

## EVENT 1 Men/Women 18 Yrs/Over 1500m Free.

### MEN 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Simon Scully	24	Woking	19:55.36
	50m 33.97, 100m 1:10.18, 150m 1:47.80, 200m 2:25.55, 250m 3:04.13, 300m 3:42.77, 350m 4:21.59, 400m 5:00.70 450m 5:39.73, 500m 6:19.27, 550m 6:58.40, 600m 7:38.18, 650m 8:18.40, 700m 8:58.89, 750m 9:39.09, 800m 10:19.69 850m 10:59.78, 900m 11:40.58, 950m 12:21.20, 1000m 13:02.63, 1050m 13:44.03, 1100m 14:25.37, 1150m 15:06.77, 1200m 15:48.87 1250m 16:29.93, 1300m 17:11.49, 1350m 17:52.61, 1400m 18:34.36, 1450m 19:15.77, 1500m 19:55.36, ,			
2.	Conor Macauley-Conway	21	Kingston Roy	30:14.12
	50m 48.38, 100m 1:43.06, 150m 2:40.53, 200m 3:37.11, 250m 4:37.08, 300m 5:34.89, 350m 6:34.90, 400m 7:35.64 450m 8:37.09, 500m 9:37.12, 550m 10:38.23, 600m 11:38.96, 650m 12:41.07, 700m 13:42.17, 750m 14:42.92, 800m 15:45.50 850m 16:48.95, 900m 17:50.33, 950m 18:55.71, 1000m 19:59.40, 1050m 21:03.62, 1100m 22:07.54, 1150m 23:10.08, 1200m 24:11.14 1250m 25:14.11, 1300m 26:13.62, 1350m 27:14.87, 1400m 28:16.04, 1450m 29:15.88, 1500m 30:14.12, ,			

### MEN 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Tom Baxter	30	Crawley	21:48.67
	50m 35.26, 100m 1:14.76, 150m 1:55.95, 200m 2:38.77, 250m 3:21.47, 300m 4:04.90, 350m 4:47.68, 400m 5:31.55 450m 6:14.64, 500m 6:58.59, 550m 7:42.69, 600m 8:27.47, 650m 9:11.22, 700m 9:56.15, 750m 10:39.48, 800m 11:24.63 850m 12:08.98, 900m 12:54.06, 950m 13:38.30, 1000m 14:23.58, 1050m 15:07.64, 1100m 15:52.90, 1150m 16:37.40, 1200m 17:22.42 1250m 18:06.66, 1300m 18:52.50, 1350m 19:36.89, 1400m 20:22.40, 1450m 21:06.53, 1500m 21:48.67, ,			
2.	Ashley Moss	33	Witney	24:16.36
	50m 40.36, 100m 1:26.64, 150m 2:13.18, 200m 3:00.76, 250m 3:47.68, 300m 4:36.27, 350m 5:23.73, 400m 6:13.13 450m 7:00.62, 500m 7:49.72, 550m 8:37.13, 600m 9:26.45, 650m 10:14.77, 700m 11:03.92, 750m 11:52.47, 800m 12:42.33 850m 13:31.59, 900m 14:22.92, 950m 15:12.94, 1000m 16:03.53, 1050m 16:52.78, 1100m 17:43.32, 1150m 18:32.32, 1200m 19:22.96 1250m 20:12.27, 1300m -, 1350m 21:52.96, 1400m 22:43.52, 1450m 23:30.66, 1500m 24:16.36, ,			
3.	Michael Tsang	30	South London	25:35.17
	50m 48.25, 100m 1:38.40, 150m 2:29.23, 200m 3:20.46, 250m 4:12.25, 300m 5:03.86, 350m 5:55.60, 400m 6:47.52 450m 7:38.88, 500m 8:30.46, 550m 9:21.80, 600m 10:14.05, 650m 11:06.13, 700m 11:58.52, 750m 12:51.28, 800m 13:43.24 850m 14:35.50, 900m 15:27.71, 950m 16:19.71, 1000m 17:11.62, 1050m 18:03.30, 1100m 18:55.08, 1150m 19:46.87, 1200m 20:38.06 1250m 21:29.53, 1300m 22:20.54, 1350m 23:09.66, 1400m 23:58.77, 1450m 24:48.15, 1500m 25:35.17, ,			

