

**Saturday 28<sup>th</sup> March 2026  
Winchester Sports and Leisure Park  
Programme of Events  
First event 15:00**

<b>Event</b>	<b>Warm-up (14:00 – 14:50)</b>
<b>001</b>	<b>Female Age 14-16 Years 4x200m Freestyle Relay</b>
<b>002</b>	<b>Male/Open Age 14-16 Years 4x200m Freestyle Relay</b>
<b>003</b>	<b>Female Age 17 Years &amp; Over 4x200m Freestyle Relay</b>
<b>004</b>	<b>Male/Open Age 17 Years &amp; Over 4x200m Freestyle Relay</b>
<b>005</b>	<b>Female Age 14-16 Years 4x100m Medley Relay</b>
<b>006</b>	<b>Male/Open Age 14-16 Years 4x100m Medley Relay</b>
<b>Warm-up (20 mins)</b>	
<b>007</b>	<b>Female Age 17 Years &amp; Over 4x100m Medley Relay</b>
<b>008</b>	<b>Male/Open Age 17 Years &amp; Over 4x100m Medley Relay</b>
<b>009</b>	<b>Female Age 14-16 Years 4x100m Freestyle Relay</b>
<b>010</b>	<b>Male/Open Age 14-16 Years 4x100m Freestyle Relay</b>
<b>011</b>	<b>Female Age 17 Years &amp; Over 4x100m Freestyle Relay</b>
<b>012</b>	<b>Male/Open Age 17 Years &amp; Over 4x100m Freestyle Relay</b>
<b>Racing ends</b>	