

Ladies 50m Freestyle

18/24	Zara Williams	Crawley	2016	26.90
25/29	Zara Williams	Crawley	2018	26.57
30/34	Katy Sexton	Portsmouth N	2013	27.23
35/39	Gina Heyn	Teddington	2020	27.70
40/44	Georgina Heyn	Woking	2024	28.16
45/49	Gina Hobson	Mid Sussex	2024	29.80
50/54	Helen Sadler	Trafford Met	2024	28.58
55/59	Alyson Fordham	Romford Town	2013	31.14
60/64	Alyson Fordham	Romford Town	2020	31.45
65/69	Alyson Fordham	Bishop Stort	2023	31.19
70/74	Alison Gwynn	Mid Sussex	2018	35.46
75/79	Alison Gwynn	Mid Sussex	2023	37.42
80/84	Jane Asher	Kings Corm	2013	37.94
85/89	Jane Asher	Kings Corm	2017	39.97
90/94	Jane Asher	Kings Corm	2022	45.44
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 100m Freestyle

18/24	Ellen Thomas	Guildford	2013	57.61
25/29	Zara Williams	Crawley	2018	58.37
30/34	Katy Sexton	C o Southampton	2012	58.30
35/39	Gina Heyn	Teddington	2020	1:00.93
40/44	Georgina Heyn	Woking	2024	1:00.51
45/49	Nina Williams	East Leeds	2017	1:04.85
50/54	Helen Sadler	Trafford Met	2024	1:04.62
55/59	Cate Jackson	Barnet Cophthall	2019	1:06.77
60/64	Alyson Fordham	Romford Town	2019	1:10.92
65/69	Alyson Fordham	Bishop Stort	2023	1:10.99
70/74	Alison Gwynn	Mid Sussex Marl	2019	1:21.25
75/79	Alison Gwynn	Mid Sussex	2023	1:26.34
80/84	Jane Asher	Kings Corm	2011	1:24.66
85/89	Jenny Ball	Ryde SC	2023	2:06.48
90/94	Jane Asher	Kings Corm	2024	2:05.08
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 200m Freestyle

18/24	Georgia Smith	Guildford	2017	2:15.00
25/29	Kim Bell	Maidenhead	2020	2:15.71
30/34	Lauren Wilcox	Saxon Crown	2018	2:12.75
35/39	Laura Wilcox	Saxon Crown	2022	2:17.16
40/44	Amanda Picard	AMT Zurich	2009	2:16.90
45/49	Fleur Turner	Basingstoke	2022	2:17.88
50/54	Karen Graham	East Leeds	2017	2:19.35
55/59	Karen Graham	Harrogate	2023	2:25.55
60/64	Sally Winter	Bishop Stortford	2020	2:30.78
65/69	Alyson Fordham	Bishop Stort	2023	2:39.54
70/74	Alison Gwynn	Mid Sussex	2018	3:07.75
75/79	Alison Gwynn	Mid Sussex	2023	3:17.31
80/84	Jane Asher	Kings Corm	2013	3:15.94
85/89	Jenny Ball	Ryde SC	2023	4:26.83
90/94	Jane Asher	Kings Corm	2024	4:30.18
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 400m Freestyle

18/24	Katie Hodgson	Guildford Ct	2017	4:41.25
25/29	Hannah Kitchen	Hillingdon	2015	4:52.42
30/34	Rebecca O'Brien	Wycombe Dist	2022	4:47.39
35/39	Jo Corben	Fareham N'ds	2007	4:47.91
40/44	Ceri Edwards	Portsmouth North	2020	4:44.28
45/49	Ceri Edwards	Portsmouth N	2023	4:50.82
50/54	Karen Graham	East Leeds	2015	5:02.94
55/59	Karen Graham	East Leeds	2020	4:57.77
60/64	Nuala Muir-Cochrane	Poole	2024	5:33.03
65/69	Jayne Ball	Gloucester	2019	5:57.58
70/74	Alison Gwynn	Mid Sussex Marlin	2020	6:33.85
75/79	Jane Asher	Kings Corm	2008	6:22.55
80/84	Jane Asher	Kings Corm	2012	6:51.22
85/89	Jane Asher	Kings Corm	2018	7:45.70
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 800m Freestyle

18/24	Emma Davis	Leatherhead	2009	9:42.08
25/29	Kim Bell	Maidenhead	2020	9:42.14
30/34	Kim Bell	Maidenhead	2022	9:56.95
35/39	Jessica Wooddisse	Stroud Mast	2012	10:01.53
40/44	Amanda Picard	AMT Zurich	2009	9:39.61
45/49	Ceri Edwards	Portsmouth N	2023	9:47.95
50/54	Karen Graham	East Leeds	2019	10:18.63
55/59	Nual Muir Cochrane	Barnet Cophthall	2019	10:51.89
60/64	Susan Haigh	Tiverton	2012	11:37.24
65/69	Laura Quye	Hastings	2024	12:36.10
70/74	Penny Webster	Kingston Roy	2012	13:41.85
75/79	Jane Asher	Kings Corm	2008	13:23.17
80/84	Jane Asher	Kings Corm	2011	13:51.20
85/89	Jane Asher	Kings Corm	2017	14:58.15
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 50m Freestyle

