

Ladies 50m Freestyle

18/24	Georgia Holderness	Milfield	2011	27.28
25/29	Hannah Keen	Hastings	2012	26.57
30/34	Hannah Keen	Hastings	2019	26.85
35/39	Georgina Heyn	Teddington	2022	27.17
40/44	Michelle Ware	Guildford City	2016	28.00
45/49	Michelle Ware	Woking	2021	28.09
50/54	Michelle Ware	Woking	2023	28.09
55/59	Cate Jackson	Barnet Copt	2019	30.22
60/64	Carol Fellows	Bristol Mast	2006	34.01
65/69	Jean Howard-Jones	Spencer	2010	34.05
70/74	Alison Gwynn	Mid Sussex	2019	36.45
75/79	Jane Asher	Kings Corm	2006	36.42
80/84	Jose Adam	Brighton Dolphins	2021	48.17
85/89	Jane Asher	Kings Corm	2016	39.38
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 100m Freestyle

18/24	Jessica Davies	City of Southampton	2017	59.92
25/29	Hannah Keen	Hastings	2012	58.70
30/34	Hannah Keen	Hastings	2019	59.51
35/39	Lisa Chapman	Hastings	2022	1:01.19
40/44	Sarah Hunt	Basingstoke	2023	1:01.49
45/49	Michelle Ware	Woking	2021	1:03.29
50/54	Michelle Ware	Woking	2023	1:00.94
55/59	Cate Jackson	Barnet Copt	2019	1:05.74
60/64	Laura Quye	Hastings	2019	1:14.39
65/69	Alison Gwynn	Mid Sussex Marlins	2015	1:18.98
70/74	Alison Gwynn	Mid Sussex Marlins	2019	1:21.31
75/79	Jane Asher	Kings Corm	2008	1:21.76
80/84	Jenny Ball	Ryde	2018	1:53.16
85/89	Jane Asher	Kings Corm	2019	1:35.93
90/94	Jane Asher	Kings Corm	2021	1:46.98
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 200m Freestyle

18/24	Samantha Wilson	Rushmoor Royals	2018	2:13.85
25/29	Hannah Keen	Hastings	2012	2:11.62
30/34	Gina Heyn	Teddington	2017	2:07.96
35/39	Lauren Willcox	Saxon Crown	2021	2:13.95
40/44	Jane Mcmenemy	Otter	2009	2:15.97
45/49	Jo Corben	Fareham Nomads	2016	2:20.94
50/54	Suzanne Wilding	Erith & Dist	2023	2:29.16
55/59	Laura Cooke	Bracknell	2021	2:34.49
60/64	Laura Quye	Hastings	2019	2:37.06
65/69	Esther Iseppi	Spencer	2023	2:48.77
70/74	Alison Gwynne	Kings Corm	2019	3:01.85
75/79	Jane Asher	Kings Corm	2006	3:01.02
80/84	Jane Asher	Kings Corm	2011	3:05.96
85/89	Jane Asher	Kings Corm	2018	3:30.20
90/94	Jane Asher	Kings Corm	2021	3:52.93
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 400m Freestyle

18/24	Millie Emmans	Basingstoke	2023	4:45.43
25/29	Samantha Wilson	Rushmoor Royals	2021	4:43.11
30/34	Rebecca Obrien	East Leeds	2022	4:35.47
35/39	Lauren Willcox	Saxon Crown	2022	4:44.53
40/44	Laure Kearns	Teddington	2023	4:59.30
45/49	Fleur Turner	Basingstoke	2022	4:43.51
50/54	Tracy Anstis	Dover Life	2023	5:34.51
55/59	Bridget Bewick	Bracknell	2021	5:13.61
60/64	Heidi Gore	Reading	2023	5:36.54
65/69	Claire Moore	Bracknell	2021	6:15.02
70/74	Alison Gwynn	Mid Sussex Marlins	2021	6:46.41
75/79	Elizabeth Savidge	Kings Corm	2021	7:39.63
80/84	Jenny Ball	Ryde SC	2022	9:01.51
85/89	Jenny Ball	Ryde SC	2023	8:57.77
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 800m Freestyle