### MEN 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Guy Armstrong	41	MwayMaritime	20:15.70
	50m 33.84, 100m 1:11.44, 150m 1:49.26, 200m 2:28.97, 250m 3:08.07, 300m 3:48.33, 350m 4:27.85, 400m 5:08.31 450m 5:47.99, 500m 6:29.37, 550m 7:09.45, 600m 7:50.76, 650m 8:31.24, 700m 9:12.74, 750m 9:53.88, 800m 10:35.49 850m 11:16.04, 900m 11:57.55, 950m 12:38.52, 1000m 13:20.74, 1050m 14:01.30, 1100m 14:43.26, 1150m 15:24.71, 1200m 16:07.42 1250m 16:48.52, 1300m 17:31.17, 1350m 18:12.65, 1400m 18:54.55, 1450m 19:35.49, 1500m 20:15.70, ,			
2.	David Wood	41	Wycombe Dist	21:34.78
	50m 37.78, 100m 1:18.89, 150m 2:01.17, 200m 2:44.07, 250m 3:27.70, 300m 4:10.75, 350m 4:54.21, 400m 5:37.56 450m 6:20.97, 500m 7:04.66, 550m 7:48.52, 600m 8:32.04, 650m 9:15.90, 700m 9:59.07, 750m 10:42.32, 800m 11:26.08 850m 12:09.83, 900m 12:53.13, 950m 13:37.23, 1000m 14:20.79, 1050m 15:05.35, 1100m 15:49.79, 1150m 16:33.85, 1200m 17:18.08 1250m 18:02.44, 1300m 18:45.96, 1350m 19:30.17, 1400m 20:13.11, 1450m 20:56.28, 1500m 21:34.78, ,			
3.	Calvin Johnson	43	Crawley	22:31.98
	50m 37.13, 100m 1:19.70, 150m 2:04.12, 200m 2:48.60, 250m 3:32.80, 300m 4:17.52, 350m 5:01.89, 400m 5:46.99 450m 6:31.83, 500m 7:17.18, 550m 8:02.38, 600m 8:48.02, 650m 9:33.18, 700m 10:18.56, 750m 11:03.44, 800m 11:48.52 850m 12:33.38, 900m 13:19.29, 950m 14:04.62, 1000m 14:50.50, 1050m 15:36.68, 1100m 16:23.22, 1150m 17:09.16, 1200m 17:55.40 1250m 18:41.93, 1300m 19:28.85, 1350m 20:15.40, 1400m 21:02.09, 1450m 21:48.07, 1500m 22:31.98, ,			
4.	Peter Woodward	40	Beacon	24:56.11
	50m 40.88, 100m 1:25.85, 150m 2:13.95, 200m 3:03.03, 250m 3:52.98, 300m 4:43.06, 350m 5:33.56, 400m 6:24.64 450m 7:15.98, 500m 8:05.35, 550m 8:57.56, 600m 9:48.19, 650m 10:38.45, 700m 11:29.01, 750m 12:20.00, 800m 13:10.40 850m 14:01.48, 900m 14:52.50, 950m 15:43.39, 1000m 16:33.68, 1050m 17:24.62, 1100m 18:15.70, 1150m 19:06.75, 1200m 19:56.50 1250m 20:49.13, 1300m 21:40.31, 1350m 22:31.60, 1400m 23:21.59, 1450m 24:10.54, 1500m 24:56.11, ,			

### MEN 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Simon Joyce	45	Kidlington	19:53.80
	<b>New SER Meet Best Performance - Previously Andrew Seivewright, Lewes, 24:00.53, set 2022</b> 50m 33.91, 100m 1:10.63, 150m 1:48.56, 200m 2:27.04, 250m 3:06.15, 300m 3:45.14, 350m 4:24.80, 400m 5:04.34 450m 5:43.99, 500m 6:23.60, 550m 7:03.58, 600m 7:43.73, 650m 8:24.65, 700m 9:05.30, 750m 9:46.12, 800m 10:26.37 850m 11:06.63, 900m 11:48.01, 950m 12:28.63, 1000m 13:09.46, 1050m 13:50.65, 1100m 14:31.69, 1150m 15:12.65, 1200m 15:53.57 1250m 16:33.96, 1300m 17:15.11, 1350m 17:55.72, 1400m 18:35.87, 1450m 19:15.79, 1500m 19:53.80, ,			

