



MASTERS OPEN LONG COURSE COMPETITION

(Under ASA Laws and ASA Technical Rules of Masters Swimming)

Saturday 22nd & Sunday 23rd January 2022

K2 Crawley, Pease Pottage Hill, Crawley, West Sussex, RH11 9BQ

Pool: 50m x 8 lanes with electronic timing

COVID 19 AVOIDANCE MEASURES

We have taken measures to minimise the risk of those attending this meet of contracting the COVID virus. Such measures include:

- avoiding overcrowding by limiting the numbers swimmer in any one session,
- emailing the heat sheets to all competitors before the event instead of them having to sign in on the day,
- publishing results only on-line.

There will be no spectators allowed, the spectator seating will be used by swimmers during the competition. Clubs will be allocated specific areas of seating and swimmers are requested to restrict themselves to their allocated zones. This worked very well for the short course event in October although there will be more swimmers at this event and so it is particularly important that every effort is made by everyone to maintain appropriate distances from others at all times. Swimmers will only be allowed on the poolside when they are about to swim. After swimming they should dry themselves in the changing rooms and then return to their designated seating area. A specific area on the poolside will be reserved for "S" class swimmers and blue badge holders. If you are in one of these categories please tell us by writing a text note in the space provided on the entry form.

Whilst we will make every effort to provide a safe environment it is ultimately every individual's responsibility to protect both themselves and those around them from infection. By submitting an entry all those participating in this event confirm that they have had two COVID vaccinations, or, will only attend if they have a negative result from a COVID lateral flow test conducted not more than 48 hours prior to the event.

To operate the arrangements will require more helpers than normal and we would welcome offers of help for say, whipping, marshalling, and other general tasks from partners or friends of competitors. Please contact Glen Isaacs with offers

CONDITIONS

1 PROMOTER

The promoter is Glen Isaacs on behalf of the Swim South East Masters Group.

2 WHO CAN ENTER?

This meet is open to all swimmers who are members of organisations affiliated to FINA. British swimmers must be registered as competitors with their governing body for the club they wish to represent. All non-British swimmers confirm by submitting their entry that they are a member of a FINA affiliated organisation.

Swim England registered Masters should check their registration status [here](#). Entrants who do not comply with this Swim England rule will not be allowed to swim and will forfeit their entry fees.

A competitor may only compete for one club in the competition and must be a registered member of that club at the time they submit their entry.

3 EVENTS AND SEEDING

In the mixed individual events men and women will swim together in the same heats. Events will be seeded in order of entry time, irrespective of age, from slowest to fastest. The fastest heat in each event will be spearheaded. Swimmers must submit an entry time in order to complete the on-line entry process. Swimmers may compete only once in each relay team event.

4 AGE GROUPS

The age groups are for swimmers aged from 18 to 24 years, and from 25 years old in 5-year age bands. Relays: total team age 72+, 160+, 240+. Ages are as at [31st December 2022](#) for individual and team events. All competitors must be 18 years of age or older on the day of their first swim in the competition.

5 RESULTS

Results will be decided on heat times, there will be no finals.

6 AWARDS

Medals will be awarded to individuals and teams placed 1st, 2nd, and 3rd in each age group.

7 ENTRY OPENING DATES

Entries from Swim South East swimmers and those from Surrey London and Kent London can be made from 1st November 2021. Swimmers from all other areas can enter from 1st December 2021.

8 ENTRIES

Entries should be made on-line via this link,

[Enter Here](#)

Entries close at 12 noon: individual entries Sat 8th January - relay entries Wed 12th January 2022

To see the list of entries to date use the link below.

[Entry List](#)

8 ENTRY FEES AND PAYMENT

A fee of £1.50 to cover administration will be added to the total cost of the individual entries and £1.00 for the total cost of relay events

Individual events

50m, 100m £6.00 each

200m events - £7.50 each

400m events - £12.00 each

800m event - £15.00

Relay Team events - £12.00 each

Entry fees will not be refunded for withdrawals after the meet closes. All payments will be collected on-line with PayPal via a credit or debit card or through a PayPal account. It is not necessary to have a PayPal account to pay, your normal credit/debit card should be accepted. Entries with fees not paid when entries close will be rejected.

9 CLOSING DATE FOR INDIVIDUAL ENTRIES

Entries close at 12 noon on [Saturday 8th January 2022](#) or sooner if sessions are fully subscribed.

10 CLOSING DATE FOR RELAY ENTRIES

Relay entries will close at 12 noon on [Wednesday 12th January 2022](#) or sooner if sessions are fully subscribed.

11 REGISTRATION, RE-ENTRY AND WITHDRAWAL

As part of the COVID Avoidance Measures there will be no requirement to register on arrival at the pool. Swimmers not intending to swim any or all the events they entered should withdraw by email to geoff@masterswim.uk before 9:00 a.m. on [Friday 21st January 2022](#).

Relay teams must be declared on the day using the Team Declaration Forms (TDFs) which will be sent by email to team managers beforehand. Team members' names will be required together with the Swim England Member ID of those not competing in individual events. Teams that are not declared may not be allowed to swim. A team manager may change the age group of a team on the day by using the Team Declaration Form. The manager should bring this change to the attention of the promoter before the deadline for submitting the TDF.

12 LIMIT OF LIABILITY

In the event of the meet being cancelled for whatever reason event entry fees will be refunded. The promoter accepts no responsibility for any consequential costs.

13 DISPUTES

Any matters not provided for in these conditions shall be decided by the Promoter.

PLEASE READ THE FOLLOWING NOTES CAREFULLY

- 1) The numbers of swimmers in a session will be limited as part of the COVID Avoidance Measures so entries to all events in a session will be closed before the dates given above if, and when, the allocated number of swimmers is reached. Please get entries in as early as possible to avoid disappointment.
- 2) A team claiming a national or international record must comply with all the requirements of the record concerned. In order to make it easier for clubs to enter teams the conditions of this competition are not as stringent as they are for national and international records.
- 3) If you do break either an individual or a relay team record, please complete the application form available from the medal table as soon as possible after the swim and hand it to the promoter so that the appropriate signatures can be obtained. Claiming a record after the meet may not be possible if the paperwork is not completed at the time.
- 4) Please comply with the warm up arrangements and with any instructions given by the warm up marshals. DIVING is only permitted in the sprint lanes; YOU MAY BE ASKED TO LEAVE THE WATER IF YOU DIVE INTO ANY OTHER LANE DURING THE WARM UP.
- 5) **Finding the pool.** For directions to the venue search on Google for K2 Crawley. Parking is free.

PERSONAL DECLARATION

I confirm that I have had two COVID vaccinations, or, will only attend if I have a negative result from a COVID lateral flow test conducted not more than 48 hours prior to the event. I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in Masters Swimming events and any other associated activities. Accordingly by submitting my on-line entry I certify that I am physically fit to participate in this event.

We hope that you will enjoy the competition and would welcome constructive comments to enable us to improve it in future years.

Glen Isaacs (Promoter on behalf of Swim South East)
mastersmanager@southeastswimming.org

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