18/24	Unclaimed	Unclaimed	Unclaimed	Unclaimed
25/29	Unclaimed	Unclaimed	Unclaimed	Unclaimed
30/34	Unclaimed	Unclaimed	Unclaimed	Unclaimed
35/39	Unclaimed	Unclaimed	Unclaimed	Unclaimed
40/44	Unclaimed	Unclaimed	Unclaimed	Unclaimed
45/49	Unclaimed	Unclaimed	Unclaimed	Unclaimed
50/54	Unclaimed	Unclaimed	Unclaimed	Unclaimed
55/59	Unclaimed	Unclaimed	Unclaimed	Unclaimed
60/64	Unclaimed	Unclaimed	Unclaimed	Unclaimed
65/69	Unclaimed	Unclaimed	Unclaimed	Unclaimed
70/74	Unclaimed	Unclaimed	Unclaimed	Unclaimed
75/79	Unclaimed	Unclaimed	Unclaimed	Unclaimed
80/84	Unclaimed	Unclaimed	Unclaimed	Unclaimed
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 50m Freestyle

18/24	Owen Morgan	Cranleigh	2007	23.66
25/29	William Felgate	Havant & Wat	2007	24.10
30/34	Ben Bradley	Maidenhead	2011	24.65
35/39	David Warren	Mid Sussex Marlins	2009	24.32
40/44	Adam Perrott/William Roberts	Havant & Wat/Otter	2009/2022	24.84
45/49	Martin Lane	Romford Town	2017	24.90
50/54	Spencer Turner	Basingstoke Bluefins	2019	25.16
55/59	Steve Greenfield	Basingstoke Bluefins	2013	27.47
60/64	Ralph Pinel	Bo Newham	2023	28.28
65/69	Stephen Braine	Mid Sussex	2022	30.09
70/74	David Hodgetts	Guildford City	2017	32.11
75/79	Anthony Gimson	Mid Sussex Marlins	2013	35.72
80/84	Anthony Gimson	Mid Sussex Marlins	2017	38.13
85/89	Frank Taylor	Hart	2016	45.57
90/94	John Harrison	Godalming	2006	1:07.11
95/99	John Harrison	Godalming	2009	1:19.06
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 100m Freestyle

18/24	Oliver Wilson	Otter	2015	51.92
25/29	Jamie Cunningham	Woking	2023	53.43
30/34	Alexander Smith	Woking	2023	52.44
35/39	David Warren	Mid Sussex Marlins	2008	55.36
40/44	Dave Warren	Otter	2013	54.89
45/49	Martin Bennell	Basingstoke	2022	55.70
50/54	Spencer Turner	Basingstoke Bluefins	2019	54.72
55/59	Clive Benson	Spencer	2018	1:00.89
60/64	Ralph Pinel	Bo Newham	2023	1:02.09
65/69	Steve Braine	Mid Sussex Marlins	2019	1:07.10
70/74	David Hodgette	Guildford City	2017	1:13.44
75/79	Geoff Stokes	Rushmoor Royals	2017	1:21.89
80/84	Anthony Gimson	Mid Sussex Marlins	2017	1:27.32
85/89	Robert Curr	Serpentine	2014	2:24.09
90/94	John Harrison	Godalming	2008	2:37.07
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 200m Freestyle

18/24	Oliver Wilson	Otter	2015	1:58.80
25/29	Andrew Farrell	Templeogue	2007	2:01.15
30/34	Robert Doran	Guildford City	2018	2:01.60
35/39	David Warren	Mid Sussex Marlins	2009	1:56.06
40/44	Dave Warren	Otter	2013	1:58.63
45/49	Spencer Turner	Basingstoke Bluefins	2014	2:06.25
50/54	Rory Fitzgerald	Winchester P	2008	2:12.26
55/59	Paul Hare	Croyden Amphibians	2016	2:16.61
60/64	Duncan Mccreadie	Maidenhead	2008	2:19.32
65/69	Duncan Mccreadie	Maidenhead	2011	2:22.91
70/74	James Pearson	Kent Weald	2018	2:47.81
75/79	Geoff Stokes	Rushmoor Royals	2014	2:49.96
80/84	Frank Taylor	Hart	2012	3:48.87
85/89	Robert Curr	Serpentine	2014	5:21.47
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 400m Freestyle

18/24	Harry Middleton	Bracknell	2021	4:32.93
25/29	Henry Goodlud	Woking	2023	4:21.37
30/34	Carl Halford	Co South'ton	2023	4:29.37
35/39	Ronald Garcia	Reading	2023	4:38.62
40/44	Matt Burgham	Otter	2023	4:31.91
45/49	Gareth Leachman	Crawley	2021	5:37.84
50/54	Philip Bradley	Kent Weald	2021	4:53.21
55/59	Mike Hodgson	Woking	2023	4:42.06
60/64	Ralph Pinel	Bo Newham	2023	5:14.64
65/69	Andrew Huckle	Havant & Waterlooville	2021	5:20.76
70/74	Peter Stephens	Spencer	2021	6:48.28
75/79	Peter Stephens	Spencer	2022	6:54.38
80/84	Unclaimed	Unclaimed	Unclaimed	Unclaimed
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 800m Freestyle