### MEN 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Roger Fairhurst	51	Teddington	20:48.04
	50m 34.86, 100m 1:12.99, 150m 1:52.69, 200m 2:32.78, 250m 3:13.70, 300m 3:54.60, 350m 4:36.10, 400m 5:17.22 450m 5:59.09, 500m 6:40.40, 550m 7:22.08, 600m 8:03.69, 650m 8:45.61, 700m 9:26.68, 750m 10:08.72, 800m 10:50.49 850m 11:32.56, 900m 12:14.91, 950m 12:57.15, 1000m 13:39.50, 1050m 14:22.49, 1100m 15:05.24, 1150m 15:48.39, 1200m 16:31.51 1250m 17:14.60, 1300m 17:57.74, 1350m 18:41.06, 1400m 19:24.49, 1450m 20:07.63, 1500m 20:48.04, ,			

2. **Andrew Collins**                      **53 Croydon Amph**      **21:32.11**  
 50m 37.48, 100m 1:18.18, 150m 1:59.25, 200m 2:42.23, 250m 3:24.79, 300m 4:09.58, 350m 4:54.03, 400m 5:39.15  
 450m 6:22.76, 500m 7:08.70, 550m 7:53.89, 600m 8:39.65, 650m 9:23.67, 700m 10:08.94, 750m 10:51.99, 800m 11:37.20  
 850m 12:20.21, 900m 13:04.49, 950m 13:47.07, 1000m 14:30.56, 1050m 15:13.56, 1100m 15:56.53, 1150m 16:38.88, 1200m 17:21.79  
 1250m 18:03.29, 1300m 18:46.11, 1350m 19:27.77, 1400m 20:10.65, 1450m 20:51.48, 1500m 21:32.11, ,
3. **Toby Shobbrook**                      **52 Tonbridge**              **23:10.32**  
 50m 41.53, 100m 1:26.92, 150m 2:13.06, 200m 2:59.85, 250m 3:46.93, 300m 4:33.71, 350m 5:20.78, 400m 6:07.82  
 450m 6:54.69, 500m 7:41.17, 550m 8:28.01, 600m 9:14.60, 650m 10:01.16, 700m 10:48.11, 750m 11:34.69, 800m 12:21.74  
 850m 13:08.15, 900m 13:55.24, 950m 14:42.16, 1000m 15:29.13, 1050m 16:15.37, 1100m 17:01.88, 1150m 17:48.06, 1200m 18:34.49  
 1250m 19:20.97, 1300m 20:07.53, 1350m 20:53.89, 1400m 21:40.40, 1450m 22:26.56, 1500m 23:10.32, ,
4. **David Cargill**                      **51 Crawley**                  **24:16.29**  
 50m 41.68, 100m 1:28.57, 150m 2:16.16, 200m 3:04.34, 250m 3:52.02, 300m 4:41.26, 350m 5:29.53, 400m 6:18.68  
 450m 7:07.31, 500m 7:56.60, 550m 8:45.82, 600m 9:35.24, 650m 10:23.19, 700m 11:13.13, 750m 12:01.92, 800m 12:51.88  
 850m 13:40.76, 900m 14:30.74, 950m 15:19.13, 1000m 16:08.76, 1050m 16:57.96, 1100m 17:47.87, 1150m 20:15.32, 1200m 19:26.73  
 1250m 21:54.79, 1300m 21:04.93, 1350m 23:30.57, 1400m 22:43.77, 1450m -, 1500m 24:16.29, ,
5. **Niels Rasmussen**                      **53 RTW Masters**          **24:29.98**  
 50m 40.09, 100m 1:25.37, 150m 2:12.69, 200m 3:00.10, 250m 3:48.47, 300m 4:37.61, 350m 5:25.80, 400m 6:15.75  
 450m 7:05.40, 500m 7:55.34, 550m 8:45.41, 600m 9:35.12, 650m 10:24.54, 700m 11:15.09, 750m 12:04.36, 800m 12:54.95  
 850m 13:45.17, 900m 14:35.22, 950m 15:24.23, 1000m 16:14.83, 1050m 17:05.32, 1100m 17:56.49, 1150m 18:46.01, 1200m 19:36.82  
 1250m 20:26.21, 1300m 21:16.57, 1350m 22:06.30, 1400m 22:56.23, 1450m 23:44.94, 1500m 24:29.98, ,

