

SER MASTERS LC 1500m

RESULTS

EVENT 1 Mixed 1500m Freestyle

OPEN/MALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Luke De Clerk	27	MwayMaritime	18:59.23
New SER Meet Best Performance Record - Previously Adam Warner, Barnet Copt, 19:05.83, set 2019				
50m 33.12, 100m 1:09.56, 150m 1:46.11, 200m 2:23.05, 250m 3:00.24, 300m 3:37.46, 350m 4:14.92, 400m 4:52.26				
450m 5:29.78, 500m 6:07.40, 550m 6:45.04, 600m 7:22.70, 650m 8:00.45, 700m 8:38.45, 750m 9:16.40, 800m 9:54.40				
850m 10:32.54, 900m 11:10.80, 950m 11:49.47, 1000m 12:28.14, 1050m 13:06.96, 1100m 13:45.88, 1150m 14:25.06, 1200m 15:04.47				
1250m 15:43.90, 1300m 16:23.28, 1350m 17:02.95, 1400m 17:42.26, 1450m 18:21.45, 1500m 18:59.23, ,				
2.	Simon Scully	25	Woking	19:06.13
50m 33.54, 100m 1:10.32, 150m 1:47.52, 200m 2:25.25, 250m 3:02.85, 300m 3:40.86, 350m 4:18.85, 400m 4:56.81				
450m 5:35.06, 500m 6:13.32, 550m 6:51.67, 600m 7:30.13, 650m 8:08.71, 700m 8:46.84, 750m 9:25.43, 800m 10:03.85				
850m 10:42.23, 900m 11:20.90, 950m 11:59.65, 1000m 12:38.33, 1050m 13:16.95, 1100m 13:55.67, 1150m 14:34.42, 1200m 15:13.40				
1250m 15:52.53, 1300m 16:31.54, 1350m 17:10.66, 1400m 17:49.78, 1450m 18:28.55, 1500m 19:06.13, ,				
3.	Myles Hanlon	28	Out To Swim	24:02.87
50m 38.19, 100m 1:21.94, 150m 2:07.20, 200m 2:53.82, 250m 3:40.86, 300m 4:29.82, 350m 5:17.73, 400m 6:07.43				
450m 6:56.19, 500m 7:45.46, 550m 8:34.32, 600m 9:24.86, 650m 10:14.17, 700m 11:05.33, 750m 11:54.50, 800m 12:44.35				
850m 13:33.48, 900m 14:23.41, 950m 15:13.33, 1000m 16:03.59, 1050m 16:52.51, 1100m 17:42.39, 1150m 18:30.75, 1200m 19:20.40				
1250m 20:08.91, 1300m 20:58.92, 1350m 21:45.43, 1400m 22:33.14, 1450m 23:19.28, 1500m 24:02.87, ,				

OPEN/MALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Thomas Allen	33	G B Police	21:51.62
50m 36.28, 100m 1:17.64, 150m 2:01.05, 200m 2:44.37, 250m 3:27.89, 300m 4:11.60, 350m 4:55.42, 400m 5:39.26				
450m 6:23.49, 500m 7:07.69, 550m 7:52.11, 600m 8:36.36, 650m 9:21.00, 700m 10:05.08, 750m 10:49.47, 800m 11:33.94				
850m 12:18.59, 900m 13:02.99, 950m 13:47.67, 1000m 14:32.23, 1050m 15:17.08, 1100m 16:02.09, 1150m 16:46.69, 1200m 17:31.66				
1250m 18:15.32, 1300m 18:59.36, 1350m 19:43.53, 1400m 20:28.21, 1450m 21:10.92, 1500m 21:51.62, ,				

OPEN/MALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Shaun Challis	37	Lancing Col	19:28.31
New SER Meet Best Performance Record - Previously William Ellis, Otter, 19:44.84, set 2019				
50m 33.77, 100m 1:10.79, 150m 1:48.29, 200m 2:25.42, 250m 3:03.02, 300m 3:40.77, 350m 4:19.02, 400m 4:56.96				
450m 5:35.55, 500m 6:13.97, 550m 6:53.06, 600m 7:32.34, 650m 8:10.67, 700m 8:48.96, 750m 9:28.25, 800m 10:06.79				
850m 10:46.28, 900m 11:25.55, 950m 12:05.11, 1000m 12:44.90, 1050m 13:25.05, 1100m 14:04.93, 1150m 14:45.22, 1200m 15:25.58				
1250m 16:06.16, 1300m 16:46.71, 1350m 17:27.32, 1400m 18:08.54, 1450m 18:48.60, 1500m 19:28.31, ,				
2.	Paul Doherty	37	Havant & Wat	24:58.62
50m 43.22, 100m 1:29.07, 150m 2:16.69, 200m 3:05.74, 250m 3:55.76, 300m 4:46.76, 350m 5:37.57, 400m 6:29.20				
450m 7:20.52, 500m 8:11.27, 550m 9:02.60, 600m 9:53.96, 650m -, 700m 11:36.27, 750m 14:09.45, 800m 13:18.78				
850m -, 900m 15:00.34, 950m 15:50.52, 1000m 16:42.28, 1050m 17:32.51, 1100m 18:23.57, 1150m 19:14.27, 1200m 20:05.01				
1250m 20:54.96, 1300m 21:45.91, 1350m 22:35.84, 1400m 23:26.51, 1450m 24:15.99, 1500m 24:58.62, ,				
3.	Jamie Fernandes	38	Bexley	25:00.79
50m 41.79, 100m 1:28.04, 150m 2:16.68, 200m 3:06.43, 250m 3:56.12, 300m 4:47.02, 350m 5:37.36, 400m 6:28.94				
450m 7:19.90, 500m 8:10.44, 550m 9:00.26, 600m 9:51.82, 650m 10:43.03, 700m 11:34.48, 750m 12:25.39, 800m 13:17.68				
850m 14:08.38, 900m 14:59.08, 950m 15:49.70, 1000m 16:41.15, 1050m 17:31.84, 1100m 18:23.12, 1150m 19:13.83, 1200m 20:05.32				
1250m 20:56.25, 1300m 21:47.10, 1350m 22:39.01, 1400m 23:29.44, 1450m 24:19.24, 1500m 25:00.79, ,				