18/24	Unclaimed	Unclaimed	Unclaimed	Unclaimed
25/29	Unclaimed	Unclaimed	Unclaimed	Unclaimed
30/34	Unclaimed	Unclaimed	Unclaimed	Unclaimed
35/39	Unclaimed	Unclaimed	Unclaimed	Unclaimed
40/44	Unclaimed	Unclaimed	Unclaimed	Unclaimed
45/49	Unclaimed	Unclaimed	Unclaimed	Unclaimed
50/54	Unclaimed	Unclaimed	Unclaimed	Unclaimed
55/59	Unclaimed	Unclaimed	Unclaimed	Unclaimed
60/64	Unclaimed	Unclaimed	Unclaimed	Unclaimed
65/69	Unclaimed	Unclaimed	Unclaimed	Unclaimed
70/74	Unclaimed	Unclaimed	Unclaimed	Unclaimed
75/79	Unclaimed	Unclaimed	Unclaimed	Unclaimed
80/84	Unclaimed	Unclaimed	Unclaimed	Unclaimed
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 1500m Freestyle					Mens 1500m Freestyle				
18/24	Sophia Saller	Oxford Uni	2018	18:27.69	18/24	Rodrigo Orselli	Oxford Uni	2018	17:02.23
25/29	Holly Moore	Bracknell	2018	19:56.23	25/29	Unclaimed	Unclaimed	Unclaimed	Unclaimed
30/34	Laura Molyneaux	Fareham N'ds	2018	18:04.32	30/34	Lorenzo Caciagli	Cally Mast	2018	17:37.98
35/39	Henny Tarasewicz	Rushmoor Ryl	2018	19:18.24	35/39	Unclaimed	Unclaimed	Unclaimed	Unclaimed
40/44	Ceri Edwards	Portsmouth N	2018	18:42.82	40/44	Haydn Burke	Rushmoor Ryl	2018	18:59.10
45/49	Katie Stanley	Farnham	2018	20:28.65	45/49	Antonio Almaraz Serran	Reading	2018	18:37.21
50/54	Bridget Bewick	Bracknell	2018	20:48.72	50/54	Haydn Jones	Farnham	2018	22:16.56
55/59	Michele Crowley	Teddington	2018	23:29.22	55/59	Mark Strakosch	Berkhamsted	2018	19:21.21
60/64	Amanda Heath	Maidenhead	2018	22:08.07	60/64	Richard Whatling	Cally Mast	2018	26:12.46
65/69	Unclaimed	Unclaimed	Unclaimed	Unclaimed	65/69	Peter Gruitt	Sevenoaks	2018	23:47.20
70/74	Rose Dudeney	Mid Sussex	2018	26:44.37	70/74	Peter Stephens	Royal Navy	2018	24:57.87
75/79	Unclaimed	Unclaimed	Unclaimed	Unclaimed	75/79	Unclaimed	Unclaimed	Unclaimed	Unclaimed
80/84	Unclaimed	Unclaimed	Unclaimed	Unclaimed	80/84	Unclaimed	Unclaimed	Unclaimed	Unclaimed
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed	85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed	90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed	95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed	100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed
Ladies 50m Backstroke					Mens 50m Backstroke				
18/24	Jessica Davies	Fareham Nomads	2015	29.26	18/24	Craig Gibbons	Maxwell	2009	26.50
25/29	Lara Charlton	Hart	2023	31.57	25/29	Calum Macgregor	Teddington	2022	28.38
30/34	Yolanda Speare	MwayMaritime	2023	30.92	30/34	Oliver Espinasse	Windsor	2014	28.50
35/39	Gina Heyn	Teddington	2022	31.65	35/39	Lee Peterson	Braintree	2009	28.07
40/44	Kirsty Johnson	Bracknell	2023	31.09	40/44	Paul Allen	Boston	2012	29.76
45/49	Michelle Ware	Guildford City	2018	31.43	45/49	Nicholas Bridge	Co. Oxford	2015	30.31
50/54	Jo Corben	S D Trojan	2021	32.68	50/54	John Fitzgerald	Sheerness	2023	30.72
55/59	Philippa Williams	Wycombe District	2021	36.64	55/59	Patrick Gore	Reading	2023	32.32
60/64	Kathy Bidnall	Mid Sussex	2016	38.92	60/64	Neil Jackson	Hants North	2006	35.43
65/69	Helen Trippe	Winchester	2011	41.55	65/69	John Lake	W Lon Penguin	2009	37.37
70/74	Mary Johnson	Mid Sussex	2023	45.14	70/74	Michael Daniell	Bracknell	2011	39.45
75/79	Alison Gwynn	Mid Sussex	2023	45.01	75/79	Roger Billing	Guildford City	2018	41.08
80/84	Jane Asher	Kings Corm	2011	47.55	80/84	Paul Webster	Kent Weald	2022	50.58
85/89	Susan Halter	Camden Swiss	2013	1:24.67	85/89	Geoff Bishop	Kings Corm	2021	58.96
90/94	Jane Asher	Kings Corm	2021	55.59	90/94	John Harrison	Godalming	2007	1:09.79
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed	95/99	John Harrison	Godalming	2009	1:21.07
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed	100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed
Ladies 100m Backstroke					Mens 100m Backstroke				
18/24	Jessica Davies	Fareham Nomads	2015	1:04.22	18/24	John Molyneaux	Portsmouth NS	2010	59.86
25/29	Lara Charlton	Hart	2023	1:07.06	25/29	Calum Macgregor	Teddington	2022	1:00.31
30/34	Yolanda Speare	MwayMaritime	2023	1:06.27	30/34	Andrew Hagues	Bracknell	2012	1:03.06
35/39	Lizzie Godfrey	Basingstoke	2016	1:08.64	35/39	Lee Peterson	Braintree	2009	1:01.39
40/44	Kirsty Johnson	Bracknell	2023	1:07.49	40/44	Paul Hinxman	Hart	2013	1:04.40
