

**Swim England South East - Regional Summer Championship 2022**

**Automatic and consideration times**

		Boys/Men													
		11 & 12		13		14		15		16		17		18/O	
		Auto	Cons'	Auto	Cons'	Auto	Cons'	Auto	Cons'	Auto	Cons'	Auto	Cons'	Auto	Cons'
50 Free	SC	30.3	33.1	28.5	30.3	26.8	29.2	25.4	26.7	24.6	25.8	24.1	25.4	23.8	25.1
	LC	31.0	33.7	29.2	31.0	27.6	29.9	26.2	27.5	25.4	26.6	24.9	26.2	24.7	25.9
100 Free	SC	1:06.1	1:14.2	1:02.2	1:07.6	58.3	1:03.2	54.9	57.3	53.2	56.1	52.6	54.8	51.8	53.8
	LC	1:07.4	1:15.3	1:03.5	1:08.8	59.70	1:04.5	56.40	58.70	54.70	57.60	54.20	56.30	53.40	55.30
200 Free	SC	2:24.2	2:37.9	2:15.3	2:24.9	2:07.8	2:18.8	2:00.9	2:07.5	1:58.0	2:02.9	1:57.0	2:00.9	1:55.0	1:59.9
	LC	2:26.6	2:40.1	2:17.8	2:27.3	2:10.5	2:21.3	2:03.7	2:10.2	2:00.9	2:05.7	1:59.9	2:03.7	1:58.0	2:02.8
400 Free	SC	5:06.0	5:55.0	4:46.2	5:14.3	4:31.1	4:57.6	4:15.4	4:30.9	4:04.9	4:19.3	4:00.4	4:14.9	3:57.9	4:11.4
	LC	5:10.6	5:59.0	4:51.1	5:18.8	4:36.2	5:02.3	4:20.8	4:36.0	4:10.6	4:24.7	4:06.2	4:20.3	4:03.7	4:16.9
800 Free	SC	10:07.8	11:05.7	9:32.5	10:27.4	9:05.7	9:53.8	8:53.3	9:33.5	8:50.0	9:28.4	8:40.0	9:18.2	8:38.0	9:16.2
	LC	10:17.2	11:14.3	9:42.5	10:36.6	9:16.2	10:03.5	9:04.0	9:43.5	9:00.8	9:38.5	8:51.0	9:28.5	8:49.0	9:26.5
1500 Free	SC	19:26.8	20:48.5	18:28.2	19:47.5	17:30.0	19:01.9	16:59.2	18:06.0	16:52.0	18:01.0	16:48.0	17:50.8	16:45.0	17:45.7
	LC	19:44.4	21:05.0	18:46.7	20:04.8	17:49.5	19:19.8	17:19.2	18:24.8	17:12.2	18:19.9	17:08.2	18:09.9	17:05.3	18:04.9
50 Breast	SC	40.2	45.7	37.3	41.1	34.6	38.3	32.2	34.6	31.2	33.0	30.3	32.5	29.9	32.3
	LC	41.0	46.4	38.1	41.9	35.5	39.1	33.2	35.5	32.2	33.9	31.3	33.5	30.9	33.3
100 Breast	SC	1:28.4	1:40.2	1:21.8	1:29.0	1:15.8	1:22.6	1:09.8	1:15.2	1:08.6	1:12.7	1:05.4	1:10.4	1:04.8	1:09.5
	LC	1:29.8	1:41.5	1:23.3	1:30.4	1:17.4	1:24.1	1:11.6	1:16.9	1:10.4	1:14.4	1:07.3	1:12.2	1:06.7	1:11.3
200 Breast	SC	3:09.0	3:36.6	2:56.2	3:11.0	2:44.4	3:00.3	2:33.8	2:42.7	2:30.7	2:38.8	2:24.6	2:38.1	2:20.4	2:32.1
	LC	3:11.8	3:39.0	2:59.2	3:13.8	2:47.6	3:03.2	2:37.2	2:45.9	2:34.2	2:42.1	2:28.2	2:41.4	2:24.1	2:35.5
50 Fly	SC	33.6	38.7	31.5	35.2	29.3	32.4	27.6	29.6	27.0	28.1	26.3	27.4	25.9	27.5
	LC	34.2	39.2	32.1	35.7	29.9	33.0	28.3	30.2	27.7	28.8	27.0	28.1	26.6	28.2
100 Fly	SC	1:16.9	1:31.8	1:10.7	1:21.3	1:05.5	1:13.3	1:00.8	1:05.2	59.2	1:01.5	57.5	1:00.8	56.8	1:00.0
	LC	1:17.9	1:32.6	1:11.8	1:22.2	1:06.6	1:14.3	1:02.0	1:06.4	1:00.5	1:02.7	58.8	1:02.0	58.1	1:01.3
200 Fly	SC	2:58.4	4:00.3	2:43.2	3:14.8	2:30.1	2:52.7	2:19.5	2:31.6	2:12.8	2:24.0	2:09.1	2:22.3	2:07.2	2:22.7
	LC	3:00.2	4:01.6	2:45.1	3:16.4	2:32.2	2:54.5	2:21.7	2:33.7	2:15.2	2:26.2	2:11.5	2:24.5	2:09.7	2:24.9
50 Back	SC	35.3	38.9	33.1	00.35.8	31.0	34.1	29.3	31.3	27.7	00.29.3	27.0	29.2	27.0	28.9
	LC	35.9	39.4	33.7	36.4	31.7	34.7	30.0	32.0	28.4	30.0	27.7	29.9	27.7	29.6
100 Back	SC	1:16.0	1:24.1	1:11.3	1:16.5	1:06.6	1:12.8	1:02.4	1:05.9	58.6	1:02.6	57.8	1:01.3	56.8	1:01.6
	LC	1:17.1	1:25.1	1:12.4	1:17.6	1:07.8	1:13.9	1:03.7	1:07.1	1:00.0	1:03.9	59.2	1:02.6	58.2	01:02.9
200 Back	SC	2:41.7	2:59.8	2:32.1	2:45.1	2:22.7	2:35.2	2:16.3	2:24.2	2:09.3	2:17.1	2:06.3	2:14.6	2:03.4	2:14.7
	LC	2:43.8	3:01.7	2:34.3	2:47.2	2:25.1	2:37.4	2:18.8	2:26.6	2:11.9	2:19.6	2:09.0	2:17.1	2:06.1	2:17.2
200 IM	SC	2:44.2	3:03.1	2:34.4	2:44.9	2:23.8	2:37.3	2:16.4	2:26.1	2:13.5	2:20.8	2:10.2	2:16.7	2:09.5	2:14.7
	LC	2:46.6	3:05.2	2:36.9	2:47.3	2:26.5	2:39.8	2:19.3	2:28.8	2:16.4	2:23.6	2:13.2	2:19.5	2:12.5	2:17.6
400 IM	SC	5:59.4	6:36.9	5:30.9	6:08.0	5:04.5	5:44.1	4:46.9	5:14.4	4:46.0	4:59.4	4:45.0	4:58.4	4:44.0	4:57.4
	LC	6:04.3	6:41.3	5:36.2	6:12.8	5:10.2	5:49.2	4:53.0	5:20.0	4:52.1	5:05.2	4:51.1	5:04.2	4:50.1	5:03.2