



Swim England South East Diving Regional Skills  
A National Skills Qualifier  
Rivermead Leisure Centre  
Richfield Avenue  
Reading RG1 8EQ

## Event Information

Dear Diving Clubs,

The Swim England South East Region Diving Management Group are pleased to invite you to the 2026 Diving Regional Skills Qualifier event which will be taking place on Sunday 24th May and Monday 25th May.

The competition provides an opportunity for divers to achieve the required qualifying scores/standards for this year's Swim England Diving National Skills Finals.

Please find below the entry details for the event. Our aim is to make the Diving Regional Skills Qualifier a fun and accessible event for everyone. So if you have any questions or if there's any way we can make your experience better, please get in touch.

Entries to be emailed to Francisco Diaz Romero (Fran): [francisco.diaz@btinternet.com](mailto:francisco.diaz@btinternet.com)

<a href="#"><u>Entries OPEN</u></a>	Friday 10th April
<a href="#"><u>Entries CLOSE</u></a>	Friday 8th May
<a href="#"><u>Electronic Dive Sheet Deadline</u></a>	Friday 22nd May (6pm)
<a href="#"><u>Late Online Entries Window CLOSE</u></a>	Monday 18th May
<a href="#"><u>Manual Dive Sheet Submission</u></a>	Sunday 24th May (10am)

All entries and appropriate payments must be received by the closing date (May 8th). Entries without payment, entries incorrectly completed or entries received after this date shall be deemed late. Late entries shall be £25 per event (subject to space).

We look forward to welcoming you to Rivermead Leisure Centre.

Yours in diving,

Matt Pipe

Swim England South East Region Diving Manager  
Email: [diving@southeastswimming.org](mailto:diving@southeastswimming.org)

## Event Days

Sunday 24th May (10.30am – 6.30pm): E1, E2, C1, C2, B  
 Monday 25th May (8.30am – 3pm): D1, D2, A 1m & 3m  
 Run orders for each day to be notified after the entry closing date

## Rivermead Leisure Centre Parking

On-site pay-and-display

## Event Conditions

1. The Diving Regional Skills shall be held under Swim England Regulations and World Aquatics Technical Rules of Diving.
2. Age Categories (Age as at midnight on 31<sup>st</sup> December in the year of competition)

Group E1 – 8 years (Open & Female)  
 Group E2 – 9 years (Open & Female)  
 Group D1 – 10 years (Open & Female)  
 Group D2 – 11 years (Open & Female)  
 Group C1 – 12 years (Open & Female)  
 Group C2 – 13 years (Open & Female)  
 Group B – 14/15years (Open & Female)  
 Group A 16/17/18 years (Open & Female)

3. The Group E and D events are run in a “circuit” format, with groups of competitors simultaneously competing on poolside, 1m and 3m, enabling 12 skills to be completed in the same amount of time as four skills.
4. The Group C and B events are run in a “circuit” format, with groups of competitors simultaneously competing on 1m and 3m, enabling 10 skills to be completed in the same amount of time as five skills.
5. The Group A 1m and 3m events are run separately

## Group E and D

Age Groups	Height	Skills/Dives	Dive No	Degree of Difficulty	Qualification Standard
E and D	Section 1 (Poolside)	1. Plain header (3-bubble rip).	101A	1.0	E Female – 240 E Open – 240  D Female – 255 D Open – 250
		2. Armswing back jump tucked.	200C	1.0	
		3. Forward dive tucked.	101C	1.0	
		4. Armswing forward jump pike.	100B	1.0	
	Section 2 (1m)	5. 2-bounce forward jump straight.	100A	1.0	
		6. T armswing back jump straight.	200A	1.0	
		7-8. One from List A and one from List B (in any order).		DD to count	
	Section 3 (3m)	9. Forward fall straight.	10A	1.2	
		10. Forward tuck to pike roll.	11C	1.2	
		11. Back fall straight (hands on thighs).	20A	1.4	
		12. Crouched back tuck roll.	21C	1.3	

**List A (1m):** 101C, 101B, 103C, 103B, 401C, 401B

**List B (1m):** Standing back fall straight 20A (1.0), 201C, 201B, 301C, 301B

## Group E and D – Optional Dives

Forward and reverse dives are to be performed with either a standing T-start armswing OR a 2-bounce start.

All back dives are to be performed with a T-start armswing.

