# MASTERS OPEN LONG COURSE 1500m EVENT



(Under ASA Laws and ASA Technical Rules of Masters Swimming)

Saturday 23rd March 2024 at 1:50pm
K2 Crawley, Pease Pottage Hill, Crawley, West Sussex, RH11 9BQ
50m 8 lane pool with electronic timing

## **ENTRY INSTRUCTIONS**

## **WARMING-UP**

There will be a warm-up of approximately 15 minutes from 1:30pm until 1:45pm. Swimmers in the first two heats should use this warm-up period. Heat 1 should start at 1:50pm. The first heat will use all 8 lanes. Heats 2 to 6 will use 7 lanes with Lane 1 available for warming up for swimmers in the later heats. Heat 7 will use 8 lanes.

The warm-up schedule will be as follows. Heat 3 can warm-up when heat 2 is in the water Heat 4 can warm-up when heat 3 is in the water and so on.

Lane 1 when used as a warm-up lane will be supervised by a marshal and swimmers are asked to co-operate by conducting their warm-ups quietly avoiding interference with the races underway. There will be no diving in the warm-up lane. **Lane 1 should not be used for swimming down after racing**. Fins, floats, paddles and other training equipment will not be allowed in this lane.

It is hoped that these arrangements will provide the best facilities to compete in this 1500m event. By submitting an on-line entry, you accept the conditions below.

# **CONDITIONS**

## 1 PROMOTER

The promoter is Glen Isaacs on behalf of the Swim South East Masters Group.

## 2 WHO CAN ENTER?

This meet will initially be open to SSE Masters to enter during February and then open to all registered Masters from 1st March. By entering swimmers are confirming the personal declaration at the end of this document

This meet is required to comply with the new Swim England Transgender and Non-Binary Competition Policy, and accordingly will be held with Female and Open/Male categories. Further details on the policy and the definitions can be found at <a href="https://www.swimming.org/swimengland/transgender-competition-policy-update/">https://www.swimming.org/swimengland/transgender-competition-policy-update/</a>

## 3 COMPETITION ENTRY PROCEDURE

Members of English or Welsh clubs should follow the procedure below.

- STEP 1 Using your family name or your Swim England Registration Number use the link <u>Check Registration</u> to check your registration status.
- STEP 2 If you are registered as a Club Compete swimmer proceed to fill in and submit the on-line entry form.
- STEP 3 If you are not registered as Club Compete then contact your club membership officer to get your status upgraded. DO NOT SUBMIT AN ENTRY.

Members of all other clubs should check their registration status with their national organisation.

If you submit an entry and you are not a SE Club Compete member or a registered competitive member of your national governing body your entry will be cancelled and **YOUR ENTRY FEE FORFEITED**.

# 4 EVENTS AND SEEDING

The event will be mixed, i.e. open/male and female swimmers seeded together in the heats. Events will be seeded in order of entry time, irrespective of age, from slowest to fastest. The fastest heat will be spearheaded. If you do not have an entry time arrange to swim a timed 1500m before entering this event. Entries without an entry time will not be accepted. To ensure that the meet does not overrun swimmers should not enter if their 1500m swim time will be over 35 minutes.

## 5 AGES

All competitors must be 18 years of age or older on the date of their swim.

## 6 RESULTS

Results will be based on the heat times. There will be no finals. Partial results will be available on-line shortly after each heat is completed, as too will the final results. A link to these will be provided.

#### 7 AWARDS

There will be no awards, this event is being held so that Masters can register 1500m long course swim times in the Swim England rankings, now a necessary requirement for entry to the British and National Swim England competitions. Results will be accepted for decathlon points.

#### 8 ENTRIES

Entries can be made on-line via the following link.

https://bsbasa.org/meet/sersd24

Click the link below to see the List of Entries to date.

https://bsbasa.org/entries/sersd24

# Entries are now open.

#### 9 ENTRY FEES AND PAYMENT

Entries cost £22.00 per swimmer which includes a non-refundable administration charge of £2.00. Entry fees will not be refunded for withdrawals after the entries are closed. All payments will be collected on-line with Stripe via a credit or debit card. Payment of entry fees should be made at the time an entry is submitted.

## 10 CLOSING DATE FOR INDIVIDUAL ENTRIES

Entries close at 12 noon on Monday 18th March 2024 or sooner if the event is fully subscribed. A wait list of up to 10 swimmers will be created once 51 swimmers have entered. This will be used to fill any spaces left by swimmers withdrawing or failing to re-enter by the re-entry deadline (see below).

#### 11 REGISTRATION AND RE-ENTRY

Swimmers should confirm their intention to swim by email to Geoff Stokes (geoff@masterswim.uk)

AFTER the closing date of 18th March and BEFORE 12 noon on Wednesday 20th March.

Any swimmers not confirming by this deadline will be withdrawn and a swimmer on the wait list will take their place. Swimmers on the wait list not offered a swim will have their entry fees refunded. Heat sheets will be produced once the deadline has passed and sent to all entrants on or before Friday 22nd March.

## 12 LIMITS OF LIABILITY

In the event of the meet being cancelled for whatever reason event entry fees will be refunded. The promoter accepts no responsibility for any consequential costs.

# 13 DISPUTES

Any matters not provided for in these conditions shall be decided by the Promoter.

## PLEASE READ THE FOLLOWING NOTES CAREFULLY

- 1. Entries will be limited to 51 competitors. Entries will be closed before the closing date if, and when, 51 swimmers plus 10 on the wait list have entered. Please get entries in as early as possible to avoid disappointment.
- 2. Finding the pool. For directions to the venue search on Google for K2 Crawley. Parking is free.
- 3. DON'T FORGET TO RE-ENTER BY NOON ON WEDNESDAY 22nd March (CONDITION 11 ABOVE)
- 4. Note that long course times (50m pool) achieved at this meet will be accepted as qualifying times for the National Masters Short Course championships at Sheffield, without conversion to 25m though.

## PERSONAL DECLARATION

I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in Masters Swimming events and any other associated activities. Accordingly, by submitting my on-line entry I certify that I am physically fit to participate in this event.

I agree to comply with the Conditions detailed above and the arrangements explained in these Entry Instructions.

If I am entering as Female, I confirm that I have a birth sex of female and I am categorised as female in the Swim England on-line membership system.

Glen Isaacs - Promoter mastersmanager@southeastswimming.org

Geoff Stokes – Entries Manager geoff@masterswim.uk