

# ***Annual Report***

## ***2021***

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# Contents

President's Report .....	3
Chairman's Report .....	4
Finance .....	6

## ***Discipline Reports***

Artistic Swimming .....	12
Disability Swimming .....	12
Diving .....	12
Masters .....	13
Open Water .....	14
Swimming .....	14
Water Polo .....	15
Development .....	15

## ***Roll of Honour***

Artistic Swimming .....	17
Diving .....	18
Masters .....	19
Swimming .....	19
Water Polo .....	21
Regional Award Winners .....	22



***The story of our sport's return is punctuated with periods of restrictions due to the waves of, firstly, the Delta variant and then the Omicron variant***

# President's Report



It has been a great honour serving the Region as its President since being installed (virtually) at the 2021 Annual Council Meeting.

My first duty was a sad one as I represented the Region at my immediate predecessor's funeral. Terry Norris died suddenly just before his term of office was due to end in April. He had been installed in 2019 before the pandemic took hold of every aspect of our lives and had been able to enjoy attending events, meeting swimmers, coaches and supporters.

The enormous impact on every aspect of our lives caused by the pandemic also meant that many of the events that the Region had wanted to hold during 2021 had to be curtailed.

With 'Zoom' rapidly taking the place of face-to-face meetings our development programme and some competitions became virtual experiences. But by the middle of 2021 clubs started to return to training and limited competition with the introductions of Level X, but it was only in August that the first signs of normal sport began to properly emerge with the Festival of Swimming.

The Region's events at High Wycombe and Crawley were great successes and it was my pleasure to attend both events. The team behind

these events did a fantastic job making them as safe as they could possibly be whilst still retaining the exciting competition atmosphere, we had all missed for so long.

Unfortunately, spectators had to be excluded but we did provide live streaming which proved a popular alternative. At Crawley supporters picnicked outside of the pool while watching the live stream and then rushing to the window to do a 'Mexican wave' at the end of the race.

The Masters Short Course competition in October at Crawley saw some spectacular swimming with World, European, British, and English records tumbling in almost every event. I had the great pleasure of meeting many of the swimmers and presenting medals to record breakers over the weekend.

Regrettably I was not able to join our Artistic Swimmers at Crawley in October for their first face to face competition for nearly two years.

We celebrated the return of our Winter Short Course Championships by taking the event to the new Winchester pool. Never having held an event at this pool before, the team had to work through a range of challenges but had great support from the on-site management that ensured the delivery of a very successful weekend of racing.

## ***By the middle of 2021 clubs started to return to training and limited competition with the introductions of Level X***

In November, I joined Masters from across the Region at the South East round of the Masters Intercounty Championships. The event was held at High Wycombe and was attended by Teams from every county in the Region. Hampshire picked up the regional trophy and, when all the results were finalised from around the country, found themselves third in the national rankings.

It has been a great pleasure to support our athletes during the year and I hope that our sport continues to grow and develop as we return to some level of normality.

**Brian DeVal**  
**President**

## Chairman's Report

I wrote my report for 2020 in January last year, and you will recall that the report was dominated by the impact of Covid-19 pandemic. It was not at all clear at that time if and when we would return to something near normal in our sports. I can now report (February 2022), and I hope you will agree, that a semblance of business as normal is returning.

***I cannot stress enough that all of the Board are volunteers, giving their time freely***

The story of our sport's return is punctuated with periods of restrictions due to the waves of, firstly, the Delta variant and then the Omicron variant (which we are still suffering at the time of writing). That said, the vaccination programme and regular testing has allowed the sports to return, and we promoted our first regional events in all disciplines (except open water) since March 2020 in the second half of the year under review. It has to be said that the circumstances of these events differed from the past, most notably, in the case of speed swimming, in there being no spectators in the balcony. Mask-wearing by technical officials on the poolside is now often seen, although I suspect that that will be relaxed during 2022. The important issues have been, however, that clubs and their members were able to return to the pool to train, rebuild their strengths and hone their skills, and competition has returned, the latter at first virtually, but later, in person. What has also been evident is that the sport has remained buoyant (please excuse the pun!) with club membership, in general, not having fallen as much as was originally feared.

I mentioned last year the resilience and ingenuity of our clubs, who worked their way through the various regulations, diktats from pool operators and advice from the national governing bodies to maintain the sports through the restrictions in the first part of the year, then the tentative reopening and finally the return to competition. It has not been an easy path, and our club coaches and volunteers are to be congratulated on what was achieved in 2021. The fact that the vast majority of clubs are returning to their former strengths is a tribute to them.

I like to think that some of this success results from the actions of the Region, particularly by its staff, in seeking to help clubs through these difficult

times. Therefore, may I pay tribute to the excellent work undertaken by Bryony Gibbs, the Regional Manager, and Kristie Jarrett and Ben McDonald, the Regional Club Development Officers, who have been tireless. Please join me in applauding their continued unstinting support for our sports during 2021.