18/24	Oliver Wilson	Otter	2015	23.64
25/29	Guy Sherwin	Atlantis	2009	23.49
30/34	Alexander Smith	Woking	2024	24.21
35/39	Will Appleby	East Anglian	2017	25.53
40/44	Sean North	Guildford Ct	2024	25.49
45/49	William Roberts	Otter	2024	25.57
50/54	Paul Allen	Brighton Dol	2023	26.35
55/59	Spencer Turner	Basingstoke	2024	26.29
60/64	Mark Reynolds	Barnet Copt	2024	28.21
65/69	Chris Dunn	Hatfield	2013	28.97
70/74	Chris Dunn	Hatfield	2018	29.62
75/79	Chris Dunn	Spencer	2023	30.73
80/84	William Letch	Totnes	2020	34.60
85/89	John Tennant	Saxon Crown	2024	39.40
90/94	Sam Almond	Eastbourne	2018	1:15.60
95/99	John Harrison	Godalming	2009	1:14.72
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 100m Freestyle

18/24	Oliver Wilson	Otter	2015	52.40
25/29	Guy Sherwin	Atlantis	2009	52.51
30/34	Fraser Peh	Otter	2020	55.90
35/39	Leon Mckenzie	Crawley	2023	55.81
40/44	Paul Allen	Brighton Dolph	2014	57.24
45/49	Dave Warren	Otter	2016	56.80
50/54	Spencer Turner	Basingstoke	2019	58.22
55/59	Spencer Turner	Basingstoke	2024	57.54
60/64	Mark Reynolds	Barnet Copt	2023	1:01.12
65/69	Chris Dunn	Hatfield	2015	1:05.25
70/74	Chris Dunn	Hatfield	2016	1:05.59
75/79	Chris Dunn	Hatfield	2020	1:08.30
80/84	William Letch	Totnes	2020	1:20.82
85/89	John Tennant	Saxon Crown	2024	1:32.36
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	John Harrison	Godalming	2009	2:44.63
100/104	John Harrison	Godalming	2014	3:23.10

Mens 200m Freestyle

18/24	Reece Barclay	Romford Town	2013	1:59.37
25/29	Guy Sherwin	Atlantis	2009	1:59.04
30/34	Alexander Mackay	Otter	2024	2:00.90
35/39	Richard Stannard	Guildford Ct	2011	2:02.54
40/44	Richard Stannard	Maidenhead	2015	2:05.34
45/49	Dave Warren	Otter	2016	2:05.67
50/54	Craig Bransby	Enfield Sq	2024	2:10.96
55/59	Paul Goudie	Otter	2014	2:20.31
60/64	Mark Reynolds	Barnet Copt	2023	2:14.69
65/69	Chris Dunn	Hatfield	2013	2:26.34
70/74	Chris Dunn	Hatfield	2016	2:27.42
75/79	Chris Dunn	Spencer	2023	2:35.40
80/84	William Letch	Totnes	2020	3:08.30
85/89	Anthony Gimson	Mid Sussex	2022	3:53.33
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 400m Freestyle

18/24	Justin Langford	Brighton	2008	4:29.76
25/29	Rubens King	Woking	2022	4:17.17
30/34	James Leitch	Co Glasgow	2009	4:25.40
35/39	Richard Stannard	Guildford Ct	2011	4:19.45
40/44	Richard Stannard	Maidenhead	2015	4:26.07
45/49	Wray Shewell-Cooper	Potters Bar	2008	4:41.54
50/54	Mike Hodgson	Guildford Ct	2017	4:40.62
55/59	Peter Dixon	South London	2023	4:41.42
60/64	Mark Reynolds	Barnet Copt	2023	4:50.56
65/69	Chris Dunn	Hatfield	2014	5:12.42
70/74	Chris Dunn	Hatfield	2016	5:13.26
75/79	Chris Dunn	Spencer	2023	5:28.45
80/84	William Letch	Totnes	2020	6:37.46
85/89	David Cumming	Eastbourne	2023	7:41.45
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 800m Freestyle

18/24	Christopher Greenhalgh	Sudbury	2015	9:22.30
25/29	Christopher Grabham	Ren 96	2009	9:18.11
30/34	James Leitch	Co Glasgow	2009	9:11.14
35/39	Richard Stannard	Leatherhead	2009	8:50.51
40/44	Fred Clatworthy	Ealing	2010	9:00.94
45/49	Robert Barker	Kingston Roy	2009	9:19.58
50/54	Peter Dixon	Tower Hamlet	2019	9:43.86
55/59	Peter Dixon	South London	2023	9:38.49
60/64	Chris Dunn	Hatfield	2008	10:26.41
65/69	Chris Dunn	Hatfield	2011	10:41.86
70/74	Chris Dunn	Hatfield	2016	10:50.20
75/79	Chris Dunn	Spencer	2023	11:30.10
80/84	Derek Parr	Broomfield	2024	14:11.83
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 1500m Freestyle