Group E only – inward dives may be performed starting with the arms above the head (no armswing) OR a T-start armswing.

Group D only – inward dives are to be performed with a T-start armswing.

## Group C

Age Group	Height	Skills/Dives	Dive No.	Degree of Difficulty	Qualification Standard
C	Section 1 (1m)	1. Hurdle step forward jump straight.	100A	1.0	Female – 230 Open – 230
		2. T armswing back jump straight.	200A	1.0	
		3-5. 3 dives from List C (3 groups must be covered).	-	DD to count	
	Section 2 (3m)	6. Forwards line-up (from Line-up list)	-	DD to count	
		7. Backwards line-up (from Line-up list)	-	DD to count	
		8-10. 3 dives from List D (3 groups must be covered).	-	DD to count	

### List C (1m)

101C, 101B, 103C, 103B, 401C, 401B, 201C, 201B, 301C, 301B

### Line-up list (3m)

10A - Forward straight fall  
 11C - Forward tuck to pike roll  
 20A - Back fall straight (hands on thighs)  
 21C - Crouched back tuck roll

### List D (3m)

101C, 101B, 103C, 103B, 401C, 401B, 403C, 201C, 201B, 301C, 301B, 20A\*, 21C\*

*\*Tariff of back lines ups will be 1.0*

## Group C – Optional Dives

Forward and reverse dives are to be performed with either a standing T-start armswing OR a 2-bounce start OR with a hurdle step.

All back and inwards take-offs are to be performed with a T-start armswing.

## Group B

Age Group	Height	Dives	Degree of Difficulty	Qualification Standard
B	Section 1 (1m)	<b>1-5.</b> Either: 3 dives from List E + 2 dives from List F.  Or: 2 dives from List E + 3 dives from List F. (In either case, at least 2 groups must be covered from each list).	DD to count	Female – 280 Open – 280
	Section 2 (3m)	<b>6-10.</b> 5 skills from List G (at least 3 groups must be covered).	DD to count	

### List E (1m)

101C, 101B, 103C, 103B, 104C, 401C, 401B, 402C, 403C – repeats permitted (1.0) \*\*

### List F (1m)

201C, 201B, 301C, 301B, 5221D, 5122D, 202C, 203C – repeats permitted (1.0) \*\*

### List G (3m)

101C, 101B, 103C, 103B, 105C, 401C, 401B, 403C, 403B, 201C, 201B, 203C, 203B, 301C, 301B, 303C – repeats permitted (1.0) \*\*

\*\* Dives of the same number are considered to be a repeat, even in a different shape.

## Group A

Age Group	Height	Dives	Degree of Difficulty	Qualification Standard
A	1m Event	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (6.9 dd). Minimum 4 groups to be covered (no repeats).	DD to count	Group A 170
	3m Event	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups (7.9 dd). Minimum 4 groups to be covered (no repeats).	DD to count	Group A 175

### Group B and A – Optional Dives

Forward and reverse dives are to be performed with either a standing T-start armswing OR a 2-bounce start OR with a hurdle step.

All back take-offs are to be performed with a T-start armswing.

Inward dives are to be performed with a T-start armswing.

### Eligibility

Please consider the following eligibility clauses carefully when selecting events for your divers.

1. A diver is not eligible to compete in the National Skills Finals whilst they are a member of the Swim England Diving Youth squad or home nation equivalent.

2. A diver who has competed in a Regional Age Groups event is not eligible to compete in the National Skills Finals in the same year.
3. A diver who has achieved the Swim England National Age Group Championships Performance Standard at a Regional or Open Club event on any board in the same calendar year as the National Skills Finals, is not eligible to compete in the National Skills Finals whilst in that age category.
4. Once a diver has competed at the Swim England National Age Group Championships they are excluded from competing at future National Skills Finals, except with written approval from the Group when moving into the B or A age category.
5. Once a diver has competed in the Aquatics GB Next Gen Championships, British National Cup, British Senior/Junior Championships or Scottish National & Open Diving Championships in any event (including synchro) is not eligible to compete at the National Skills Finals.

Failure to comply with these conditions will result in disqualification. We recommend that divers do NOT move up more than one diving level within a single year.

### **Gender category descriptions**

- Female – athletes with a birth sex of female
- Open – athletes with a birth sex of male, trans or non-binary competitors and any competitor not eligible for the female category.

