

## South East Para Swimming Male Short Course Records

### Male 50m Freestyle

Name/ Club	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
	S5	Vacant		
Josh Coomer (Dover Life)	S6	44.71	Southampton	14/04/18
Alexander Goodman (Fareham Nomads)	S7	34.43	Portsmouth	01/11/09
Joshua Grob (Bracknell)	S8	28.64	Middlesbrough	18/06/17
Tomas Navarro-Barber (Portsmouth N)	S9	27.35	Winchester	05/11/22
Graham Edmunds (Reading)	S10	24.31	Newport	04/07/09
	S11	Vacant		
Darren Smith (RTW Monson)	S12	25.66	Gillingham	18/02/07
Alfie Penfold (Crawley)	S13	29.38	Glasgow	26/11/22
Tyler Ioannou (Wycombe Dist)	S14	24.91	Portsmouth	03/11/19

### Male 100m Freestyle

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
	S5	Vacant		
Josh Coomer (Dover Life)	S6	1:43.10	Southampton	14/04/18
Alexander Goodman (Fareham Nomads)	S7	1:13.96	Portsmouth	12/11/10
Owen Say (Wycombe District)	S8	1:02.63	Sheffield	20/11/22
Tomas Navarro-Barber (Portsmouth)	S9	59.67	Coventry	19/06/22
Graham Edmunds (Reading)	S10	53.30	Brazil	05/12/09
	S11	Vacant		
Darren Smith (RTW Monson)	S12	57.46	Gillingham	12/03/06
Alfie Penfold (Crawley)	S13	1:05.19	Winchester	06/11/22
Tyler Ioannou (Wycombe Dist)	S14	54.75	Portsmouth	02/11/19

### Male 200m Freestyle

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
	S5	Vacant		

Josh Coomer (Dover Life)	S6	3:54.73	Gillingham	28/10/17
Alexander Goodman (Fareham N)	S7	2:39.29	Portsmouth	13/11/10
Joshua Grob (Bracknell)	S8	2:23.11	Middlesbrough	18/06/17
Tomas Navarro-Barber (Portsmouth)	S9	2:13.62	Southampton	27/06/21
Callum Pearson (Hastings)	S10	2:07.05	Hastings	11/04/19
	S11	Vacant		
Darren Smith (RTW Monson)	S12	2:07.81	Gillingham	18/02/06
Alfie Penfold (Crawley)	S13	2:44.20	Cranleigh	10/10/21
Tyler Ioannou (Wycombe Dist)	S14	2:02.91	Manchester	10/12/17

### Male 400m Freestyle

Name	Class	Time	Venue	Date
	S6	Vacant		
Alexander Goodman (Fareham)	S7	5:31.14	Sheffield	01/11/08
Joshua Grob (Bracknell)	S8	4:45.18	Middlesbrough	20/02/16
Tomas Navarro-Barber (Portsmouth)	S9	4:41.96	Portsmouth	17/10/21
Graham Edmunds (Reading)	S10	4:27.13	Sheffield	03/11/07
	S11	Vacant		
	S12	Vacant		
Alfie Penfold (Crawley)	S13	5:05.84	Glasgow	27/11/22
Tyler Ioannou (Wycombe Dist)	S14	4:27.03	Portsmouth	02/11/19

### Male 800m Freestyle

Name	Class	Time	Venue	Date
	S6	Vacant		
Alexander Goodman (Fareham N)	S7	11:29.57	Portsmouth	15/11/09
	S8	Vacant		
Tomas Navarro-Barber (Portsmouth N)	S9	10:49.28	Portsmouth	10/11/19
Shane Scullion (Portsmouth N)	S10	9:42.11	Portsmouth	27/01/07
Zachary Lacey (Seaclose)	S14	14:54.64	Medina	07/12/19