### MEN 55/59 Yrs Age Group - Full Results

- | Place | Name   | AaD       | Club                | Time            |
|-------|--|-----------|---------------------|-----------------|
| 1.    | <b>Christopher Freeman</b>   | <b>56</b> | <b>Teddington</b>   | <b>20:54.40</b> |
|       | 50m 36.99, 100m 1:17.54, 150m 1:58.34, 200m 2:39.97, 250m 3:21.83, 300m 4:04.40, 350m 4:45.77, 400m 5:28.49<br>450m 6:10.10, 500m 6:52.82, 550m 7:34.80, 600m 8:17.26, 650m 8:58.89, 700m 9:41.68, 750m 10:23.88, 800m 11:06.23<br>850m 11:48.20, 900m 12:30.77, 950m 13:12.98, 1000m 13:55.52, 1050m 14:37.62, 1100m 15:20.03, 1150m 16:02.23, 1200m 16:44.40<br>1250m 17:26.07, 1300m 18:08.14, 1350m 18:50.06, 1400m 19:32.10, 1450m 20:13.80, 1500m 20:54.40, ,    |           |                     |                 |
| 2.    | <b>Darryl Hilliar</b>  | <b>55</b> | <b>Elmbridge</b>    | <b>22:44.67</b> |
|       | 50m 36.60, 100m 1:17.67, 150m 2:01.94, 200m 2:47.06, 250m 3:32.23, 300m 4:17.26, 350m 5:03.40, 400m 5:49.07<br>450m 6:35.87, 500m 7:22.07, 550m 8:08.34, 600m 8:54.40, 650m 9:41.26, 700m 10:26.87, 750m 11:13.78, 800m 11:59.92<br>850m 12:47.28, 900m 13:33.61, 950m 14:20.38, 1000m 15:06.39, 1050m 15:53.10, 1100m 16:39.28, 1150m 17:25.93, 1200m 18:12.88<br>1250m 18:59.25, 1300m 19:44.93, 1350m 20:31.55, 1400m 21:17.27, 1450m 22:03.21, 1500m 22:44.67, ,   |           |                     |                 |
| 3.    | <b>Tristram Kennedy Harpe</b>  | <b>59</b> | <b>Saxon Crown</b>  | <b>24:27.56</b> |
|       | 50m 41.99, 100m 1:29.67, 150m 2:17.88, 200m 3:09.95, 250m 3:58.01, 300m 4:47.58, 350m 5:35.32, 400m 6:24.35<br>450m 7:12.15, 500m 8:01.04, 550m 8:48.99, 600m 9:38.28, 650m 10:26.22, 700m 11:15.26, 750m 12:03.11, 800m 12:52.74<br>850m 13:40.41, 900m 14:29.43, 950m 15:18.13, 1000m 16:07.86, 1050m 16:56.46, 1100m 17:46.69, 1150m 18:35.96, 1200m 19:26.83<br>1250m 20:16.03, 1300m 21:07.64, 1350m 21:57.91, 1400m 22:49.66, 1450m 23:39.65, 1500m 24:27.56, ,  |           |                     |                 |
| 4.    | <b>Matt Conrad-jones</b>   | <b>56</b> | <b>MwayMaritime</b> | <b>24:29.58</b> |
|       | 50m 40.57, 100m 1:26.43, 150m 2:13.81, 200m 3:01.82, 250m 3:50.47, 300m 4:39.25, 350m 5:28.31, 400m 6:17.33<br>450m 7:05.83, 500m 7:54.99, 550m 8:44.17, 600m 9:33.13, 650m 10:22.84, 700m 11:11.83, 750m 12:01.34, 800m 12:50.53<br>850m 13:40.34, 900m 14:29.99, 950m 15:20.01, 1000m 16:09.33, 1050m 16:58.82, 1100m 17:48.65, 1150m 18:38.45, 1200m 19:28.83<br>1250m 20:19.53, 1300m 21:09.73, 1350m 22:00.44, 1400m 22:50.12, 1450m -, 1500m 24:29.58, ,         |           |                     |                 |
| 5.    | <b>Graham Mortimer</b>   | <b>58</b> | <b>Lewes</b>        | <b>25:58.51</b> |
|       | 50m 43.95, 100m 1:32.74, 150m 2:23.70, 200m 3:14.35, 250m 4:05.91, 300m 4:58.05, 350m 5:50.03, 400m 6:42.20<br>450m 7:34.89, 500m 8:27.28, 550m 9:19.12, 600m 10:11.59, 650m 11:04.30, 700m 11:56.17, 750m 12:48.92, 800m 13:41.40<br>850m 14:34.07, 900m 15:26.87, 950m 16:18.88, 1000m 17:11.93, 1050m 18:04.41, 1100m 18:57.24, 1150m 19:49.55, 1200m 20:42.41<br>1250m 21:35.22, 1300m 22:28.36, 1350m 23:21.34, 1400m 24:14.48, 1450m 25:06.53, 1500m 25:58.51, , |           |                     |                 |
| 6.    | <b>Laine Watts</b>   | <b>59</b> | <b>RTW Masters</b>  | <b>27:29.04</b> |
|       | 50m 49.15, 100m 1:42.06, 150m 2:35.59, 200m 3:31.84, 250m 4:27.00, 300m 5:23.16, 350m 6:17.11, 400m 7:12.81<br>450m 8:06.91, 500m 9:02.72, 550m 9:56.48, 600m 10:52.69, 650m 11:46.77, 700m 12:42.46, 750m 13:36.37, 800m 14:32.57<br>850m 15:27.08, 900m 16:21.74, 950m 17:16.78, 1000m 18:12.87, 1050m 19:09.60, 1100m 20:05.51, 1150m 20:59.47, 1200m 21:55.81<br>1250m 22:51.09, 1300m 23:47.47, 1350m 24:42.67, 1400m 25:39.78, 1450m 26:35.81, 1500m 27:29.04, , |           |                     |                 |

