

South East Para Swimming Female Long Course Records

Female 50m Freestyle

Name/ Club	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
Sarah Whitchurch (Guernsey)	S5	47.07	Manchester	30/11/19
Fern Sneddon (RTW Monson)	S6	37.67	London	4/4/24
Iona Winniffrith (Tonbridge)	S7	35.26	Sheffield	26/7/24
Amanda Readhead (Maxwell)	S8	36.24	Swansea	12/12/21
Lauren Steadman (Ports)	S9	30.53	Manchester	25/5/09
Evie Hallas (Wycombe Dist)	S10	37.79	Sheffield	3/8/23
	S11	Vacant		
Hannah Russell (Woking)	S12	27.01	Glasgow	27/4/16
Katie Crowhurst (Wycombe Dist)	S13	31.51	Manchester	12/02/21
Fern Ioannou (Reading Cygn)	S14	31.41	Wycombe	15/01/22

Female 100m Freestyle

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
Sarah Whitchurch (Guernsey)	S5	1.44.28	Sheffield	31/7/19
Fern Sneddon (RTW Monson)	S6	1.22.42	Sheffield	25/7/22
Iona Winniffrith (Tonbridge)	S7	1:16.77	Stratford	2/2/25
Amanda Readhead (Maxwell)	S8	1.21.47	Wycombe	29/04/23
Lauren Steadman (Ports)	S9	1.05.98	London	7/9/12
Zara Mullooly (Guildford)	S10	1.01.32	Dublin	13/8/18
	S11	Vacant		
Hannah Russell (Woking)	S12	58.94	Sheffield	28/7/16
Katie Crowhurst (Wycombe Dist)	S13	1.10.29	Sheffield	31/7/18
Olivia Newman-Baronius (Maxwell)	S14	59.86	Sheffield	23/7/24

Female 200m Freestyle

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
Sarah Whitchurch (Guernsey)	S5	3.50.58	Sheffield	3/8/19
Elwyn Meeres (Wycombe Dist)	S6	4:01.34	Wycombe	28/9/24
Evie Hallas (Wycombe Dist)	S10	3.15.36	Wycombe	16/07/23

Olivia Newman-Baronius (Maxwell)	S14	2:08.41	Paris	31/8/24
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Female 400m Freestyle

Name	Class	Time	Venue	Date
Fern Sneddon (RTW Monson)	S6	6.02.70	Sheffield	23/7/22
Georgia Howell (Littlehampton)	S7	6.40.76	Sheffield	3/6/18
Amanda Readhead (Maxwell)	S8	6.09.66	Wycombe	30/04/23
Lauren Steadman (Portsmouth)	S9	4.55.17	London	4/9/12
Zara Mullooly (Guildford City)	S10	4.42.64	Dublin	13/8/18
	S11	Vacant		
Hannah Russell (Woking)	S12	4.37.14	Berlin	18/4/15
Katie Crowhurst (Wycombe Dist)	S13	5.15.55	Berlin	8/6/19
Fern Ioannou (Reading Cygn)	S14	5:34.51	Wycombe	26/01/19

Female 800m Freestyle

Name	Class	Time	Venue	Date
	S6	Vacant		
	S7	Vacant		
	S8	Vacant		
	S9	Vacant		
	S10	Vacant		
	S11	Vacant		
Rebecca Hardy-Bishop (Crawley)	S12	11:00.45	Crawley	15/2/25
Katie Crowhurst (Wycombe Dist)	S13	10:56.65	Wycombe	25/09/21
Kathryn Martin (Bracknell)	S14	16:36.81	Aldershot	17/09/17

Female 1500m Freestyle

Name	Class	Time	Venue	Date
	S7	Vacant		
	S8	Vacant		
	S9	Vacant		
	S10	Vacant		
	S11	Vacant		
Rebecca Hardy-Bishop (Crawley)	S12	20:55.93	Crawley	16/2/25
Katie Crowhurst (Wycombe Dist)	S13	21:10.22	Wycombe	27/01/19
Lucy Chenery (Co Milton K)	S14	22.31.59	Guildford	08/01/11

Female 50m Backstroke

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
Sarah Whitchurch (Guernsey)	S5	54.53	Manchester	30/11/19

