u>

4 CREDITORS

	2025	2024
	£	£
Trade creditors	13,572	22,377
Accruals and deferred income	34,391	35,583
	<u>47,963</u>	<u>57,960</u>

5 ACCUMULATED SURPLUS

	2025	2024
	£	£
	General Fund	General Fund
Balance brought forward	380,017	360,334
Surplus / (deficit) for the year	9,153	19,682
Released liabilities	-	-
	<u>389,169</u>	<u>380,017</u>

6 RELATED PARTY TRANSACTIONS

The Region is controlled by the Regional Management Board on behalf of the members.

Discipline Reports

Artistic Swimming

General Overview

The Artistic Swimming Group meet both online and face-to-face. Our group consists of:

- Roger Penfold – Board liaison.
- Kate Hutchinson – Regional Club Development Officer.
- Di Hughes – leads on bookings venues, events & competitions.
- Steve Fuller – leads on grade assessments.
- Helen Barrand – leads on volunteer training and development.
- Kate Coupar – leads the regional development squad.
- Erica Moo – is a GB Judge and leads on the technical updates/training for our existing Judges.
- Louise Ross – leads on teacher & coach education, she also leads on master's and is our link to the National Leadership Team.

Activity

In May the Regional Development Squad travelled to Spain for their International Camp. Overall feedback from the coaches, team managers, and athletes indicated that the camp was a great success. We also asked the athletes for detailed feedback, and they provided us with some valuable things to consider.

In September, we held our first Regional Club Consultation Day. We invited two representatives from each club, suggesting that the most suitable attendees would be the Head Coach and the Club Chair. We also invited the Artistic Swimming County Representatives and Kate Hutchinson to attend. Every Artistic Swimming Club in the Region attended, except one.

In September and October, we hosted Regional Development Days across the counties, targeting athletes aged 12 and under at Skill Levels 1 and 2. These sessions were well attended and received positive feedback. However, we did allow clubs to bring older athletes and some with no grade, as we felt it was important to support the clubs and deliver training based on their needs. Had we strictly followed the planned criteria, attendance would have been low, and the overall reach limited.

Competition

During the year we hosted three Regional Events:

- 1st March – Regional Age Groups
- 12 & Under – 17 entries
- 13-15 Years Old – 39 entries

22nd June – Regional Age Group Routines & Masters

- 12 & Under – 48 entries
- 15 & Under – 25 entries
- 13-18 Years Old – 60 entries
- 15-18 Years Old – 7 entries
- Masters (19+) – 56 entries

8th November – Regional Figure Competition

- 9 & 10 Years Old – 27 entries
- 11 & 12 Years Old – 41 entries
- 13-15 Years Old – 26 entries
- 16-18 Years Old – 10 entries
- Down's Syndrome – 5 entries

Of the 109 competitors in this competition two were open/male and 107 were female.

Development

Trials for the 2025 squad took place in December 2024 and was attended by 26 athletes. Of these 15 were for the squad. These athletes were also included our overseas camp and competed at Regional Games held in Bristol in May against the six other regions coming 3rd in the figure competition, 5th in the land competition and 3rd in the relay. Their overall raking was 4th.

The squad:

- Portsmouth Victoria Artistic SC – Jessica Midgley, Matilda Dunthorne, Isla Eames, Imogen Hill & Iektra Masmanidi
- Reading Royals Artistic SC- Lulu Teague, Summer Paterson-Neild, Romilly McQuillan & Lottie Cotton
- Rushmoor Royals SC – Maddie Swandell, Hannah Cashin & Lily Madgwick
- Hythe Artistic SC – Alara Sapmaz
- Aquaoaks Artistic SC – Annabelle Denny & Charlotte Ryan

The 2026 Regional Development Squad Trials took place on 21st November.

