

SWIM ENGLAND SOUTH EAST SC (WINTER) CHAMPIONSHIPS 2025
BASE AND AUTOMATIC QUALIFYING TIMES

MALE/OPEN: Event	Target Entries *		Auto QTs		Base QTs	
	Initial	Fill to	SC	LC	SC	LC
50m Freestyle	68	76	24.4	25.2	25.1	25.9
100m Freestyle	52	60	53.1	54.6	54.4	55.9
200m Freestyle	52	60	1:58.3	2:01.2	2:01.8	2:04.6
400m Freestyle	36	44	4:12.0	4:17.5	4:22.9	4:28.2
1500m Freestyle	26	26	16:56.6	17:16.7	17:22.6	17:42.2
50m Backstroke	68	76	28.6	29.3	29.8	30.5
100m Backstroke	52	60	1:00.9	1:02.2	1:03.3	1:04.6
200m Backstroke	60	60	2:15.6	2:18.1	2:22.0	2:24.4
50m Breaststroke	68	76	31.1	32.1	32.4	33.4
100m Breaststroke	52	60	1:08.4	1:10.2	1:10.9	1:12.7
200m Breaststroke	60	60	2:34.4	2:37.8	2:43.9	2:47.1
50m Butterfly	68	76	26.4	27.1	27.5	28.2
100m Butterfly	52	60	58.5	59.8	1:01.3	1:02.5
200m Butterfly	60	60	2:22.8	2:25.0	2:31.9	2:34.0
100m Ind Medley	52	60	1:04.5	N/A	1:07.1	N/A
200m Ind Medley	52	60	2:13.8	2:16.7	2:19.0	2:21.8
400m Ind Medley	44	44	4:55.8	5:01.7	5:09.1	5:14.7

FEMALE: Event	Target Entries *		Auto QTs		Base QTs	
	Initial	Fill to	SC	LC	SC	LC
50m Freestyle	68	76	27.5	28.2	28.2	28.9
100m Freestyle	52	60	59.3	1:00.7	1:00.7	1:02.1
200m Freestyle	52	60	2:08.6	2:11.3	2:12.3	2:14.9
400m Freestyle	36	44	4:30.0	4:35.1	4:37.4	4:42.4
800m Freestyle	34	34	9:21.7	9:31.9	9:38.2	9:48.1
50m Backstroke	68	76	31.4	32.0	32.4	33.0
100m Backstroke	52	60	1:06.0	1:07.2	1:08.0	1:09.2
200m Backstroke	60	60	2:24.2	2:26.6	2:29.8	2:32.1
50m Breaststroke	68	76	35.2	36.1	36.1	37.00
100m Breaststroke	52	60	1:16.6	1:18.2	1:23.0	1:24.5
200m Breaststroke	60	60	2:48.4	2:51.5	2:53.4	2:56.4
50m Butterfly	68	76	29.3	29.9	30.3	30.9
100m Butterfly	52	60	1:05.3	1:06.5	1:07.4	1:08.5
200m Butterfly	60	60	2:32.4	2:34.5	2:40.3	2:42.3
100m Ind Medley	52	60	1:11.3	N/A	1:12.8	N/A
200m Ind Medley	52	60	2:26.2	2:28.8	2:32.0	2:34.6
400m Ind Medley	44	44	5:15.5	5:21.0	5:24.3	5:29.7

* Refer to condition 6.12

Version 2, 4th September 2025