18/24	Alyssa Basinger	Reading Ryls	2023	18:51.10
25/29	Hannah Dodwell	Royal Navy	2023	18:40.87
30/34	Fiona Carroll	Co South'ton	2022	18:51.86
35/39	Henny Tarasewicz	Rushmoor Ryl	2019	20:35.73
40/44	Ceri Edwards	Portsmouth N	2021	19:18.33
45/49	Elizabeth Tarr	Teddington	2024	20:15.17
50/54	Bridget Bewick	Bracknell	2019	21:05.23
55/59	Bridget Bewick	Bracknell	2021	21:06.58
60/64	Laura Quye	Hastings	2019	22:55.24
65/69	Laura Quye	Hastings	2024	23:52.88
70/74	Christina Victor	Guildford Ct	2024	26:03.10
75/79	Rose Dudeney	Mid Sussex	2022	28:07.27
80/84	Jenny Ball	Camphill Ed	2021	35:02.32
85/89	Jane Asher	Kings Corm	2019	30:17.74
90/94	Jane Asher	Kings Corm	2021	34:29.59
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 1500m Freestyle

18/24	Oli Etheridge	Atlantis	2021	17:51.82
25/29	Luke De Clerk	MwayMaritime	2024	18:59.23
30/34	Andrew Benson	Out To Swim	2019	19:09.58
35/39	Shaun Challis	Lancing Col	2024	19:28.31
40/44	William Ellis	Lancing Col	2022	19:21.75
45/49	Simon Joyce	Kidlington	2023	19:53.80
50/54	Peter Dixon	Bo Newham	2022	18:30.27
55/59	Patrick Brundage	Barnet Copt	2024	18:40.54
60/64	Robert Barker	Kingston Roy	2023	19:33.54
65/69	Andrew Huckle	Havant & Wat	2021	21:57.33
70/74	Christopher Preston	Out To Swim	2021	28:46.84
75/79	Chris Dunn	Hatfield	2022	21:29.62
80/84	David Hall	Witney	2022	30:31.94
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 50m Backstroke

18/24	Ellen Thomas	Guildford	2013	32.12
25/29	Sarah Turner	Maxwell	2014	33.24
30/34	Katy Sexton	C o Southampton	2013	29.54
35/39	Kitty Perkins	Box Hill	2009	32.55
40/44	Michelle Ware	Guildford	2017	32.14
45/49	Michelle Ware	Woking	2022	32.79
50/54	Jo Corben	S D Trojan	2023	32.63
55/59	Julie Hoyle	East Leeds	2017	35.20
60/64	Liz Cosgrave	Trojan SC	2019	36.79
65/69	Kathy Bidnall	Mid Sussex Marllins	2020	42.03
70/74	Mary Johnson	Mid Sussex	2023	45.57
75/79	Jane Asher	Kings Corm	2008	45.87
80/84	Jane Asher	Kings Corm	2013	48.07
85/89	Jane Asher	Kings Corm	2017	52.61
90/94	Jane Asher	Kings Corm	2022	54.69
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 50m Backstroke

18/24	Marco Loughran	Guildford Ct	2013	26.13
25/29	Daniel Wass	Portsmouth N	2023	29.06
30/34	Craig Steenhoff	Otter	2014	29.90
35/39	Lee Peterson	Braintree	2010	29.17
40/44	Lee Peterson	Braintree	2014	29.08
45/49	Greg Kahn	Spencer	2016	29.43
50/54	Paul Allen	Brighton Dol	2023	32.32
55/59	Alec Johnson	Trafford Metro	2018	32.41
60/64	Graham Powell	Team Luton	2017	34.34
65/69	Brian Hunt	RTW Masters	2014	35.93
70/74	Brian Hunt	RTW Masters	2019	38.44
75/79	Brian Hunt	RTW Masters	2024	39.48
80/84	Roger Billing	Guildford Ct	2023	44.09
85/89	Geoffrey Bishop	Kings Corm	2022	59.51
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	John Harrison	Godalming	2014	1:32.20

Ladies 100m Backstroke

18/24	Lara Charlton	Hart	2022	1:10.26
25/29	Lara Charlton	Hart	2023	1:11.39
30/34	Katy Sexton	C o Southampton	2012	1:03.30
35/39	Jo Corben	Fareham N'ds	2008	1:09.45
40/44	Jo Corben	Portsmouth N	2012	1:11.32
45/49	Jo Corben	Fareham N'ds	2017	1:07.83
50/54	Jo Corben	S D Trojan	2023	1:07.87
55/59	Judy Brown	Warrington M	2019	1:14.75
60/64	Liz Cosgrave	Trojan SC	2019	1:23.68
65/69	Alyson Fordham	Bishop Stort	2024	1:23.08
70/74	Elaine Blower	Barnet Copt	2016	1:38.10
75/79	Jane Asher	Kings Corm	2007	1:42.17
80/84	Jane Asher	Kings Corm	2013	1:53.22
85/89	Jane Asher	Kings Corm	2017	1:54.21
90/94	Jane Asher	Kings Corm	2022	1:59.50
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 100m Backstroke

