

## South East Para Swimming Female Long Course Records

### Female 50m Freestyle

Name/ Club	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
Sarah Whitchurch (Guernsey)	S5	47.07	Manchester	30/11/19
Fern Sneddon (RTW Monson)	S6	37.98	Stratford	25/02/23
Georgia Howell (Littlehampton)	S7	40.03	Crawley	10/2/19
Amanda Readhead (Maxwell)	S8	36.24	Swansea	12/12/21
Lauren Steadman (Ports)	S9	30.53	Manchester	25/5/09
Zara Mullooly (Guildford)	S10	28.30	Dublin	13/8/18
	S11	Vacant		
Hannah Russell (Woking)	S12	27.01	Glasgow	27/4/16
Katie Crowhurst (Wycombe Dist)	S13	31.51	Manchester	12/02/21
Fern Ioannou (Reading Cygn)	S14	31.41	Wycombe	15/01/22

### Female 100m Freestyle

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
Sarah Whitchurch (Guernsey)	S5	1.44.28	Sheffield	31/7/19
Fern Sneddon (RTW Monson)	S6	1.22.42	Sheffield	25/7/22
Georgia Howell (Littlehampton)	S7	1.29.02	Crawley	9/2/19
Amanda Readhead (Maxwell)	S8	1.21.47	Wycombe	29/04/23
Lauren Steadman (Ports)	S9	1.05.98	London	7/9/12
Zara Mullooly (Guildford)	S10	1.01.32	Dublin	13/8/18
	S11	Vacant		
Hannah Russell (Woking)	S12	58.94	Sheffield	28/7/16
Katie Crowhurst (Wycombe Dist)	S13	1.10.29	Sheffield	31/7/18
Amberley Hoar (Portsmouth)	S14	1.07.75	Portsmouth	27/11/11

### Female 200m Freestyle

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
Sarah Whitchurch (Guernsey)	S5	3.50.58	Sheffield	3/8/19
	S6	Vacant		
Evie Hallas (Wycombe Dist)	S10	3.15.36	Wycombe	16/07/23
Amberley Hoar (Ports)	S14	2.24.69	London	3/3/12

### Female 400m Freestyle

Name	Class	Time	Venue	Date
Fern Sneddon (RTW Monson)	S6	6.02.70	Sheffield	23/7/22
Georgia Howell (Littlehampton)	S7	6.40.76	Sheffield	3/6/18
Amanda Readhead (Maxwell)	S8	6.09.66	Wycombe	30/04/23
Lauren Steadman (Portsmouth)	S9	4.55.17	London	4/9/12
Zara Mullooly (Guildford City)	S10	4.42.64	Dublin	13/8/18
	S11	Vacant		
Hannah Russell (Woking)	S12	4.37.14	Berlin	18/4/15
Katie Crowhurst (Wycombe Dist)	S13	5.15.55	Berlin	8/6/19
Fern Ioannou (Reading Cygn)	S14	5:34.51	Wycombe	26/01/19

### Female 800m Freestyle

Name	Class	Time	Venue	Date
	S6	Vacant		
	S7	Vacant		
	S8	Vacant		
	S9	Vacant		
	S10	Vacant		
	S11	Vacant		
	S12	Vacant		
Katie Crowhurst (Wycombe Dist)	S13	10:56.65	Wycombe	25/09/21
Kathryn Martin (Bracknell)	S14	16:36.81	Aldershot	17/09/17

### Female 1500m Freestyle

Name	Class	Time	Venue	Date
	S7	Vacant		
	S8	Vacant		
	S9	Vacant		
	S10	Vacant		
	S11	Vacant		
	S12	Vacant		
Katie Crowhurst (Wycombe Dist)	S13	21:10.22	Wycombe	27/01/19
Lucy Chenery (Co Milton K)	S14	22.31.59	Guildford	08/01/11

