

MASTERS OPEN LONG COURSE 1500m EVENT

(Under Swim England Regulations and Technical Rules)

Saturday 28th March 2026 at 2:20pm

K2 Crawley, Pease Pottage Hill, Crawley, West Sussex, RH11 9BQ

50m 8 lane pool with electronic timing

ENTRY INSTRUCTIONS

WARMING-UP

There will be a warm-up of approximately 15 minutes from 2:00pm until 2:15pm. Swimmers in the first two heats should use this warm-up period. Heat 1 should start at 2:20pm. The first heat will use all 8 lanes. Subsequent heats will use 7 lanes with Lane 1 available for warming up for swimmers in the later heats. The last heat will use 8 lanes.

The warm-up schedule will be as follows.

Heat 3 can warm-up when heat 2 is in the water
 Heat 4 can warm-up when heat 3 is in the water
 and so on.

Lane 1 when used as a warm-up lane will be supervised by a marshal and swimmers are asked to co-operate by conducting their warm-ups quietly avoiding interference with the races underway. There will be no diving in the warm-up lane. **Lane 1 should not be used for swimming down after racing.** Fins, floats, paddles and other training equipment will not be allowed in this lane.

It is hoped that these arrangements will provide the best facilities to compete in this 1500m event. By submitting an on-line entry, you accept these arrangements and the Conditions below.

CONDITIONS

1 PROMOTER

The promoter is Geoff Stokes on behalf of the Swim South East Masters Group.

2 WHO CAN ENTER?

This meet will initially be open to SSE Masters to enter during February and then open to all registered Masters from 1st March. By entering swimmers are confirming their personal declaration at the end of this document

GENDER POLICY - There are 2 categories of entry, Female & Open/Male. The Female category is for birth sex females in accordance with [Swim England's Transgender and Non-Binary Competition Policy](#). By entering the Female category, you confirm that your birth sex is female.

3 COMPETITION ENTRY PROCEDURE

All swimmers must be current

- Swim England "Club Compete" members, or
- Scottish Swimming "Athlete" members, or
- Swim Wales "Club – Competitive" members

at the time of entering.

Swimmers not registered with the above bodies may not enter.

You should check your membership record at:

- Swim England - <https://www.swimmingresults.org/membershipcheck>
- Scottish Swimming - <https://www.scottishswimming.com/membership/membership-check>
- Swim Wales - <https://www.swimwales.org/membership-checker>

IF YOUR MEMBERSHIP RECORD DOES NOT CONFIRM THAT YOU MEET THE ELIGIBILITY REQUIREMENTS ABOVE – DO NOT SUBMIT AN ENTRY.

We will be checking compliance with the above and any entries that do not comply will be rejected. Scottish Swimming and Swim Wales members should add a note to their entry indicating that they are members of those organizations to assist us to carry out the checks.

Swimmers who have chosen to hide their membership data cannot be checked and so will be rejected. Such swimmers should email geoff@masterswim.uk before entering to discuss alternative checking arrangements.

Entries close at 12 noon on 23rd March 2026

4 EVENTS AND SEEDING
The event will be mixed, i.e. open/male and female swimmers seeded together in the heats. Events will be seeded in order of entry time, irrespective of age, from slowest to fastest. The fastest heat will be spearheaded. If you do not have an entry time, arrange to swim a timed 1500m before entering this event. Entries without an entry time will not be accepted. To ensure that the meet does not overrun swimmers should not enter if their 1500m swim time will be over **35 minutes**.

5 AGES
All competitors must be 18 years of age or older on the day of their swim.

6 RESULTS
Results will be based on the heat times. There will be no finals. Partial results will be available on-line shortly after each heat is completed. The final results will be on the same link which will be provided.

7 AWARDS
There will be no awards, this event is being held so that Masters can register 1500m long course swim times in the Swim England rankings, now a necessary requirement for entry to the British and National Swim England competitions. The results will be accepted for decathlon points.

8 ENTRIES
Entries open on 31st January 2026 and can be made on-line via the following link.
<https://bsbasa.org/meet/sersd26>

Click the link below to see the **List of Entries** to date.
<https://bsbasa.org/entries/sersd25>

9 ENTRY FEES AND PAYMENT
Entries cost **£23.00** per swimmer which includes a non-refundable administration charge of **£3.00**. Entry fees will not be refunded for withdrawals after the entries are closed which may be before the published closing date if the meet becomes full before then. All payments will be collected on-line with Stripe via a credit or debit card. Payment of entry fees should be made at the time an entry is submitted.

10 CLOSING DATE FOR ENTRIES
Entries close at **12 noon on Monday 23rd March 2026** or sooner if the event is fully subscribed. A **wait list** of up to 10 swimmers will be created once all heats have been filled. This will be used to fill any spaces left by swimmers withdrawing or failing to re-enter by the re-entry deadline (see below).

11 REGISTRATION AND RE-ENTRY

**Swimmers should confirm their intention to swim by email to
Geoff Stokes (masters.entries@southeastswimming.org)**

AFTER the closing date of 23rd March and BEFORE 12 noon on Wednesday 25th March.

Any swimmers not confirming by this deadline will be withdrawn and a swimmer on the wait list will take their place. Swimmers on the wait list not offered a swim will have their entry fees refunded. Heat sheets will be produced once the deadline has passed and sent to all entrants on or before Friday **27th March**.

12 LIMITS OF LIABILITY
In the event of the meet being cancelled for whatever reason event entry fees will be refunded. The promoter accepts no responsibility for any consequential costs.

13 POOL CONFIGURATION
This event is planned to use the pool at 50m. There are two submersible booms to convert it to 25m. In the event of a mechanical failure of the boom mechanisms the organisers reserve the right to run this meet as a short course event.

14 DISPUTES
Any matters not provided for in these conditions shall be decided by the Promoter.

PLEASE READ THE FOLLOWING NOTES CAREFULLY

1. Entries will be closed before the closing date if, and when, all the heats are filled and there are 10 swimmers on the wait list. Please get entries in as early as possible to avoid disappointment. In previous years most people on the wait list have been offered a swim when accepted swimmers have withdrawn. If you are on the wait list you will be advised as soon as a place becomes available, this can be only a day or so before the event.
2. **Finding the pool.** For directions to the venue search on Google for K2 Crawley. Parking is free.
3. **DON'T FORGET TO RE-ENTER BY NOON ON WEDNESDAY 25th March (CONDITION 11 ABOVE)**
4. Note that long course times (50m pool) achieved at this meet will be accepted as qualifying times for the National Masters Short Course championships at Sheffield, though without conversion to 25m.

Entries close at 12 noon on 23rd March 2026

PERSONAL DECLARATION

I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in Masters Swimming events and any other associated activities. Accordingly, by submitting my on-line entry I certify that I am physically fit to participate in this event.

I agree to comply with the Conditions detailed above and the arrangements explained in these Entry Instructions.

If I am entering as Female, I confirm that I have a birth sex of female and I am categorised as female in the Swim England on-line membership system.

Geoff Stokes – Event promoter

masters.entries@southeastswimming.org

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