18/24	Chris Rowley	Rushmoor Roy	2011	59.44
25/29	Augustus Veasey	Out To Swim	2023	1:02.74
30/34	Neil McMahon	Leatherhead	2007	1:04.72
35/39	Lee Peterson	Braintree	2010	1:03.18
40/44	Michael Nolan	Royal Navy	2011	1:05.32
45/49	Greg Kahn	Spencer	2016	1:03.53
50/54	John Rittenhouse	Barnet Copt	2008	1:09.85
55/59	Martin Fenner	Romford Town	2017	1:12.50
60/64	Graham Powell	Team Luton	2016	1:16.68
65/69	Steve Greenfield	Basingstoke	2024	1:22.50
70/74	Chris Dunn	Hatfield	2018	1:26.05
75/79	Chris Dunn	Spencer	2023	1:28.44
80/84	Roger Billing	Guildford Ct	2023	1:43.83
85/89	Robert Curr	Serpentine	2015	2:59.89
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	John Harrison	Godalming	2009	2:42.01
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 200m Backstroke

18/24	Sarah Turner	Maxwell	2009	2:37.10
25/29	Hannah Laughlin	Teddington	2016	2:31.60
30/34	Gina Hobson	Otter	2013	2:33.05
35/39	Jo Corben	Fareham N'ds	2007	2:26.37
40/44	Jo Corben	Portsmouth N	2012	2:31.40
45/49	Jo Corben	Fareham N'ds	2016	2:25.12
50/54	Jo Corben	S D Trojan	2024	2:29.54
55/59	Judy Brown	Warrington M	2019	2:38.90
60/64	Helen Kula-Przezswanski	Caradon	2019	2:55.92
65/69	Helen Kula-Przezswanski	Devonport	2024	3:04.48
70/74	Elaine Blower	Barnet Copt	2016	3:27.87
75/79	Rose Dudeney	Mid Sussex	2022	3:55.32
80/84	Jane Asher	Kings Corm	2015	4:06.42
85/89	Susan Halter	Camden Swiss	2012	5:41.70
90/94	Jane Asher	Kings Corm	2022	4:32.89
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 200m Backstroke

18/24	Timothy Tripp	UEA Norwich	2012	2:23.35
25/29	Augustus Veasey	Out To Swim	2024	2:18.38
30/34	Benjamin Pennington	Spencer	2011	2:27.20
35/39	Aiden Dunne	Camden Swiss	2023	2:36.27
40/44	Richard Stannard	Maidenhead	2015	2:20.92
45/49	Paul Allen	Boston	2017	2:30.01
50/54	Daniel Cotton	Spencer	2024	2:19.47
55/59	Martin Fenner	Romford Town	2017	2:35.75
60/64	Stephen Allen	East Leeds	2020	2:43.90
65/69	Malcolm Munro	Ealing	2012	3:06.10
70/74	Chris Dunn	Hatfield	2020	3:04.23
75/79	Chris Dunn	Spencer	2023	3:10.87
80/84	Janos Leigh	Romford Town	2014	4:18.01
85/89	Robert Curr	Serpentine	2014	6:09.69
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	John Harrison	Godalming	2010	6:10.65
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 50m Breaststroke

18/24	Louise Bush	UEA Norwich	2013	34.82
25/29	Louise Bush	UES Norwich	2017	35.05
30/34	Gina Heyn	Teddington	2018	33.02
35/39	Gina Heyn	Teddington	2019	33.80
40/44	Georgina Heyn	Woking	2024	33.59
45/49	Della Jenkins	RTW Masters	2012	38.61
50/54	Alison Nye	Orpington OJ	2007	38.08
55/59	Alison Nye	Spencer	2013	39.18
60/64	Philippa Williams	Wycombe Dist	2022	41.87
65/69	Amanda Heath	Spencer	2022	41.83
70/74	Diane Ford	Spencer	2013	44.81
75/79	Diane Ford	Spencer	2022	47.5
80/84	Diane Ford	Spencer	2023	48.03
85/89	Jane Asher	Kings Corm	2016	59.16
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 50m Breaststroke

18/24	Barrie Stewart	Havant & Wat	2007	30.94
25/29	Oliver Lungley	Crawley	2023	30.62
30/34	Neil Redman	Portsmouth N	2024	30.28
35/39	David Ebanks	Romford Town	2018	30.94
40/44	Chris Jones	Portsmouth N	2024	31.29
45/49	Dave Milburn	Newbury	2009	32.66
50/54	Mike Hodgson	Guildford Ct	2017	31.64
55/59	Dave Milburn	Newbury	2017	33.94
60/64	Dave Milburn	Newbury	2022	32.56
65/69	David Pirrie	Hemel Hemp	2024	38.51
70/74	Morris Dick	Spencer	2012	43.70
75/79	Geoff Bishop	Kings Corm	2013	44.46
80/84	Don Leatherbarrow	Gloucester	2018	49.51
85/89	Anthony Gimson	Mid Sussex	2022	54.55
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 100m Breaststroke