### Female 50m Backstroke

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
Sarah Whitchurch (Guernsey)	S5	54.53	Manchester	30/11/19
Iona Winniffrith (Tonbridge)	S6	50.03	Sheffield	17/03/23
Georgia Howell (Littlehampton)	S7	50.72	Crawley	07/04/19

Iris Turner (Wycombe Dist)	S8	54.18	Wycombe	14/01/23
Lauren Steadman (Portsmouth N)	S9	36.71	Berlin	23/05/08
Evie Hallas (Wycombe Dist)	S10	50.84	Wycombe	19/02/23
	S11	Vacant		
	S12	Vacant		
Katie Crowhurst (Wycombe Dist)	S13	35.27	Berlin	07/06/19
Amberley Hoar (Portsmouth N)	S14	36.76	Portsmouth	01/10/11

### Female 100m Backstroke

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
	S5	Vacant		
Iona Winniffrith (Tonbridge)	S6	1.43.51	Sheffield	24/07/23
Georgia Howell (Littlehampton)	S7	1.46.27	Crawley	23/2/19
Amanda Readhead (Maxwell)	S8	1.34.25	Swansea	11/12/21
Lauren Steadman (Portsmouth)	S9	1.16.70	Manchester	6/3/11
Zara Mullooly (Guildford)	S10	1.17.71	Sheffield	29/4/17
	S11	Vacant		
Hannah Russell (Woking)	S12	1.06.06	Rio	14/9/16
Katie Crowhurst (Wycombe Dist)	S13	1.15.36	Manchester	13/03/21
Amberley Hoar (Portsmouth)	S14	1.13.95	London	4/3/12

### Female 200m Backstroke

Name	Class	Time	Venue	Date
	S6	Vacant		
	S7	Vacant		
	S8	Vacant		
Lauren Steadman (Portsmouth)	S9	3:08.90	Sheffield	08/10/06
Evie Hallas (Wycombe Dist)	S10	4:20.53	Wycombe	26/09/21
	S11	Vacant		
	S12	Vacant		
Katie Crowhurst (Wycombe Dist)	S13	2:59.05	Cardiff	18/03/17
Amberley Hoar (Portsmouth)	S14	2:47.66	Berlin	28/04/11

### Female 50m Breaststroke

Name	Class	Time	Venue	Date
	SB1	Vacant		
	SB2	Vacant		
	SB3	Vacant		
	SB4	Vacant		
	SB5	Vacant		
Iona Winniffrith (Tonbridge)	SB6	46.47	Sheffield	17/03/23
Georgia Howell (Littlehampton)	SB7	50.16	Crawley	06/04/19
Iris Turner (Wycombe Dist)	SB8	1.00.49	Wycombe	16/07/23

Lauren Steadman (Portsmouth N)	SB9	47.16	Sheffield	29/07/07
	SB10	Vacant		
	SB11	Vacant		
	SB12	Vacant		
Alexandra Adams (Black Lion)	SB13	47.32	Aldershot	20/01/08
Amberley Hoar (Portsmouth N)	SB14	40.81	Portsmouth	02/10/11

### Female 100m Breaststroke

Name	Class	Time	Venue	Date
	SB1	Vacant		
	SB2	Vacant		
	SB3	Vacant		
Sarah Whitchurch (Guernsey)	SB4	3.07.22	Wycombe	5/5/18
Kathryn Webb (Bexhill)	SB5	2.19.58	Sheffield	7/7/06
Iona Winnifrith (Tonbridge)	SB6	1.43.05	Sheffield	25/07/23
Georgia Howell (Littlehampton)	SB7	1.48.09	Crawley	10/2/19
Sanjana Emmanuel (Reading)	SB8	1.46.90	Crawley	5/5/12
Lauren Steadman (Portsmouth)	SB9	1.35.14	Millfield	28/1/12
	SB11	Vacant		
Alison Heasman (Black Lion)	SB12	1.46.63	London	19/10/19
Alexandra Adams (Black Lion)	SB13	1.36.60	Swansea	12/12/09
Amberley Hoar (Portsmouth)	SB14	1.23.21	London	9/3/12

