

Conditions for claiming a record

1. There shall be separate LC and SC records for Male & Female swimmers. The long course records shall be for age groups 11/U, 12, 13, 14, 15, 16, 17, 18 & Open. Short course records are for Junior (U/16) & Open. All records are set using the swimmers age on the date the record is made.
2. Records will only be recognised if they are made by eligible competitors who are members of clubs affiliated to the South East Region and are swimming for that club. *This rule does not apply if swimming in a competition as a member of the swim England SE Region team or swimming as a member of a National squad.*
3. Records may only be achieved at a licensed event and will be automatically accepted and should be claimed on the official form provided on the South East region website.
4. The pool shall be 25 metres in length for SC records and 50m for LC records.
5. For all records the start and finish shall be at an end of the pool.
6. Conversions from LC to SC or vice-versa are not acceptable for records.
7. Relay records will only be recognised if all swimmers in the team are members of and swimming for a single club. Squad teams (combined members of different clubs under a separate team name) are not eligible for records.
8. Records will only be recognised at competitions recorded with full AOE. Should the AOE fail and a meet continues with manual timing, then unless the current regulations for recording with manual timing are in place, swims will not be recognised for record purposes.

SER Records may be set in the following distances.

9. Individual events:
Freestyle 50m 100m 200m 400m 800m 1500m
Backstroke 50m 100m 200m
Breaststroke 50m 100m 200m
Butterfly 50m 100m 200m
Individual medley 100m 200m 400m
10. Team events:
Relay records may only be set at the Long Course SER championships or at long Course National Championships.

Events currently eligible for records are:

4 x 100m Freestyle, 4 x 200m Freestyle & 4 x 100m Medley.

Relay team age groups are as set by swim England. (These are currently 14/16 yrs & 17/over).