SOUTH EAST REGION LONG COURSE RECORDS RELAY TEAM EVENTS OPEN/MALE 14/16 YEARS										
EVENT	TIME	CLUB		SWIMMERS AND SPLIT TIMES					VENUE	DATE OF SWIM
4 X 100M FREESTYLE	3.33.43	RTW MONSON	Lead	ARRAN BISSETT	52.54	2nd	HAYDEN ANNAN	54.23	BRITISH SUMMER CHAMPIONSHIPS PONDS FORGE SHEFFIELD	26/07/2023
			3rd	MAX EL-MOKADEM	53.65	Anchor	TOM HAWKINS	53.01		20/07/2023
4 X 200 FREESTYLE	7.54.70	RTW MONSON	Lead	ARAN BISSETT	1.56.22	2nd	MAX EL-MOKADEM	1.57.11	BRITISH SUMMER CHAMPIONSHIPS PONDS FORGE SHEFFIELD	25/07/2023
			3rd	HAYDEN ANNAN	1.54.86	Anchor	TOM HAWKINS	1.56.10		
4 X 100M MEDLEY	3.58.02	PORTSMOUTH NORTHSEA	Back	PIETRO FORCONI	1.00.75	Breast	OLIVER KETTLE	1.05.70	BRITISH SUMMER - CHAMPIONSHIPS TOLLCROSS, GLASGOW	27/07/2019
			Fly	MARCUS SCULLION	57.97	Free	JEREMY WILLIAMS	53.60		
		SOUT	H EAS	T REGION LONG CO	OURSE F /MALE 1			VENTS		
EVENT	TIME	CLUB		SWIMMERS AND SPLIT TIMES					VENUE	DATE OF SWIM
4 X 100M	3.28.55	WYCOMBE	LEAD	JAMES BAXTER	52.49	2nd	JAMES EDDY	52.18	BRITISH SUMMER CHAMPIONSHIPS PONDS FORGE SHEFFIELD	29/07/2017
FREESTYLE			3rd	BEN GOLDFINCH	53.13	Anchor	YUSUKE LEGARD	50.75		
4 X 200 FREESTYLE	3.45.31	WYCOMBE	LEAD	JAMES BAXTER	1.55.25	2nd	JAMES EDDY	1.54.88	BRITISH SUMMER CHAMPIONSHIPS PONDS FORGE SHEFFIELD	28/07/2017
			3rd	BEN PROSSER	1.58.41	Anchor	YUSUKE LEGARD	49.25		
4 X 100M MEDLEY	3.49.76	WYCOMBE	BACK	JAMES EDDY	57.29	BREAST	JAMES MCFADZEN	1.03.54	SUMMER NATIONALS PONDS FORGE SHEFFIELD	30/07/2017
			FLY	JAMES BAXTER	55.23	FREE	YUSUKE LEGARD	50.00		

SOUTH EAST REGION LONG COURSE RECORDS RELAY TEAM EVENTS FEMALE 14/16 YEARS											
EVENT	TIME	CLUB		SWIMMERS AND SPLIT TIMES					VENUE	DATE OF SWIM	
4 X 100M FREESTYLE	4.01.58	CITY OF OXFORD	LEAD	AMY COOMBS	1.01.26	2nd	ELLIE MILLINGTON	59.24	REGION CHAMPIONSHIPS - MOUNTBATTEN CENTRE - PORTSMOUTH	24/05/2015	
			3rd	OLIVIA WEBSTER	1.01.50	Anchor	EMILY NISBET	59.58			
4 X 200 FREESTYLE	8.33.62	WYCOMBE	LEAD	ELEANOR COWAN	2.10.43	2nd	LUCY WHEELER	2.11.46	SUMMER NATIONALS PONDS FORGE SHEFFIELD	28/07/2016	
			3rd	CAITLIN MACKAY	2.07.03	Anchor	EMILIA SANSOME	2.04.70			
4 X 100M MEDLEY	4.24.19	CITY OF OXFORD	BACK	ANNIE SHARP	1.07.17	BREAST	EMILY WOOD	1.13.18	REGION CHAMPIONSHIPS MOUNTBATTEN CENTRE PORTSMOUTH	24/05/2015	
			FLY	EMILY NISBET	1.04.34	FREE	ELLIE MILLINGTON	59.50			
SOUTH EAST REGION LONG COURSE RECORDS RELAY TEAM EVENTS FEMALE 17/OVER											
4 X 100M FREESTYLE	3.49.06	WOKING	LEAD	ANNA MAINE	56.74	2nd	HAZEL FERGUSON	58.67	BRITISH SUMMER CHAMPIONSHIPS PONDS FORGE SHEFFIELD	29/07/2017	
			3rd	MADDIE EXTON	58.15	Anchor	HANNAH BURVILL	55.50			
4 X 200 FREESTYLE	8.31.37	WYCOMBE	LEAD	NATASHA GARRY	2.06.49	2nd	NICOLE RYAN	2.09.36	SUMMER NATIONALS PONDS FORGE SHEFFIELD	28/07/2016	
			3rd	RACHEL COX	2.10.30	Anchor	SOPHIE MILLEN	2.05.22			
4 X 100M MEDLEY	4.20.26	GUILDFORD CITY	BACK	DANNI BENN	NO SPLIT	BREAST	LUCY BEAN	NO SPLIT	REGION CHAMPIONSHIPS MOUNTBATTEN CENTRE PORTSMOUTH	24/05/2015	
			FLY	EMMA DAY	NO SPLIT	FREE	GEORGIA SMITH	NO SPLIT			