I must also commend to you the work of the Region's Management Board. Since March 2020 we have met on Zoom, a practice that has meant that attendance has been high, Members have been able to eliminate travel to meetings, thus improving the Board's carbon footprint, and reducing the physical cost of meetings. Altogether, a benefit flowing from the pandemic! We did, nevertheless, have a face-to-face meeting in November, when we were joined by the discipline managers, and enjoyed a good exchange of views. The Annual Council Meeting in April was again successfully held remotely.

As you will have noted, William Long stood down from the Board during 2021, because of business pressures. We miss William's particular expertise and skill set – he led for the Board on GDPR, a few years ago, for instance. We wish him well for the future. The Board appointed Jenny Gray, a past president of the Region and very well known in the Artistic Swimming field, to succeed William.

***The Board members are very industrious, all of them having regional roles beyond being "just" a member of the Board***

I cannot stress enough that all of the Board are volunteers, giving their time freely. The Board members are very industrious, all of them having regional roles beyond being "just" a member of the Board. My Vice-Chairman, John Davies, for instance, continues to lead our Development Group (he has done so since the inception of the Board), a very important part of the regional operation. Roger Prior remains as the Board Member responsible for Finance. Carys Jones chairs the Staffing Sub-Committee. Sara Todd has been instrumental in re-shaping the Region's strategy, a not inconsiderable task. There is a Board liaison member for every discipline. Good communications are vital to the Region, our clubs and their members. Brian DeVal has, in addition to being the President since April and

a Board Member throughout the year, maintained and improved our communication across so many platforms in 2021. I know you will join me in thanking him for this.

I do not need to tell you how important volunteers are to the sports and our clubs. It goes without saying that the employees of, and contractors to, clubs are vital, but it is presently largely through the efforts of volunteers that what I suppose is the purpose of the sports – the competitions – can happen. Our 7,674 Club Support members – Category 3 in old money – are vital to the continued success of our sport and the clubs.

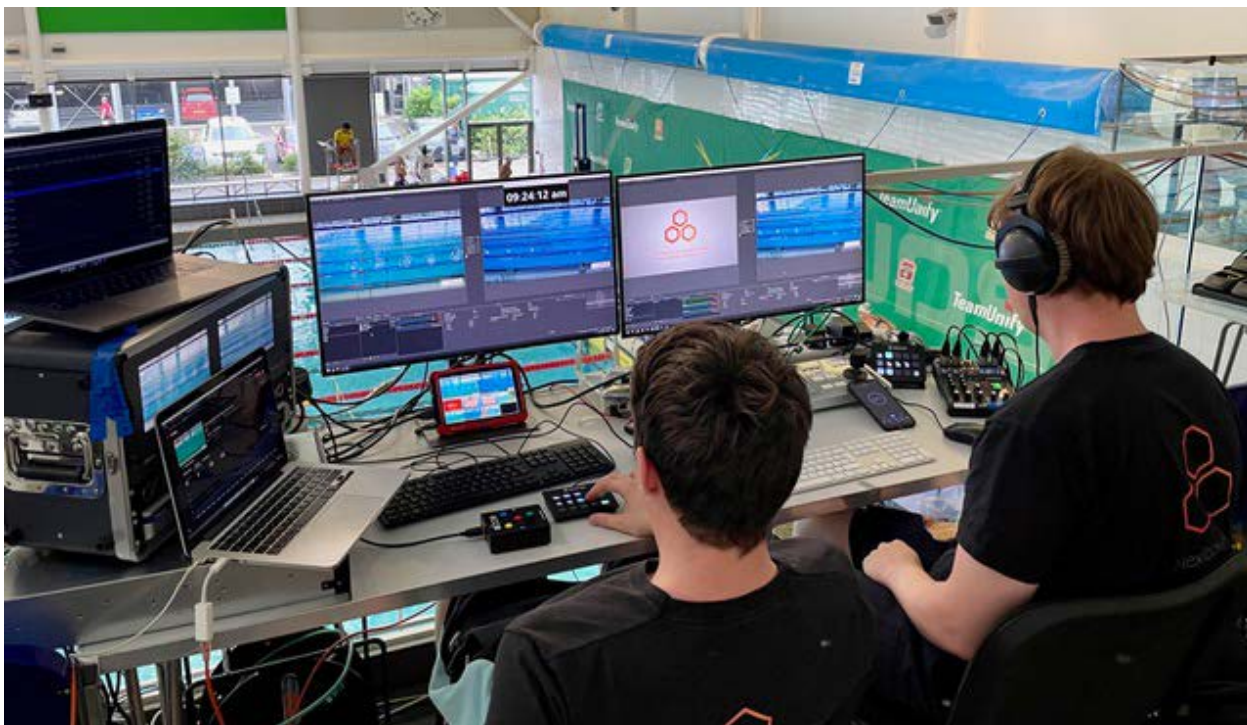
It is my very sad duty to report the death last year of a very active volunteer, our President at the time of his passing, Terry Norris. It may seem banal to describe him this way, but Terry was “larger than life”, and has been sorely missed. Who can forget his installation, attired in tie and blazer – and shorts because he had come straight from a development camp! Because of particular circumstances, Terry had been President of Berks & South Bucks for 3 consecutive years, a peacetime record in that County’s 110 year history! Because of the regulations in place at the time of his passing, attendance at his funeral was limited,