### **Entry Fees**

The entry fee is £15.50 per event and must be paid at the time of entry. All payments to be via BACS. Entries not received by the closing date (May 8th) shall be deemed late. Late entries are £25 per event. Divers will not be allowed to compete if fees are unpaid.

### **Withdrawals**

#### **Entry fees are non-refundable**

Refunds will only be given:

- Where a competitor is required to withdraw on proven medical grounds.
- Withdrawals can only be made through the Club's Head Coach. The Organiser must be notified prior to the closure of the technical meeting.

### **Late entries**

Late entries will be £25 per event for those not received by the closing date (May 8th). Divers will not be allowed to compete until fees are paid.

### **Confirmation of entries**

A confirmation of entries will be emailed to each club shortly after the entry closing date (May 8th). The entry form contains the bank details for clubs to make their payments to Swim England South East Region. The organisers reserve the right to limit the number of entries to ensure the safe running of the event.

### **Dive sheets**

- Electronic dive sheets must be submitted by 6pm on Friday 22nd May.
- For late entries, dive sheets should be submitted no later than 24 hours prior to the published start time of the technical meeting.
- All dive sheets must be signed and handed to recorders desk by the start of the technical meeting.

### **Spectators**

There will be a spectator fee payable at the venue each day. We will be operating a card-only payment system. No cash can be taken.

- £5 per adult per day
- Under 18s and over 65s free

## Medals

As a Regional Qualifier event, medals will be presented to individuals from South East Region Clubs who finish 1st, 2nd or 3rd for their event as a South East Region athlete. Guest divers will be awarded with a medal where they finish in the top 3 places for each event overall.

## Competition Programme

Final competition programme will be circulated after all the entries have been received, confirmed and processed.

## Other Information

### Training

Event-specific training times will be published once the entries have been received and processed.

### Technical Meeting

A technical meeting will be held on poolside at 10.15am on Sunday 24th May. All coaches and officials should attend. Please inform the event staff if you are unable to attend or if you are not able to send a substitute.

### Technical Information

Please refer to the additional event document "Technical Points for Consideration", published at the same time as this event information.

### Clothing

There will be no parades. Full club kit or tracksuits must be worn for medal ceremonies. The poolside will need to be clear so all extra bags and clothes must be placed in a locker or along the side of the main pool.

### Refreshments

Refreshments will be available for officials throughout the day. There is a café on site for spectators, competitors and coaches. Opening hours may vary.

### Event Contact

Matt Pipe

Email: [diving@southeastswimming.org](mailto:diving@southeastswimming.org)

### Data Protection

Entries to the meet will be held on computer and consent, as required by the Data Protection Act 2018, to the holding of personal information on computer will be deemed to have been given by the submission of an entry.

You agree that we may publish your Personal Information as part of the results of the competition. Your information will only be shared in relation to your participation in the event, e.g. the list of entrants, results and event reports and may be shared on the Swim England South East Region website, social media pages or in emails sent by the organiser.

Swim England South East Region privacy policy: <https://www.southeastswimming.org/privacy-policy-for-our-competitors/> and <https://www.southeastswimming.org/privacy-notice-for-officials-and-volunteers/>

Dive Recorder privacy policy: <https://diverecorder.co.uk/gdpr.php>

We may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Information may include but not be limited to name, club affiliation, events, results and age category.

### Dive Sheets

Divers/coaches are requested to submit dive sheets electronically, both for their own convenience and to minimise the chance of errors loading the data into the recording program. Coaches may make bulk submission of dive sheets on behalf of their divers by using the program DiveSheets with which they will already be familiar. Alternatively, individual divers may submit their own dive sheets online via Dive Recorder.

To submit your dive sheets online, go to [www.diverecorder.co.uk](http://www.diverecorder.co.uk) and follow the instructions. As soon as you complete the online submission you will see a success/failure message. If successful, you will be sent an automatic email confirming receipt of your details and dives. If you experience problems and need assistance you should email [francisco.diaz@btinternet.com](mailto:francisco.diaz@btinternet.com)

Electronic submissions must be made no later than 6pm on Friday 22nd May. You will be asked to sign hard copies of these sheets at the venue. These should be available by 10am on the day of the competition. The deadline for signing of dive sheets is at the technical meeting. The deadline for dive sheet changes is one hour prior to the start of the session. If neither you nor your coach is able to use the above electronic

methods, you can submit hard copy of your list of dives to the Recorders. The deadline for manual dive sheets is May 24th at 10.15am.