45/49	Jo Corben	Fareham Nomads	2016	1:07.70	45/49	Daniel Cotton	Spencer	2023	1:02.31
50/54	Jo Corben	S D Trojan	2022	1:07.56	50/54	Paul Allen	Brighton Dol	2022	1:05.74
55/59	Bridget Bewick	Bracknell	2021	1:21.57	55/59	Mike Hodgson	Woking	2023	1:06.07
60/64	Kathy Bidnall	Mid Sussex Marlins	2015	1:27.30	60/64	Ivan Myall	Chelmsford	2008	1:16.14
65/69	Kathy Bidnall	Mid Sussex Marlins	2021	1:33.22	65/69	Nigel Foster	S Bournemouth	2015	1:22.34
70/74	Mary Johnson	Mid Sussex	2023	1:39.22	70/74	Nigel Salisbury	Spencer	2011	1:29.30
75/79	Jenny Ball	Io Wight Ma	2013	1:57.26	75/79	Roger Billing	Guildford Ct	2018	1:33.31
80/84	Jane Asher	Kings Corm	2012	1:49.34	80/84	Janos Leigh	Romford Town	2016	2:01.08
85/89	Susan Halter	Camdwn Swiss	2013	3:01.73	85/89	Robert Curr	Serpentine	2015	2:52.54
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed	90/94	John Harrison	Godalming	2006	2:32.25
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed	95/99	John Harrison	Godalming	2009	2:52.86
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed	100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed
Ladies 200m Backstroke					Mens 200m Backstroke				
18/24	Jessica Davies	Fareham Nomads	2015	2:17.57	18/24	Harry Middleton	Bracknell	2021	2:18.71
25/29	Laure Bacher-Fuentes	Otter	2011	2:30.48	25/29	Adam Toy	Portsmouth Northsea	2021	2:14.17
30/34	Yolanda Speare	MwayMaritime	2023	2:27.99	30/34	Lewis Jones	Portsmouth Northsea	2013	2:18.58
35/39	Jo Corben	Fareham Nomads	2006	2:25.15	35/39	David Warren	Mid Sussex Marlins	2006	2:16.74
40/44	Jo Corben	Fareham N'omads	2014	2:26.54	40/44	Richard Hope	Guildford Ct	2019	2:14.62
45/49	Jo Corben	Fareham Nomads	2017	2:22.74	45/49	Nicholas Bridge	Co.Oxford	2015	2:29.49
50/54	Jo Corben	SD Trojan	2021	2:26.03	50/54	Paul Allen	Brighton Dol	2023	2:23.34
55/59	Vicki Linton-crook	Crawley	2022	2:57.72	55/59	Alec Johnson	Trafford Metro	2017	2:29.47
60/64	Amanda Heath	Spencer	2019	3:03.94	60/64	Andrew Burgess	Mid Sussex Marlins	2017	2:41.68
65/69	Amanda Heath	Spencer	2023	3:08.81	65/69	Nigel Foster	Bournemouth	2015	2:57.56
70/74	Mary Johnson	Mid Sussex	2023	3:33.90	70/74	Malcom Munro	Barnes SC	2017	3:16.21
75/79	Jane Asher	Kings Corm	2009	3:41.72	75/79	Paul Frieze	Teddington	2018	3:37.45
80/84	Jane Asher	Kings Corm	2012	3:50.94	80/84	Paul Clarke	Beaver Mast	2022	4:17.72
85/89	Jane Asher	Kings Corm	2019	4:27.36	85/89	Robert Curr	Serpentine	2014	5:49.64
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed	90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed	95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed	100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed
Ladies 50m Breaststroke					Mens 50m Breaststroke				
18/24	Georgia Holderness	Milfield	2011	33.93	18/24	Cameron Winchcombe	Wycombe Dist	2022	30.14
25/29	Fiona Marshall	Otter	2006	30.85	25/29	Neil Redman	Portsmouth Northsea	2021	29.44
30/34	Gina Heyn	Teddington	2016	32.45	30/34	Chris Aust	Co Oxford	2012	30.97
35/39	Emma Oliver	Co Canterbury	2016	32.45	35/39	David Ebanks	Romford Town	2017	30.61
40/44	Sharon Burchell	Crawley	2017	36.37	40/44	Robert Messenger	Dover Life	2022 & 2023	30.53
45/49	Sharon Burchell	Crawley	2021	36.74	45/49	Martin Bennell	Basingstoke	2022	30.56
50/54	Lucy Williams	Co Southampton	2012	38.88	50/54	Archy Nakano	Dorking	2022	31.58
55/59	Alison Nye	Spencer	2012	38.69	55/59	Mike Hodgson	Woking	2023	31.28
60/64	Philippa Williams	Wycombe Dist	2023	41.83	60/64	Dave Milburn	Newbury	2022	33.44
65/69	Diane Ford	Rushmoor Royals	2009	44.35	65/69	Chris Jones	Mid Sussex Marlins	2009	40.38
70/74	Diane Ford	Rushmoor Royals	2014	45.56	70/74	Geoff Bishop	Kings Corm	2007	42.73
75/79	Diane Ford	Rushmoor Royals	2021	47.70	75/79	Geoff Bishop	Royal Navy	2011	43.22
80/84	Jose Adam	Brighton Dolphins	2021	1:03.21	80/84	Anthony Gimson	Mid Sussex Marlins	2017	53.72
85/89	Jane Asher	Kings Corm	2019	1:03.42	85/89	Geoff Bishop	Kings Corm	2021	57.45
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed	90/94	John Harrison	Godalming	2006	1:31.35
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed	95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed	100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