but his successor, Brian, was able to attend to represent the Region. Terry’s memory is to be recognised in a trophy, to be contested in Regional speed swimming Championships, each Winter.

***Terry had been President of Berks & South Bucks for 3 consecutive years, a peacetime record in that County’s 110 year history!***

Finishing on a happier note, aside from the return to in-person competition in the Region, perhaps the ultimate highlight was seeing Tom Dean, from the South East, winning 2 gold medals at the Tokyo Olympics. I should take this opportunity to salute all the 2021 Olympians and Paralympians from the Region, performing in the very highest competition, although Tom, coming as he does from my County, takes top spot for me!

***Roger Penfold  
Chairman***



***Our live streaming team at Wycombe for the Festival of Swimming***

## Finance

2021 was another atypical year. Again, the financial statements for the year, whilst comparable to those for 2020, are not a good guide to normal years, because of the significant lack of activity due to Covid-19. The Regional Management Board, when setting the budget at a time in 2020 when it appeared likely that much more activity would take place in 2021, agreed to a substantial predicted deficit, given the state of the Region's assets and a wish to speed recovery. However, circumstances did not change as rapidly as had been hoped, so the Region ended the year with a modest surplus. Because of a relatively small amount of Regional competition, the Regional Management Board decided again to waive the sponsorship charge for the year. As competition began to resume towards the end of the year, the Management Board decided to waive the Licensed Meet fees for the year to help our clubs to run more profitable Open Meets.

***The Regional Management Board agreed to a substantial predicted deficit, given the state of the Region's assets and a wish to speed recovery***

The Regional Manager has continued trying to diversify the Region's bank accounts to safeguard its assets in the case of the collapse of any banking institutions, but that has proved a difficult task. New account offerings have often disappeared within days, and it is particularly difficult for unincorporated bodies to take advantage of such offers. However, the income from bank interest did more than double in 2021.

Expenditure in the year was roughly equal to the expenditure in the previous year, reflecting the continued reduction in activity. The Coach training Bursary scheme continued below budget because of the decrease in the practical elements of the courses being undertaken. The Region continued to make substantial savings by meetings being held online, rather than face-to-face.

Budgeting for 2022 was, again, difficult, because of the uncertainty about how much activity will be possible during the year, but the Management Board accepted all the budget requests. If all

the projected activities take place, there will be a substantial deficit of some £90k.

***Expenditure in the year was roughly equal to the expenditure in the previous year, reflecting the continued reduction in activity***

Once again, I would like to thank the Regional Manager for the excellent work she has done in handling the Region's finances, the Finance Sub Group and Regional Management Board for their support and all the Budget holders for managing their budgets so efficiently.

***Roger Prior  
Board Member Responsible for Finance***

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***The Regional Manager has continued trying to diversify the Region's bank accounts to safeguard its assets in the case of the collapse of any banking institutions***

# SWIM ENGLAND SOUTH EAST REGION

## STATEMENT OF RESPONSIBILITIES OF THE REGIONAL MANAGEMENT BOARD FOR THE FINANCIAL STATEMENTS

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Current accounting practice requires the Regional Management Board to prepare financial statements for each financial year which give a true and fair view of the Region's state of affairs at the end of the year and of its income and expenditure for that period. In preparing those financial statements the Regional Management Board is required to:-

- select suitable accounting policies and then apply them consistently;
  - make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the Region will continue in business.

The Regional Management Board is responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the Region. It is responsible for maintaining a satisfactory system of control over the Region's books of account, its cash holdings and its receipts and remittances and must also take adequate precautions to guard against falsification and facilitate its discovery.

# SWIM ENGLAND SOUTH EAST REGION

## ACCOUNTANTS' REPORT TO THE MEMBERS OF SWIM ENGLAND SOUTH EAST REGION

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In accordance with our terms of engagement we have compiled the financial statements of Swim England South East Region for the year ended 31 December 2021 which comprise the Income and Expenditure Account, Balance Sheet and the related notes from the accounting records and information and explanations you have given to us.

The financial statements have been compiled on the accounting basis set out in note 1 to the financial statements. The financial statements are not intended to achieve full compliance with the provisions of UK Generally Accepted Accounting Principles.

