

Swim England South East
Long Course Team Swimming Championships 2026
Licence Numbers: To be confirmed

1. General conditions

- 1.1 The Swim England South East Region Team Championships 2026 shall be conducted on 28th March 2026 at Winchester Leisure Centre.
- 1.2 All events shall be conducted in accordance with Swim England Laws and Technical Rule of Swimming. This competition will be licensed at Level 1 and run over long course (50m) and shall fully conform to the Swim England Guidance for Running Safe Events.
- 1.2.1 These Championships are planned to be held long course, however if a 50m pool is not available they will be transferred to a short course competition.
- 1.2.2 Backstroke starting ledges will be available.
- 1.2.3 A starting strobe will be provided where it is requested by the athlete at time of entry.
- 1.3 The Female category is for birth sex females in accordance with [Swim England's Transgender and Non-Binary Competition Policy](#). By entering the 'Female' category you confirm that your birth sex is female. The Male/Open category is for birth sex males and any other swimmer who is not eligible for the female category.
- 1.3.1 There shall be separate events for each category (Male/Open and Female).

2 Programme of events

Ages 14-16yrs, 17yrs/over			
2.1.1	4 x 100m	Freestyle	Medley
2.1.2	4 x 200m	Freestyle	

3 Team Championships entries

- 3.1 Team Championships shall be open to all clubs affiliated to the Region.
- 3.1.1 Clubs may enter multiple teams per event, with each swimmer eligible to represent one team only.
- The slowest team entered by a club must include at least two swimmers who have achieved a regional qualifying standard.
 - For any additional teams (eg B & C teams) all members of the team(s) must hold a regional qualifying standard.
- 3.1.2 A regional qualifying standard is defined as having a conditional time for the Swim England South East Long Course Championships 2026 validated on Rankings at the time of entry for at least one individual event, 400m or shorter.

Clubs are encouraged to enter only teams capable of competing at or above regional level, in the spirit of maintaining a high-quality championship program.

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4 Entry management

- 4.1 The entry fees for this competition are £20 per team, per event.
 - 4.1.1 Shortly after the end of the competition, clubs will be invoiced for the fees for accepted entries and fines for teams who failed to withdraw and did not report for the start of their heat or final.
 - 4.1.2 Payment is due within 7 days of the issue of the invoice. A surcharge of 5% will be added to all invoices not paid **by 1st June 2026.**
- 4.2
 - 4.2.1 Only entries from clubs affiliated to Swim England South East region and made by a designated club officer will be accepted into this competition.
 - 4.2.2 By submitting an entry file via the entry portal, the club confirms that all reasonable efforts have been made to ensure that entries conform to the championships conditions and accepts liability to pay the appropriate entry fee.
- 4.3 All entries must be submitted on or before **14th March 2026.**
 - 4.3.1 Entry fees are £20.00 per team per event.
 - 4.3.2 Late entries will not normally be accepted for this competition. If truly exceptional circumstances apply, then a late entry may be considered if a request is submitted in writing setting out why such a request should be granted. Any such requests must be made via swimcompmanager@southeastswimming.org . Any request will be considered in confidence.
- 4.4 All entries shall be submitted via the online entry portal on the Swim Manager web site. A link to the entry system will be provided via the competition web page: <https://www.southeastswimming.org/swimming/swimming-championships/team-championships-2026/> . The entry procedure will be defined on the competition webpage at least 2 weeks prior to the entry opening date.

5 Confirmation of entry

- 5.1 All entries will be confirmed by e-mail to the person who submitted the entry.
 - 5.1.1 Entries may be corrected at any time up to the closing date. After this date, only errors introduced by Swim England South East Region may be corrected.
 - 5.1.2 A list of **accepted** entries will be published through the competition web page as soon as possible after the final closing date.

6 Access to poolside

- 6.1 Access to the poolside is restricted to swimmers competing in the session, coaches, chaperones and team managers in possession of the recognised poolside accreditation, officials working during the session and assigned volunteers. Pool side accreditation must be purchased ahead of the competition through the Swim England Member Options portal. Accreditation must always be visible.
 - 6.1.2 Spectators and parents are not allowed on the pool deck, in the changing rooms or in any designated overflow area for swimmers, unless they are given explicit permission by the event or pool staff.
- 6.2 All club representatives supervising athletes shall abide by the Swim England Wavepower policies and guidelines and shall have completed appropriate training in

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accordance with those policies and guidelines. Clubs shall ensure that they comply with Swim England supervision ratios.