OPEN/MALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Guy Armstrong	42	MwayMaritime	20:24.24
50m 34.76, 100m 1:12.53, 150m 1:51.74, 200m 2:31.44, 250m 3:11.37, 300m 3:51.52, 350m 4:31.58, 400m 5:12.03				
450m 5:52.35, 500m 6:33.11, 550m 7:13.75, 600m 7:54.56, 650m 8:35.21, 700m 9:16.24, 750m 9:57.45, 800m 10:39.01				
850m 11:20.12, 900m 12:02.10, 950m 12:43.46, 1000m 13:25.06, 1050m 14:06.86, 1100m 14:49.07, 1150m 15:30.76, 1200m 16:13.07				
1250m 16:55.06, 1300m 17:37.40, 1350m 18:19.37, 1400m 19:01.74, 1450m 19:43.53, 1500m 20:24.24, ,				
2.	David Wood	42	Wycombe Dist	22:08.89
50m 38.54, 100m 1:20.77, 150m 2:04.43, 200m 2:48.84, 250m 3:33.05, 300m 4:17.25, 350m 5:01.67, 400m 5:46.02				
450m 6:30.35, 500m 7:14.76, 550m 7:59.68, 600m 8:43.62, 650m 9:28.20, 700m 10:12.75, 750m 10:57.98, 800m 11:42.42				
850m 12:28.06, 900m 13:12.23, 950m 13:57.93, 1000m 14:43.26, 1050m 15:28.93, 1100m 16:14.17, 1150m 16:59.24, 1200m 17:44.28				
1250m 18:29.73, 1300m 19:14.36, 1350m 19:59.94, 1400m 20:44.75, 1450m 21:29.12, 1500m 22:08.89, ,				

OPEN/MALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Vincent Balzan	48	Bexley Mast	23:37.08
	50m 38.33, 100m 1:21.64, 150m 2:07.95, 200m 2:53.76, 250m 3:41.63, 300m 4:29.43, 350m 5:18.54, 400m 6:06.90 450m 6:56.09, 500m 7:44.25, 550m 8:33.17, 600m 9:20.94, 650m 10:10.68, 700m 10:58.44, 750m 11:47.24, 800m 12:35.12 850m 13:23.10, 900m 14:09.93, 950m 14:58.47, 1000m 15:46.81, 1050m 16:34.20, 1100m 17:21.26, 1150m 18:07.94, 1200m 18:55.72 1250m 19:42.58, 1300m 20:30.09, 1350m 21:16.81, 1400m 22:04.86, 1450m 22:51.44, 1500m 23:37.08, ,			
2.	Richard Stanbrook	47	OTS London	26:48.43
	50m 42.56, 100m 1:30.80, 150m 2:21.04, 200m 3:13.33, 250m 4:06.44, 300m 4:59.02, 350m 5:52.54, 400m 6:46.00 450m 7:39.95, 500m 8:33.57, 550m 9:27.69, 600m 10:21.84, 650m 11:16.80, 700m 12:10.74, 750m 13:05.55, 800m 13:59.39 850m 14:53.67, 900m 15:47.00, 950m 16:41.97, 1000m 17:36.58, 1050m 18:30.71, 1100m 19:25.64, 1150m 20:20.63, 1200m 21:16.65 1250m 22:11.56, 1300m 23:07.46, 1350m 24:02.78, 1400m 24:59.18, 1450m 25:54.04, 1500m 26:48.43, ,			

