



South East Region Diving Competition

Age Group (Level 3) Competition – Part 1

(Under ASA law and FINA technical rules)

Saturday 13 May 2017

10am – 5.30pm

(1m: C, A Platform: D, B 3m: C, A)

The Quays Swimming and Diving Complex
27 Harbour Parade
Southampton
Hampshire
SO15 1BA

This meet is promoted with Open and Closed events and entries are welcomed from eligible divers. Closed events are for divers who are members of clubs affiliated to the ASA South East Region. Open events are for divers who are members of any club affiliated to the ASA through their Regional Association.

Event conditions as National Age Group Championships (Level 3) 2017

Entry closing date: Monday 24 April

Dive sheet close: Wednesday 10 May at 6pm (DiveRecorder)

Entries must specify diver's name, club, gender, year of birth, event(s) to be entered (indicate where diving as a guest) and must be accompanied with the correct fee (£10 per event). Cheques made payable to ASA South East Region.

Late entries will only be accepted at the organiser's discretion at a fee of £15. All fees must be paid in full before divers start training. A detailed timetable will be published after the entry closing date. The ASA South East Region reserves the right to limit entry numbers. Ideally each club should provide at least two judges.

Entries shall be made by the closing date to: Frank Clewlow

9 Northlands Gardens
Southampton
SO15 2NL

Tel. 023 8022 1707

E-mail: frank.clewlow@btinternet.com

National Age Group Conditions - Level 3

Age Group springboard events

Group D – 9/10/11 Years

Group C – 12/13 Years

Group B – 14/15 Years

Group A – 16/18 Years

Age Group platform events

Group D – 9/10/11 Years

Group C – 12/13 Years

Group B – 14/15 Years

Group A – 16/18 Years

Ages recorded at 31st December in the year of competition

Category	Board Height	Event Conditions	Recommended Standard
Age Group D	1m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups (4.4 dd)	130
	3m	3 dives from 3 groups (5.7 dd) + 2 dives from 2 groups (4.6 dd)	135
	5m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups (4.8 dd)	130
Age Group C	1m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (6.9 dd) (min 4 groups to be covered)	160
	3m	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups (7.9 dd) (min 4 groups to be covered)	165
	5m/7.5m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (7.8 dd) (min 4 groups to be covered)	160
Age Group B	1m	4 dives from 4 groups (7.5 dd) + 3 dives from 3 groups no limit	180 girls 190 boys
	3m	4 dives from 4 groups (7.9 dd) + 3 dives from 3 groups no limit	190 girls 200 boys
	5m/7.5m/10m	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups no limit (min 4 groups to be covered)	165 girls 180 boys
Age Group A	1m	5 dives from 5 groups (9.0 dd) + 3 dives from 3 groups no limit	210 girls 230 boys
	3m	5 dives from 5 groups (9.5 dd) + 3 dives from 3 groups no limit	220 girls 245 boys
	5m/7.5m/10m	4 dives from 4 groups (7.6 dd) + 3 dives from 3 groups no limit	190 girls 215 boys