Workforce

Our Regional Development Squad paid staff for 2025 were:

- Head Coach: Katie Clark (former Olympian and GB Coach)
- Assistant Coach: Louise Fuller
- Team Manager: Emma Adams

In addition, Kate Coupar & Helen Barrand supported the squad when Club Development Coaches were unavailable, ensuring that we maintained appropriate levels of supervision and met all safeguarding requirements.

Di Hughes, Artistic Swimming Manager
artisticswim@southeastswimming.org

Diving

General Overview

Management of the Southampton pool has recently been taken over by a new supplier which is taking time to bed in. At the same time Southampton Diving Academy (SDA) are recruiting replacement coaches following recent departure of Lindsey.

The 2025 season has been an exceptional period for SDA, marked by outstanding individual and team achievements across regional, national and international competitions. Their divers have demonstrated consistent technical excellence, dedication, sportsmanship and earning podium finishes at every level of competition – from regional skills through to European representation.

Albatross Diving Club in Reading have seen a surge in both coaches and divers following the opening of their new centre and a move to professionalising the coaching team.

“The 2025 season has been an exceptional period for Southampton Diving Academy

Competition

The Region hosted 2 successful qualifiers for National Events this year supporting the entry of 35 Age Group and 67 Skills divers to reach the National Qualification Score. Whilst this is a relatively small number it demonstrates the interest in the sport and growth in club membership.

Regional Age Groups

- 8 clubs took part of which four were from the South East Region
- 90 competitors overall – 60 female and 30 open/male
- 35 were regional divers – 24 female and 11 open/male

Regional Skills

- 15 clubs of which six were from the South East Region
- 121 competitors overall – 85 female and 36 open/male
- 67 were regional divers – 47 female and 20 open/male

Workforce

In addition to diver participation at Swim England and Aquatics GB National Diving Events the Region further supported these events with Judges, Recorders and Live Streaming experts drawn from the South East Region qualified volunteer workforce:

- Matt Pipe – Mentor
- Malcolm Green – Judge
- Justine Houzego – Judge
- Anjali Colton – Judge
- Charlie Minns – Judge
- Emma West – Recorder

Since the event Charlie Minns and Hernan Mosqueda Jolly have qualified as J2 National Judges and during the year Charlotte West qualified as a Senior Judge.

Matt Pipe
Diving Manager
diving@southeastswimming.org



Masters

During the year the Masters Group ran three individual Championships and two relay competitions that have become regular features in the region's Masters programme.

In 2025 all our competitions were held at the K2 (Crawley).

The first competition of the year was the **Long Course Championships** in January. There were 109 clubs represented with almost 500 swimmers, aged between 18yrs and 94yrs taking part.

Together these swimmers set 11 British Records at the Championships:

- Kirsty Johnson (Bracknell & Wokingham) – 50m & 100m backstroke
- Daniel Cotton (Spencer Swim Team) – 200m IM
- Nicola Charlesworth (Basingstoke Bluefins) – 200m IM
- Georgina Heyn (Woking SC) – 200m freestyle
- Duncan McCreadie (Maidenhead SC) – 400m & 800m freestyle
- Jo Corben (South Downs Trojans) – 50m backstroke

Across the whole competition 56 Meet Best Performances were also set.

Our **Long Distance (1500m) event** in March saw 32 clubs taking part with 58 swimmers aged between 23yrs and 79yrs. Together they set 6 Meet Best Times.

The **Long Course Relay competition** in March had 21 teams entered from 13 Clubs. Top Club was Mid Sussex Marlins.

Our regional **Short Course Championships** held in September saw 92 clubs taking part and a total of 358 swimmers.

Together these swimmers set 3 British Records:

- Sally Mills (Mid Sussex Marlins) – 200m butterfly
- Michelle Ware (Woking SC) – 50m freestyle
- Jane Asher (Kings Cormorants) – 200m backstroke

Across the whole competition 88 Meet Best Performances were also set.