### Female 200m Breaststroke

Name	Class	Time	Venue	Date
	SB4	Vacant		
	SB5	Vacant		
Elowyn Meeres (Wycombe Dist)	SB6	4:50.47	Wycombe	17/09/22
	SB7	Vacant		
	SB8	Vacant		
Evie Hallas (Wycombe Dist)	SB9	4:40.42	Wycombe	25/09/21
	SB11	Vacant		
	SB12	Vacant		
	SB13	Vacant		
Amberley Hoar (Portsmouth)	SB14	2:59.48	Portsmouth	14/01/12

### Female 50m Butterfly

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
	S5	Vacant		
Iona Winnifrith (Tonbridge)	S6	40.06	Sheffield	24/07/23
Georgina Howell (Littlehampton)	S7	46.62	Crawley	23/2/19
	S8	Vacant		
Lauren Steadman (Portsmouth N)	S9	38.28	Sheffield	31/07/07

Evie Hallas (Wycombe Dist)	S10	43.61	Wycombe	16/07/23
	S11	Vacant		
	S12	Vacant		
Katie Crowhurst (Wycombe Dist)	S13	34.64	Wycombe	26/09/21
Fern Ioannou (Reading Cygn)	S14	35.55	Wycombe	29/01/22

### Female 100m Butterfly

Name	Class	Time	Venue	Date
	S5	Vacant		
	S6	Vacant		
	S7	Vacant		
Amanda Readhead (Maxwell)	S8	1.42.17	Wycombe	01/05/23
Lauren Steadman (Portsmouth)	S9	1.19.82	Sheffield	31/7/09
Zara Mullooly (Guildford)	S10	1.14.53	Sheffield	29/4/17
	S11	Vacant		
	S12	Vacant		
Katie Crowhurst (Wycombe Dist)	S13	1.16.21	Manchester	14/03/21
Fern Ioannou (Reading Cygn)	S14	1.24.85	Aberdeen	20/2/22

### Female 200m Butterfly

Name	Class	Time	Venue	Date
	S5	Vacant		
	S6	Vacant		
	S7	Vacant		
	S8	Vacant		
	S9	Vacant		
	S10	Vacant		
	S11	Vacant		
	S12	Vacant		
	S13	Vacant		
Jemima Rudd-Jones (RTW Monson)	S14	3:52.96	Vichy, France	06/06/23

### Female 150m Individual Medley

Name	Class	Time	Venue	Date
	SM1	Vacant		
	SM2	Vacant		
	SM3	Vacant		
	SM4	Vacant		

### Female 200m Individual Medley

Name	Class	Time	Venue	Date
	SM3	Vacant		
	SM4	Vacant		
	SM5	Vacant		
Fern Sneddon (RTW Monson)	SM6	3.39.98	Aberdeen	17/2/22

Georgia Howell (Littlehampton)	SM7	3.36.96	Crawley	24/2/19
Amanda Readhead (Maxwell)	SM8	3.23.55	Sheffield	26/07/23
Lauren Steadman (Portsmouth)	SM9	2.43.41	Sheffield	8/4/11
Zara Mullooly (Guildford)	SM10	2.46.36	Surrey	26/3/17
	SM11	Vacant		
	SM12	Vacant		
Katie Crowhurst (Wycombe Dist)	SM13	2.47.57	Sheffield	8/4/21
Amberley Hoar (Portsmouth)	SM14	2.50.69	Portsmouth	30/3/13

### Female 400m Individual Medley

Name	Class	Time	Venue	Date
	SM8			
Lauren Steadman (Portsmouth)	SM9	6:35.19	Norwich	06/05/07
	SM10	Vacant		
	SM11	Vacant		
	SM12	Vacant		
Katie Crowhurst (Wycombe Dist)	SM13	6:15.26	Wycombe	11/03/18
	SM14	Vacant		

Updated 07.08.23