<b>Ladies 100m Breaststroke</b>					<b>Mens 100m Breaststroke</b>				
18/24	Kirsty Ager	Black Lion	2009	1:17.86	18/24	Kim Liu	Otter	2015	1:07.53
25/29	Jenifer Holland	Wycomb District	2021	1:13.38	25/29	Neil Redman	Portsmouth Northsea	2021	1:03.67
30/34	Gina Heyn	Teddington	2016	1:10.50	30/34	Leon Smith	Teddington	2014	1:07.95
35/39	Emma Oliver	Co Canterbury	2016	1:17.13	35/39	David Ebanks	Romford Town	2017	1:08.26
40/44	Barbara Halls	Spencer	2022	1:23.31	40/44	Michael Hodgson	Guildford City	2011	1:11.88
45/49	Sharon Burchell	Crawley	2021	1:21.46	45/49	Martin Bennell	Basingstoke	2022	1:07.78
50/54	Amanda Heath	Spencer	2008	1:24.52	50/54	Archy Nakano	Dorking	2022	1:08.96
55/59	Amanda Heath	Spencer	2012	1:26.28	55/59	David Milburn	Newbury	2021	1:15.37
60/64	Amanda Heath	Spencer	2017	1:29.47	60/64	Malcolm Munro	Acton	2007	1:25.81
65/69	Amanda Heath	Spencer	2022	1:28.51	65/69	Chris Jones	Mid Sussex Marllins	2008	1:32.20
70/74	Diane Ford	Rushmoor Royals	2014	1:37.00	70/74	Mike Wake	Sevenoaks	2013	1:37.50
75/79	Diane Ford	Rushmoor Royals	2018	1:47.93	75/79	Derrick Fuller	Thanet Swim	2008	1:51.28
80/84	Unclaimed	Unclaimed	Unclaimed	Unclaimed	80/84	James Green	Redhill & Reigate	2008	2:04.25
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed	85/89	Geoff Bishop	Kings Corm	2021	2:26.20
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed	90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed	95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed	100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed
<b>Ladies 200m Breaststroke</b>					<b>Mens 200m Breaststroke</b>				
18/24	Tiegan Dixon	Tilehurst	2012	2:53.45	18/24	Kim Liu	Otter	2015	2:29.99
25/29	Ruth Morrison	Otter	2006	2:47.84	25/29	Neil Redman	Portsmouth Northsea	2021	2:25.01
30/34	EmmTiffany Pose	Reading	2019	2:49.84	30/34	Andrew Benson	Out To Swim	2019	2:26.54
35/39	Kyla Steenhart	Cally Masters	2013	2:52.09	35/39	David Warren	Mid Sussex Marllins	2006	2:28.19
40/44	Ruth Rinze	Kenilworth	2019	2:57.96	40/44	David Russell	West Wight	2015	2:38.08
45/49	Fleur Turner	Basingstoke	2023	2:52.72	45/49	Mike Hodgson	Guildord City	2013	2:38.24
50/54	Amanda Heath	Spencer	2007	3:00.12	50/54	Mike Hodgson	Guildford Ct	2019	2:34.99
55/59	Amanda Heath	Spencer	2012	3:06.82	55/59	Mike Hodgson	Woking	2022	2:38.02
60/64	Amanda Heath	Spencer	2017	3:06.25	60/64	Dave Milburn	Newbury	2022	2:47.06
65/69	Amanda Heath	Spencer	2022	3:07.97	65/69	Duncan McCreadie	Maidenhead	2013	3:23.38
70/74	Diane Ford	Rushmoor Royals	2014	3:40.56	70/74	Charles Doxat	Otter	2012	3:24.13
75/79	Diane Ford	Spencer	2018	3:59.81	75/79	Edward Askew	Chichester	2007	4:32.12
80/84	Unclaimed	Unclaimed	Unclaimed	Unclaimed	80/84	James Green	Kings Corm	2009	4:33.48
85/89	Jane Asher	Kinds Corm	2019	5:03.11	85/89	James Green	Redhill & Reigate	2013	5:16.37
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed	90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed	95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed	100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed
<b>Ladies 50m Butterfly</b>					<b>Mens 50m Butterfly</b>				
18/24	Jessica Davies	City of Southampton	2017	30.21	18/24	Oliver Wilson	Otter	2015	26.03
25/29	Melissa Dolby	Co South'ton	2022	28.98	25/29	Mark Lewis	Saxon Crown	2008	25.76
30/34	Gina Hobson	Otter	2009	29.85	30/34	Oliver Espinasse	Windsor	2014	26.54
35/39	Lisa Chapman	Hastings	2022	29.94	35/39	Oilly Espinasse	Basingstoke	2023	26.74
40/44	Michelle Ware	Guildford City	2017	30.17	40/44	Dave Warren	Otter	2011	26.32
45/49	Michelle Ware	Guildford City	2018	30.87	45/49	Mike Hodgson	Guildford City	2014	28.39
50/54	Michelle Ware	Woking	2023	30.27	50/54	Mike Hodgson	Guildford City	2017	27.71