18/24	Louise Bush	UEA Norwich	2013	1:15.68
25/29	Erin Robertson	Basingstoke	2024	1:12.24
30/34	Katie Henderson	Reading	2013	1:19.68
35/39	Gina Heyn	Teddington	2019	1:14.37
40/44	Charlotte Reid	Aer Lingus M	2020	1:20.21
45/49	Sabina Vitaloni	Derthona Nuo	2015	1:20.33
50/54	Amanda Heath	Spencer	2007	1:26.02
55/59	Jennifer Merritt	Spondon	2007	1:29.51
60/64	Amanda Heath	Spencer	2019	1:32.44
65/69	Amanda Heath	Spencer	2022	1:30.65
70/74	Diane Ford	Spencer	2013	1:39.89
75/79	Diane Ford	Rushmoor Roy	2018	1:42.57
80/84	Diane Ford	Spencer	2023	1:45.19
85/89	Jane Asher	Kings Corm	2018	2:15.16
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 100m Breaststroke

18/24	Barrie Stewart	Havant & Wat	2007	1:09.95
25/29	Henry Goodlud	Woking	2024	1:07.16
30/34	Neil Redman	Portsmouth N	2024	1:09.07
35/39	Chris Jones	Co.South'ton	2016	1:08.82
40/44	Chris Jones	Portsmouth N	2024	1:07.92
45/49	Mike Hodgson	Guildford Ct	2014	1:10.86
50/54	John Cunningham	Aer Lingus	2020	1:17.89
55/59	Dave Milburn	Newbury	2017	1:15.63
60/64	Dave Milburn	Newbury	2022	1:16.41
65/69	David Pirrie	Hemel Hemp	2023	1:26.79
70/74	Fred Parker	Kent Weald	2019	1:36.12
75/79	Keith Ingram	Birmingham M	2015	1:38.60
80/84	Ted Evans	Otter	2015	2:01.58
85/89	James Green	Redhill & R	2013	2:23.86
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 200m Breaststroke

18/24	Louise Bush	UEA Norwich	2013	2:48.13
25/29	Louise Bush	UEA Norwich	2017	2:44.90
30/34	Natasha Morgan	Calky Masters	2016	2:59.61
35/39	Sue Price	Hants North	2007	2:55.64
40/44	Sharon Lock	Melton Mowbray	2012	2:57.99
45/49	Sharon Lock	Melton Mowbray	2014	2:59.65
50/54	Amanda Heath	Spencer	2008	3:05.69
55/59	Amanda Heath	Spencer	2012	3:11.77
60/64	Amanda Heath	Spencer	2020	3:17.13
65/69	Amanda Heath	Spencer	2024	3:14.73
70/74	Diane Ford	Spencer	2013	3:47.53
75/79	Diane Ford	Rushmoor Roy	2018	3:50.67
80/84	Diane Ford	Spencer	2023	3:53.65
85/89	Jane Asher	Kings Corm	2018	4:56.16
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 200m Breaststroke

18/24	Stephen Murphy	Brighton	2007	2:33.96
25/29	Peter Ross	B Hill & H Heath	2008	2:24.93
30/34	Dean Heaps	Preston	2024	2:39.31
35/39	David Ebanks	Romford Town	2018	2:44.03
40/44	Chris Jones	Portsmouth N	2024	2:31.87
45/49	Mike Hodgson	Guildford Ct	2012	2:43.16
50/54	Geoff Boddie	G B Police	2024	2:46.61
55/59	Dave Milburn	Newbury	2017	2:45.39
60/64	Dave Milburn	Newbury	2022	2:48.59
65/69	Malcolm Barton	Team Luton	2020	3:23.74
70/74	Kieren Kelleher	Sandycove Is	2018	3:30.49
75/79	Morris Dick	Spencer	2017	3:56.07
80/84	James Green	Redhill & R	2008	4:36.22
85/89	James Green	Redhill & R	2013	5:20.27
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 50m Butterfly

18/24	Zara Williams	Crawley	2016	29.23
25/29	Gemma Howells	Royal Navy	2009	30.97
30/34	Gina Heyn	Teddington	2018	28.60
35/39	Gina Heyn	Teddington	2022	29.38
40/44	Aimee Ramm	G B Police	2024	30.12
45/49	Michelle Ware	Guildford Ct	2018	30.27
50/54	Judith Hattle	Carlisle Mas	2010	32.05
55/59	Debbie Matless	East Anglian	2018	32.79
60/64	Philippa Williams	Wycombe Dist	2023	35.59
65/69	Sally Mills	Mid sussex	2020	38.50
70/74	Alison Gwynn	Mid Sussex Marl	2019	43.76
75/79	Jane Asher	Kings Corm	2008	47.67
80/84	Jane Asher	Kings Corm	2015	52.88
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 50m Butterfly