### Male 1500m Freestyle

Name	Class	Time	Venue	Date
	S6	Vacant		
	S7	Vacant		
Joshua Grob (Bracknell)	S8	19:51.64	Middlesbrough	27/12/15
Matthew Davies (Romsey Totton)	S9	21:28.20	Southampton	15/12/22
Callum Pearson (Hastings)	S10	17:50.64	Hastings	21/11/19
	S13	Vacant		
Tyler Ioannou (Wycombe Dist)	S14	18:01.27	Reading	28/09/15

### Male 50m Backstroke

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
	S5	Vacant		
Michael Goody (Portsmouth N)	S10	29.71	Crawley	03/11/02
Alfie Penfold (Crawley)	S13	40.28	Crawley	17/06/22
Tyler Ioannou (Wycombe Dist)	S14	29.73	Portsmouth	06/11/16

### Male 100m Backstroke

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
Josh Coomer (Dover Life)	S6	2:08.79	Enfield	03/06/17
Damian Ng (Maidenhead)	S7	1:32.90	Portsmouth	06/12/14
Owen Say (Wycombe Dist)	S8	1:20.72	Mansfield	06/06/21
Dominic Redpath (Fareham N)	S9	1:16.46	Guildford	17/11/18
Michael Goody (Portsmouth N)	S10	1:03.61	Crawley	15/03/03
	S11	Vacant		
	S12	Vacant		
Alfie Penfold (Crawley)	S13	1:19.37	Winchester	06/11/22
Tyler Ioannou (Wycombe Dist)	S14	1:01.96	Portsmouth	02/11/19

### Male 200m Backstroke

Name	Class	Time	Venue	Date
	S6	Vacant		
	S7	Vacant		
Owen Say (Wycombe Dist)	S8	3:06.17	Wycombe	26/11/17
Nicholas Cole (Lewes)	S9	2:49.54	Seahaven	19/05/13
Michael Goody (Portsmouth N)	S10	2:18.17	Crawley	01/03/03
	S11	Vacant		
	S12	Vacant		
Alfie Penfold (Crawley)	S13	2:58.66	Crawley	10/06/22
Tyler Ioannou (Wycombe Dist)	S14	2:19.92	Reading	26/11/16

### Male 50m Breaststroke

Name	Class	Time	Venue	Date
	SB1	Vacant		
	SB2	Vacant		
	SB3	Vacant		
	SB5	Vacant		
Josh Coomer (Dover Life)	SB6	58.75	Dover	16/06/18

### Male 100m Breaststroke

Name	Class	Time	Venue	Date
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	SB4	Vacant		
	SB5	Vacant		
Josh Coomer (Dover Life)	SB6	2:10.95	Southampton	14/04/18
Owen Say (Wycombe Dist)	SB7	1:36.29	Glasgow	26/11/22
Matthew Davies (Romsey Totton)	SB8	1:23.12	Glasgow	26/11/22
Michael Goody (Portsmouth N)	SB9	1:13.92	Sussex	07/03/04
	SB11	Vacant		
Darren Smith (RTW Monson)	SB12	1:11.38	Manchester	26/08/04
Alfie Penfold (Crawley)	SB13	1:41.75	Crawley	17/06/22
Sol Bressat (Tigers Jersey)	SB14	1:10.47	Manchester	09/12/17

### Male 200m Breaststroke

Name	Class	Time	Venue	Date
	SB5	Vacant		
	SB6	Vacant		
	SB7	Vacant		
Matthew Davies (Romsey Totton)	SB8	3:02.99	Totton	01/11/22
Matthew Rishworth (Staines)	SB9	2:51.85	Walton on Thames	25/02/17
	SB11	Vacant		
	SB12	Vacant		
Alfie Penfold (Crawley)	SB13	3:54.61	Crawley	11/06/21
Sol Bressat (Tigers Jersey)	SB14	2:40.64	Jersey	27/10/18

