

Swim England South East Long Course – Age Group Championships 2026
Programme of events

AGE GROUP Championships 4 days / 2 Weekends

K2 Crawley

Saturday 25/04/2026

Day 1

08:30	Warmup
101	HDW F 400m FC
102	HDW M 1500m FC
	Warmup
103	Heats F 200m IM
104	Heats M 50 FC
105	Heats F 200m Fly
106	Heats M 100m Fly
	Warmup
103	Finals F 200m IM
104	Finals M 50 FC
105	Final F 200m Fly
106	Finals M 100m Fly
	Warmup
107	Heats F 50 Fly
108	Heats M 200m Fly
109	Heats F 100m FC
	Warmup
107	Finals F 50 Fly
108	Finals M 200m Fly
109	Finals F 100m FC

Sunday 26/04/2026

Day 2

08:30	Warmup
201	HDW M 400m FC
202	HDW F 1500m FC
	Warmup
203	Heats M 200m IM
204	Heats F 50 FC
205	Heats M 200m FC
206	Heats F 100m Fly
	Warmup
203	Finals M 200m IM
204	Finals F 50FC
205	Finals M 200m FC
206	Finals F 100m Fly
	Warmup
207	Heats M 50m Fly
208	Heats F 200m FC
209	Heats M 100m FC
	Warmup
207	Finals M 50m Fly
208	Finals F 200m FC
209	Final M 100m FC

Winchester Sports and Leisure Park

Saturday 09/05/2026

Day 7

08:30	Warmup
701	HDW F 400m IM
702	HDW M 800m FC
	Warmup
703	Heats M 50m BC
704	Heats F 200m Brst
705	Heats M 100m Brst
	Warmup
703	Finals M 50m BC
704	Finals F 200m Brst
705	Finals M 100m Brst
	Warmup
706	Heats F 50m Brst
707	Heats M 200m BC
708	Heats F 100m BC
	Warmup
706	Finals F 50m Brst
707	Finals M 200m BC
708	Final F 100m BC

Sunday 10/05/2026

Day 8

08:30	Warmup
801	HDW M 400m IM
802	HDW F 800M FC
	Warmup
803	Heats F 50m BC
804	Heats M 200m Brst
805	Heats F 100m Brst
	Warmup
803	Finals F 50m BC
804	Final M 200m Brst
805	Finals F 100m Brst
	Warmup
806	Heats M 50 Brst
807	Heats F 200m BC
808	Heats M 100m BC
	Warmup
806	Finals M 50 Brst
807	Finals F 200m BC
808	Finals M 100m BC