The **Team Short Course competition** saw 76 team from 8 clubs competing. Special mention must go to Woking SC's mixed 4 x 100m f/s for setting a new World Record. Alongside this magnificent achievement we also had 11 Meet Best Times set. Top Club were Dover Lifeguards.

Our primary struggle at each of these competitions is getting support from Officials. We are indebted to Dover Lifeguards SC, South Downs Trojans SC and some of the regions Young Volunteers for providing timekeepers and Event Makers at the Short Course event in September.

These competitions were first delivered in 2006, and we are looking forward to our twentieth anniversary next year. The organisation and delivery take significant effort from those involved



The Surrey Masters Team

each year and we would welcome more Masters getting involved to ensure the competitions can continue well into the future.

Inter County Masters Championships

In November teams from all counties in the region travelled to the London Aquatics Centre to compete in the South East round of the competition.

Surrey dominated the competition with a score of 461.5 points took home the Tony Warn Trophy for the first time since 1998. The team finished 128 points ahead of Hampshire in second and almost 160 points clear of Middlesex in 3rd.

This extraordinary score also gave Surrey the National title – over 80 points clear of their nearest rival, Devon.

Nationally, all South East teams finished in the top 20 teams in the National competition.

During the year our Masters Manager, Glen Isaacs, had to step away from leading the Masters Group because of health issues. He is recovering well, but it may take some time before he will be able to become actively involved again. We wish him well.

Geoff Stokes
Masters Meet Entries Manager
geoff@masterswim.uk

Competition

The 2025 Championships proved a great success with a significant increase in entries from 352 in 2024 to 408 made up of 311 Age Groups swimmers and 97 Masters. The Championships benefitted from almost perfect weather that allowed swimmers to relax in the club area with team mates.

We worked with the venue to support improvements to the café and viewing area that proved a great success and will be improving our own infrastructure for the 2026 Championships.

In addition, our Championships were used by Sussex ASA as the host event for their own Open Water Championship – they simply took their swimmers results from the regional results to identify their champions and made awards accordingly.

Workforce

To ensure that this event continues to grow and provide swimmers with an opportunity to enter the National Championships we need more people involved in the organisation of this regional event.

We also need to encourage qualified swimming officials to become involved with open water – the key additional training is a 3hrs presentation and mentoring.

Carol Butler, Open Water Manager
openwater@southeastswimming.org

Open Water

Development

We adjusted the format of our distance programme from previous years. Instead of running 2 sessions for the same group of 30 as in previous years, we ran a single large open water camp for 13-15 years. The 60 athletes from 30 different who joined the camp in Egham took part a pool skills session and a lake swim.

This format was well received as it gave many more swimmers the chance to try open water swimming in advance of the regional championships. The new format camp was also designed to benefit coaches with 10 helping to run the day.

Para Swimming

General Overview

During the year, the disability group have met over zoom a couple of times to discuss how to progress and support athletes in the region.

Activity

From April 2025 – March 2026, 15 athletes from the South East were invited for classification, and completed the process for classification and are now classified as para swimmers.

We will work with Aquatics GB and those athletes that are on the waiting list, having completed the observation sets at the para development day, to complete classification this coming year.

Competition

The para development meet was held in Reading in 2025.

There were 32 competitors from both the South East and South West Regions. Taking part 22 female athletes and 10 male athletes with ages ranging from 9 to 48 years old. Six athletes were over 18s.

Attendance was lower than hoped for, this may have been due to several other para events scheduled close to ours and classification slots being allocated for some of our swimmers at the other events.

Working with Aquatics GB and the national team, we were able to have two classification teams in attendance at this meet, to help more athletes to go through classification process.

Development

Two development camps were held in 2025, one in June which dovetailed with the AB regional camp and a second in October.

In June, 18 athletes signed up from 13 clubs. We welcomed two new coaches to the team and four coaches from three of our clubs to take part in the CPD training that was available.

In October we had 21 athletes signed up from 16 clubs. We worked with a new S+C coach and pool coach and had another coach taking part in CPD training.

