

**Ladies 4x50m Freestyle Relay**

72+	Black Lion	2010	2:00.98
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Teddington	2017	2:01.80
160/199	Basildon Ph	2017	2:04.53
200/239	East Leeds	2017	2:00.37
240/279	Mid Sussex Marlins	2020	2:22.68
280/319	Mid Sussex	2023	2:38.95
320/359	Unclaimed	Unclaimed	Unclaimed

**Ladies 4x100m Freestyle Relay**

72+	UEA Norwich	2013	4:40.00
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Barnes SC	2018	4:42.35
160/199	Kent Weald	2020	4:35.13
200/239	Mid Sussex A	2016	5:18.70
240/279	Mid Sussex	2018	5:11.97
280/319	Mid Sussex	2023	5:51.93
320/359	Unclaimed	Unclaimed	Unclaimed

**Ladies 4x200m Freestyle Relay**

72+	Unclaimed	Unclaimed	Unclaimed
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Woking	2023	9:48.51
160/199	Basingstoke	2014	10:04.92
200/239	Spencer	2013	11:13.53
240/279	Kings Cormorant	2014	11:46.48
280/319	Unclaimed	Unclaimed	Unclaimed
320/359	Unclaimed	Unclaimed	Unclaimed

**Ladies 4x50m Medley Relay**

72+	Black Lion	2010	2:16.97
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Fareham Nomads	2017	2:15.95
160/199	Mid Sussex	2018	2:19.81
200/239	East Leeds	2017	2:14.80
240/279	Mid Sussex Marlins	2019	2:36.15
280/319	Mid Sussex	2023	2:57.41
320/359	Unclaimed	Unclaimed	Unclaimed

**Ladies 4x100m Medley Relay**

72+	Reading	2013	5:10.42
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Crawley	2023	5:08.69
160/199	Mid-Sussex Marlins	2016	5:29.42
200/239	Unclaimed	Unclaimed	Unclaimed
240/279	Spencer	2016	5:59.42
280/319	Unclaimed	Unclaimed	Unclaimed
320/359	Unclaimed	Unclaimed	Unclaimed

**Mixed 4x50m Freestyle Relay**

72+	Otter	2007	1:51.56
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Spencer	2010	1:54.57
160/199	Eastbourne SC	2009	1:51.39
200/239	Crawley	2023	2:06.67
240/279	Co Cant'bury	2008	2:20.25
280/319	Spencer	2023	2:18.53
320/359	Unclaimed	Unclaimed	Unclaimed

**Mixed 4x100m Freestyle Relay**

72+	Co Southampton	2015	4:16.72
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	RTW Masters	2015	4:16.61
160/199	Mid-Sussex Marlins	2019	4:25.63
200/239	Mid-Sussex Marlins	2011	4:38.45
240/279	Mid-Sussex Marlins	2011	5:12.73
280/319	Spencer	2023	5:20.02
320/359	Unclaimed	Unclaimed	Unclaimed

**Mixed 4x200m Freestyle Relay**

72+	RTW Masters	2023	10:00.92
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Spencer	2012	10:16.86
160/199	Spencer	2012	9:29.48
200/239	Epsom & District	2012	12:11.41
240/279	Spencer	2012	12:21.03
280/319	Spencer	2023	11:39.59
320/359	Unclaimed	Unclaimed	Unclaimed

**Mixed 4x50m Medley Relay**

72+	Otter	2007	2:02.61
100/119	Woking	2023	2:06.49
120/159	RTW Masters	2012	2:14.70
160/199	AMT Zurich	2009	2:11.35
200/239	Rushmoor Ryl	2008	2:25.89
240/279	B Hill & H Heath	2009	2:35.81
280/319	Unclaimed	Unclaimed	Unclaimed
320/359	Unclaimed	Unclaimed	Unclaimed

**Mixed 4x100m Medley Relay**

72+	Camden Swiss Cottage	2011	4:47.54
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Crawley	2023	4:40.18
160/199	Fareham Nomads	2019	4:22.69
200/239	Spencer	2015	5:11.14
240/279	Spencer	2019	5:26.28
280/319	Spencer	2023	6:02.46
320/359	Unclaimed	Unclaimed	Unclaimed

**Mens 4x50m Freestyle Relay**

72+	Otter	2007	1:43.55
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Brighton Dolphin	2014	1:39.00
160/199	Brighton Dol	2023	1:45.89
200/239	Basingstoke	2015	1:49.68
240/279	RTW Masters	2015	2:01.58
280/319	Spencer	2023	2:24.37
320/359	Unclaimed	Unclaimed	Unclaimed

**Mens 4x100m Freestyle Relay**

72+	Brighton Dolphin	2011	3:51.56
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Brighton Dolphin	2013	3:49.87
160/199	Brighton Dol	2023	3:49.20
200/239	Otter	2013	4:08.12
240/279	Teddington	2013	4:37.16
280/319	Unclaimed	Unclaimed	Unclaimed
320/359	Unclaimed	Unclaimed	Unclaimed

**Mens 4x200m Freestyle Relay**

72+	Bletchley	2013	9:48.09
100/119	Unclaimed	Unclaimed	Unclaimed
120/159	Bicester	2023	9:14.17
160/199	Mid Sussex	2023	10:35.43
200/239	Otter	2013	9:17.23
240/279	Teddington	2013	10:21.71
280/319	Unclaimed	Unclaimed	Unclaimed
320/359	Unclaimed	Unclaimed	Unclaimed

**Mens 4x50m Medley Relay**

72+	Erith & Dist	2022	1:55.09
100/119	Down SS - GB	2023	3:01.92
120/159	Fareham Nomads	2017	2:03.21
160/199	Kent Weald	2020	1:59.60
200/239	Mid Sussex Marlins	2017	2:09.78
240/279	RTW Masters	2015	2:20.33
280/319	Unclaimed	Unclaimed	Unclaimed
320/359	Unclaimed	Unclaimed	Unclaimed

**Mens 4x100m Medley Relay**

72+	Brighton Dolphin	2013	4:16.52
100/119	Down SS - GB	2023	6:18.04
120/159	Chichester (Cormorant)	2011	4:46.72
160/199	Guildford City	2011	4:31.34
200/239	Mid-Sussex Marlins	2011	4:59.10
240/279	Spencer	2016	5:30.23
280/319	Unclaimed	Unclaimed	Unclaimed
320/359	Unclaimed	Unclaimed	Unclaimed