

# Team Manager Update

November 2018

This update is available on the website; [www.southeastswimming.org](http://www.southeastswimming.org)

## Team Manager Training

Team Manager 1 Local competitions	Tuesday 8 <sup>th</sup> January	Guildford Spectrum	6.30 – 9.30pm
Team Manager 2 Overnight stays and travel abroad	Tuesday 22 <sup>nd</sup> January	Guildford Spectrum	6.30 – 9.30pm
Team Manager 1 Local competitions	Thursday 7 <sup>th</sup> February	Holiday Inn, Reading South	6.30 – 9.30pm

To book visit the website for a booking form; <https://www.southeastswimming.org/workforce/team-managers/>

## Team Manager Tutor Training

Experienced Team Managers are invited to train as Team Manager Tutors. Tutors can run internal club courses or assist the region with our centralised annual programme of courses. For further information contact [Kristie.jarrett@southeastswimming.org](mailto:Kristie.jarrett@southeastswimming.org) / 07725201601

## Safeguarding qualifications

All Team Managers must have a valid DBS check and a current safeguarding certificate. Swim England now accepts face-to-face and online Safeguarding training from professionals working in frontline roles with children and young people i.e. Teachers, Social Workers and the Emergency Services.

Individuals are asked to make sure they are familiar with Wavepower and reporting protocols before submitting proof of their professional training. This can take the form of a certificate and/or a formal letter from, for example, a Head Teacher/School confirming the staff member's completion of appropriate training. Individuals must be working directly with children and young people on a day to day basis i.e. their Safeguarding training is therefore a crucial part of their role rather than individuals who may be working in roles such as Administrators, Receptionists and Caretakers/Cleaners.

The region maintains a volunteer training calendar.

<https://www.southeastswimming.org/workforce/training-opportunities/>

SAFE-CIC (Standard Training) is an online course accepted for Swim Mark accreditation.

Clubs can organise a face to face Safeguarding course at a local venue, to arrange a course please contact Helen Mack [helen.mack@southeastswimming.org](mailto:helen.mack@southeastswimming.org)

## Electronic Communication

With the ever evolving methods of communication and social networking please make sure that you are following Swim England Guidance. The use of mobile communication can be very useful when away on camps when used appropriately, specific information is provided on page 70 of Wavepower.

<https://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>



## World Anti-Doping Association Prohibited List 2019: What you need to know

The World Anti-Doping Agency (WADA) has published the 2019 list of prohibited substances and methods, and UKAD has pulled out all the key bits you should know before it comes into effect on 1 January.

<https://www.britishswimming.org/news/general-swimming-news/wada-prohibited-list-2019-what-you-need-know/>

Several of the changes relate to supplements, or ingredients commonly found within them. UKAD advises athletes to take a food-first approach to nutrition where possible, as no guarantees can ever be made that a supplement is free from banned substances.

If you're in any doubt about any medications or their ingredients, you can check them on the [Global DRO website](#). Supplements can be checked on the [Informed Sport website](#), but please be aware this only minimises the risk, no guarantee can be given that any particular supplement is free from prohibited substances.

If you're still uncertain, you can contact [rachel.burrows@swimming.org](mailto:rachel.burrows@swimming.org), British Swimming Anti - Doping Compliance Manager

## Risk Assessments and First Aid



Risk assessments should be completed for **every** event, templates are available on the website.



Team Managers should always ensure that they carry a first aid kit. Swim England would recommend the St John Ambulance Deluxe Sports First Aid kit, but alternatively a St John's Ambulance Universal First Aid kit would be sufficient.

There are a number of first aid courses run by reputable organisations which would equip the Team Manager with an appropriate level of knowledge, but Swim England would recommend St John Ambulance First Aid training where possible.

### Contacts – Regional Club Development Officers

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ASA Club Development Officer; Rosa Gallop; [rosa.gallop@swimming.org](mailto:rosa.gallop@swimming.org)/ 07824390075

South East Office Manager; [bryony.gibbs@southeastswimming.org](mailto:bryony.gibbs@southeastswimming.org) (TM course bookings)