Athletes can attend the development camps from the age of 9, and we are pleased that we continue to support adults at these days as well.

Workforce

We have welcomed three new coaches to the team delivering the development camps this year, giving us more flexibility around dates and succession planning.

Two coaches have been working closely with our lead coach to support with the observation sets for classification, and to enable more athletes to be signed off.

Kate Hutchinson
Regional Club Development Officer
kate.hutchinson@southeastswimming.org

Swimming

This will be my last report as Swimming Manager as I have now retired from the role. Future competitions will be delivered through the Swimming Competitions Group under the leadership of the Swimming Competitions Manager. This group brings together a variety of essential skill sets and has strong links to the Coaches Forum. The Group would welcome new members with experience of running large swimming competition. Please contact the region's office for more information.



Competitions

In 2025 we ran 3 major Swimming Championships: Team Championships (April)

- Long Course (Spring) (April/May)
- Short Course (Winter) (November)

Both these events were operated within guidelines set by the Swim England Swimming Discipline Group and run according to guidelines published by the Swim England National Licensing Committee.

Team Championships

This was a single day event run at Winchester and marks the start of our Long Course Championships. It is also an important competition because it enables team to qualify for national competition.

Long Course Championships

These are complex competitions taking place in three venues over 8 days of competition. In 2025 we welcomed almost 1,900 competitors to the championships. In addition, we held a separate Team Championships at Winchester.

Short Course Championships

This event was held in Winchester over a single weekend with over 700 swimmers taking part.

Volunteering

Running events of this size is challenging and requires significant commitment from a range of volunteers.

We are not unique; every event, whether it is a club gala or international championships relies on volunteers to make them work. Volunteering also has its benefits for the volunteer – its far more fun being part of the event than sitting in a hot balcony, whether you're part of the poolside or results team, we can always guarantee a front row view of the action.

For both our major events, we found that Officials and Event Makers who volunteer represent quite a small number of clubs with some able to encourage their members to help but we do need more clubs to persuade members that volunteering makes a real contribution to our sport. For all our events we need volunteers who are Club Support members.

Live stream

An increasingly important part of our pool Championships is our live stream coverage on YouTube with viewer numbers growing with every

event. We know that extended family and friends are watching live, but we are getting regular reports that coaches are now using the recording to help swimmers for some time after the swim.

Development

During the year we delivered a range of development programmes that were run by staff supported by the Coaches Forum.

Swimming Development Programme

Across the 2024/2025 season we ran three development camps for 13 year olds – attended by 36 athletes. These camps were led by Matt Smart (Rushmoor SC) supported by skills coaches, team managers, strength and conditioning and sports science professionals covering physiotherapy, psychology and nutrition.

Overseas camp – Luxembourg

We sent 24 regional swimmers to compete in the Luxembourg International Meet 2025 under Head Coach – Stuart McCrea (Leatherhead) supported by a team of coaches and team managers. The objectives for supporting programme are to provide international experience and a motivational opportunity for older athletes. We hope to continue supporting this camp because we have seen team members from previous years go on to join national teams.



Our Regional team competed in Luxembourg

Eileen Adams

The sport lost a long-standing servant at club, county and region with the passing of Eileen Adams in January 2025.

Eileen was a member of the Berkshire and South Buckinghamshire ASA Executive Committee for many years and held a variety of roles, including county assistant championships' secretary (1989-1995), championships' secretary (1995-1997) and county president in 1999. She was a recipient of the President's Plate twice for services to the county in 1994 and 2007.

Eileen was elected president of the South East Region in 2017-18 and has been the proud recipient of the Jeff Cook Memorial Plate, for services to the region, on two occasions.

In 2019, Eileen was the recipient of the Swim England Harold Fern award; the most prestigious award in aquatics for volunteers, which is awarded annually by the National Governing Body.