This report is made to you, in accordance with the terms of our engagement. Our work is undertaken so that we might compile the financial statements that we have been engaged to compile, report to you that we have done so, and state those matters that we have agreed to state to you in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Regional Management Board, for our work, or for this report.

We have carried out this engagement in accordance with technical guidance issued by the Institute of Chartered Accountants in England & Wales and have complied with the ethical guidance laid down by the Institute.

*Charterhouse (Accountants) Ltd*  
*Chartered Accountants*

.....  
**Charterhouse (Accountants) Limited**  
166 College Road  
Harrow  
Middlesex  
HA1 1RA

*9th March 2022*  
Date: .....

# SWIM ENGLAND SOUTH EAST REGION

## INCOME AND EXPENDITURE ACCOUNT

For the year ended 31 December 2021

	2021		2020	
	£	£	£	£
<b>Income</b>				
Affiliation fees	147,914		158,120	
Licensed meet fees	-		9,589	
Bank interest (net)	809		368	
Miscellaneous income	-		125	
Swim England grants	-		6,000	
		148,723		174,202
<b>Cost of Democracy</b>				
Regional management board	739		582	
President's expenses	325		625	
Accountancy fees	2,250		1,752	
Bank charges	458		479	
		3,771		3,438
<b>Disciplines</b>				
Diving (net)	2,372		6,601	
Disability (net)	1,139		388	
Masters (net)	522		(1,661)	
Open water	-		310	
Swimming (net)	12,913		12,409	
Artistic swimming (net)	(1,588)		(1,198)	
Water polo (net)	4,657		4,007	
Medals	983		-	
		20,998		20,857
<b>Development plan</b>				
Course subsidies	18,710		24,686	
SwimMark	-		463	
Volunteer training	7,056		13,435	
Athlete support	361		434	
		26,127		39,018
<b>Staffing and Office Expenditure</b>				
Staffing Costs	80,255		81,764	
Central establishment costs	4,872		6,121	
		85,126		87,885
		136,023		151,198
<b>Surplus / (deficit) for the year</b>		<b>12,700</b>		<b>23,004</b>

# SWIM ENGLAND SOUTH EAST REGION

## BALANCE SHEET

As at 31 December 2021

	Notes	2021		2020	
		£	£	£	£
<b>CURRENT ASSETS</b>					
Debtors	2	9,641		3,626	
Cash at bank	3	<u>362,846</u>		<u>348,130</u>	
			372,487		351,756
<b>Less: CURRENT LIABILITIES</b>					
Creditors	4	<u>43,540</u>		<u>38,669</u>	
			43,540		38,669
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u><b>328,947</b></u>		<u><b>313,087</b></u>
Accumulated surplus	5		<u>328,947</u>		<u>313,087</u>
			<u><b>328,947</b></u>		<u><b>313,087</b></u>

Approved by the Regional Management Board on the 9th March 2022 and signed on its behalf by:-

*Roger Penfold*

.....  
Roger Penfold (Chairman)

*Roger Prior*

.....  
Roger Prior (Board Member responsible for Finance)

# SWIM ENGLAND SOUTH EAST REGION

## NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2021

### 1 ACCOUNTING POLICIES

The financial statements have been prepared under the historical cost convention.

### 2 DEBTORS

	2021 £	2020 £
Trade debtors	-	557
Prepayments and accrued income	9,641	3,069
	<b>9,641</b>	<b>3,626</b>

### 3 CASH AT BANK

Included within the balance at the balance sheet date is £36,800 (2020: £37,000) which relates to monies received from the Amateur Swimming Association specifically to cover expenditure in the Disability Swimming discipline. As such, these monies remain restricted for this use until spent or released by Swim England (formerly the Amateur Swimming Association) for general purposes.

### 4 CREDITORS

Amounts falling due within one year	2021 £	2020 £
Trade creditors	10,222	1,195
Accruals and deferred income	33,318	37,474
	<b>43,540</b>	<b>38,669</b>

### 5 ACCUMULATED SURPLUS

	2021 £	2020 £
	<b>General Fund</b>	<b>General Fund</b>
Balance at 1 January 2021	313,087	290,083
Surplus / (deficit) for the year	12,700	23,004
Released liabilities	3,160	-
Balance at 31 December 2021	<b>328,947</b>	<b>313,087</b>

### 6 RELATED PARTY TRANSACTIONS

The Region is controlled by the Regional Management Board on behalf of the members.

## Discipline reports

### Artistic Swimming

Throughout lockdown the National Leadership Team have been keen to engage athletes rather than suspend training. When athletes were allowed to return to the pool the National Leadership Team looked at ways that grade assessments and events could continue, albeit virtually. These came with challenges, but our region embraced the new ways of working as best we could. Virtual grade assessment days took place in June, July and August.

At the end of September 2021 Karen Thorpe, National Artistic Swimming Manager gave a presentation that focused on Swim England's County & Regional Development pathways and how these could feed into future National Squads. Following earlier requests from the Regional Board we had already made changes to our squad selection policies and training policies that reflected the national guidance.

#### Workforce development

Our survey of Artistic Swimming clubs earlier in the year allowed us to assess how many coaches, judges, officials & volunteers had been lost to clubs and where there was a training requirement. There was a clear demand for Level 1 Judge training and the Region was used for the pilot online Level 1 Judge course.

#### Competitions

Our first face-to-face grade assessment days took place in September, October and December. Feedback to these events was positive from all sectors of the Artistic Swimming community.

Our first face-to-face figures competition, which was open to Novice level (grade 0) through to National level (grade 5) took place at K2, Crawley on Saturday 6th November. Teams were asked to remain in 'bubbles' to retain as much social distancing as possible. The event was also identified as one of the selection criteria for the Regional Development Squad 2022.

**Di Hughes**  
*Artistic Swimming Manager*

### Disability Swimming

Most para swimmers are back in training with their clubs, but there is no real understanding nationally of how many swimmers we have lost over the last couple of years of the pandemic. New swimmers have come onto the scene which is very encouraging with some of these having already been classified and others on the classification waiting list.

Two swimmers who were developed in our Region were selected for Team GB and competed at the Tokyo Paralympics. Hannah Russell, whose parents still live in the Region, took Gold in the S12 100m backstroke and Bronze in the 100m freestyle. To top off a great year, Hannah was awarded an OBE in the 2022 New Year's honours list. Zara Mulhooly was placed 4th place in 400m freestyle. She was also a member of the 34-point relay team that claimed a 4th place.

Our Development Competition scheduled for 2021 was postponed but has been rescheduled for September 2022 when, hopefully, there will be fewer restrictions in place.

The fourteen swimmers from our region took part in the Para Winter Championships in Swansea in December 2021.

**Sue Barker**  
*Disability Swimming Manager*

### Diving

The closure of the Reading pool continues to impact on our diving programme, however construction of the new pool has now started. The pools at Guildford and Southampton have both undergone remedial work. In Guildford this meant the closure of the boards for several months while safety railings were replaced.

Pool time and cost, as ever, are major factors in the ongoing development of diving and again following the re-start of the diving programmes the clubs have seen significant increases in costs.

Swim England Talent Programme will hopefully

continue to support athletes from the region. However British Swimming are planning some changes to diving's senior management team which may have limited impact on the region.

### **Athlete Development**

Several zoom workshops were run by the club coaches during the lockdown which helped significantly with maintaining enthusiasm and maintaining the fitness of developing athletes. This effort has shone through with the local divers doing well in the few National competitions run in 2021.

### ***Several zoom workshops were run by coaches during the lockdown***

### **Competitions**

Unfortunately, we were not able to run any diving competitions in the region in 2021 but are planning to return to our normal competition programme in 2022 if pools are available.

### **Workforce Development**

Many of the clubs in the region have lost coaches and volunteers during lockdown with some just surviving with the help of a "committed few". This will be a major consideration going forward as it takes time to get volunteers qualified and this will place a significant strain on the qualified few until the new volunteers are L2 qualified – often up to 3 years if they can find courses.

A single Level 1 diving coach course was run nationally during the lockdown on Zoom. Our region had more applicants than spaces allocated. Similarly, a Level 1 judges' course was also "Zoomed" but again, the region had more applicants than places.

Finally, we were proud to have Lindsey Fraser (Southampton Diving Academy) appointed judge for Great Britain at the Olympics in Japan.

***Andy Hewat***  
***Diving Manager***

## **Masters**

Like other disciplines Masters swimming has returned to the pool. After 18 months of frustration there was a pent up desire to get back to training and racing.

The Masters' group had continued to work throughout the pandemic so that as soon as we were able, we launched our competitions.

The regional round of the 2021 Senior Age Grope and Masters Inter County Team Championships took place in November at Wycombe and attracted teams from every county in our Region.

These teams included World, European and British record holders as well as former Olympians. After 73 races Hampshire topped the points with 361 points followed by Berks & S Bucks on 327, Sussex on 266, Kent on 263, Oxford & N Bucks on 146 and Surrey on 144.

Nationally Hampshire came in 3rd behind winners Warwickshire and Yorkshire in second place.

### **Competitions**

South East Region Masters competitions are amongst the most popular in the country. This was proven by our first competitions after lockdown – the 1500m meet at K2 reached capacity with 42 swimmers.

We moved our short course competition to K2, a more expensive but superior venue than Guildford's Spectrum. This move also allowed us to implement social distancing more effectively. We saw an increased entry of 236 swimmers compared to the previous peak of 193 in 2019.

### **Workforce development**

With the support of Kevin Brooks from Wycombe SC we launched our first unofficial CPD designed for masters' coaches across the region.

Kevin gave an excellent presentation and has generated new information and ideas for coaches. The session was attended by 28 coaches.

***Glen Isaacs***  
***Masters Manager***

## Open Water

We had hoped that with the relaxing of some Covid rules in the summer of 2021 we might have been able to arrange a lake swim during the summer. However, all potential dates clashed with either pool events, Swim England's proposal to run an Open Water Swimming Festival or confirmed events in other regions.

These events would also have had an impact on the availability of officials. Our conclusion was that we would not be able to run a regional event of the quality we wanted in 2021.

The Open Water team have been looking for suitable venues, including Chichester, that might be capable of hosting a larger event in 2022. We are confident that this will be possible.

**Carol Butler**  
**Open Water Manager**

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## Swimming

The highlight of the year had to be seeing Tom Dean from Maidenhead on the podium in Tokyo collecting his gold medals for the 200m freestyle and 4x200m freestyle, followed closely by the TV pictures of his family and friends celebrating outdoors in the early hours of the morning.

Of course, 2021 was dominated by the gradual emergence from the almost total shut down of swimming because of the pandemic.

### National Festival of Swimming

The Region successfully participated in the National Festival of Swimming at the end of July and start of August. A total of 695 swimmers recorded 1,960 individual swims, which were included in the National Leader Board. This competition was operated with strict social distancing, restricted numbers and no spectators.

Extensive support from Wycombe District and Crawley Swimming clubs for the competitions was key to success.

### Region Short Course Open and Junior Championships

The Region Short Course Swimming Championships were held on 6th / 7th November at the new pool in Winchester.

Because of time constraints rather than pool capacity, we had to limit the number of entries and exclude finals. Over the weekend, 495 swimmers recorded just under 1,600 individual swims, with a significant number of swims achieving a qualifying time for the 2021 Swim England National Winter Championships.

The implication of the pandemic has been to exclude spectators at our events to allow the spectator gallery, and to use the space to accommodate swimmers and coaches so that the pool decks did not become overcrowded.

To mitigate the exclusion of spectators we provided a live streaming service from both the Festival and Championship competitions. The objective of providing the video stream was to show as many events as possible in their entirety to allow every spectator to see all the swims they were interested in. The feedback after both events was excellent; we clearly met our objective.

The success of the streaming has generated an expectation that this will be provided for future competitions, especially if we are not able to accommodate all the spectators who would like to watch their swimmers. We are confident that we can achieve this in 2022 and we have a provision in the budget for the acquisition of additional equipment and software to improve the presentation of the events.

***Because of time constraints rather than pool capacity, we had to limit the number of entries and exclude finals***

Video streaming really needs a commentary to be totally effective. For the final day of the Festival of Swimming and for the whole of the Short Course Championships, we enjoyed the services of a high quality, knowledgeable commentator, who was appreciated by people accessing the live stream.

## Pools

Two new pools opened in 2021, both of which have the potential to host Regional Championships. Neither of these pools has the capacity to accommodate the number of swimmers who deserve to be able to swim, officials, coaches, team managers, other volunteers and the number of spectators who would like the opportunity to watch.

Managing the expectations of these groups is going to be a challenge and will require innovative approaches.

**Mike Lambert**  
*Swimming Competition Manager*

## Water Polo

Since regional water polo training restarted, we have seen attendance returned to pre covid levels faster than expected and very encouraging. Depending on the cohort taking part we have seen many sessions run at capacity.

### Competition and training

Regrettably no South East Region competitions took place due in 2021. With Swim England unable to publish competition dates, planning for local tournaments is incredibly difficult.

The coaches are looking to increase training opportunities in 2022 to meet the expectations of Swim England who have asked regions to arrange u13 and u11 competitions. Which we are planning to do.

### Workforce development

With most water polo training curtailed during lockdown, 2021 was seen as an opportunity to focus on developing a qualified workforce.

*Coaching courses* – Thanks goes to everyone in the South East including, South East Board members and Staff for continually applying pressure to Swim England and Institute of Swimming and positive progress has been made.

An Assistant Coach course was delivered with 17 members from the South East attending. Agreement has also been reached with the IoS to deliver another Assistant Coach course and a Coach course in early 2022.

*Club Table Officials* – after the success of putting over 30 people through the theory section of the course in 2020 it proved difficult to get commitment from Swim England to provide more courses during the year. We expect to make some progress in the coming weeks as the South East believes it has found a solution. We are also planning another theory course.

*Club Level Referees courses* – we have been able to run an online Club Level Referees course for 12 candidates with the exam online afterwards.

*Coaching Courses* – Positive progress been made with a Assistant Coach course currently being run with 17 members from the South East attending. And we have agreement with the Institute of Swimming to run an Assistant Coach course and a Coach course in early 2022.

**Ben McDonald**  
*Water Polo Manager*

## Development

Developing our athletes and workforce is at the centre of everything that the Region does. Our Club Development Officers work closely with discipline managers, coaches and club volunteers to provide the training opportunities needed to enable everyone achieve their personal goals.

Of course, 2021 threw up many challenges but I believe we found innovative ways of delivering a range of opportunities that met most expectations.

### Development camps

We welcomed 165 12-year-old athletes (65 male and 94 females) to the first Regional virtual Pathway Camp in June. The morning included workshops on turns, psychology, puberty, and training through growth periods. One of the highlights was a talk and Q&A with Gold Medallist Tom Dean.

The second camp took place on the October, this was a face-to-face camp involving 36 selected athletes (18 males and 18 females).

The South East Para training day for 2021 in November were joined by Tom Baxter as the new Lead Coach for this Swimming Year.

### **Stronger Affiliation**

The introduction of the Stronger Affiliation in December 2019 resulted in an increase in governance work for Club Development Officers. However, this provided an excellent opportunity for the team to build stronger relationships with clubs. The result has been shown in more frequent communication throughout the year.

The majority of the non SwimMark clubs (73) successfully managed to complete the process by the December deadline, with only four clubs faced with a temporary suspension before they were able to complete the process.

The quarterly deadlines for both Stronger Affiliation and SwimMark have moved back a month to align with membership renewals.

Over the past 12 months we have increased the number of SwimMark clubs from 98 to 101, representing 56% of clubs in the Region. Importantly, we now have representation from each of the six counties on the Region on the SwimMark panel.

### **Workforce development**

Throughout the year we provided opportunities for coach development, including four online coach workshops and an in-person course when this was allowed. The number of participants attending the workshops has understandably dropped from a peak in 2020 but we are optimistic that this will recover over the next couple of years.

The Region has continued to jointly fund the Coach Developer Programme with Swim England. This have enabled Kevin Brooks and Amanda Booth to mentor four coaches each across the Region.

Five coaches from the Region were selected to participate in the National Pathway Coach Programme and two others were selected for the Para Coach Development Programme.

They are: **Joe Evans** (Wycombe District), **Stuart McCrea** (Leatherhead), **Matt Smart** (Guildford City), **Will Philpot** (Crawley), **Zoe Stemp** (Havant and Waterlooville), **Nic Piper** (Mid Sussex Marlins) and **Tom Baxter** (Crawley).

We provided six Time to Listen courses during the year that were attended by 43 Welfare Officers. We are delivered six closed club safeguarding courses. In addition, seven Team Manager 1 courses and two Team Manager 2 courses were delivered.

We have increased the number of bookings we take for each workshop to ensure we get full courses going forward.

Our new Young Volunteers programme attracted Young Volunteers from 37 different clubs with 107 completing the online programme.

**John Davies**  
**Development Manager**

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***Throughout the year we provided opportunities for coach development, including four online coach workshops and an in-person course when this was allowed***

# Roll of Honour

## Artistic swimming

Name	Club	Event	Result
South East Region swimmers selected for Senior GB team to Europeans in Budapest			
Cerys Larsen	Reading Royals		
Isobel Blinkhorn	Reading Royals		
Daisy Gunn	Reading Royals		
Laura Turberville	Reading Royals		
South East Region swimmers selected for Junior GB team to Europeans in Malta			
Daisy Gunn	Reading Royals	• Technical duet	• 15th
Laura Turberville			
Cerys Larsen	Reading Royals	• Free duet	• 11th
Millie Costello			
Rosie Rallings	Reading Royals	• Mixed Technical duet	• 5th
Ranjuo Tomblin	Rushmoor		
South East Region swimmers selected for Youth GB team to Europeans in Rijeka (Croatia)			
Lily Halasi	Reading Royals	• Free duet	• Qualified for final
Florence Blinkhorn			
Elena Smith-Fernandez	Reading Royals	• Mixed free duet	• Bronze
Maxwell Sewell	East Region		

## Artistic swimming (continued)

<b>Name</b>	<b>Club</b>	<b>Event</b>	<b>Result</b>
<i>Virtual National Championships – South East medals results</i>			
<b>Reading Royals</b>		• Technical Team	• Gold
<b>Alyssa Bassinger</b>	Reading Royals	• Technical Duet	• Bronze (Junior Silver)
<b>Rosie Rallings</b>			
<b>Maddy Brown</b>	Reading Royals	• Technical Duet	• Junior bronze
<b>Rebecca Saunders</b>	Reading Royals		
<b>Eleanor Blinkhorn</b>	Reading Royals	• Technical solo	• Silver

## Diving

<b>Name</b>	<b>Club</b>	<b>Event</b>	<b>Result</b>
<i>Divers from the South East Region representing Team GB at the European Junior Diving Championships in Rijeka (Croatia)</i>			
<b>Cameron Gammage</b>	Southampton DA	• Group A – 1m; 3m	• 7th in 3m final
<b>Leon Baker</b>	Southampton DA	• Group B – 1m; 3m; • Boys A/B 3m synchro	• Silver in 3m final • Bronze in 3m synchro • 9th in the 1m final
<b>Tilly Brown</b>	Southampton DA	• Group B – 1m; 3m; • Girls A/B – 3m synchro	• Silver in 1m final • Bronze in the 3m final • 5th in 3m synchro

Tanya Watson (Southampton DA) represented Ireland in the 10m platform at the FINA World Diving Cup in Tokyo in May. Finishing 14th in the semi-finals, she secured a place at the Olympics. She came 15th in the semi-finals at the Games.

Gary Hunt (Southampton DA) dominated the 2021 Red Bull Cliff Diving World Series, ending at the top of the standings.

## Masters

<i>Name</i>	<i>Club</i>	<i>Event</i>	<i>Result</i>
<i>Masters from South East Region clubs who set British records at Championships</i>			
<b>Jo Coburn</b>	SD Trojan	• 45/49yrs 50m & 200m backstroke	• British records
<b>Fleur Turner</b>	Basingstoke	• 45/49yrs 400m f/s	• British Record

## Swimming

Name	Club	Event	Result
2020 (1) Tokyo Olympic Selections			
Tom Dean	Maidenhead Marlins	<ul style="list-style-type: none"><li>• 200 Free</li><li>• 4 x 200 Free Relay</li></ul>	<ul style="list-style-type: none"><li>• Gold</li><li>• Gold</li></ul>
Alicia Wilson	Guildford City		
Kieran Bird	Wycombe District SC		
All now swimming away from their home clubs out of the region.			
2021 European Championships, Budapest, Hungary			
James McFadzen	Wycombe District		
Tom Dean	Maidenhead Marlins		
Alicia Wilson	Guildford City		
Kieran Bird	Wycombe District SC		
Tatiana Belonogoff	Guildford City		
All now swimming away from their home clubs out of the region.			

## Swimming (continued)

Name	Club	Event	Result
European Junior Swimming Championships, Rome 2021			
Eva Okaro	Sevenoaks	<ul style="list-style-type: none"><li>• 50m FC</li><li>• 4 x 100 FC Relay</li><li>• 4 x 100 Medley Relay</li></ul>	<ul style="list-style-type: none"><li>• Bronze</li><li>• Silver</li><li>• Bronze</li></ul>
Ella Dyson	Wycombe District		
European Junior Open Water Championships, France 2021			
Ella Dyson	Wycombe District		
Alex Cooper	Wycombe District		
Lucy Fox	Wycombe District		
Joshua Weston	Wycombe District		
Kevin Books – Coach	Wycombe District		
Sadly due to COVID restrictions the team were unable to travel, however, they ALL did go on to be further selected for Great Britain at the <b>LEN Open Water Cup, Piombino, Italy 2021</b> .			
International Swimming League			
Adam Barrett	Wycombe District	<ul style="list-style-type: none"><li>• Swam for Pro Team, Energy Standard – All rounds 2021</li></ul>	
Tatiana Belonogoff	Guildford City	<ul style="list-style-type: none"><li>• Swim for DC Trident – All rounds 2021</li></ul>	
European Short Course Championships – Kazan 2021			
Tatiana Belonogoff	Guildford City		

## Water polo

<b>Name</b>		<b>Club</b>
<i>Players from the South East Region selected for Great Britain U17s for the LEN Junior Women's European Championships in Rijeka (Croatia)</i>		
<b>Lucy-Mai Helliwell (captain)</b>	Otter (Postcode in South East Region)	
<b>Lucy Bullock</b>		
<b>Grace Turner</b>		
<b>Caitlin Silk</b>	Worthing	
<i>Players from the South East Region selected for England Junior Women's squad for selected for EU Nations Water Polo Tournament in Brno, Czech Republic</i>		
<b>Lucy Bullock</b>	Otter (Postcode in South East Region)	
<b>Lily Ross</b>	Andover/Cheltenham (Postcode in South East Region)	
<b>Ruby Rosser</b>	Worthing	
<i>Player from the South East Region selected for GB under 17 boys' team that played in the European Championship qualifying tournament that took place in Slovenia in May</i>		
<b>Jamie Bond</b>	Worthing	

## Regional Award Winners



**Above:**  
**Keiron Piper Headshot – Coach**



**Above:**  
**Lisa Mickel – Volunteer**



**Left and inset: Lewis Baybutt, Presentation – Young Volunteer**



**Above:**  
**Rushmoor Captains –**  
**Engagement Innovation**



**Katie Crowhurst**  
**(left) and her**  
**presentation for**  
**Inspirational Athlete**  
**(below)**



**Below: Electric Eels**  
**Innovation Award**

**Left: Hampshire win**  
**Masters inter county team**



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