OPEN/MALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Roger Fairhurst	52	Teddington	20:41.28
	50m 35.47, 100m 1:15.38, 150m 1:56.01, 200m 2:38.23, 250m 3:20.09, 300m 4:02.82, 350m 4:44.87, 400m 5:27.56 450m 6:09.30, 500m 6:51.63, 550m 7:32.69, 600m 8:14.33, 650m 8:55.47, 700m 9:37.26, 750m 10:18.05, 800m 11:00.09 850m 11:41.10, 900m 12:22.97, 950m 13:04.29, 1000m 13:46.94, 1050m 14:28.35, 1100m 15:10.87, 1150m 15:52.05, 1200m 16:34.41 1250m 17:16.03, 1300m 17:57.74, 1350m 18:39.10, 1400m 19:21.12, 1450m 20:01.88, 1500m 20:41.28, ,			
2.	Simon Berrey	53	Spencer	21:14.00
	50m 37.13, 100m 1:18.89, 150m 2:00.23, 200m 2:43.23, 250m 3:25.63, 300m 4:08.73, 350m 4:51.44, 400m 5:34.36 450m 6:17.20, 500m 7:00.08, 550m 7:42.56, 600m 8:25.62, 650m 9:08.62, 700m 9:51.40, 750m 10:33.91, 800m 11:16.72 850m 11:59.14, 900m 12:41.94, 950m 13:24.24, 1000m 14:06.92, 1050m 14:49.24, 1100m 15:32.58, 1150m 16:14.97, 1200m 16:58.40 1250m 17:40.85, 1300m 18:24.01, 1350m 19:06.64, 1400m 19:49.86, 1450m 20:31.83, 1500m 21:14.00, ,			
3.	Mark Ross	52	MwayMaritime	22:29.97
	50m 36.92, 100m 1:19.19, 150m 2:03.76, 200m 2:48.42, 250m 3:33.31, 300m 4:18.25, 350m 5:03.89, 400m 5:49.04 450m 6:34.49, 500m 7:19.98, 550m 8:05.61, 600m 8:50.99, 650m 9:36.62, 700m 10:22.48, 750m 11:08.63, 800m 11:54.22 850m 12:40.39, 900m 13:25.62, 950m 14:11.80, 1000m 14:57.91, 1050m 15:43.01, 1100m 16:28.94, 1150m 17:14.54, 1200m 18:00.07 1250m 18:45.87, 1300m 19:31.70, 1350m 20:17.02, 1400m 21:01.46, 1450m 21:47.28, 1500m 22:29.97, ,			
4.	Robert Sisley	54	MwayMaritime	25:59.18
	50m 42.76, 100m 1:33.26, 150m 2:23.30, 200m 3:14.70, 250m 4:06.09, 300m 4:57.01, 350m 5:48.33, 400m 6:40.06 450m 7:32.03, 500m 8:23.70, 550m 9:16.75, 600m 10:09.27, 650m 11:02.51, 700m 11:55.26, 750m 12:48.22, 800m 13:40.48 850m 14:33.16, 900m 15:25.38, 950m 16:18.28, 1000m 17:10.64, 1050m 18:03.28, 1100m 18:55.47, 1150m 19:48.87, 1200m 20:40.98 1250m 21:35.09, 1300m 22:28.06, 1350m 23:21.06, 1400m 24:12.12, 1450m 25:07.92, 1500m 25:59.18, ,			

OPEN/MALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Patrick Brundage	57	Barnet Copt	18:40.54
	New SER Meet Best Performance Record - Previously Sean Kinsey, Stroud Mast, 19:34.79, set 2019 50m 33.78, 100m 1:10.92, 150m 1:46.97, 200m 2:24.36, 250m 3:00.83, 300m 3:38.39, 350m 4:15.33, 400m 4:52.99 450m 5:30.11, 500m 6:07.68, 550m 6:45.51, 600m 7:22.63, 650m 8:00.37, 700m 8:37.97, 750m 9:15.73, 800m 9:53.32 850m 10:30.83, 900m 11:08.52, 950m 11:46.32, 1000m 12:23.99, 1050m 13:01.70, 1100m 13:39.47, 1150m 14:17.59, 1200m 14:55.50 1250m 15:33.65, 1300m 16:11.26, 1350m 18:04.62, 1400m 17:26.65, 1450m -, 1500m 18:40.54, ,			
2.	Lyndon Williams	57	Bexley Mast	23:37.59
	50m 2:12.18, 100m 1:25.67, 150m 3:48.79, 200m 3:00.33, 250m 7:00.23, 300m 4:36.34, 350m -, 400m 6:12.29 450m -, 500m 7:48.20, 550m -, 600m 9:23.79, 650m 10:12.47, 700m 11:00.13, 750m 11:48.37, 800m 12:36.11 850m -, 900m 14:10.99, 950m -, 1000m 15:46.43, 1050m 16:35.39, 1100m 17:23.11, 1150m -, 1200m 18:58.34 1250m -, 1300m 20:34.75, 1350m -, 1400m 22:09.55, 1450m -, 1500m 23:37.59, ,			
3.	Graham Mortimer	59	Lewes	26:14.19
	50m 44.16, 100m 1:34.19, 150m 2:25.36, 200m 3:18.63, 250m 4:10.79, 300m 5:05.51, 350m 5:57.81, 400m 6:51.89 450m 7:43.87, 500m 8:38.15, 550m 9:29.64, 600m 10:23.79, 650m 11:15.69, 700m 12:10.17, 750m 13:01.52, 800m 13:55.47 850m 14:47.66, 900m 15:41.86, 950m 16:33.71, 1000m 17:27.94, 1050m 18:19.71, 1100m 19:13.69, 1150m 20:05.27, 1200m 21:00.60 1250m 21:52.03, 1300m 22:46.51, 1350m 23:37.39, 1400m 24:31.82, 1450m 25:22.54, 1500m 26:14.19, ,			