Mike Lambert

Mike.Lambert@southeastswimming.org

Water Polo

Our Regional coaches, Alastair Roberts and Lauren Hand, continue to lead the junior regional training programme, which saw great representation from players from the following South East clubs.

- Andover swimming and water polo club
- Basingstoke Bluefins
- City of Brighton & Hove
- Faversham
- Guernsey WPC
- Hastings Seagulls
- Jersey WP Association
- Mid Sussex Marlins
- Portsmouth City WPC
- Reading WPC
- Sevenoaks Water Polo
- Shepway Swimming Club
- Winchester WPC
- Worthing Swimming Club

Regional teams were selected and competed in the inter-regional competitions that were held in

Walsall and Liverpool, with the South East seeing some great results.

- U14 female team, competing in division 1, finished 3rd
- U14 open team, also in division 1, finished 4th
- U16 female team, competing in division 1, finished 4th
- U16 open team, competing in division 2, finished 2nd

Development

During the year we started to develop a senior water polo league, and our thanks go to Andrew Kinch (Faversham) for his efforts to get this up and running.

Unfortunately, we were unable to secure enough interested clubs, however, this is something that we expect to revisit with the objective of supporting clubs with game playing opportunities for their players.

Workforce

The Region ran a Water Polo Referee Course hosted by Sevenoaks Water Polo in April. This was well supported with 16 trainees representing 11 clubs completing the club referee course. This is a key step as it ensures that more clubs have qualified officials to support and develop the sport. Plans are already in place for another course in 2026 – an expression of interest form is available on the on the regional website.

Efforts were made to host coaching courses within the Region this year, but we were unable to confirm the numbers of members needed to make the course viable. Clubs and coaches wanting to complete this training are asked to complete the expression of interest form available on the website.

Tim Ferris-Brown

Water Polo Manager

waterpolo@southeastswimming.org

“ Volunteering also has its benefits for the volunteer – its far more fun being part of the event than sitting in a hot balcony

Welfare

Throughout the year there were several incidents that were referred to Swim England with some continuing to receive support.

There have been several questions about organisational aspects of our events which have been passed to the competitions delivery team to deal with.

Swim England's Changing Room policy has made a difference to the number of incidents being reported. The use of phones by children in these areas is falling, helped in no small part by similar policies in schools, but we regularly see parents using phones in changing rooms – this is probably more to do with habit than bad intent but whatever the reason education must play an important part in changing the habit.

At all our swimming competitions access to the pool for coaches and Team Managers is limited to those with the appropriate accreditation. This accreditation can only be bought after completion of formal training. We are confident that this has made our competitions as safe as possible.

We continue to work with County Sports Partners in the South East. This relationship is working well with the Partnerships offering support where appropriate.

Andrew Giess
South East Regional Welfare Officer
welfare@southeastswimming.org

Young Volunteers Programme 2025

Our Young Volunteer Programme aims to recognise the valuable contribution that youngsters aged 14 -18 years of age can provide clubs across different areas, including poolside helpers, event support and officiating.

Clubs involved in the programme are required to provide the volunteers with a mentor to support the volunteers, to help to ensure that they are given opportunities and develop their skills over their time on the programme. The young volunteers are required to sign up to, and attend an introductory workshop, led by regional staff, which aims to guide volunteers on how to get started. During the workshop, which lasts around 90 minutes, the volunteers are provided with tools to help build their confidence, and guidance on where they can go for support, as well as a brief introduction to Swim England, the South East Region, safeguarding and risk assessments, as well as leadership; and the courses that will help to support them in their role.

The 2025 programme, that ran from January – December, saw 43 volunteers from 13 clubs sign up. These included:

- 4 Shires, Arun Tridents, Eastbourne, Eastleigh, Gosport Dolphins, Gravesend & Northfleet, Hastings, Kidlington & Gosford, Locks Heath, Portsmouth & District, RTW Monson, Thanet and White Cliffs.