55/59	Laura Cooke	Bracknell	2021	33.82	55/59	Clive Benson	Hart	2022	30.64
60/64	Amanda Heath	Spencer	2018	37.08	60/64	Clive Benson	Hart	2023	30.40
65/69	Sally Mills	Mid Sussex	2022	38.42	65/69	Stephen Braine	Mid Sussex	2022	32.16
70/74	Jose Adam	Brighton Dolphins	2013	58.70	70/74	Michael Daniell	Bracknell	2011	36.23
75/79	Alison Gwynn	Mid Sussex	2023	46.94	75/79	Derek Parr	Broomfield	2019	35.92
80/84	Jane Asher	Kings Corm	2011	46.49	80/84	Anthony Gimson	Mid Sussex Marllins	2017	55.02
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed	85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed	90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed	95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed	100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed
<b>Ladies 100m Butterfly</b>					<b>Mens 100m Butterfly</b>				
18/24	Rhiannon Bowen	Guildford Ct	2023	1:03.75	18/24	William Felgate	Havant & Wat	2006	58.54
25/29	Sarah Healey	Wandsworth	2008	1:03.61	25/29	Mark Lewis	Saxon Crown	2008	55.48
30/34	Gina Heyn	Teddington	2017	1:05.36	30/34	John Wood	Berkhampsted	2018	59.62
35/39	Gina Hobson	Otter	2012	1:08.69	35/39	David Warren	Mid Sussex Marllins	2008	59.29
40/44	Michelle Ware	Guildford City	2009	1:09.40	40/44	Dave Warren	Otter	2013	1:00.05
45/49	Jeanne Petit	Leic Peng	2019	1:11.79	45/49	Kevin Wills	Wycombe Dist	2022	1:05.51
50/54	Allie Price	Cardiff Masters	2015	1:14.97	50/54	Michael Short	Jersey	2019	1:06.45
55/59	Amanda Heath	Spencer	2015	1:23.86	55/59	Clive Benson	Spencer	2018	1:08.82
60/64	Jenny Vick	Erith & Dist	2023	1:28.11	60/64	Clive Benson	Hart	2023	1:09.80
65/69	Sally Mills	Mid Sussex	2022	1:27.79	65/69	Derek Parr	Otter	2009	1:11.89
70/74	Shirley Mcfarland	Baddaginne Aus	2006	2:48.88	70/74	Michael Daniell	Bracknell	2012	1:33.79
75/79	Unclaimed	Unclaimed	Unclaimed	Unclaimed	75/79	Derek Parr	Broomfield	2019	1:20.49
80/84	Unclaimed	Unclaimed	Unclaimed	Unclaimed	80/84	Edward Askew	Chichester	2012	2:31.45
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed	85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed	90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed	95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed	100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed
<b>Ladies 200m Butterfly</b>					<b>Mens 200m Butterfly</b>				
18/24	Rose Stride	Crawley	2018	2:45.74	18/24	Dylan Conway	Kingston Roy	2023	2:17.69
25/29	Kirsty Hodd	Spencer	2009	2:32.72	25/29	Mark Lewis	Saxon Crown	2008	1:59.74
30/34	Noemie Peignon	Fareham Nomads	2016	2:34.72	30/34	Nick Valentine	Co Newcastle	2013	2:17.36
35/39	Kaira Redman	Kent Weald	2019	2:44.55	35/39	David Warren	Mid Sussex Marllins	2009	2:11.55
40/44	Sarah Morre	Mid Sussex	2015	2:44.16	40/44	David Warren	Otter	2011	2:09.52
45/49	Linda Brown	Spencer	2007	2:51.07	45/49	Richard Searle	Stroud Mast	2009	2:40.36
50/54	Frances Penwarden	Croydon Amphibians	2007	3:02.57	50/54	Peter Morris	Bracknell	2013	2:30.05
55/59	Donna Wickens	Dover Life	2023	3:28.83	55/59	Martin Fenner	Romford Town	2017	2:42.59
60/64	Susan Haigh	Tiverton	2013	3:11.14	60/64	Steve Folsom	Teddington	2014	2:42.66
65/69	Amanda Heath	Spencer	2023	3:11.73	65/69	Derek Parr	Otter	2009	2:50.50
70/74	Shirley Mcfarland	Baddaginne Aus	2006	6:21.02	70/74	Michael Daniell	Bracknell	2010	3:36.36
75/79	Unclaimed	Unclaimed	Unclaimed	Unclaimed	75/79	Derek Parr	Broomfield	2019	3:16.56
80/84	Unclaimed	Unclaimed	Unclaimed	Unclaimed	80/84	David Cumming	Eastbourne	2022	4:05.15
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed	85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed	90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed	95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed	100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 100m Medley

