## Swim England South East Long Course – Team Championships 2026 Programme of events

## Sunday 28<sup>th</sup> March Winchester Sports and Leisure Park

## **Event detail**

## Session 1

Event	Warmup
1	Girls 14-16yrs 800m Freestyle Relay
2	Boys/Open 14-16yrs 800m Freestyle Relay
3	Women 17-99yrs 800m Freestyle Relay
4	Men/Open 17-99yrs 800m Freestyle Relay
5	Girls 14-16yrs 400m Medley Relay
6	Boys/Open 14-16yrs 400m Medley Relay
	Session 2
	Session 2 Warmup
7	
7	Warmup
	Warmup Women 17-99yrs 400m Medley Relay
8	Warmup Women 17-99yrs 400m Medley Relay Men/Open 17-99yrs 400m Medley Relay
8	Warmup  Women 17-99yrs 400m Medley Relay  Men/Open 17-99yrs 400m Medley Relay  Girls 14-16yrs 400m Freestyle Relay