### MEN 60/64 Yrs Age Group - Full Results

- | Place | Name  | AaD       | Club                | Time            |
|-------|---|-----------|---------------------|-----------------|
| 1.    | <b>Robert Barker</b>  | <b>60</b> | <b>Kingston Roy</b> | <b>19:33.54</b> |
|       | <b>New SER Meet Best Performance - Previously Alan Parkins, Crawley, 21:45.80, set 2022</b><br>50m 35.38, 100m 1:14.14, 150m 1:52.54, 200m 2:32.17, 250m 3:10.55, 300m 3:50.14, 350m 4:28.78, 400m 5:08.80<br>450m 5:47.74, 500m 6:27.90, 550m 7:06.98, 600m 7:47.22, 650m 8:26.21, 700m 9:06.42, 750m 9:45.44, 800m 10:25.65<br>850m 11:04.56, 900m 11:44.65, 950m 12:23.45, 1000m 13:03.68, 1050m 13:42.37, 1100m 14:22.44, 1150m 15:01.27, 1200m 15:40.68<br>1250m 16:19.17, 1300m 16:59.07, 1350m 17:37.62, 1400m 18:17.19, 1450m 18:55.37, 1500m 19:33.54, , |           |                     |                 |
| 2.    | <b>Matthew Stone</b>  | <b>61</b> | <b>Croydon Amph</b> | <b>23:21.25</b> |
|       | 50m 40.82, 100m 1:26.60, 150m 2:12.22, 200m 2:59.06, 250m 3:46.21, 300m 4:33.47, 350m 5:20.84, 400m 6:08.13<br>450m 6:55.72, 500m 7:43.09, 550m 8:30.68, 600m 9:18.49, 650m 10:05.51, 700m 10:53.14, 750m 11:40.63, 800m 12:28.01<br>850m 13:14.51, 900m 14:01.63, 950m 14:48.21, 1000m 15:35.74, 1050m 16:22.30, 1100m 17:08.89, 1150m 17:55.13, 1200m 18:42.55<br>1250m 19:29.12, 1300m 20:16.47, 1350m 21:03.00, 1400m 21:50.46, 1450m 22:36.35, 1500m 23:21.25, ,   |           |                     |                 |
| 3.    | <b>Patrick Allen</b>  | <b>61</b> | <b>Woking</b>       | <b>24:47.19</b> |
|       | 50m 43.65, 100m 1:31.79, 150m 2:20.50, 200m 3:09.55, 250m 3:58.24, 300m 4:47.27, 350m 5:35.95, 400m 6:25.61<br>450m 7:14.41, 500m 8:03.94, 550m 8:53.41, 600m 9:43.16, 650m 10:32.37, 700m 11:22.34, 750m 12:11.39, 800m 13:01.91<br>850m 13:52.42, 900m 14:43.94, 950m 15:33.96, 1000m 16:25.18, 1050m 17:15.05, 1100m 18:06.51, 1150m 18:56.78, 1200m 19:47.55<br>1250m 20:38.51, 1300m 21:29.46, 1350m 22:19.40, 1400m 23:09.88, 1450m 23:59.49, 1500m 24:47.19, ,   |           |                     |                 |