18/24	Oliver Wilson	Otter	2015	25.79
25/29	Can Bozkurt	Hackney	2024	26.30
30/34	Bradley Price	G B Police	2024	25.68
35/39	Oliver Espinasse	Basingstoke	2022	26.78
40/44	Oliver Espinasse	Basingstoke	2024	26.32
45/49	John Cunningham	Limerick	2017	26.74
50/54	John Cunningham	Aer Lingus	2022	26.93
55/59	Alec Johnson	Trafford Met	2018	28.72
60/64	Clive Benson	Hart	2023	30.24
65/69	Derek Parr	Broomfield P	2009	31.61
70/74	Kieren Kelleher	Sandycove Is	2018	32.62
75/79	Derek Parr	Broomfield P	2019	37.15
80/84	Derek Parr	Broomfield	2024	38.46
85/89	Geoffrey Bishop	Kings Corm	2022	1:21.66
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 100m Butterfly

18/24	Charlotte Humpheys	UEA Norwich	2013	1:04.67
25/29	Gemma Howells	Royal Navy	2009	1:08.98
30/34	Noemie Plumridge	Fareham Nomads	2018	1:08.03
35/39	Elizabeth Bellinger	Bishops Stort	2016	1:07.16
40/44	Georgina Heyn	Woking	2024	1:09.17
45/49	Michelle Ware	Guildford Ct	2018	1:10.42
50/54	Liz Woolner	Flitwick	2017	1:10.15
55/59	Esther Iseppi	AMT	2013	1:22.16
60/64	Sally Mills	Mid Sussex Marl	2019	1:26.74
65/69	Amanda Heath	Spencer	2024	1:30.24
70/74	Unclaimed	Unclaimed	Unclaimed	Unclaimed
75/79	Unclaimed	Unclaimed	Unclaimed	Unclaimed
80/84	Jane Asher	Kings Corm	2011	2:03.50
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 100m Butterfly

18/24	Alfie Evans	Reading	2023	58.57
25/29	Gareth Cocks	Cardiff Masters	2014	1:00.00
30/34	Ed Clayton	G B Police	2010	59.79
35/39	Dave Warren	B Hill & H Heath	2009	59.29
40/44	Dave Warren	Otter	2012	1:00.34
45/49	Martinus Marx	Crawley	2024	1:03.79
50/54	John Cunningham	Aer Lingus	2022	1:00.78
55/59	Clive Benson	Spencer	2018	1:07.45
60/64	Clive Benson	Hart	2023	1:08.61
65/69	Derek Parr	Broomfield P	2009	1:12.14
70/74	Derek Parr	Brookfield P	2014	1:19.72
75/79	Derek Parr	Broomfield P	2019	1:28.14
80/84	Derek Parr	Broomfield	2024	1:35.10
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 200m Butterfly

18/24	Charlotte Humpheys	UEA Norwich	2013	2:28.70
25/29	Kirsty Hodd	Spencer	2010	2:39.51
30/34	Noemie Peignon	Fareham N'ds	2016	2:41.03
35/39	Nicola Latty	Oundle	2008	2:29.37
40/44	Nicola Latty	Oundle	2013	2:30.41
45/49	Nicola Latty	Nene Valley	2016	2:32.67
50/54	Judith Hattle	Carlisle Masters	2010	2:46.16
55/59	Esther Iseppi	Spencer	2015	3:07.35
60/64	Esther Iseppi	Spencer	2018	3:16.59
65/69	Amanda Heath	Spencer	2024	3:19.22
70/74	Unclaimed	Unclaimed	Unclaimed	Unclaimed
75/79	Unclaimed	Unclaimed	Unclaimed	Unclaimed
80/84	Unclaimed	Unclaimed	Unclaimed	Unclaimed
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 200m Butterfly

18/24	Riaan Steyn	Guildford Ct	2017	2:12.74
25/29	Gareth Cocks	Cardiff Masters	2015	2:18.37
30/34	James Leitch	Co Glasgow	2009	2:19.60
35/39	Dave Warren	B Hill & H Heath	2007	2:21.41
40/44	Dave Warren	Otter	2012	2:16.35
45/49	Dave Warren	Otter	2016	2:17.89
50/54	Paul O'Neill	Aer Lingus	2020	2:43.27
55/59	Martin Fenner	Romford Town	2018	2:44.22
60/64	Adam Lelean	Diss Otters	2024	3:32.06
65/69	Derek Parr	Broomfield P	2009	2:58.12
70/74	Derek Parr	Broomfield P	2014	3:13.34
75/79	Derek Parr	Broomfield P	2019	3:43.45
80/84	David Cumming	Eastbourne	2018	4:10.41
85/89	David Cumming	Eastbourne	2023	4:06.98
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 200m Medley

