



## Diving Age Groups 2023

(Held under Swim England laws and regulations and FINA technical rules of diving)

**Sunday 30 April (12pm – 6pm) C & A: 1m, 3m; D & B: platform**

**Monday 1 May (8am – 3.30pm) C & A: platform; D & B: 1m, 3m**

The Quays Swimming & Diving Complex  
27 Harbour Parade  
Southampton  
Hampshire  
SO15 1BA

This competition is promoted with Open and Closed events and entries are welcome from eligible divers. Open events are for divers who are members of any club affiliated to Swim England through their Regional Association. Closed events are for divers who are members of clubs affiliated to Swim England South East.

Conditions as National Age Groups 2023

**Entry closing date: Friday 14 April**

**Dive sheets close: Saturday 29 April (DiveRecorder)**

Entries must specify diver's name, gender, birth year, age category, board(s) to be entered and club. Entry fee £15 per board. Payment via BACS to Swim England South East Region. A/C: 11514679, Sort: 40-32-19. Use ref: DAG23 + club code.

Late entries will only be accepted at the organiser's discretion at a fee of £20 per board. Fees must be paid by the closing date. Timetables for each day will be published shortly after the entry closing date. Swim England South East reserves the right to limit entry numbers. Participating clubs must provide suitably qualified judges.

Entries to be submitted by the closing date to

Francisco Diaz (Fran)  
46 Temple Road  
Epsom  
Surrey  
KT19 8HA  
E-mail: [francisco.diaz@btinternet.com](mailto:francisco.diaz@btinternet.com)

# Conditions

## Age categories for girls and boys

Group D – 9/10/11 years

Group C – 12/13 years

Group B – 14/15 years

Group A – 16/17/18 years

Ages recorded at 31 December in the year of competition

<b>Age Category</b>	<b>Height</b>	<b>Conditions</b>	<b>Performance Standard</b>
D	1m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups (4.4 dd)	120
	3m	3 dives from 3 groups (5.7 dd) + 2 dives from 2 groups (4.6 dd)	135
	5m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups (4.8 dd)	130
C	1m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (6.9 dd) (min 4 groups to be covered)	160
	3m	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups (7.9 dd) (min 4 groups to be covered)	165
	5m/7.5m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (7.8 dd) (min 4 groups to be covered)	165
B	1m	4 dives from 4 groups (7.5 dd) + 3 dives from 3 groups no limit	182 girls 190 boys
	3m	4 dives from 4 groups (7.9 dd) + 3 dives from 3 groups no limit	192 girls 200 boys
	5m/7.5m/10m	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups no limit (min 4 groups to be covered)	170 girls 180 boys
A	1m	5 dives from 5 groups (9.0 dd) + 3 dives from 3 groups no limit	210 girls 230 boys
	3m	5 dives from 5 groups (9.5 dd) + 3 dives from 3 groups no limit	220 girls 245 boys
	5m/7.5m/10m	4 dives from 4 groups (7.6 dd) + 3 dives from 3 groups no limit	190 girls 215 boys

Eligibility:

- Divers must be Swim England 'club compete' registered.
- Divers who have competed at regional age groups are ineligible at the National Skills Finals in the same year.
- Divers who have achieved the Swim England National Age Group Championships performance standard at a regional or open club event on any board in the same calendar year as the National Skills Finals are ineligible at the National Skills Finals whilst in that age category.
- Divers who have competed at the British Elite Junior Championships are ineligible at the Swim England National Age Group Championships unless moving up an age group, and with Swim England Diving Leadership Group approval.
- Divers who have achieved the British Elite Junior Championships performance standard at a regional or open club event on any board in the same calendar year as the Swim England National Age Group Championships are ineligible at NAGs whilst in that age category.
- It is recommended that the performance standards for the Swim England National Age Group Championships are achieved in the same year as the national event.
- Divers who have competed in the British National Cup, GB Senior Championships or Scottish National & Open Diving Championships\* in any event (including synchro) are ineligible at the Swim England National Age Group Championships.

\*excluding divers who competed in the 2019 Scottish National and Open Diving Championships.

# Swim England South East Region Diving Age Groups

## The Quays, Southampton

30 April – 1 May 2023

Club:

Contact:

E-mail:

Complete the entry form and return it with entry fees paid  
via BACS by the closing date (April 14). £15 per board.

E-mail: [francisco.diaz@btinternet.com](mailto:francisco.diaz@btinternet.com)

Diver	M/F	Birth Year	Age Category	Boards		
				1m	3m	Platform

**South East Region Privacy Policies**

<https://www.southeastswimming.org/privacy-policy-for-our-competitors/>  
<https://www.southeastswimming.org/privacy-notice-for-officials-and-volunteers/>