### **Photography**

Any photographs taken must be focused on their diver. Any spectators in breach of this policy will be asked to leave the spectator gallery.

Any photographs must be taken in line with Swim England **Wavepower** guidance (pages 94-100). During the event, the facility is also in use by the public – any photography must only be always directed towards the diving pit.

### **Mobile Devices in Changing Rooms**

Swim England Wavepower changing room policy prohibits all use of mobile phones or devices in changing areas during Swim England-regulated activities. This includes but is not limited to taking photographs, texting, making phone calls and browsing the internet.

This policy includes everyone: athletes, coaches, team managers, event staff and spectators. Please keep all mobile phones either in a bag or in a pocket whilst walking through the changing village. Any individual in breach of this policy will be withdrawn from all remaining events and may be prohibited from entering future Swim England South East Region competitions. Coaches, team managers, event staff and spectators will be removed from the venue.

### **Mobile Devices on Poolside**

Mobile phones/tablets will only be allowed on poolside for the following reasons: To play music, to play games, to assist in the running or managing of the event or for medical reasons.

Under no circumstances can mobile phones be used on poolside for social media or taking photo/video photography. Any athlete in breach of this policy will be withdrawn from all remaining events and may be prohibited from entering future Swim England South East Region competitions.

### **Exclusions**

We recognise that some athletes, officials or volunteers may have a legitimate reason for having a mobile phone on them; for example, certain health conditions. If you believe this to be the case, please email Matt prior to the event taking place.

### **Event Welfare Officer**

The Welfare Officer for this event will be Faye Knight. Email: [welfare@albatrossdiving.org](mailto:welfare@albatrossdiving.org)

## **General Conditions**

1. Swim England South East Region reserves full powers over the event including, but not limited to, cancelling, postponing or changing the event venue and/or format due to reasons beyond its reasonable control.
2. Swim England South East Regional Diving Championships and Competitions shall be held under Swim England Regulations and World Aquatics Technical Rules of Diving.
3. Entries will only be accepted from:
  - a. Competitors registered as members of Swim England.
  - b. Overseas competitors from Scottish Swimming, Swim Wales and other countries affiliated to World Aquatics.
4. All competitors must be a “Club Compete”, or equivalent, registered member with their national body and a member of the club in whose name they are entered at the date of making the initial entry. Competitors may enter in the name of one club only.
5. Where competitors change clubs during a year (1st January to 31st December), the competitor must meet the registration deadline indicated above in number 3 for their new club, otherwise they must compete for their former club.
6. All Clubs must have a qualified Coach on the poolside.
7. Ages as at midnight on the 31 December in the year of competition.
8. Event Cancellation In the instance that the event is cancelled:
  - a. Full refunds of entry fees to the Regional Competition will be offered to all competitors.
  - b. No refunds will be offered for any other expenses incurred in relation to the Regional Competition.

## Deadlines and Late Entry Fees

1. The deadline for submitting entries and payment of fees will be May 8th.
2. The deadline for submitting and payment of late entries is May 18th.
3. Competitors are officially entered into the meet when the correct entry fees and entry forms are submitted by the set deadline. A late entry fee will be applied if the appropriate fees/forms are not received by the deadline (May 8th).
4. If a competitor has submitted an official entry by the deadline but then decides they want to compete in an additional event, the additional entry is treated as a late entry.
5. All entry fees and late fees are non-refundable unless a competitor must withdraw on proven medical grounds. Withdrawals will only be accepted via the club Head Coach prior to the closure of the technical meeting.
6. The late entry fee will be applied per event.
7. Competitors may submit a late entry up to May 18th (subject to space). In order to be valid, this late entry must be accompanied by a signed entry form and the correct late entry fee (£25 per event). Fees and forms must be submitted to an official member of the Events Management Team.
8. No entries will be accepted at the Technical Meeting.
9. Failure to submit appropriately signed entry forms and fees (including late entries) 15 minutes prior to the published start time of the Technical Meeting, will render the diver ineligible to compete in the event.