18/24	Emily Siebrecht	Kent Weald	2020	2:27.48
25/29	Laura Molyneaux	Fareham N'ds	2016	2:36.66
30/34	Cassie Poland	RTW Monson	2013	2:30.12
35/39	Dawn Palmer	Romford Town	2015	2:33.91
40/44	Dawn Palmer	Romford Town	2017	2:33.29
45/49	Nicola Latty	Nene Valley	2016	2:39.66
50/54	Judith Hattle	Carlisle Masters	2010	2:45.23
55/59	Judy Brown	Warrington M	2019	2:48.11
60/64	Helen Kula-Przezowski	Caradon	2019	2:58.45
65/69	Amanda Heath	Spencer	2022	3:04.78
70/74	Christine Ayers	South Beds	2024	3:40.66
75/79	Jane Asher	Kings Corm	2008	3:46.64
80/84	Jane Asher	Kings Corm	2013	4:01.22
85/89	Jane Asher	Kings Corm	2017	4:21.11
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 400m Medley

18/24	Megan Alsop	Hastings	2012	5:38.75
25/29	Carol Thain	Heart Of Mid	2010	5:37.32
30/34	Laura Molyneaux	Fareham Nomads	2017	5:28.30
35/39	Jo Corben	Fareham N'ds	2007	5:26.82
40/44	Dawn Palmer	Romford Town	2016	5:28.58
45/49	Karlyn Pipes-Neilson	TIM	2007	5:19.44
50/54	Jo Corben	S D Trojan	2023	5:53.55
55/59	Esther Iseppi	Spencer	2016	6:20.33
60/64	Esther Iseppi	Spencer	2019	6:34.88
65/69	Amanda Heath	Spencer	2023	6:39.46
70/74	Maureen Fakley	Hythe	2007	12:20.30
75/79	Janet Masters	South Beds	2016	8:52.89
80/84	Jane Asher	Kings Corm	2011	8:21.88
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 200m Medley

18/24	Henri Choron	RTW Masters	2023	2:21.65
25/29	Augustus Veasey	Chelmsford	2022	2:20.01
30/34	Alexander Mackay	Otter	2024	2:18.05
35/39	Dave Warren	B Hill & H Heath	2007	2:16.96
40/44	Chris Jones	Portsmouth N	2024	2:23.45
45/49	Dave Warren	Otter	2016	2:19.14
50/54	Mike Hodgson	Guildford Ct	2017	2:28.24
55/59	Peter Dixon	South London	2023	2:36.80
60/64	David Bryant	Woking	2022	2:35.95
65/69	Chris Dunn	Hatfield	2013	2:55.15
70/74	Chris Dunn	Hatfield	2016	2:56.26
75/79	Chris Dunn	Spencer	2023	3:12.69
80/84	Don Leatherbarrow	Gloucester	2018	3:48.98
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Mens 400m Medley

18/24	Stephen Murphy	Brighton	2008	5:02.27
25/29	Enrique Ruiz	Otter	2018	5:08.22
30/34	Andrew Chamberlain	Hart	2007	5:12.10
35/39	Dave Warren	B Hill & H Heath	2009	4:58.71
40/44	Dave Warren	Otter	2014	4:59.14
45/49	Daniel Cotton	Spencer	2020	5:07.81
50/54	Daniel Cotton	Spencer	2024	5:07.98
55/59	Peter Dixon	South London	2023	5:26.72
60/64	Dale Barker	Felixstowe	2023	6:18.25
65/69	Chris Dunn	Hatfield	2013	6:17.97
70/74	Chris Dunn	Hatfield	2016	6:23.93
75/79	Chris Dunn	Spencer	2023	7:04.57
80/84	Derek Parr	Broomfield	2024	7:44.33
85/89	Unclaimed	Unclaimed	Unclaimed	Unclaimed
90/94	Unclaimed	Unclaimed	Unclaimed	Unclaimed
95/99	Unclaimed	Unclaimed	Unclaimed	Unclaimed
100/104	Unclaimed	Unclaimed	Unclaimed	Unclaimed

Ladies 4x50m Freestyle Relay

72+	Black Lion	2010	2:00.98
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Teddington	2017	2:01.80
160/199	Basildon Ph	2017	2:04.53
200/239	East Leeds	2017	2:00.37
240/279	Mid Sussex Marlins	2020	2:22.68
280/319	Mid Sussex	2023	2:38.95
320/359	Unclaimed	Unclaimed	Unclaimed

Ladies 4x100m Freestyle Relay

72+	UEA Norwich	2013	4:40.00
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Barnes SC	2018	4:42.35
160/199	Kent Weald	2020	4:35.13
200/239	Mid Sussex A	2016	5:18.70
240/279	Mid Sussex	2018	5:11.97
280/319	Mid Sussex	2023	5:51.93
320/359	Unclaimed	Unclaimed	Unclaimed

Ladies 4x200m Freestyle Relay

72+	Unclaimed	Unclaimed	Unclaimed
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Woking	2023	9:48.51
160/199	Basingstoke	2014	10:04.92
200/239	Spencer	2013	11:13.53
240/279	Kings Cormorant	2014	11:46.48
280/319	Unclaimed	Unclaimed	Unclaimed
320/359	Unclaimed	Unclaimed	Unclaimed