18/24	Sophy Croydon Kempster	Crawley	2023	1:09.08
25/29	Elizabeth Gray	Aylesbury	2022	1:07.84
30/34	Gina Heyn	Teddington	2018	1:07.85
35/39	Georgina Heyn	Teddington	2022	1:06.15
40/44	Gina Hobson	Otter	2017	1:13.08
45/49	Michelle Ware	Woking	2021	1:10.53
50/54	Allie Price	Cardiff Masters	2015	1:16.40
55/59	Alison Nye	Spencer	2012	1:20.40
60/64	Heidi Gore	Reading	2023	1:25.50
65/69	Kathy Bidnall	Mid Sussex Marlins	2021	1:38.07
70/74	Rose Dudeney	Mid Sussex Marlins	2017	1:46.06
75/79	Jane Asher	Kings Corm	2006	1:39.84
80/84	Jane Asher	Kings Corm	2011	1:42.72
85/89	Jane Asher	Kings Corm	2018	1:54.63
90/94	Jane Asher	Kings Corm	2021	2:10.98
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 200m Medley

18/24	Megan Alsop	Hastings	2012	2:32.81
25/29	Rebecca O'Brien	Windsor	2015	2:30.82
30/34	Gina Heyn	Teddington	2017	2:24.45
35/39	Lauren Willcox	Saxon Crown	2021	2:33.13
40/44	Michelle Ware	Guildford City	2017	2:34.41
45/49	Jo Corben	Fareham Nomads	2015	2:38.64
50/54	Amanda Heath	Spencer	2011	2:51.64
55/59	Amanda Heath	Spencer	2013	2:51.47
60/64	Amanda Heath	Spencer	2017	2:57.64
65/69	Amanda Heath	Spencer	2022	3:00.17
70/74	Alison Gwynn	Mid Sussex	2022	3:49.13
75/79	Jane Asher	Kings Corm	2007	3:36.93
80/84	Jane Asher	Kings Corm	2011	3:46.25
85/89	Jane Asher	Kings Corm	2016	4:02.82
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 400m Medley