## Dive Sheets

1. Electronic dive sheets must be submitted by 6pm on Friday 22nd May. For late entries dive sheets should be submitted no later than 24 hours prior to the published start time of the technical meeting. All dive sheets must be signed and handed to recorders desk by the start of the technical meeting.
2. Failure to sign the dive sheet will render the competitor ineligible to protest should there be a problem with the dive sheet.
3. Failure to submit ALL dive sheets 15 minutes prior to the published start time of the technical meeting, will render the competitor ineligible to compete in the event. This does not affect the competitor's right to change a submitted dive sheet.
4. A provisional time/venue for the Technical Meeting will be published in the pre-event information.
5. Dive sheets can be changed up to one hour prior to the start of the session in which that event is scheduled. After this time, no dive sheet changes are permitted.

## Miscellaneous

1. For insurance purposes, only competitors entered in the competition, or those expressly invited by the organiser/promoter of the event, can train at the venue, during the published times/days of the competition.
2. It is the responsibility of the competitor, coach or parent/guardian to obtain event information from the Swim England South East Region website. Swim England will not undertake to inform all registered competitors and coaches of forthcoming events and conditions.
3. A typing/publishing error in the above rules within the pre-event information or programme is not grounds for an appeal. In the event of a query or dispute, the content of the Official Diving Conditions,

will take precedence. Where a dispute or query is not covered within these conditions, World Aquatics rules will apply.

## National Skills Finals - Technical Points

### Information for coaches and judges

#### World Aquatics diving rules exceptions

The World Aquatics rules will apply, except in the following circumstances:

The Referee shall declare a maximum score of 4.5 where:

- a diver does a back fall straight with arms starting above head
- a diver does a tuck to pike roll without making a pike shape
- a diver does more than 2 bounces
- a diver enters the water on a jump with the arms by the sides
- a diver performs an arm swing clearly starting from a position other than a 'T' shape

The Referee shall declare a restart and 2 points are to be deduct from each judge's award where:

- during a forward tuck roll (11C) or crouched back tuck roll (21C) a diver loses their balance and touches one or both hands the diving board after the starting position has been assumed
- during a forward fall straight (10A) or back fall straight (20A) a diver loses their balance and takes a step after the starting position has been assumed

The Referee shall declare a failed dive and award 0 points from all judges where:

- a diver performs a compulsory skill<sup>1</sup> clearly in a shape other than that stated on the statement of dives
- a diver performs a skill with a standing take-off without an arm swing
- a Group E or D diver performs 100a on 1 Metre without a two bounce straight Jump
- a Group C diver performs 100a on 1 Metre without a hurdle step
- a diver performance a two bounce or hurdle step take-off without an arm swing

### The Skills

#### Technical Accuracy – Sequence – Consistency

Videos of the skills listed below can be found [here](#).

#### Poolside:

##### Plain header (3-bubble rip)

- Straight body, arms extended above head by ears, hands grabbed.

- Sharp and strong jump through ankles ensuring good height.
- Dished body position with tension throughout flight.
- Vertical, clean and '3-bubble ripped' entry.

### Back Jump Tucked – Arm swing

- Arms in T position, ankles slightly raised.
- Arm swing completed with balance maintained in squat phase of the take-off.
- Full body extension at take-off, vision forwards.
- Tight tuck shape with hands on middle of shins.
- Fast and extended kick out from tuck position.
- Arms extended by ears on entry.

### Forward Dive with Tuck

- Straight body, arms extended above head by ears.
- Sharp and strong jump through ankles ensuring good height.
- Tight tuck shape with hands on middle of shins.
- Fast come out with extended knees and ankles.
- Vertical, clean and '3-bubble ripped' entry.

### Forward Jump Piked – Arm swing

- Straight body position with arms in 'T' position.
- Arm swing completed with balance maintained in squat phase of the take-off.
- Full body extension at take-off, vision forwards.
- Arms straight, by ears, with hands reaching over ankles and pointed toes in pike position, straight legs throughout.
- Fast come out from pike position with extended knees throughout.
- Arms extended by ears on entry.

### 1 Metre:

### Two Bounce Straight Jump – Group E and D only

- Starting position away from the end of the board with arms by side or behind hips.
- Jump to end of board followed by one more contact with the board before take-off.
- Ensure arms fully extend behind ears during bounce whilst maintaining upright body position.
- Full body extension at take-off, vision forwards.

- Arms extended by ears on entry.