Iona Winnifrith (Tonbridge)	S6	50.03	Sheffield	17/03/23
Georgia Howell (Littlehampton)	S7	50.72	Crawley	07/04/19
Iris Turner (Wycombe Dist)	S8	50.88	Wycombe	26/1/25
Lauren Steadman (Portsmouth N)	S9	36.71	Berlin	23/05/08
Evie Hallas (Wycombe Dist)	S10	47.61	Wycombe	28/1/24
	S11	Vacant		
Rebecca Hardy-Bishop (Jersey)	S12	37.48	Crawley	9/2/25
Katie Crowhurst (Wycombe Dist)	S13	35.27	Berlin	07/06/19
Amberley Hoar (Portsmouth N)	S14	36.76	Portsmouth	01/10/11

Female 100m Backstroke

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
	S5	Vacant		
Iona Winnifrith (Tonbridge)	S6	1.43.51	Sheffield	24/07/23
Georgia Howell (Littlehampton)	S7	1.46.27	Crawley	23/2/19
Amanda Readhead (Maxwell)	S8	1.34.25	Swansea	11/12/21
Lauren Steadman (Portsmouth)	S9	1.16.70	Manchester	6/3/11
Zara Mullooly (Guildford)	S10	1.17.71	Sheffield	29/4/17
	S11	Vacant		
Hannah Russell (Woking)	S12	1.06.06	Rio	14/9/16
Katie Crowhurst (Wycombe Dist)	S13	1.15.36	Manchester	13/03/21
Olivia Newman-Baronius (Maxwell)	S14	1:07.75	London	3/4/25

Female 200m Backstroke

Name	Class	Time	Venue	Date
	S6	Vacant		
	S7	Vacant		
	S8	Vacant		
Lauren Steadman (Portsmouth)	S9	3:08.90	Sheffield	08/10/06
Evie Hallas (Wycombe Dist)	S10	4:20.53	Wycombe	26/09/21
	S11	Vacant		
	S12	Vacant		
Katie Crowhurst (Wycombe Dist)	S13	2:59.05	Cardiff	18/03/17
Amberley Hoar (Portsmouth)	S14	2:47.66	Berlin	28/04/11

Female 50m Breaststroke

Name	Class	Time	Venue	Date
	SB1	Vacant		
	SB2	Vacant		
	SB3	Vacant		
	SB4	Vacant		
	SB5	Vacant		

Iona Winnifrith (Tonbridge)	SB6	46.47	Sheffield	17/03/23
Iona Winnifrith (Tonbridge)	SB7	40.71	Berlin	1/6/24
Iris Turner (Wycombe Dist)	SB8	1.00.49	Wycombe	16/07/23
Lauren Steadman (Portsmouth N)	SB9	47.16	Sheffield	29/07/07
	SB10	Vacant		
	SB11	Vacant		
Rebecca Hardy-Bishop (Jersey)	SB12	45.62	Crawley	8/2/25
Alexandra Adams (Black Lion)	SB13	47.32	Aldershot	20/01/08
Amberley Hoar (Portsmouth N)	SB14	40.81	Portsmouth	02/10/11

Female 100m Breaststroke

Name	Class	Time	Venue	Date
	SB1	Vacant		
	SB2	Vacant		
	SB3	Vacant		
Sarah Whitchurch (Guernsey)	SB4	3.07.22	Wycombe	5/5/18
Kathryn Webb (Bexhill)	SB5	2.19.58	Sheffield	7/7/06
Iona Winnifrith (Tonbridge)	SB6	1.43.05	Sheffield	25/07/23
Iona Winnifrith (Tonbridge)	SB7	1:29.69	Paris	5/9/24
Sanjana Emmanuel (Reading)	SB8	1.46.90	Crawley	5/5/12
Lauren Steadman (Portsmouth)	SB9	1.35.14	Millfield	28/1/12
	SB11	Vacant		
Rebecca Hardy-Bishop (Crawley)	SB12	1:38.96	Wycombe	9/3/25
Alexandra Adams (Black Lion)	SB13	1.36.60	Swansea	12/12/09
Olivia Newman-Baronius (Maxwell)	SB14	1:17.77	Lignano	14/3/24

