



Swim England  
 South East/South West Joint  
 Para-Swimming Development Meet 2023

**Sunday 15<sup>th</sup> October 2023**

**Warm up 15.30 – 15.50**  
**Start time 4.00pm**

**Event Programme**

1	S1-S13 & S15	100m	Freestyle
2	SB1 - SB3	50m	Breaststroke
3	SM5 – SM15	200m	Individual Medley
4	S1 – S5	50m	Backstroke
5	S8 – S13 & S15	100m	Butterfly
6	S1 – S13	50m	Freestyle
7	SM1 – SM4	150m	Individual Medley
8	SB4 – SB9 & SB11 – SB15	100m	Breaststroke
9	S1- S7	50m	Butterfly
10	S6 – S15	100m	Backstroke
11	S1 – S5 & S14	200m	Freestyle
12	S6 – S13 & S15	400m	Freestyle