OPEN/MALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Terry Wright	63	Bracknell	22:21.49
	50m 38.34, 100m 1:20.94, 150m 2:04.71, 200m 2:48.73, 250m 3:33.52, 300m 4:18.10, 350m 5:03.72, 400m 5:48.51 450m 6:34.05, 500m 7:19.08, 550m 8:04.62, 600m 8:49.54, 650m 9:35.68, 700m 10:20.12, 750m 11:05.51, 800m 11:49.83 850m 12:34.95, 900m 13:19.11, 950m 14:05.03, 1000m 14:48.86, 1050m 15:34.31, 1100m 16:18.43, 1150m 17:04.38, 1200m 17:49.19 1250m 18:35.99, 1300m 19:20.79, 1350m 20:07.00, 1400m 20:52.34, 1450m 21:38.66, 1500m 22:21.49, ,			
2.	Matthew Stone	62	Croydon Amph	23:06.36
	50m 40.33, 100m 1:25.11, 150m 2:11.03, 200m 2:57.24, 250m 3:43.82, 300m 4:29.60, 350m 5:15.99, 400m 6:02.26 450m 6:48.97, 500m 7:35.60, 550m 8:22.55, 600m 9:09.54, 650m 9:56.00, 700m 10:42.73, 750m 11:29.79, 800m 12:16.21 850m 13:03.06, 900m 13:49.92, 950m 14:37.06, 1000m 15:24.05, 1050m 16:11.03, 1100m 16:57.60, 1150m 17:45.14, 1200m 18:31.50 1250m 19:18.35, 1300m 20:04.42, 1350m 20:50.84, 1400m 21:36.86, 1450m 22:22.54, 1500m 23:06.36, ,			

OPEN/MALE 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nicholas Crew	66	MwayMaritime	26:54.50
	50m 43.11, 100m 1:33.23, 150m 2:25.83, 200m 3:20.47, 250m 4:14.44, 300m 5:08.54, 350m 6:02.43, 400m 6:57.13			
	450m 7:52.06, 500m 8:47.89, 550m 9:42.15, 600m 10:37.49, 650m 11:32.65, 700m 12:27.66, 750m 13:22.05, 800m 14:17.28			
	850m 15:12.99, 900m 16:07.61, 950m 17:03.04, 1000m 17:58.49, 1050m 18:52.11, 1100m 19:47.46, 1150m 20:43.17, 1200m 21:37.80			
	1250m 22:32.97, 1300m 23:26.41, 1350m 24:20.75, 1400m 25:14.43, 1450m 26:07.16, 1500m 26:54.50, ,			
2.	Julian Meldrum	66	Bexley Mast	27:00.27
	50m 44.49, 100m 1:35.16, 150m 2:27.71, 200m 3:21.94, 250m 4:16.12, 300m 5:11.85, 350m 6:06.30, 400m 7:01.15			
	450m 7:54.91, 500m 8:49.04, 550m 9:44.00, 600m 10:39.14, 650m 11:33.15, 700m 12:27.98, 750m 13:22.82, 800m 14:17.88			
	850m 15:12.27, 900m 16:07.21, 950m 17:02.43, 1000m 17:57.48, 1050m 18:52.84, 1100m 19:47.05, 1150m 20:43.31, 1200m 21:38.88			
	1250m 22:33.03, 1300m 23:26.68, 1350m 24:20.95, 1400m 25:15.21, 1450m 26:08.95, 1500m 27:00.27, ,			

OPEN/MALE 75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Geoff Edge	75	Teddington	27:26.84
	50m 46.26, 100m 1:40.29, 150m 2:35.44, 200m 3:31.95, 250m 4:26.46, 300m 5:20.25, 350m 6:14.57, 400m 7:09.69 450m 8:04.58, 500m 9:00.13, 550m 9:54.77, 600m 10:50.24, 650m 11:45.96, 700m 12:41.16, 750m 13:37.77, 800m 14:32.75 850m 15:27.88, 900m 16:24.58, 950m 17:21.77, 1000m 18:16.08, 1050m 21:03.12, 1100m 20:07.62, 1150m 22:54.19, 1200m 21:58.46 1250m 24:44.72, 1300m 23:49.18, 1350m 26:34.47, 1400m 25:39.91, 1450m -, 1500m 27:26.84, ,			
2.	Peter Stephens	77	Royal Navy	29:20.02
	50m 52.38, 100m 1:49.70, 150m 2:47.48, 200m 3:46.38, 250m 4:45.51, 300m 5:43.56, 350m 6:41.93, 400m 7:39.43 450m 8:38.32, 500m 9:36.64, 550m 10:36.04, 600m 11:33.48, 650m 12:33.19, 700m 13:32.49, 750m 14:32.34, 800m 15:31.34 850m 16:31.33, 900m 17:30.57, 950m 18:30.78, 1000m 19:28.28, 1050m 20:29.27, 1100m 21:28.20, 1150m 22:28.66, 1200m 23:27.76 1250m 24:28.35, 1300m 25:27.55, 1350m 26:27.67, 1400m 27:26.14, 1450m 28:25.58, 1500m 29:20.02, ,			
3.	Paul Partington	76	Wincanton	37:50.13
	50m 57.74, 100m 2:11.92, 150m 3:28.82, 200m 4:46.16, 250m 6:03.23, 300m 7:21.81, 350m 8:40.15, 400m 9:59.52 450m 11:15.72, 500m 12:33.68, 550m 13:41.71, 600m 15:05.16, 650m 16:15.67, 700m 17:34.44, 750m 18:51.72, 800m 20:06.23 850m 21:28.06, 900m 22:40.57, 950m 23:54.19, 1000m 25:17.79, 1050m 26:27.04, 1100m 27:42.69, 1150m 29:05.39, 1200m 30:17.96 1250m 31:31.17, 1300m 32:56.09, 1350m 34:05.10, 1400m 35:24.56, 1450m 36:37.11, 1500m 37:50.13, ,			
	Chris Dunn	78	Spencer	DNC

FEMALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Hannah Angell	34	Woking	19:31.85
	50m 35.28, 100m 1:13.11, 150m 1:51.26, 200m 2:29.30, 250m 3:07.68, 300m 3:45.74, 350m 4:23.98, 400m 5:02.19 450m 5:40.95, 500m 6:19.09, 550m 6:57.73, 600m 7:36.13, 650m 8:14.53, 700m 8:53.21, 750m 9:32.30, 800m 10:11.04 850m 10:50.24, 900m 11:29.35, 950m 12:09.12, 1000m 12:48.96, 1050m 13:29.05, 1100m 14:09.28, 1150m 14:49.65, 1200m 15:29.73 1250m 16:09.92, 1300m 16:50.33, 1350m 17:30.74, 1400m 18:11.50, 1450m 18:52.50, 1500m 19:31.85, ,			
2.	Becky Owen	33	Atlantis	23:13.32
	50m 38.78, 100m 1:23.96, 150m 2:10.90, 200m 2:57.59, 250m 3:44.14, 300m 4:30.18, 350m 5:16.52, 400m 6:02.84 450m 6:49.76, 500m 7:36.07, 550m 8:22.98, 600m 9:09.56, 650m 9:56.09, 700m 10:42.84, 750m 11:29.76, 800m 12:16.21 850m 13:03.22, 900m 13:49.81, 950m 14:36.75, 1000m 15:23.98, 1050m 16:11.35, 1100m 16:58.49, 1150m 17:45.46, 1200m 18:32.53 1250m 19:19.98, 1300m 20:06.98, 1350m 20:54.68, 1400m 21:41.79, 1450m 22:28.94, 1500m 23:13.32, ,			

FEMALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Laura Kerrigan	39	Spencer	23:32.24
	50m 39.39, 100m 1:25.28, 150m 2:10.77, 200m 2:58.14, 250m 3:44.71, 300m 4:32.49, 350m 5:19.02, 400m 6:07.14 450m 6:53.94, 500m 7:41.35, 550m 8:28.68, 600m 9:16.64, 650m 10:03.20, 700m 10:50.89, 750m 11:37.46, 800m 12:25.40 850m 13:12.46, 900m 14:01.06, 950m 14:48.20, 1000m 15:36.99, 1050m 16:24.19, 1100m 17:13.01, 1150m 18:00.01, 1200m 18:48.70 1250m 19:36.16, 1300m 20:24.96, 1350m 21:11.98, 1400m 22:01.02, 1450m 22:46.68, 1500m 23:32.24, ,			

FEMALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Nicola Bushell	44	Co Cant'bury	20:56.37
	50m 35.38, 100m 1:14.80, 150m 1:56.58, 200m 2:38.76, 250m 3:21.74, 300m 4:04.01, 350m 4:46.45, 400m 5:28.69 450m 6:11.02, 500m 6:53.72, 550m 7:35.78, 600m 8:18.07, 650m 9:00.20, 700m 9:42.39, 750m 10:24.82, 800m 11:07.34 850m 11:49.56, 900m 12:32.10, 950m 13:14.74, 1000m 13:56.93, 1050m 14:39.49, 1100m 15:21.38, 1150m 16:04.10, 1200m 16:46.29 1250m 17:28.73, 1300m 18:10.92, 1350m 18:52.65, 1400m 19:34.71, 1450m 20:16.55, 1500m 20:56.37, ,			
2.	Becky Power	44	Spencer	22:13.31
	50m 37.89, 100m 1:19.09, 150m 2:01.58, 200m 2:45.28, 250m 3:29.60, 300m 4:14.34, 350m 4:59.11, 400m 5:44.63 450m 6:29.28, 500m 7:14.76, 550m 8:00.16, 600m 8:45.37, 650m 9:30.09, 700m 10:16.11, 750m 11:00.38, 800m 11:46.01 850m 12:30.72, 900m 13:16.33, 950m 14:00.77, 1000m 14:46.42, 1050m 15:30.79, 1100m 16:15.84, 1150m 17:00.28, 1200m 17:45.63 1250m 18:30.29, 1300m 19:15.62, 1350m 19:59.95, 1400m 20:45.20, 1450m 21:29.83, 1500m 22:13.31, ,			
3.	Katherine Stevens	42	Saxon Crown	23:14.38
	50m 39.37, 100m 1:23.46, 150m 2:08.33, 200m 2:54.94, 250m 3:40.62, 300m 4:27.68, 350m 5:14.19, 400m 6:01.17 450m 6:47.42, 500m 7:34.64, 550m 8:21.19, 600m 9:08.79, 650m 9:55.27, 700m 10:42.70, 750m 11:29.44, 800m 12:16.65 850m 13:02.98, 900m 13:50.41, 950m 14:37.22, 1000m 15:24.70, 1050m 16:11.43, 1100m 16:58.97, 1150m 17:46.07, 1200m 18:33.36 1250m 19:20.02, 1300m 20:07.80, 1350m 20:54.15, 1400m 21:42.05, 1450m 22:28.50, 1500m 23:14.38, ,			
4.	Alaine Tsang	43	Bo Newham	24:31.00
	50m 41.08, 100m 1:27.72, 150m 2:16.33, 200m 3:05.11, 250m 3:55.34, 300m 4:45.10, 350m 5:34.37, 400m 6:23.83 450m 7:13.02, 500m 8:01.70, 550m 8:51.33, 600m 9:40.65, 650m 10:31.37, 700m 11:20.56, 750m 12:10.11, 800m 12:59.92 850m 13:49.50, 900m 14:39.32, 950m 15:29.84, 1000m 16:19.21, 1050m 17:09.81, 1100m 17:59.43, 1150m 18:49.46, 1200m 19:38.60 1250m 20:28.69, 1300m 21:17.99, 1350m 22:07.97, 1400m 22:56.56, 1450m 23:44.87, 1500m 24:31.00, ,			

FEMALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Elizabeth Tarr	48	Teddington	20:15.17
New SER Meet Best Performance Record - Previously Sarah Wylie, Havant & Wat, 20:47.96, set 2021				
50m 37.86, 100m 1:18.61, 150m 1:59.06, 200m 2:39.99, 250m 3:20.46, 300m 4:01.73, 350m 4:42.40, 400m 5:23.86				
450m 6:04.06, 500m 6:45.20, 550m 7:25.51, 600m 8:06.42, 650m 10:08.63, 700m 9:28.04, 750m 11:29.72, 800m 10:49.64				
850m 12:50.77, 900m 12:10.48, 950m -, 1000m 13:32.19, 1050m 14:11.80, 1100m 14:52.82, 1150m 15:32.89, 1200m 16:14.22				
1250m 16:54.20, 1300m 17:35.48, 1350m 18:15.44, 1400m 18:56.34, 1450m 19:36.25, 1500m 20:15.17, ,				
2.	Nichola Court	46	Havant & Wat	26:09.42
50m 44.13, 100m 1:32.94, 150m 2:24.66, 200m 3:15.35, 250m 4:07.85, 300m 5:00.23, 350m 5:53.70, 400m 6:46.17				
450m 7:39.83, 500m 8:31.92, 550m 9:25.88, 600m 10:19.09, 650m 11:12.75, 700m 12:05.31, 750m 12:58.99, 800m 13:51.33				
850m 14:44.89, 900m 15:37.05, 950m 16:30.66, 1000m 17:23.47, 1050m 18:17.35, 1100m 19:10.41, 1150m 20:03.91, 1200m 20:56.90				
1250m 21:50.32, 1300m 22:42.94, 1350m 23:36.05, 1400m 24:28.97, 1450m 25:21.44, 1500m 26:09.42, ,				

FEMALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Tracy Anstis	54	Dover Life	22:51.24
50m 41.32, 100m 1:25.96, 150m 2:11.70, 200m 2:57.45, 250m 3:43.24, 300m 4:28.74, 350m 5:14.50, 400m 5:59.79				
450m 6:45.30, 500m 7:30.60, 550m 8:16.03, 600m 9:01.58, 650m 9:47.32, 700m 10:33.54, 750m 11:19.66, 800m 12:05.39				
850m 12:51.54, 900m 13:37.78, 950m 14:23.48, 1000m 15:09.70, 1050m 15:55.37, 1100m 16:41.12, 1150m 17:27.76, 1200m 18:14.24				
1250m 19:00.95, 1300m 19:48.04, 1350m 20:34.67, 1400m 21:21.53, 1450m 22:07.36, 1500m 22:51.24, ,				
2.	Sarah McDonald	51	Camden Swiss	24:00.01
50m 40.82, 100m 1:27.36, 150m 2:14.41, 200m 3:02.76, 250m 3:50.23, 300m 4:38.67, 350m 5:26.10, 400m 6:14.75				
450m 7:02.33, 500m 7:51.38, 550m 8:38.97, 600m 9:28.31, 650m 10:15.62, 700m 11:04.66, 750m 11:52.69, 800m 12:41.72				
850m 13:29.16, 900m 14:19.12, 950m 15:06.66, 1000m 15:56.44, 1050m 16:44.77, 1100m 17:34.17, 1150m 18:22.80, 1200m 19:12.83				
1250m 20:00.62, 1300m 20:50.14, 1350m 21:37.53, 1400m 22:27.38, 1450m 23:14.61, 1500m 24:00.01, ,				
3.	Marianne Rooke-Allden	53	Croydon Amph	25:03.47
50m 40.79, 100m 1:27.49, 150m 2:15.89, 200m 3:04.87, 250m 3:54.24, 300m 4:43.37, 350m 5:32.10, 400m 6:21.04				
450m 7:10.14, 500m 7:59.38, 550m 8:49.10, 600m 9:38.27, 650m 10:29.08, 700m 11:17.99, 750m 12:07.23, 800m 12:56.53				
850m 13:45.58, 900m 14:38.63, 950m 15:28.15, 1000m 16:17.90, 1050m 17:08.51, 1100m 18:07.83, 1150m 18:56.70, 1200m 20:00.29				
1250m 20:49.60, 1300m 21:40.15, 1350m 22:31.23, 1400m 23:22.02, 1450m 24:13.13, 1500m 25:03.47, ,				

FEMALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Bridget Bewick	59	Bracknell	21:29.97
50m 37.81, 100m 1:19.36, 150m 2:00.78, 200m 2:43.55, 250m 3:25.27, 300m 4:08.28, 350m 4:50.38, 400m 5:33.88				
450m 6:16.17, 500m 6:59.62, 550m 7:42.45, 600m 8:25.36, 650m 9:08.04, 700m 9:52.05, 750m 10:34.28, 800m 11:18.42				
850m 11:59.88, 900m 12:44.19, 950m 13:26.95, 1000m 14:11.18, 1050m 14:54.05, 1100m 15:38.49, 1150m 16:21.66, 1200m 17:06.46				
1250m 17:49.97, 1300m 18:34.53, 1350m 19:17.89, 1400m 20:02.47, 1450m 20:46.03, 1500m 21:29.97, ,				
2.	Lindsay Kelly Onay	57	Wantage	23:28.89
50m 40.31, 100m 1:26.23, 150m 2:12.37, 200m 3:00.15, 250m 3:46.66, 300m 4:35.09, 350m 5:21.78, 400m 6:10.54				
450m 6:57.32, 500m 7:45.91, 550m 8:33.28, 600m 9:21.44, 650m 10:07.91, 700m 10:56.27, 750m 11:43.02, 800m 12:31.39				
850m 13:17.57, 900m 14:04.72, 950m 14:50.93, 1000m 15:39.71, 1050m 16:26.11, 1100m 17:14.07, 1150m 18:00.88, 1200m 18:49.10				
1250m 19:35.68, 1300m 20:24.05, 1350m 21:10.40, 1400m 21:58.12, 1450m 22:44.44, 1500m 23:28.89, ,				
3.	Helen Andrews	58	S D Trojan	24:54.85
50m 41.95, 100m 1:29.71, 150m 2:18.34, 200m 3:08.52, 250m 3:58.67, 300m 4:49.20, 350m 5:39.15, 400m 6:30.11				
450m 7:19.83, 500m 8:10.38, 550m 9:00.41, 600m 9:50.80, 650m 10:40.53, 700m 11:30.88, 750m 12:20.71, 800m 13:11.52				
850m 14:01.83, 900m 14:52.87, 950m 15:43.18, 1000m 16:33.87, 1050m 17:24.71, 1100m 18:15.44, 1150m 19:05.35, 1200m 19:55.78				
1250m 20:45.64, 1300m 21:36.65, 1350m 22:26.65, 1400m 23:17.47, 1450m 24:07.11, 1500m 24:54.85, ,				
4.	Laura Lopez-Bonilla	56	Dover Life	27:18.23
50m 45.23, 100m 1:36.54, 150m 2:28.73, 200m 3:21.93, 250m 4:15.52, 300m 5:10.36, 350m 6:04.19, 400m 6:58.11				
450m 7:52.00, 500m 8:46.84, 550m 9:40.72, 600m 10:36.13, 650m 11:30.41, 700m 12:25.39, 750m 13:19.86, 800m 14:14.72				
850m 15:09.16, 900m 16:05.28, 950m 17:01.26, 1000m 17:56.96, 1050m 18:52.87, 1100m 19:49.15, 1150m 20:44.46, 1200m 21:40.90				
1250m 22:36.07, 1300m 23:32.85, 1350m 24:29.40, 1400m 25:26.85, 1450m 26:22.29, 1500m 27:18.23, ,				

FEMALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Anne Raymond	61	MwayMaritime	26:02.84
50m 44.82, 100m 1:34.76, 150m 2:26.52, 200m 3:17.56, 250m 4:09.26, 300m 5:00.62, 350m 5:52.56, 400m 6:45.20				
450m 7:37.09, 500m 8:29.21, 550m 9:21.74, 600m 10:13.79, 650m 11:06.53, 700m 11:58.50, 750m 12:51.81, 800m 13:44.37				
850m 14:37.86, 900m 15:30.55, 950m 16:23.62, 1000m 17:16.54, 1050m 18:10.14, 1100m 19:02.84, 1150m 19:56.71, 1200m 20:48.74				
1250m 21:41.67, 1300m 22:34.78, 1350m 23:27.72, 1400m 24:20.46, 1450m 25:12.89, 1500m 26:02.84, ,				
2.	Tiggi Wood	60	Lewes	26:41.13
50m 46.44, 100m 1:37.85, 150m 2:29.44, 200m 3:22.58, 250m 4:15.13, 300m 5:09.42, 350m 6:02.16, 400m 6:56.16				
450m 7:48.62, 500m 8:43.44, 550m 9:36.41, 600m 10:31.02, 650m 11:23.93, 700m 12:19.04, 750m 13:11.66, 800m 14:06.55				
850m 14:59.86, 900m 15:54.96, 950m 16:47.91, 1000m 17:42.74, 1050m 18:35.78, 1100m 19:30.30, 1150m 20:22.95, 1200m 21:17.90				
1250m 22:10.98, 1300m 23:05.98, 1350m 23:58.58, 1400m 24:53.46, 1450m 25:46.19, 1500m 26:41.13, ,				