Female 200m Breaststroke

Name	Class	Time	Venue	Date
	SB4	Vacant		
	SB5	Vacant		
Elowyn Meeres (Wycombe Dist)	SB6	4:29.30	Wycombe	28/9/24
Iona Winnifrith (Tonbridge)	SB7	3:33.60	Lignano	14/3/24
	SB8	Vacant		
Evie Hallas (Wycombe Dist)	SB9	4:40.42	Wycombe	25/09/21
	SB11	Vacant		
	SB12	Vacant		
	SB13	Vacant		
Amberley Hoar (Portsmouth)	SB14	2:59.48	Portsmouth	14/01/12

Female 50m Butterfly

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
	S5	Vacant		

Iona Winnifrith (Tonbridge)	S6	40.06	Sheffield	24/07/23
Iona Winnifrith (Tonbridge)	S7	38.30	London	2/4/24
Iris Turner (Wycombe Dist)	S8	58.07	Wycombe	25/1/25
Lauren Steadman (Portsmouth N)	S9	38.28	Sheffield	31/07/07
Evie Hallas (Wycombe Dist)	S10	43.61	Wycombe	16/07/23
	S11	Vacant		
Rebecca Hardy-Bishop (Jersey)	S12	37.27	Crawley	21/9/24
Katie Crowhurst (Wycombe Dist)	S13	34.64	Wycombe	26/09/21
Olivia Newman-Baronius (Maxwell)	S14	29.44	Stratford	2/4/23

Female 100m Butterfly

Name	Class	Time	Venue	Date
	S5	Vacant		
	S6	Vacant		
	S7	Vacant		
Amanda Readhead (Maxwell)	S8	1.42.17	Wycombe	01/05/23
Lauren Steadman (Portsmouth)	S9	1.19.82	Sheffield	31/7/09
Callie-Ann Warrington (RTW Monson)	S10	1:06.41	Paris	3/9/24
	S11	Vacant		
Rebecca Hardy-Bishop (Jersey)	S12	1.28.01	Sheffield	05/08/23
Katie Crowhurst (Wycombe Dist)	S13	1.16.21	Manchester	14/03/21
Olivia Newman-Baronius (Maxwell)	S14	1:03.33	London	6/4/24

Female 200m Butterfly

Name	Class	Time	Venue	Date
	S5	Vacant		
	S6	Vacant		
	S7	Vacant		
	S8	Vacant		
	S9	Vacant		
	S10	Vacant		
	S11	Vacant		
	S12	Vacant		
	S13	Vacant		
Jemima Rudd-Jones (RTW Monson)	S14	3:52.96	Vichy, France	06/06/23

Female 150m Individual Medley

Name	Class	Time	Venue	Date
	SM1	Vacant		
	SM2	Vacant		
	SM3	Vacant		
	SM4	Vacant		

Female 200m Individual Medley

Name	Class	Time	Venue	Date
	SM3	Vacant		
	SM4	Vacant		
	SM5	Vacant		
Fern Sneddon (RTW Monson)	SM6	3.39.98	Aberdeen	17/2/22
Iona Winniffrith (Tonbridge)	SM7	3.03.25	Paris	31/8/24
Amanda Readhead (Maxwell)	SM8	3.23.55	Sheffield	26/07/23
Lauren Steadman (Portsmouth)	SM9	2.43.41	Sheffield	8/4/11
Zara Mullooly (Guildford)	SM10	2.46.36	Surrey	26/3/17
	SM11	Vacant		
Rebecca Hardy-Bishop (Crawley)	SM12	2.58.11	Crawley	9/2/25
Katie Crowhurst (Wycombe Dist)	SM13	2.47.57	Sheffield	8/4/21
Olivia Newman-Baronius (Maxwell)	SM14	2.25.63	Maderia	21/4/24

Female 400m Individual Medley

Name	Class	Time	Venue	Date
	SM8			
Lauren Steadman (Portsmouth)	SM9	6:35.19	Norwich	06/05/07
	SM10	Vacant		
	SM11	Vacant		
	SM12	Vacant		
Katie Crowhurst (Wycombe Dist)	SM13	6:15.26	Wycombe	11/03/18
Jemima Rudd-Jones (RTW Monson)	SM14	8:30.93	Turkey	24/3/24

Updated 11.03.2025