



### **SOUTH EAST REGION - 6th NOVICE COMPETITION**

Saturday 26<sup>th</sup> October 2019

2.00pm – 6.30pm

K2 Crawley

Pease Pottage Hill, Crawley, RH11 9BQ

Licence No: SSL1/19/004

Dear Clubs

We invite you as a Swim England, South East club to enter the above competition which will be held under Swim England Synchronised Swimming Laws & Technical Rules and as provided by the conditions set out below.

The Age Groups shall be as outlined below and the age is as at midnight on 31<sup>st</sup> December in the year of competition. Minimum age is 9 in year of competition. Athletes aged 15 may only enter one category either 13-15 or 15-18 (relevant to their grade).

There are two sections, Grade 0 and Grade 1, both of which will be divided into three groups for the results; 12 & Under, 13 – 15 years and 15 – 18 years.

All competitors shall have been registered members of the club under whose name they compete for at least 60 days prior to the first day of the competition.

Entry fee: £10.00 per person

Grade 0's - for competitors holding no grade

Figures:

Back Tuck Somersault (1.1)

Back layout to bent knee position returning to back layout (1.0)

Fishtail position held for 5 seconds (1.0)

Grade 1's - for competitors holding grade 1 (the grade must be obtained before the competition closing date)

Figures:

Blossom (1.5)

Neptunus (1.8)

Ballet Leg (1.6)

Medals will be awarded to the top three in each age group.

The promotion of the competition shall be the responsibility of the South East Region Technical Management Committee, which shall for all purposes be regarded as the promoter. It shall decide any matter arising that is not covered by these conditions, subject to conformity with Swim England Laws.

The organisation of the competition shall be the responsibility of Meet Organiser appointed by the South East Region Technical Committee, who will also appoint the Referee Chief Clerk and Chief Scorer.

All competitors are required to wear plain black costumes, plain white hats and may use goggles and nose clips.

The Promoters may in the case of entry numbers / time constraints reduce the number of figures to be performed in any/all of the events. Unless this is the result of an unforeseen emergency, this amendment will be advised to the Club contact a minimum of 48 hours before the time of the competition. It is necessary for the smooth efficient running of this competition that all clubs taking part provide Officials for the day.

Payment can be made by cheque or Bacs transfer. Please ensure payment is received before Saturday 5<sup>th</sup> October 2019. Entries will not be accepted without payment.

Please make cheques made payable to "Swim England South East Region" and send to:

Di Hughes  
30 Crown Lane  
Theale  
Berkshire  
RG7 5BG

For BACS transfers please ensure you use reference: 26.10.19 + your club name

Bank: HSBC  
Sort Code: 40-32-19  
Account Number: 81420070

We hope you can join us, and look forward to receiving your entry forms by Saturday 5<sup>th</sup> October 2019.

With thanks

Di Hughes  
South East Region, Synchro Manager