Swim England's Changing Room policy has made a difference to the number of incidents being reported. The use of phones by children in these areas is falling, helped in no small part by similar policies in schools

These clubs saw the young volunteers supporting their club as poolside helpers, but some also recorded hours supporting at events as assistants to coaches or with the event team, as well as taking on timekeeper roles. We even saw one volunteer write a newsletter for his club. Additional opportunities were also offered at regional events.

Volunteers have feedback that they have found the experience a very positive one:

The certificates of recognition that were achieved over the course of this programme were: 7 Gold awards – for 100+ hours of volunteering:

- 12 Silver awards for 50+ hours of volunteering
- 14 Bronze awards for 25+ hours of volunteering

Ten of the volunteers from the 2024/2025 programme have signed up to continue onto the 2025/2026 programme that started in September and ends in August 2026. They have been joined by new young volunteers from 9 of the clubs from this year, plus a number of new clubs joining the programme.

“ The Young Volunteer Programme has been incredibly valuable for me, not only in terms of developing my teaching and coaching skills, but also for my personal growth. Working with the club has boosted my confidence, improved my communication, and taught me so much about working with young swimmers. It’s been a rewarding and inspiring experience from start to finish.

Candidates feedback

From the 2025 group, each club has at least one volunteer achieve the bronze award and are now able to claim a bursary for a swimming coach course.

Please keep an eye on the regional website for news about the new programme due to open for sign up in June and start in September 2026.

Kate Hutchinson
Club Development Officer
kate.hutchinson@southeastswimming.org



Young volunteers supporting the Masters Short Course Championships 2025

Notable Results or Achievements

Artistic Swimming

The following athletes were selected to be part of the Senior GB Squad

- Florence Blinkhorn, Reading Royals
- Jessica Hinxman, Reading Royals
- Ranjuo Tomblin, Rushmoor
- Cara Zeidler, Reading Royals

The following athletes were selected to be part of the Junior GB Squad

- Cerys Snelling, Rushmoor
- Francesca Pringle, Reading Royals

The following athletes were selected to be part of the Youth/Youth Development GB Squad

- Rene Coleman, Rushmoor
- Rie Bracewell, Reading Royals

Artistic Swimming National Junior & Senior Championships 2025

- Senior Technical Team: 3rd Reading Royals
- Junior Technical Duet: 1st Francesca Pringle & Beatrice Asker (Reading Royals)
- Junior Technical Duet: 2nd Cerys Snelling (Rushmoor) & Georgina Steele (London Regional)
- Junior Free Solo: 3rd Francesca Pringle (Reading Royals)
- Senior Free Solo: 1st Ranjuo Tomblin (Rushmoor)
- Junior Free Duet: 2nd Francesca Pringle (Reading Royals) & Kiarra Janikova (Aqualina)
- Free Mixed Duet: 1st Ranjuo Tomblin (Rushmoor) & Holly Hughes (Bristol)

Artistic Swimming National Age Groups 2025

- 9-10 Figures: 2nd Evelyn Brown (Hythe)
- 12 & Under Solo: 3rd Madeleine Swandell (Rushmoor)
- 12 & Under Duet: 3rd Lily Madgwick & Madeleine Swandell (Rushmoor)
- 12 & Under Combo Team: 2nd Rushmoor
- 12 & Under Team: 1st Rushmoor
- Youth Free Mixed Duet: 2nd Callum Wilding & Romilly Mcquillan (Reading Royals)

Artistic Swimming National Combo Cup 2025

Division 1: Team 13-18 Years, 3rd Medway
Division 2: Team 12 & Under, 1st Rushmoor
Division 2: Team 13-18 Years, 1st Portsmouth Victoria
Division 2: Team 13-18 Years, 2nd Aquaoaks
Division 2: Team 15+, 2nd Rushmoor