## MEN 75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Chris Dunn	77	Spencer	21:49.60
50m 39.18, 100m 1:21.11, 150m 2:03.86, 200m 2:46.80, 250m 3:30.14, 300m 4:13.96, 350m 4:58.05, 400m 5:41.63 450m 6:25.46, 500m 7:09.35, 550m 7:53.00, 600m 8:37.38, 650m 9:21.07, 700m 10:05.33, 750m 10:49.26, 800m 11:33.32 850m 12:17.65, 900m 13:02.54, 950m 13:46.43, 1000m 14:31.10, 1050m 15:15.52, 1100m 15:59.74, 1150m 16:43.93, 1200m 17:28.53 1250m 18:13.24, 1300m 18:57.38, 1350m 19:41.37, 1400m 20:25.51, 1450m 21:08.79, 1500m 21:49.60, ,				

## WOMEN 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alyssa Basinger	20	Reading Ryls	18:51.10
<b>New SER Meet Best Performance - Previously unclaimed</b> 50m 32.88, 100m 1:09.18, 150m 1:47.08, 200m 2:25.00, 250m 3:03.33, 300m 3:41.18, 350m 4:19.34, 400m 4:57.12 450m 5:35.29, 500m 6:13.22, 550m 6:51.23, 600m 7:28.88, 650m 8:07.11, 700m 8:44.82, 750m 9:22.98, 800m 10:00.61 850m 10:38.66, 900m 11:16.48, 950m 11:54.60, 1000m 12:32.61, 1050m 13:10.82, 1100m 13:48.66, 1150m 14:27.01, 1200m 15:04.68 1250m 15:42.95, 1300m 16:21.14, 1350m 16:59.69, 1400m 17:37.86, 1450m 18:15.54, 1500m 18:51.10, ,				

## WOMEN 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Hannah Dodwell	29	Royal Navy	18:40.87
<b>New SER Meet Best Performance - Previously Stephanie Ramsay, Out To Swim, 20:21.66, set 2019</b> 50m 33.93, 100m 1:10.64, 150m 1:47.89, 200m 2:25.35, 250m 3:03.42, 300m 3:41.00, 350m 4:19.04, 400m 4:56.90 450m 5:34.76, 500m 6:12.41, 550m 6:50.11, 600m 7:27.71, 650m 8:05.11, 700m 8:42.69, 750m 9:20.18, 800m 9:57.70 850m 10:35.12, 900m 11:12.35, 950m 11:50.02, 1000m 12:27.20, 1050m 13:04.72, 1100m 13:41.92, 1150m 14:19.27, 1200m 14:56.85 1250m 15:34.40, 1300m 16:11.66, 1350m 16:49.32, 1400m 17:27.03, 1450m 18:04.40, 1500m 18:40.87, ,				
2.	Alexandra Richards	29	S B Stingray	22:33.94
50m 39.63, 100m 1:22.28, 150m 2:06.06, 200m 2:50.59, 250m 3:35.22, 300m 4:19.90, 350m 5:04.86, 400m 5:49.64 450m 6:34.45, 500m 7:20.10, 550m 8:05.31, 600m 8:50.13, 650m 9:35.68, 700m 10:21.55, 750m 11:07.22, 800m 11:53.39 850m 12:39.32, 900m 13:25.11, 950m 14:11.41, 1000m 14:57.08, 1050m 15:43.04, 1100m 16:28.97, 1150m 17:15.14, 1200m 18:00.87 1250m 18:47.30, 1300m 19:33.22, 1350m 20:19.40, 1400m 21:04.84, 1450m 21:50.29, 1500m 22:33.94, ,				