### Hurdle Step Straight Jump – Group C only

- The hurdle should be smooth and in a forward direction to the end of the springboard with the final step being from one foot.
- (British Diving prefer to see toe touching supporting knee during the hurdle jump).
- Fast and clear step down out of hurdle with forward movement to end of board for landing.
- Maintain balance for controlled, timed, coordinated landing and take-off
- Full body extension at take-off, vision forwards.
- Arms extended by ears on entry.

### Back Jump Straight – ‘T’ Start Arm Swing – Group E, D and C

- Arms in T position, ankles slightly raised.
- Arm swing completed with balance maintained in squat phase of the take-off.
- Full body extension at take-off, vision forwards.
- Arms extended by ears on entry.

### Optional Dives 1 and 2

- Forward and reverse dives are to be performed with either a standing T-start armswing OR a 2-bounce start OR with a hurdle step\* (\*Group C only).
- Back take-offs are to be performed with a T-start armswing.
- Inwards take-offs are to be performed with a T-start armswing OR no armswing\* (\*Group E only).

### 3 Metre:

#### Forward Fall Straight

- Straight body position with arms in ‘T’ position, palms facing forward with thumbs touching hands.
- Lift ankles maintaining posture with relaxed shoulders.
- Fall in a straight position with hands moving round the side to grab.
- Vertical, clean and ‘3-bubble ripped’ entry.

#### Sitting Forward Tuck Roll

- Sitting start at the end of board in compact tuck, hands on middle of shins.
- Before the diver rolls off the board the kick out is performed, a strong kick to ‘V’ balance, the arms set to ‘T’ with relaxed shoulders before initiating roll.
- The diver rolls from the board maintaining the pikes shape, only when the entry point is spotted do the hips and glutes squeeze to straighten the body.
- Vertical and clean ‘3-bubble ripped’ entry.

## Standing Back Fall Straight

- Straight body position, hands to the front of thighs.
- Fall backwards keeping body straight and tension throughout.
- Hands move past the head before grabbing for entry, keeping close to the body at all times.
- Vertical and clean '3-bubble ripped' entry.

## Crouched Back Tuck Roll

- Start in a compact tuck position, hands on middle of shins.
- Roll back with fast and extended kick out from tuck position to a straight position.
- Hands move past the head before grabbing for entry, keeping close to the body at all times.
- Vertical and clean '3-bubble ripped' entry.

## World Aquatics Diving Rules

### Judging the Dive:

The points to be considered in judging the overall impression of a dive are:

The technique and grace of

- The starting position
- The approach
- The take off
- The flight
- The entry

### Dive Positions:

#### Straight Position (A)

- The body shall not be bent either at the knees or the hips.
- The feet shall be together and the toes pointed.
- The position of the arms is at the option of the diver.

#### Pike Position (B)

- In the pike position the body shall be bent at the hips, but the legs must be kept straight at the knees.
- The feet shall be together and the toes pointed.
- The position of the arms is at the option of the diver.

#### Tuck Position (C)

- In the tuck position the body shall be compact.
- Bent at the knees and hips with the knees and feet close together within the bodyline of the shoulders.
- The hands shall be on the lower legs.
- The toes pointed.

## Free (D)

- In the free position, the body position is optional (A, B or C) but the legs shall be together and the toes pointed.
- Should position A, B, C or D not be aesthetically pleasing and shown as described, each judge will deduct ½ to 2 points, according to his/her opinion.

## Penalty Change

- When a dive is performed partially in a position other than that announced each judge shall deduct according to his/her opinion.

## Execution of the Dive:

### (Safety/Clarification)

#### Rule D.8.5.1

- During the execution of a dive the dive shall be in the direct line of flight.

#### Rule D.8.5.2

- If during the execution of a dive, a diver dives to the side of the direct line of flight, each judge shall deduct according to his opinion.

#### Rule D.8.5.3

- If during an execution of a dive, a diver touches the end of the board with his feet or hands, each judge shall deduct according to his or her opinion.

#### Rule D.8.5.4

- If during the execution of a dive, a diver is unsafely close to the springboard or platform

OR

- The diver touches the end of the springboard or platform with their head the judges shall award up to a maximum of 2 points.
- When applying this rule, if the majority of the judges award two or less points, all higher scores shall be two points. The judges shall indicate to the Referee using by raising one hand that the 2 or less points are in relation to the unsafely close execution of the dive.