Artistic Swimming National Masters Championships 2025

- Tech Solo Age 70-79: 2nd Maragret Hamerton (Brighton)
- Tech Solo Age 60-69: 2nd Andrea Holland (Rushmoor)
- Tech Solo Age 60-69: 3rd Lorraine Hunt (Medway)
- Tech Solo Age 40-49: 1st Lousie Ross (Rushmoor)
- Tech Duet Age 50-59: 1st Carrie Nightingale & Janie Bragnull (Rushmoor)
- Tech Duet Age 50-59: 2nd Melaine Grierson & Bethany Whorlow (Medway)
- Tech Duet Age 60-69: 1st Andrea Holland & Carolyn Macdonald (Rushmoor)
- Tech Duet Age 60-69: 3rd Gaye Greely & Margaret Hamilton (Brighton)
- Tech Team Age 25-34: 2nd Rushmoor
- Tech Team Age 50-64: 1st Rushmoor
- Free Combo Team Age 18-24: 2nd Medway
- Free Combo Team Age 25-39: 2nd Rushmoor
- Free Combo Team Age 40-64: 1st Rushmoor

Full set of results can be found here:
www.swimming.org/artistic-swimming/artistic-swimming-results

Diving

National Skills competition

- Barnabas Quin (Star Diving) Group D2 open 1st
- Elodie Ladds (Star Diving) Group C1 girls 3rd
- Charlotte Buthee (Amersham Diving Club) 2nd
- Ben Davis (Amersham Diving Club) 2nd
- Maya Philpot (Maidstone Diving Club) 3rd
- Fabian Otten (SDA) 3rd group A 3m (Open)
- Joha Pooley (SDA) 3rd group C2 Open

Notable Results or Achievements

National Age Groups

- Sophia Harris (Star Diving) C girls 1st platform and 2nd 1m springboard
- Leo Robinett (Star Diving) B open 2nd platform and 1st 1m springboard
- Cai Tobin (Star Diving) 3rd 1m springboard
- Jasper Hussain (Amersham Diving Club) 1st platform
- Samantha Barr (SDA) 1st B 1m, 1st B 3m, 2nd B platform
- Emma Armstrong (SDA) 2nd C platform
- Kate Makare (SDA) 2nd C 3m
- Hollie Hower (SDA) 3rd D Platform
- Rami Cooper (SDA) 3rd C Open Platform

Junior elites

- Ella Swete (SDA) girls C 1st m springboard and 2nd 1m springboard
- Ella Swete (SDA) 3rd 3m synchro with Isla Applin (Plymouth)
- Harry King (SDA) boys B 7th 3m springboard, 8th Boys B 1m springboard and 8th platform
- Elizabeth Hart (SDA) girls A 8th platform
- Oly Wignall (SDA) boys A 7th platform
- Jed Brown (SDA) boys A 8th platform

International competition

- Naya Sogut (Albatross Diving Club) silver in 1m springboard and bronze in 3m springboard representing Turkey at the 2025 Sofia Diving Cup in Bulgaria.

Bergen Open 2025

- Oly Wignall (SDA) 1st boys A platform
- Ella Swete (SDA) 1st girls C 1m, 1st girls C 3m and 1st girls C Platform

Roma Junior Diving Cup

Representing Team England, Ella Swete (SDA) achieved exceptional international success:

- 1st girls 12-13 3m springboard
- 1st girls 12-13 platform
- 2nd girls 12-13 1m

Para Swimming

World Para Championships

- Iona Winniffrith (Tonbridge SC), silver medal in 100m breaststroke and bronze in 200IM
- Olivia Newman-Baronius (Maxwell SC), silver in 200IM, silver in 100m butterfly and bronze in the 100 breaststroke
- Coach Tom Elgar (Maxwell SC) was selected as Aquatics GB Para Coach

Swimming

- European Youth Olympic Festival: July 2025
- GB Team: Patryk Przyczyna, Eastbourne
- GB Team: Darcey Smith, Portsmouth Northsea
- GB Team: Gisella Silano, Guildford City
- Ukraine: Makar Yakhno, Portsmouth Northsea

