

Swim England South East – Short Course Championships 2025

Warm Up Schedule

Saturday 1 st November 2025		Sunday 2 nd November 2025	
Session One (Warm-Up 08:00, First Event 09:05)		Session Four (Warm-Up 08:00, First Event 09:05)	
08:00 - 08:25		08:00 - 08:25	
All Female Swimmers		All Open / Male Swimmers	
08:25 - 08:50		08:25 - 08:50	
All Open / Male Swimmers		All Female Swimmers	

Session Two (Warm-Up 12:45, First Event 13:20)		Session Five (Warm-Up 12:45, First Event 13:20)	
12:45 - 13:10 Mixed		12:45 - 13:10 Mixed	

Session Three (Warm-Up 15:30, First Event 16:35)		Session Six (Warm-Up 15:30, First Event 16:35)	
15:30 - 15:50		15:30 - 15:55	
All Open / Male Swimmers (Except Clubs Below)		All Female Swimmers	
15:50 - 16:10		15:55 - 16:20	
Mixed Wycombe Mixed Guildford Mixed Maxwell Mixed Uni-Surrey Mixed RTW Monson		All Open / Male Swimmers	
16:10 - 16:30			
All Female Swimmers (Except Clubs Above)			

Please Note:

All warm-up sessions will be busy, swimmers who are competing in events later in a session may wish to skip the main warm up and use the warm-up pool(s) before their event.

The 20m part of the main pool will be available during all sessions for warm up/down.

From 1pm on Saturday and all day Sunday the small “learner” pool will be available for use.