## WOMEN 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Fiona Carroll	32	Co South'ton	19:07.81
50m 33.76, 100m 1:09.83, 150m 1:47.33, 200m 2:25.20, 250m 3:03.66, 300m 3:41.65, 350m 4:20.00, 400m 4:58.01 450m 5:36.29, 500m 6:14.14, 550m 6:52.19, 600m 7:30.15, 650m 8:08.47, 700m 8:46.81, 750m 9:25.37, 800m 10:03.85 850m 10:42.75, 900m 11:21.54, 950m 12:00.27, 1000m 12:39.48, 1050m 13:18.63, 1100m 13:57.76, 1150m 14:37.17, 1200m 15:16.35 1250m 15:55.24, 1300m 16:34.32, 1350m 17:13.75, 1400m 17:53.41, 1450m 18:31.99, 1500m 19:07.81, ,				
2.	Hannah Angell	33	Woking	19:25.99
50m 35.31, 100m 1:13.58, 150m 1:52.45, 200m 2:31.43, 250m 3:10.22, 300m 3:49.19, 350m 4:28.02, 400m 5:07.37 450m 5:46.72, 500m 6:25.70, 550m 7:04.61, 600m 7:43.65, 650m 8:22.24, 700m 9:01.08, 750m 9:39.67, 800m 10:18.62 850m 10:57.50, 900m 11:37.04, 950m 12:15.77, 1000m 12:54.98, 1050m 13:34.28, 1100m 14:12.80, 1150m 14:51.77, 1200m 15:30.84 1250m 16:10.11, 1300m 16:49.50, 1350m 17:28.81, 1400m 18:08.62, 1450m 18:47.58, 1500m 19:25.99, ,				

## WOMEN 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Laura Kerrigan	38	Spencer	23:47.45
50m 41.85, 100m 1:27.97, 150m 2:15.36, 200m 3:03.08, 250m 3:50.71, 300m 4:38.79, 350m 5:26.84, 400m 6:15.17 450m 7:03.12, 500m 7:51.73, 550m 8:39.94, 600m 9:28.39, 650m 10:16.59, 700m 11:04.55, 750m 11:52.67, 800m 12:40.63 850m 13:28.60, 900m 14:16.55, 950m 15:04.41, 1000m 15:52.94, 1050m 16:41.18, 1100m 17:29.59, 1150m 18:17.92, 1200m 19:06.30 1250m 19:54.68, 1300m 20:43.24, 1350m 21:30.87, 1400m 22:17.51, 1450m 23:03.60, 1500m 23:47.45, ,				
2.	Kerrie Shooman-Taylor	36	RTW Masters	24:33.26
50m 40.89, 100m 1:25.76, 150m 2:12.80, 200m 3:01.07, 250m 3:49.26, 300m 4:38.20, 350m 5:27.42, 400m 6:17.38 450m 7:07.01, 500m 7:57.10, 550m 8:47.02, 600m 9:36.90, 650m 10:26.43, 700m 11:15.90, 750m 12:06.05, 800m 12:55.91 850m 13:46.18, 900m 14:36.44, 950m 15:26.48, 1000m 16:17.00, 1050m 17:07.26, 1100m 17:56.89, 1150m 18:47.43, 1200m 19:37.03 1250m 20:27.07, 1300m 21:16.97, 1350m 22:07.18, 1400m 22:56.69, 1450m 23:46.17, 1500m 24:33.26, ,				

## WOMEN 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kat Stevens	41	Saxon Crown	23:30.32
50m 39.23, 100m 1:22.77, 150m 2:07.93, 200m 2:54.08, 250m 3:41.32, 300m 4:28.66, 350m 5:15.97, 400m 6:03.69 450m 6:50.94, 500m 7:38.62, 550m 8:26.21, 600m 9:13.61, 650m 10:00.91, 700m 10:47.69, 750m 11:35.27, 800m 12:22.95 850m 13:10.63, 900m 13:58.49, 950m 14:46.32, 1000m 15:33.77, 1050m 16:21.99, 1100m 17:09.61, 1150m 17:57.52, 1200m 18:45.59 1250m 19:33.51, 1300m 20:21.50, 1350m 21:09.48, 1400m 21:57.86, 1450m 22:44.81, 1500m 23:30.32, ,				

## WOMEN 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Joanna Prance	47	Rushmoor Ryl	24:32.36
50m 44.40, 100m 1:32.93, 150m 2:22.84, 200m 3:11.90, 250m 4:00.56, 300m 4:49.43, 350m 5:38.64, 400m 6:27.56 450m 7:17.42, 500m 8:07.29, 550m 8:56.68, 600m 9:46.54, 650m 10:36.16, 700m 11:26.11, 750m 12:15.49, 800m 13:05.34 850m 13:54.37, 900m 14:44.17, 950m 15:33.91, 1000m 16:23.47, 1050m 17:12.69, 1100m 18:02.96, 1150m 18:52.33, 1200m 19:41.64 1250m 20:31.10, 1300m 21:20.56, 1350m 22:09.28, 1400m 22:58.68, 1450m 23:47.43, 1500m 24:32.36, ,				