18/24	Unclaimed	Unclaimed	Unclaimed	Unclaimed
25/29	Sophie Hutin	S D Trojan	2022	5:55.94
30/34	Julie Howe	Woking	2023	5:14.06
35/39	Georgina Heyn	Teddington	2022	5:13.87
40/44	Laure Kearns	Teddington	2023	5:42.13
45/49	Fleur Turner	Basingstoke	2023	5:24.01
50/54	Jo Corben	S D Trojan	2022	5:44.59
55/59	Lindsay Kelly Onay	Didcot & Bar	2023	6:48.71
60/64	Blanaid Walker	Witney	2023	7:21.84
65/69	Amanda Heath	Spencer	2023	6:25.35
70/74	Unclaimed	Unclaimed	Unclaimed	Unclaimed
75/79	Unclaimed	Unclaimed	Unclaimed	Unclaimed
80/84	Unclaimed	Unclaimed	Unclaimed	Unclaimed
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 100m Medley

18/24	Neal Thompson	Otter	2015	59.78
25/29	Ivan Nechunaev	Spencer	2015	58.64
30/34	Leon Smith	Teddington	2016	1:00.73
35/39	David Warren	Mid Sussex Marlins	2008	1:00.78
40/44	Martinus Marx	Crawley	2022	1:03.39
45/49	Martin Bennell	Basingstoke	2022	1:02.95
50/54	Mike Hodgson	Woking	2021	1:02.99
55/59	David Bryant	Guildford City	2017	1:09.03
60/64	Duncan Mccreadie	Maidenhead	2008	1:15.16
65/69	Duncan Mccreadie	Maidenhead	2011	1:20.12
70/74	Anthony Gimson	Mid Sussex Marlins	2007	1:30.06
75/79	Anthony Gimson	Mid Sussex Marlins	2012	1:38.22
80/84	Anthony Gimson	Mid Sussex Marlins	2021	2:05.21
85/89	Geoff Bishop	Kings Corm	2021	2:15.69
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 200m Medley

18/24	Dylan Conway	Kingston Roy	2023	2:16.34
25/29	Neal Thomson	Out to Swim	2017	2:16.78
30/34	Lewis Jones	Portsmouth Northsea	2013	2:19.15
35/39	David Warren	Mid Sussex Marlins	2008	2:12.92
40/44	Matt Burgham	Otter	2023	2:25.61
45/49	Daniel Cotton	Spencer	2023	2:21.08
50/54	Mike Hodgson	Woking	2021	2:24.42
55/59	Nigel Vickers	Rushmoor Royals	2021	2:33.72
60/64	Duncan Mccreadie	Maidenhead	2007	2:35.54
65/69	Duncan Mccreadie	Maidenhead	2011	2:48.45
70/74	Charles Doxat	Otter	2012	3:14.86
75/79	Anthony Gimson	Mid Sussex Marlins	2012	3:44.92
80/84	Edward Eskew	Chichester	2012	4:31.93
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 400m Medley

18/24	Unclaimed	Unclaimed	Unclaimed	Unclaimed
25/29	Henry Goodlud	Woking	2023	4:55.32
30/34	Goncalo Amaral Pinto	Crawley	2022	5:09.58
35/39	Goncalo Amaral Pinto	Crawley	2023	5:10.42
40/44	Matt Burgham	Haslemere	2022	5:13.24
45/49	Unclaimed	Unclaimed	Unclaimed	Unclaimed
50/54	Mark Rands	Teddington	2022	5:55.67
55/59	John Darby	Co Oxford	2023	7:12.79
60/64	Alan Parkins	Crawley	2023	6:24.64
65/69	Julian Meldrum	Bexley Mast	2023	7:37.25
70/74	Unclaimed	Unclaimed	Unclaimed	Unclaimed
75/79	Unclaimed	Unclaimed	Unclaimed	Unclaimed
80/84	Unclaimed	Unclaimed	Unclaimed	Unclaimed
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed