

# Covid – 19 Lead

## Workshop

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# Aims of the session

- Identify the key roles associated with the Covid-19 Lead.
- Highlight the responsibilities of Covid-19 Lead.
- Recognise the support and resources available.
- Identify the differences between Covid-19 Lead and Covid-19 Liaison and their relationship with the coaches/ committee.
- To share ideas around the development of the risk assessment.
- To give you the confidence and knowledge to carry out the role.

# Dispelling any fears

The Covid-19 Lead isn't personally responsible for anyone within the club contracting the virus or responsible for their behaviour. The role is a control measure put in place to support the club in mitigating risks. But like our guidance states, until Covid-19 has a vaccination or has been completely eradicated we cannot return to training without a level of risk.

A DBS is not required for this position.

# Covid Lead Role Description

Link with the  
Operator / Pool

Main contact for  
C19

Collaborative  
approach to  
completing Risk  
Assessment

Up to date with  
government  
changes

Support  
Committee  
(if not committee)

Seek advice and  
guidance

# Covid-19 Lead vs Covid-19 Liaison

(All must be Swim England members)

## Lead

With committee and coach support, sets up the Covid-19 protocols to be followed.

Communicating with C19 liaisons and coaches what has been put in place and why.

Take feedback from liaisons/coaches and amend protocols accordingly.

## Liaison

In simple terms a liaison officer attends the sessions and makes sure protocols set by the 'lead' are in place, working, and being followed.

(This could be multiple individuals).

Speak to any members or workforce breaking those protocols.

Report back to Covid-19 lead if things need to be amended or improved.

## Coaches

Influence the poolside and in pool protocols.

Ensure that they are familiar with the protocols and risk assessment and that all training activities comply.

Deliver orientation sessions for swimmers if requested by the lead and ensure that these are followed in and around the poolside

# Resources available to support the role

- Member survey.
- Health survey for athletes.
- Land training/ Open Water guidance.
- Training Venue Risk Assessment (assessment of athletes health)
- Return to training declaration.
- **Risk assessment** template for all disciplines.
- Code of conduct? Or return to training declaration with induction?

<https://www.swimming.org/swimengland/pool-return-supporting-resources/>

# Link with the Operator / Pool

- **Return to Pool Guidance**

- Knowledge and understanding of the Operator Guidance, User Guidance and Learn to Swim Guidance (if applicable) is advisable.
- Understand what rules, regulations or protocols the local pool / pools that the club uses has in place.
- Ensure the pool operator is comfortable with the clubs Covid-19 risk assessment.

# Oversee the Covid-19 Risk Assessment

- Clubs must complete a Risk Assessment specific to Covid-19 and returning to activity.
- Supporting resources:
  - Thought starters.
  - Risk Assessment template.
  - Risk Assessment examples.





# Task – Risk Assessment

- 10 minutes.
  - Jot down some initial thoughts / ideas of what you might need to include in your risk assessment.
  - Feedback those initial thoughts.
- Car Park
  - Facility entrance and reception area
  - Changing rooms
  - Health Screening
  - Someone becomes unwell during session
  - Poolside
  - During activity
  - Hygiene measures
  - Equipment
  - Exit

# Covid-19 Risk Assessment - Example

Name of Club:					
Date risk assessment carried out:		Person:		Review date:	

What is the Hazard?	Who might be harmed	Risk rating before controls	Controls considered	Risk rating after controls	Actioned by
<b>Spread of Covid-19 Coronavirus</b>					
<b>Carpark</b>	<ul style="list-style-type: none"> <li>• Athletes</li> <li>• Parents</li> <li>• Guardians</li> <li>• Coaches</li> <li>• Volunteers</li> </ul>	High	<ul style="list-style-type: none"> <li>• Information to members on social distancing designated car parking signage and controls at facility.</li> <li>• Recommendation for wearing of facial covering during travel to and from training.</li> </ul>	Medium	Club Committee and Facility Operator
<b>Facility entrance and reception area</b>	<ul style="list-style-type: none"> <li>• Athletes</li> <li>• Coaches</li> <li>• Volunteers</li> <li>• Parents</li> </ul>	High	<ul style="list-style-type: none"> <li>• Social distancing-via separate entry.</li> <li>• Information given to parents of protocols.</li> </ul>	Medium	Club Committee and Facility Operator
<b>Changing rooms</b>	<ul style="list-style-type: none"> <li>• Athletes</li> <li>• Coaches</li> <li>• Volunteers</li> </ul>	High	<ul style="list-style-type: none"> <li>• Use of lockers and changing rooms.</li> <li>• Athletes to arrive in costume ready to swim.</li> </ul>	Medium	Club Committee and Facility Operator

# Covid-19 Risk Assessment - Example

<b>Health screening</b>	<ul style="list-style-type: none"> <li>• Athletes</li> <li>• Coaches</li> <li>• Volunteers</li> </ul>	High	<ul style="list-style-type: none"> <li>• Completion of screening club health checklist before every training session.</li> </ul>	Medium	Lead Coaches/Covid-19 Officer
<b>Someone becomes unwell during session</b>	<ul style="list-style-type: none"> <li>• Athletes</li> <li>• Coaches</li> <li>• Volunteers</li> </ul>	Low	<ul style="list-style-type: none"> <li>• Contact parent guardian or next of kin and isolate individual in first aid room or other suitable area. Use appropriate PPE supplied by facility.</li> </ul>	Low	Covid-19 Officer Facility officer / Lifeguard (depending on hire agreements)
<b>Poolside</b>	<ul style="list-style-type: none"> <li>• Athletes</li> <li>• Coaches</li> <li>• Volunteers</li> </ul>	High	<ul style="list-style-type: none"> <li>• Social distancing protocols to be followed at all times</li> </ul>	Medium	Lead Coach and Duty Manger or other suitable member of staff
<b>During activity</b>	<ul style="list-style-type: none"> <li>• Athletes</li> </ul>	High	<ul style="list-style-type: none"> <li>• Appropriate training to achieve social distancing protocols.</li> <li>• (Pre and post pool exercise are not advised).</li> </ul>	Medium	Lead Coaches

# Covid-19 Risk Assessment - Example

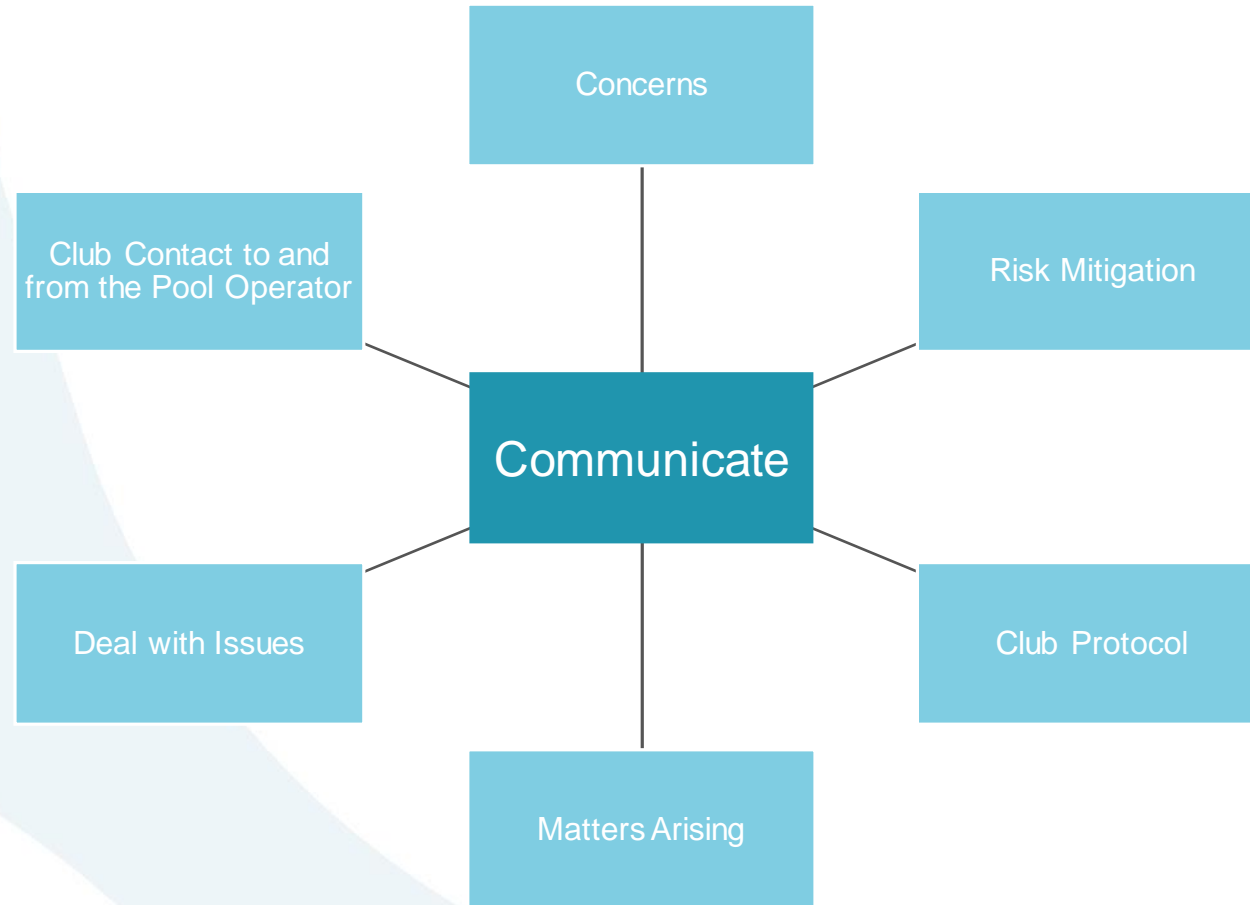
<b>Hygiene measures</b>	<ul style="list-style-type: none"> <li>Athletes</li> <li>Coaches</li> <li>Volunteers</li> </ul>	Low	<ul style="list-style-type: none"> <li>Covid-19 Rules communicated to all members in advance.</li> </ul>	Medium	Club Committee/Covid-19 Officer
<b>Equipment</b>	<ul style="list-style-type: none"> <li>Athletes</li> </ul>	High	<ul style="list-style-type: none"> <li>Communication regarding use and sharing is prohibited.</li> <li>Recommendation of cleaning protocols after each training session to be circulated.</li> </ul>	Medium	Club Committee
<b>Exit</b>	<ul style="list-style-type: none"> <li>Athletes</li> <li>Coaches</li> <li>Volunteers</li> <li>Parents</li> </ul>	High	<ul style="list-style-type: none"> <li>One way system in place. Athlete to leave facility As soon as possible Consider breaks between squad entry and exit to enable the maintaining of social distancing rules at all times.</li> <li>Instruction to parents for collection their children (younger age groups).</li> </ul>	Medium	Lead Coaches, Facility Operator