FEMALE 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Laura Quye	66	Hastings	23:52.88
New SER Meet Best Performance Record - Previously Claire Moore, Bracknell, 25:39.59, set 2021				
50m 42.41, 100m 1:29.78, 150m 2:15.77, 200m 3:04.80, 250m 3:51.42, 300m 4:40.18, 350m 5:27.49, 400m 6:16.33				
450m 7:03.92, 500m 7:52.68, 550m 8:39.52, 600m 9:28.46, 650m 10:15.20, 700m 11:03.31, 750m 11:50.52, 800m 12:39.21				
850m 13:26.34, 900m 14:15.11, 950m 15:02.81, 1000m 15:51.72, 1050m 16:39.43, 1100m 17:28.72, 1150m 18:17.00, 1200m 19:06.30				
1250m 19:54.56, 1300m 20:44.47, 1350m 21:32.26, 1400m 22:20.86, 1450m 23:06.61, 1500m 23:52.88, ,				
2.	Catherine Hartle	66	Co Sheffield	25:47.88
50m 46.31, 100m 1:35.12, 150m 2:25.47, 200m 3:16.26, 250m 4:07.67, 300m 4:58.00, 350m 5:49.06, 400m 6:39.55				
450m 7:30.96, 500m 8:21.93, 550m 9:13.35, 600m 10:04.03, 650m 10:56.37, 700m 11:47.18, 750m 12:39.55, 800m 13:30.77				
850m 14:22.64, 900m 15:14.23, 950m 16:07.17, 1000m 16:59.13, 1050m 17:51.49, 1100m 18:43.71, 1150m 19:36.71, 1200m 20:29.11				
1250m 21:23.16, 1300m 22:15.26, 1350m 23:09.09, 1400m 24:02.53, 1450m 24:55.86, 1500m 25:47.88, ,				
3.	Claire Moore	69	Bracknell	26:15.94
50m 46.24, 100m 1:37.98, 150m 2:29.03, 200m 3:22.11, 250m 4:13.48, 300m 5:06.66, 350m 5:58.24, 400m 6:51.59				
450m 7:42.89, 500m 8:35.97, 550m 9:28.10, 600m 10:21.40, 650m 11:13.94, 700m 12:07.47, 750m 12:59.70, 800m 13:53.34				
850m 14:45.63, 900m 15:39.45, 950m 16:32.38, 1000m 17:26.05, 1050m 18:19.19, 1100m 19:12.47, 1150m 20:05.33, 1200m 20:59.70				
1250m 21:52.19, 1300m 22:46.42, 1350m 23:39.21, 1400m 24:32.76, 1450m 25:24.37, 1500m 26:15.94, ,				

FEMALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Christina Victor	70	Guildford Ct	26:03.10
New SER Meet Best Performance Record - Previously Rose Dudeney, Mid Sussex, 26:49.35, set 2019				
50m 45.94, 100m 1:35.76, 150m 2:26.94, 200m 3:18.51, 250m 4:10.20, 300m 5:02.12, 350m 5:53.82, 400m 6:45.58				
450m 7:37.64, 500m 8:29.69, 550m 9:21.23, 600m 10:12.86, 650m 11:04.36, 700m 11:56.60, 750m 12:48.41, 800m 13:40.69				
850m 14:32.78, 900m 15:25.17, 950m 16:17.21, 1000m 17:09.71, 1050m 18:02.00, 1100m 18:55.08, 1150m 19:47.88, 1200m 20:41.59				
1250m 21:34.76, 1300m 22:28.36, 1350m 23:21.57, 1400m 24:16.36, 1450m 25:10.13, 1500m 26:03.10, ,				
2.	Teresa Stringer	71	Mid Sussex	28:02.42
50m 47.74, 100m 1:40.34, 150m 2:35.99, 200m 3:31.82, 250m 4:28.44, 300m 5:25.16, 350m 6:15.13, 400m 7:18.45				
450m 12:01.27, 500m 9:12.10, 550m 13:54.89, 600m 11:05.32, 650m 15:48.63, 700m 12:58.81, 750m 17:42.73, 800m 14:51.90				
850m 21:28.72, 900m 16:44.65, 950m 23:22.26, 1000m 18:38.39, 1050m 25:16.46, 1100m 20:32.11, 1150m 27:09.42, 1200m 22:25.76				
1250m -, 1300m 24:19.83, 1350m -, 1400m 26:13.92, 1450m -, 1500m 28:02.42, ,				

FEMALE 75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Rose Dudeney	77	Mid Sussex	28:35.58
50m 51.42, 100m -, 150m 2:44.66, 200m -, 250m 4:39.82, 300m 5:37.17, 350m 6:34.54, 400m 7:32.89				
450m 8:30.81, 500m 9:28.11, 550m 10:25.85, 600m 11:23.58, 650m 12:21.24, 700m 13:18.65, 750m 14:16.75, 800m 15:15.29				
850m 16:13.18, 900m 17:10.43, 950m 18:08.38, 1000m 19:05.58, 1050m 20:03.00, 1100m 21:00.16, 1150m 21:57.96, 1200m 22:54.75				
1250m 23:52.60, 1300m 24:49.50, 1350m 25:47.09, 1400m 26:44.21, 1450m 27:41.38, 1500m 28:35.58, ,				

FEMALE 85/89 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jenny Ball	86	Ryde SC	36:20.92
50m 1:02.27, 100m 2:12.93, 150m 3:23.49, 200m 4:34.09, 250m 5:45.41, 300m 6:58.00, 350m 8:10.04, 400m 9:22.53				
450m 10:34.46, 500m 11:46.73, 550m 12:59.45, 600m 14:13.20, 650m 15:25.32, 700m 16:38.28, 750m 17:51.60, 800m 19:05.52				
850m 20:18.75, 900m 21:32.10, 950m 22:46.13, 1000m 23:59.94, 1050m 25:14.00, 1100m 26:28.32, 1150m 27:41.85, 1200m 28:55.78				
1250m 30:09.52, 1300m 31:24.03, 1350m 32:37.51, 1400m 33:52.41, 1450m 35:07.67, 1500m 36:20.92, ,				