### WOMEN 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jenny Vick	60	Erith & Dist	24:44.51
50m 44.10, 100m 1:32.85, 150m 2:21.46, 200m -, 250m 3:59.81, 300m 4:48.85, 350m 5:37.82, 400m 6:27.45 450m 7:16.71, 500m 8:06.37, 550m 8:56.43, 600m -, 650m 10:36.09, 700m -, 750m 12:14.88, 800m 13:05.22 850m 13:55.08, 900m -, 950m 15:34.25, 1000m -, 1050m 17:14.43, 1100m -, 1150m 18:54.92, 1200m - 1250m 20:35.33, 1300m -, 1350m 22:15.72, 1400m -, 1450m 23:56.08, 1500m 24:44.51, ,				
2.	Kathleen Raymond	60	MwayMaritime	25:08.04
50m 43.02, 100m 1:32.62, 150m 2:21.98, 200m 3:12.79, 250m 4:02.14, 300m 4:52.84, 350m 5:42.06, 400m 6:33.25 450m 7:22.53, 500m 8:13.82, 550m 9:03.80, 600m 9:55.11, 650m 10:44.59, 700m 11:35.31, 750m 12:24.63, 800m 13:16.22 850m 14:06.08, 900m 14:57.70, 950m 15:47.49, 1000m 16:38.99, 1050m 17:29.52, 1100m 18:21.24, 1150m 19:11.74, 1200m 20:03.20 1250m 20:53.26, 1300m 21:44.77, 1350m 22:34.92, 1400m 23:27.48, 1450m 24:17.86, 1500m 25:08.04, ,				

### WOMEN 75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Rose Dudeney	76	Mid Sussex	28:31.72
50m 49.50, 100m 1:44.92, 150m 2:40.30, 200m 3:37.02, 250m 4:34.68, 300m 5:31.66, 350m 6:29.05, 400m 7:27.02 450m 8:24.68, 500m 9:21.61, 550m 10:19.21, 600m 11:16.94, 650m 12:14.22, 700m 13:12.30, 750m 14:09.60, 800m 15:07.73 850m 16:05.17, 900m 17:03.22, 950m 18:01.37, 1000m 18:58.09, 1050m 19:55.64, 1100m 20:53.51, 1150m 21:51.83, 1200m 22:48.62 1250m 23:46.59, 1300m 24:44.35, 1350m 25:42.26, 1400m 26:39.66, 1450m 27:37.61, 1500m 28:31.72, ,				

### WOMEN 80/84 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Sue Lauder	80	Spencer	38:18.57
50m 1:02.86, 100m 2:14.33, 150m 3:27.52, 200m 4:42.09, 250m 5:56.04, 300m 7:11.90, 350m 8:26.75, 400m 9:43.28 450m 10:58.73, 500m 12:15.95, 550m 13:32.95, 600m 14:50.21, 650m 16:07.19, 700m 17:25.53, 750m 18:42.90, 800m 20:00.90 850m 21:19.55, 900m 22:38.06, 950m 23:56.81, 1000m 25:15.85, 1050m 26:33.82, 1100m 27:51.78, 1150m 29:09.98, 1200m 30:27.95 1250m 31:47.59, 1300m 33:06.21, 1350m 34:23.61, 1400m 35:41.88, 1450m 37:00.76, 1500m 38:18.57, ,				

### WOMEN 85/89 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jenny Ball	85	Ryde SC	35:50.08
50m 1:01.53, 100m 2:10.99, 150m 3:20.21, 200m 4:31.73, 250m 5:40.78, 300m 6:53.91, 350m 8:04.25, 400m 9:16.54 450m 10:26.99, 500m 11:39.71, 550m 12:51.04, 600m 14:03.59, 650m 15:14.26, 700m 16:27.03, 750m 17:38.89, 800m 18:52.10 850m 20:04.72, 900m 21:17.99, 950m 22:29.81, 1000m 23:42.70, 1050m 24:55.70, 1100m 26:09.08, 1150m 27:21.36, 1200m 28:34.69 1250m 29:47.64, 1300m 31:00.67, 1350m 32:12.67, 1400m 33:27.26, 1450m 34:38.45, 1500m 35:50.08, ,				