# Support the Committee

(if not a committee member)

- To support the Chair, Welfare Officer and/or coaches with any related Covid-19 issues.
- Advise the committee on the effectiveness of the Covid-19 risk assessments and other documentation and seek advice and guidance where required.

# Main contact for all matters Covid-19 related



# Be up to date with Government changes

Social distancing

Key dates

Regional  
differences (R rate)

Allowed numbers

Moderate /  
high risk

Shielding

# Support and Guidance available

- Access to all resources 24/7.
- Direct contact with Club Officers.
- Swim England / Regional Support.
- **Return to Pool Guidance**
- **Supporting Resources**
- **FAQs**



# RLSS UK Guidance

## For those providing safety cover for lessons/Instructor led sessions during COVID-19

# Guidance



[rlss.org.uk/pages/category/rlss-uk-guidance-for-operating-during-covid-19](https://rlss.org.uk/pages/category/rlss-uk-guidance-for-operating-during-covid-19)

[info@rlss.org.uk](mailto:info@rlss.org.uk)

# Guidance



- The Role of Providing Supervision.
- Supervising a swimming lesson/session.
- Personal Protective Equipment (PPE).
- Providing First Aid.
- Carrying out a rescue.
- Providing CPR and using an AED.
- Equipment.
- Training.
- Return to Work Competency Assessment.

# Conclusion

- Key attributes of the Covid-19 Lead.
- Identify the key roles associated with the Covid-19 Lead.
- Responsibilities of Covid-19 lead.
- Recognise the Support available.
- Identify the differences between Covid-19 lead and Covid-19 liaison.
- Confidence and knowledge to carry out the role.

A swimmer is shown from a side-on perspective, moving through a swimming pool. The swimmer is wearing a blue swim cap and goggles, and is captured in the middle of a stroke, with water splashing around their head and arms. The pool's lane lines are visible on the bottom. The overall color palette is dominated by various shades of blue.

# Questions

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