

South East Squad 2014

We moved away from competing and into a training squad with the aim of underpinning the England Talent pathway and preparing our regions athletes for what we hope would be a future on the talent pathway ladder.



We took a squad of 12 athletes from the results at National Age groups 2013, see list below along with a development coach position. Kate Coupar (Reading Royals) was the lead coach, with Helen Morris (Portsmouth Victoria) as assistant / team manager and Leonie Kearn (Rushmoor) as development coach.

The training venue as you can see we in a lovely setting in sunny Spain for 5 days during May half-term. For many of these athletes it was the first time away from parents for that time and also for some the first time they had flown.

They all worked extremely hard and improved in all areas. We hope that they can go forward from the experience and qualify for the England Talent trails at this year's National Age groups.

13/14 athletes

Harriette Smith – Reading Royals
Amy Rothwell – Reading Royals
Sophie Wulfinghoff – Reading Royals
Lottie Young – Reading Royals
Teri-Faye Coupar – Reading Royals
Izzy Rastall – Reading Royals

12/under athletes

Anna Welland – Reading Royals
Alyssa Basinger – Reading Royals
Izzy Blinkhorn – Reading Royals
Izzy Turrell – Reading Royals
Daisy Gunn – Portsmouth Victoria
Zayna Gallacher - Rushmoor