- 6.2.1 Swim England South East Region recognises that the minimum supervision numbers may challenge small clubs. Several clubs may work together as a “virtual club” to ensure that there is sufficient supervision.
- 6.2.2 To manage space on poolside and to comply with conditions of hire of the pool used for the competition:
 - i. swimmers are not allowed to carry a bag larger than a single small draw string bag onto poolside.
 - ii. coaches and team managers are allowed a single kit bag on poolside only 1 folding chair per club is permitted on poolside.
 - iii. any loose kit, such as fins, rollers and slam balls, is banned from poolside during the competition.
- 6.2.3 Anyone who deliberately contravenes any health and safety or safeguarding requirement may be expelled from poolside, may have their poolside pass withdrawn and may be denied poolside passes for future events.

7 Meet procedures

- 7.1 A withdrawal system will be in operation. Club representatives are expected to withdraw any teams as early as possible. All withdrawals are final.
 - 7.1.1 Withdrawals before the event must be made via the online form on the competition webpage at <https://www.southeastswimming.org/swimming/swimming-championships/team-championships-2026/>
 - 7.1.2 Withdrawals on the day of competition must be made using the published withdrawal system.
 - 7.1.3 A fine of £10 will be levied in respect of each team who fails to withdraw and does not present themselves at the start of the event.
- 7.2 Teams are responsible for presenting themselves to the clerks of the course in time for their race. There will be no call for missing competitors.

8 Heats

- 8.1 Heats shall be held for all events.
- 8.2 Teams shall be seeded according to their entry time; slowest to fastest. The last 3 heats in all events shall be cyclically seeded.
- 8.3 Swim-offs will not be held.

9 Awards and results

- 9.1 The first, second and third placed teams in each event shall be awarded medals.
 - 9.1.1 Medals must be collected by the team or their representative during the competition. Unclaimed medals will NOT normally be posted on after the competition.
- 9.2 Results will be published via the “Meet Mobile” application.
 - 9.2.1 A full set of results will be published in PDF on the competition web page.

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10 Spectators, photography and live streaming

- 10.1 A limited number of spectators may be allowed in the spectator gallery. The number of spectators will be determined based on the promoter's risk assessment, local conditions introduced by the operator, guidance from Swim England and NHS advice. Entrance will be by ticket purchased in advance.
- 10.2 By submitting an entry, entrants are accepting that their photographs may be taken and used to promote the sport by Swim England South East Region, and/or made available for download and purchase. All photography will conform to the "Swim England Photography and Photographing Swimmers Policy". Swimmers or parents of swimmers under 18 years of age on the day of competition have the right to withhold consent, by informing the promoter by email before the (final) closing date of the competition.
- 10.3 Swim England South East Region plans to provide a live video stream of this competition on the Swim England South East YouTube channel. It is not practical to exclude individual swimmers from that coverage, but swimmers or parents of swimmers under 18 years of age on the day of competition have the right to request that no close-up image be shown by informing the promoter by email before the (final) closing date of the competition.

11 Disputes / changes to conditions

- 11.1 Any dispute related to a matter not covered in these conditions shall be determined by the Promoter. Any individual who is not satisfied with such determination has the right to invoke Swim England Judicial processes.
- 11.1. Whenever possible, a Jury of Appeal shall be appointed.
- 11.2 Once the license has been granted for this competition, no changes to conditions are permitted without the explicit approval of the Swim England South East Region Licensing Panel.

12 Health and Safety

- 12.1 Every individual participating in this competition in any capacity shall conform to any specific health and safety or safeguarding requirements imposed by the Pool Operator, Swim England or Swim England South East Region. These requirements will be published on the competition web site at least 3 days before the start of the competition.
- 12.2 Clubs are responsible for the behaviour of their swimmers in all areas of the facility, including (but not limited to) the pool hall, changing rooms and overflow area.
- 12.3 Swimmers must always be supervised.
- 12.3.1 Swimmers are not permitted to be in the changing area other than for the purpose of showering or changing and must not congregate in the changing cubicles or group changing areas at other times.

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- 12.4 The use of mobile phones or similar devices in a changing area during Swim England regulated activities is prohibited.

13 Expenses

- 13.1 Expenses are offered to all volunteers (including officials and Event Makers) in accordance with the Swim England South East Region expenses policy.
- 13.1.1 Swim England South East Region offers a contribution towards travel expenses for any person travelling from outside of the Region or from the Channel Islands. Please contact the Swimming Competition Manager (swimcompmanager@southeastswimming.org) to obtain the rate applicable to this competition.