Ladies 4x50m Medley Relay

72+	Black Lion	2010	2:16.97
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Fareham Nomads	2017	2:15.95
160/199	Mid Sussex	2018	2:19.81
200/239	East Leeds	2017	2:14.80
240/279	Mid Sussex Marlins	2019	2:36.15
280/319	Mid Sussex	2023	2:57.41
320/359	Unclaimed	Unclaimed	Unclaimed

Ladies 4x100m Medley Relay

72+	Reading	2013	5:10.42
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Crawley	2023	5:08.69
160/199	Mid-Sussex Marlins	2016	5:29.42
200/239	Unclaimed	Unclaimed	Unclaimed
240/279	Spencer	2016	5:59.42
280/319	Unclaimed	Unclaimed	Unclaimed
320/359	Unclaimed	Unclaimed	Unclaimed

Mixed 4x50m Freestyle Relay

72+	Otter	2007	1:51.56
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Spencer	2010	1:54.57
160/199	Eastbourne SC	2009	1:51.39
200/239	Crawley	2023	2:06.67
240/279	Co Cant'bury	2008	2:20.25
280/319	Spencer	2023	2:18.53
320/359	Unclaimed	Unclaimed	Unclaimed

Mixed 4x100m Freestyle Relay

72+	Co Southampton	2015	4:16.72
100/119	Atlantis A	2024	4:25.55
120/159	RTW Masters	2015	4:16.61
160/199	Crawley	2024	4:22.36
200/239	Mid-Sussex Marlins	2011	4:38.45
240/279	Mid-Sussex Marlins	2011	5:12.73
280/319	Spencer	2023	5:20.02
320/359	Unclaimed	Unclaimed	Unclaimed

Mixed 4x200m Freestyle Relay

72+	RTW Masters	2023	10:00.92
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Brighton	2024	9:47.20
160/199	Spencer	2012	9:29.48
200/239	Epsom & District	2012	12:11.41
240/279	Spencer	2012	12:21.03
280/319	Spencer	2023	11:39.59
320/359	Unclaimed	Unclaimed	Unclaimed

Mixed 4x50m Medley Relay

72+	Otter	2007	2:02.61
100/119	Woking	2023	2:06.49
120/159	Atlantis B	2024	2:11.01
160/199	AMT Zurich	2009	2:11.35
200/239	Rushmoor Ryl	2008	2:25.89
240/279	B Hill & H Heath	2009	2:35.81
280/319	Unclaimed	Unclaimed	Unclaimed
320/359	Unclaimed	Unclaimed	Unclaimed

Mixed 4x100m Medley Relay

72+	Camden Swiss Cottage	2011	4:47.54
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Crawley	2023	4:40.18
160/199	Fareham Nomads	2019	4:22.69
200/239	Spencer	2015	5:11.14
240/279	Spencer	2019	5:26.28
280/319	Spencer	2023	6:02.46
320/359	Unclaimed	Unclaimed	Unclaimed

Mens 4x50m Freestyle Relay

72+	Otter	2007	1:43.55
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Brighton Dolphin	2014	1:39.00
160/199	Brighton Dol	2023	1:45.89
200/239	Basingstoke	2015	1:49.68
240/279	RTW Masters	2015	2:01.58
280/319	Spencer	2023	2:24.37
320/359	Otter	2024	2:46.43

Mens 4x100m Freestyle Relay

72+	Brighton Dolphin	2011	3:51.56
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Brighton Dolphin	2013	3:49.87
160/199	Brighton Dol	2023	3:49.20
200/239	Otter	2013	4:08.12
240/279	Teddington	2013	4:37.16
280/319	Unclaimed	Unclaimed	Unclaimed
320/359	Otter	2024	6:27.34

Mens 4x200m Freestyle Relay

72+	Gwich Royals	2024	9:18.48
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Bicester	2023	9:14.17
160/199	Mid Sussex	2023	10:35.43
200/239	Brighton Dol	2024	9:11.82
240/279	Teddington	2013	10:21.71
280/319	Unclaimed	Unclaimed	Unclaimed
320/359	Otter	2024	15:05.99

Mens 4x50m Medley Relay

72+	Erith & Dist	2022	1:55.09
100/119	Mid Sussex	2024	2:18.31
120/159	Fareham Nomads	2017	2:03.21
160/199	Kent Weald	2020	1:59.60
200/239	Mid Sussex Marlins	2017	2:09.78
240/279	RTW Masters	2015	2:20.33
280/319	Unclaimed	Unclaimed	Unclaimed
320/359	Otter	2024	2:53.93

Mens 4x100m Medley Relay

72+	Brighton Dolphin	2013	4:16.52
100/119	Down SS - GB	2023	6:18.04
120/159	Chichester (Cormorant)	2011	4:46.72
160/199	Guildford City	2011	4:31.34
200/239	Mid-Sussex Marlins	2011	4:59.10
240/279	Spencer	2016	5:30.23
280/319	Unclaimed	Unclaimed	Unclaimed
320/359	Otter	2024	6:54.19