

Regional Open Water Camp 2026 – Sunday 14th June

The regional open water camp 2026 will include a pool skills session and an open water experience.

Programme aims to support athletes and the workforce to:

- ◆ Gain a greater understanding and insight of training requirements and opportunities within open water swimming
- ◆ Experience practical elements of open water environments
- ◆ Develop technical and racing skills in open water environments
- ◆ Develop the characteristics in-line with the swimmer's age and 'Development' stage of the (OADF)
- ◆ Increase opportunities for the workforce to gain knowledge, experience and understanding of open water swimming

Key consideration criteria

- ◆ Up to 60 swimmers (30 male and 30 female) per region
- ◆ 13 – 15 years of age on 31st December 2026
- ◆ To reflect relative age, two selection bands will be implemented, with the aim of selecting equally between the two where possible;
 - Selection Band A – birthday between and including 1st January to 30th June
 - Selection Band B – birthday between and including 1st July to 31st December
- ◆ Additional selections, if required can be made, for either selection band from swimmers meeting the required minimum standard.
- ◆ The top 10 long course ranked swimmers per age and sex in **800m and 1500m Freestyle**
 - 10 male and 10 female 800m/1500m 13 years
 - 10 male and 10 female 800m/1500m 14 years
 - 10 male and 10 female 800m/1500m 15 years
- ◆ Times used for selection to the open water programme must be taken from the Swim England national long course rankings, and be achieved between 1st September 2025 – 15th April 2026
- ◆ Any exceptional short course performances in the 800m & 1500m events can be considered at the discretion of the Programme Lead / Head Coach
- ◆ Swimmers must be affiliated with a South East Region club
- ◆ As a minimum, swimmers will only be considered where they are equal to, or in excess of the below World Aquatics Points (WAP)

Please note, achieving these points does not guarantee selection

Sex	Event	Age	WAP (long course)
Male / Female	800m / 1500m	13yrs	300
Male	800m / 1500m	14yrs	400
Female	800m / 1500m	14yrs	450
Male	800m/1500m	15yrs	450
Female	800/1500m	15yrs	500