European Junior Swimming Championships – July 2025

- GB Team: Annabelle Compton, Wycombe District
- GB Team: Max Morgan, Reeds School
- GB Team: Philip Nowacki, Jersey Tigers (training at Millfield School)
- GB Team: Amalie Smith, RTW Monson
- GB Team: Hayden Annan, RTW Monson
- GB Team: Imogen Myles, Sevenoaks
- GB Team: Jake Chesworth, Maxwell
- GB Team: Hannah Capron, Brighton & Hove (training at Repton School)
- GB Team: Karen Bradbury, RTW Monson (Coach on team)

European Aquatics, European Open Water Swimming Championships (Senior Team)

- GB Team: Ella Dyson, Wycombe District

European Aquatics, European U/23 Swimming Championships, June 2025

- GB Team: Darcy Revitt, Guildford City (training in USA)
- GB Team: Cameron Brooks, Wycombe District (training at AGB Bath Performance Centre)
- GB Team: Kevin Brooks, Wycombe District (Coach on team)

Notable Results or Achievements

World Aquatics World Swimming Championships, August 2025

- Sri Lanka Team: Minagi Rupesinghe, Wycombe District
- Namibia Team: Reza Westerduin, Crawley SC
- GB Team: Max Morgan, Reeds School
- GB Team: Tom Dean, Maidenhead Marlins (training at AGB Bath Performance Centre)
- Refugee Team: Matin Balsini, Guildford City

World Aquatics World Para-Swimming Championships, September 2025

- GB Team: Olivia Baroness-Newman, Maxwell
- GB Team: Iona Winnfrith, Tonbridge
- GB Team: Tom Elgar, Maxwell (Coach on team)

World Aquatics World Junior Swimming Championships, August 2025

- GB Team: Max Morgan, Reeds School
- GB Team: Philip Nowacki, Jersey Tigers (training at Millfield School)
- GB Team: Amalie Smith, RTW Monson
- GB Team: Craig Gibbons, Reeds School (Coach on Team)

European Aquatics, European Open Water Cup (Cyprus) (Non-championship event)

- GB Team: Ella Dyson, Wycombe District
- GB Team: Sam Sterry, Jersey Tigers

World Aquatics, Open Water Cup (Portugal) (Non-championship event)

- GB Team: Ella Dyson, Wycombe District

Arab Nations Championships, August 2025

- Moroccan Team: Adam Maaref, Wycombe District

South American Junior Championships 2025

- Chile-Aguiles Bello Ormeno, Guildford City

Water Polo

Aquatics GB Squads, open/male

Men

- George Wood (Worthing), European Championship qualifiers which were played in Slovenia
- Oliver Phillips (Worthing/Basingstoke) under 18 junior boys in the European Championships that were played in Portugal
- Ben Curtis (Worthing), men's squad

Under 20 Boys squad

- Henry Broadhurst (Worthing)
- Indy Nash (Worthing/Sevenoaks)
- Ethan Lecuyer (Worthing)
- Felix Monaghan (Worthing)

Under 18 Boys squad

- Sammy Smith (Worthing)

Aquatics GB Squads, female

Women

The following players are also currently involved in GB squads:

- Celily Turner (Crawley and Worthing), across various competitions including the European championships in Portugal in 2026 and the world championships in Singapore in 2025
- Elizabeth Ross (Andover) GB women in the European Championships in Portugal in 2026 and captain of the GB u18s in the Europeans in Malta in 2025
- Elsie Graves (Worthing), in the Europeans in Malta in 2025

Under 20 girls

- Elizabeth Ross (Andover)
- Elsie Graves (worthing)
- Amelia Cook (worthing)

Under 18 girls:

- Amelia Cook (Worthing)
- Megan Ross (Andover)
- Alice Ross (Andover)
- Maia Middleton (Worthing)
- Luisa Borgia (Cheltenham)



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