### Male 50m Butterfly

Name	Class	Time	Venue	Date
	S1	Vacant		
	S2	Vacant		
	S3	Vacant		
	S4	Vacant		
	S5	Vacant		
Josh Coomer (Dover Life)	S6	53.85	Gillingham	28/10/18
Alexander Goodman (Fareham N)	S7	35.88	Nottingham	14/08/15
Michael Goody (Portsmouth N)	S10	27.03	Portsmouth	22/04/06
Alfie Penfold (Crawley)	S13	57.54	Crawley	11/06/21
Tyler Ioannou (Wycombe Dist)	S14	26.49	Portsmouth	02/11/19

### Male 100m Butterfly

Name	Class	Time	Venue	Date
Benjamin Pope (Havant & Wat)	S8	1:50.41	Waterlooville	15/10/17
Tomas Navarro-Barber (Portsmouth)	S9	1:14.42	Winchester	05/11/22
Michael Goody (Portsmouth N)	S10	1:02.55	Sussex	28/02/04
	S11	Vacant		
Darren Smith (RTW Monson)	S12	1:07.97	Gillingham	18/02/07
	S13	Vacant		
Tyler Ioannou (Wycombe Dist)	S14	58.96	Portsmouth	03/11/19

### Male 200m Butterfly

Name	Class	Time	Venue	Date
	S8	Vacant		
Maximilian Tulloch	S9	3:13.03	Amersham	08/07/17
Michael Goody (Portsmouth N)	S10	2:23.74	Crawley	01/03/03
	S12	Vacant		
Taylor Ioannou (Wycombe Dist)	S14	2:27.58	St Brelade	23/10/16

### Male 100m Individual Medley

Name	Class	Time	Venue	Date
	SM1	Vacant		
	SM2	Vacant		
	SM3	Vacant		
	SM4	Vacant		
	SM5	Vacant		
Josh Coomer (Dover Life)	SM6	2:01.30	Dover	16/09/18
Alexander Goodman (Fareham)	SM7	1:29.26	Sheffield	26/11/11
Owen Say (Wycombe Dist)	SM8	1:27.78	Bracknell	17/06/17
Lewis Jones (Littlehampton)	SM9	1:16.42	Crawley	15/10/22
Michael Goody (Portsmouth N)	SM10	1:02.37	Sussex	21/02/04
	SM11	Vacant		
	SM12	Vacant		
Alfie Penfold (Crawley)	SM13	1:26.21	Crawley	10/06/22
Tyler Ioannou (Wycombe Dist)	SM14	1:04.39	Portsmouth	05/11/16

### Male 150m Individual Medley

Name	Class	Time	Venue	Date
	SM1	Vacant		
	SM2	Vacant		
	SM3	Vacant		
	SM4	Vacant		

### Male 200m Individual Medley

Name	Class	Time	Venue	Date
	SM3	Vacant		
	SM4	Vacant		
	SM5	Vacant		
Josh Coomer (Dover Life)	SM6	4:13.60	Southampton	14/04/18
Alexander Goodman (Fareham)	SM7	3:04.89	Nottingham	13/08/15
Owen Say (Wycombe Dist)	SM8	3:01.93	Bristol	11/03/18
Lewis Jones (ArunTridents)	SM9	2:37.94	Coventry	17/06/23
Michael Goody (Portsmouth N)	SM10	2:18.98	Sussex	22/02/04
	SM11	Vacant		
	SM12	Vacant		
Alfie Penfold (Crawley)	SM13	2:57.84	Crawley	09/09/22

Tyler Ioannou (Wycombe Dist)	SM14	2:16.48	Portsmouth	03/11/19
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### Male 400m Individual Medley

Name	Class	Time	Venue	Date
	SM6	Vacant		
	SM7	Vacant		
	SM8	Vacant		
Maximilian Tulloch (Chalfont)	SM9	6:33.61	Gerrards Cross	11/06/18
Michael Goody (Portsmouth N)	SM10	5:02.39	Crawley	15/03/03
	SM11	Vacant		
	SM12	Vacant		
	SM13	Vacant		
Tyler Ioannou (Wycombe Dist)	SM14	5:15.10	Reading	17/09/15

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