

**Water Polo**  
**Inter Regional Under 14 Girls Competition**  
**30<sup>th</sup> November & 1<sup>st</sup> December 2019**  
**Walsall Gala Baths**

The following girls were selected to represent the South East Region;

Lily Ross            Captain  
Ismev Hawley    GK  
Bella Power  
Ella Boyle  
Becki Smith  
Lillie Standen  
Kiera Byford  
Flo Rosser  
Allegra Cuomo  
Gabby Almeida  
Rachel Cutting  
Darcy Hunt  
Tara Linton        GK

The team was supported by:

Bruce Philp        Head Coach  
James Ross        Assistant Coach  
Rosie Wilcock     Team Manager

<b>POOL A</b>	<b>POOL B</b>
WEST MIDLANDS	EAST MIDLANDS
EAST ANGELS	IRELAND
NORTH WEST THUNDER 1	NORTH EAST STEELERS 2
SOUTH WEST SHARKS	WALES
SCOTLAND SALTIRE	SOUTH EAST

ALL MATCHES 2X7 MINUTES

**SOUTH EAST VERSUS EAST MIDLANDS**

This was an ideal game to start the tournament, a good shakedown to build up some confidence, we won 5 -2 but should have been more than that, poor finishing cost us 4 or 5 goals to the good.

*Lillie Standen 3 goals, Lily Ross 1 goal, Gabby Almeida 1 goal.*

**South East Won 5 -2**

**SOUTH EAST VERSUS WALES**

We dictated pretty much the whole game. Some good forward cohesive passing and swimming in the second half.

*Lillie Standen 3, Allegra Cuomo 3, Gabby Almeida 2, Flo Rosser 1, Becki Smith 1, Kiera Byford 1.*

**South East Won 11 – 2**

**SOUTH EAST VERSUS NORTH EAST STEELERS**

We knew we were in for a tough game but started off well getting back in defence, marking tight and for the first 4 minutes we looked and played like a solid team.

However Steelers attacking pressure started to pay off as our stamina and lack of fitness began to show, being countered way too often leaving Ismev exposed at the back with no chance to make any saves. We were totally overwhelmed and was a baptism of fire, but hopefully gave them a taste as to

what it is like to come up against a well organised team and where they need to get to in terms of their development. Nine goals were scored against us in the second half.

*Lillie Standen 1.*

**South East Lost 1-14**

### **SOUTH EAST VERSUS IRELAND**

Even though we lost, this was our best game of the tournament, having learnt from the Steelers game the girls adapted to what was required of them, better marking and getting back in defence was greatly improved plus some great goal keeping from Ismey kept us in the hunt and frustrated the Irish. The score should have been closer as we let in 3 silly goals at the end by not marking tightly and losing our attackers. All in all a great effort.

*Bella Power 1, Allegra Cuomo 1.*

**South East Lost 2-7**

### **FINISHED THIRD IN POOL B WITH 4 POINTS**

### **PLAY OFFS**

### **SOUTH EAST VERSUS SOUTH WEST SHARKS**

We seemed very sluggish to start off with and only got going late in the first half. It never really felt that we were likely to lose, some great distribution and saves from Ismey kept us going forward some good passing and organisation up front saw us home winners. Good work in the hole from Lillie Standen.

*Lillie Standen 3, Lilly Ross 1, Gabby Almeida 1.*

**South East Won 5-4**

### **SOUTH EAST VERSUS EAST ANGELS - PLAY OFF FOR 5<sup>TH</sup> AND 6<sup>TH</sup> POSITION**

I think a bit of tension crept in and we started off badly and at times was like watching paint dry! No swimming off the ball, missed chances and very slow. Fortunately things started going our way in the second half as we put them under pressure, 3 goals scored from our outfield players. Our last two goals were scored by Ismey our goalie, one from a set piece time out no man up and one taken in play from a shot from just inside their half to seal the deal. They scored a late goal due to lack of concentration on our part. A good game to end the tournament and secure 5<sup>th</sup> place.

*Ismey Hawley 2, Bella Power 2, Lilly Ross 1, Lillie Standen 1.*

**South East Won 6-4**

### **COMMENTS**

Realistically our ceiling was a 5<sup>th</sup> place finish which was very satisfying all round. There was a big gap between us and 4<sup>th</sup> place and above in terms of ability, organisation and general game awareness/street smarts.

The build up to the tournament was better than it has been in terms of practice and I would like to thank the Parents and the girls for their commitment. As usual with SER girls their behaviour over the weekend was impeccable and it has been a pleasure to get to know and coach them over the last five months. I appreciate many of the girls are inexperienced and new to Polo, so a credit to them as a team to get 5<sup>th</sup> position.

Our Goal keeper Ismey Hawley was MVP for the South East side and was also Voted best Goal Keeper of the Tournament which is a well-deserved accolade and a huge honour. Our top goal scorer was Lillie Standen with 11 goals Well done! The girls all tried their hardest and contributed to achieving 5<sup>th</sup> place, and I look forward to watching their Polo careers develop over the next few years.

Big thanks to James Ross for taking on the role of Assistant Coach, and to Rosie for being team Manager, as well as Kate Power for doing admin behind the scenes. It all made for a great weekend. Also thank you to the Parents for their support.

Thank you for the opportunity, I greatly enjoyed Coaching the Girls.

Bruce Philp  
HEAD COACH SER U14 GIRLS.