

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

Please note that some problems with the electronic timing during the meet meant that not all split times were recorded.

#### MEN

##### Men 50m Backstroke

###### 18/24 Yrs Age Group

1 Kevin PICKARD	20 Hastings	29.3
2 Alistair GARMENDIA	24 Eastleigh	30.76
3 Richard HAWKINS	19 Clissold	34.75

###### 25/29 Yrs Age Group

1 Enrico HAHN	27 Otter	32.46
2 Patrick BAKER	25 Beckenham	32.81
3 Christopher LUESLEY	29 Worthing	35.39

###### 35/39 Yrs Age Group

1 Paul ALLEN	36 Co B'ton + H	32.38
2 Fabio GRAMEGNA	37 DDS Milano	33.86
3 Fabio ANTONINI	39 DDS Milano	35.7
4 Mike RILEY	37 Out To Swim	40.38
5 Pascal ANSON	35 Out To Swim	41.63
Guy BARLOW	36 Spencer	DNC

###### 40/44 Yrs Age Group

1 Andy COOK	40 Dorking	34.1
2 Tony PEPPER	41 Acton	34.36
3 Paul EAGLESTONE	41 Saxon Crown	35.08

###### 45/49 Yrs Age Group

1 Greg KNAPMAN	47 Eastbourne	36.1
2 Stefano CUNEO	45 DDS Milano	42.58
Nicholas PIPER	47 Worthing	DNC
Yon MARSH	48 Sevenoaks	DQ

###### 50/54 Yrs Age Group

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

1 David MILLER	50 Otter	34.68
2 Kirk LANGFORD	50 Guildford Ct	36.86
3 Jame PRENDERGAST	53 Eltham Sting	39.81
4 Philip GRIFFITHS	51 Out To Swim	45.31
55/59 Yrs Age Group		
1 Tony MEEK	58 Sevenoaks	37.69
2 Len PHOENIX	59 Diss Otters	39.97
60/64 Yrs Age Group		
1 Malcolm MUNRO	61 Acton	36.85
2 John WEBB	62 Spencer	41.39
3 Robert PALMER	64 Otter	44.31
4 Paul BAKER	61 Beckenham	49.71
Ivan MYALL	61 Chelmsford	DNC
65/69 Yrs Age Group		
1 Roger BILLING	65 Guildford Ct	38.5
2 Nigel SALSBURY	68 Reading	39.01
3 David STAVELEY	66 Hythe	40.36
4 Paul WEBSTER	66 Co Cant'bury	41.33
5 Nigel BIRDSALL	65 Broomfield	45.72
6 Peter SUTHERLAND	69 Beckenham	46.73
7 David HALL	66 Witney	47.16
8 David HAYES	67 Olympus Marl	49.61
9 Norman GRIFFIN	69 Worthing	50.36
70/74 Yrs Age Group		
1 Anthony GIMSON	71 Olympos Marl	44.45
2 Bob CROUCH	71 Eastbourne	44.66
3 Irving DIXON	74 Spencer	48.23
4 Janos LEIGH	74 Romford Town	48.99
5 Richard SKERRETT	73 Carm Masters	1:34.51
75/79 Yrs Age Group		
1 Neil HOWELL	76 East Anglian	1:07.13

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

80 Yrs/Over Age Group  
1 James GREEN 80 Redhill & R 56.53

#### Men 100m Backstroke

18/24 Yrs Age Group  
1 Alistair GARMENDIA 24 Eastleigh 1:05.51  
2 Richard HAWKINS 19 Clissold 1:17.72

25/29 Yrs Age Group  
1 Enrico HAHN 27 Otter 1:09.37  
2 Christopher LUESLEY 29 Worthing 1:19.73

30/34 Yrs Age Group  
1 Gerard MCINERNEY 30 Anaconda 1:18.70

35/39 Yrs Age Group  
1 Paul ALLEN 36 Co B'ton + H 1:09.58  
2 Fabio GRAMEGNA 37 DDS Milano 1:15.92  
3 Fabio ANTONINI 39 DDS Milano 1:16.33  
4 Guy BARLOW 36 Spencer 1:18.30  
5 Angus MACGOWAN 37 Camden Swiss 1:41.21

40/44 Yrs Age Group  
1 Mark SALWAY 40 Olympus Marl 1:11.18  
2 Tony PEPPER 41 Acton 1:15.10  
3 Andy COOK 40 Dorking 1:15.74  
4 Jiri KOS 42 AMT 1:16.22  
5 Richard BRINCK 42 Hants North 1:18.26  
6 Paul FRENCH 43 Beckenham 1:30.90

45/49 Yrs Age Group  
1 John CROUCH 45 Eastbourne 1:19.66  
2 Stefano CUNEO 45 DDS Milano 1:35.75

50/54 Yrs Age Group

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

1 John RITTENHOUSE	50 Barnet Copt	1:09.85			
2 Philip NEWMAN	50 Kings Corm	1:23.93			
3 John PADDINGTON	51 Beckenham	1:41.21			
55/59 Yrs Age Group					
1 Len PHOENIX	59 Diss Otters	1:30.37			
2 Steve BRATT	58 Otter	1:33.89			
60/64 Yrs Age Group					
1 Malcolm MUNRO	61 Acton	1:19.41			
2 Ivan MYALL	61 Chelmsford	1:21.33			
3 Anthony RAY	64 Otter	1:44.91			
65/69 Yrs Age Group					
1 Roger BILLING	65 Guildford Ct	1:24.59			
2 Nigel SALSBURY	68 Reading	1:28.54			
3 David STAVELEY	66 Hythe	1:32.42			
4 Nigel BIRDSALL	65 Broomfield	1:42.83			
5 George VARGHA	66 Arundel Trin	1:50.67			
6 David HAYES	67 Olympus Marl	1:52.00			
7 Peter SUTHERLAND	69 Beckenham	1:57.40			
70/74 Yrs Age Group					
1 Charles SWANN	71 RomseyTotton	1:44.07			
2 Janos LEIGH	74 Romford Town	1:51.56			
3 Richard SKERRETT	73 Carm Masters	2:51.71			
<b>Men 200m Backstroke</b>					
18/24 Yrs Age Group					
1 Alistair GARMENDIA	24 Eastleigh	2:23.51	50 32.26	100 1:08.59	150 1:46.68
25/29 Yrs Age Group					
1 Enrico HAHN	27 Otter	2:34.30	50 35.83	100 1:14.46	150 1:54.78
30/34 Yrs Age Group					
Daniel WALTON	32 Saxon Crown	DNC	50	100	150

# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

35/39 Yrs Age Group			50	100	150
Guy BARLOW	36 Spencer	DNC			
40/44 Yrs Age Group			50	100	150
1 Mark PINCOTT	43 Herne Bay	2:51.25	38.98	1:22.79	2:07.17
2 Richard BRINCK	42 Hants North	2:52.08	40.01	1:23.79	2:08.21
Paul EAGLESTONE	41 Saxon Crown	DNC			
45/49 Yrs Age Group			50	100	150
1 Greg KNAPMAN	47 Eastbourne	2:56.74	39.67	1:25.44	2:11.24
50/54 Yrs Age Group			50	100	150
1 John RITTENHOUSE	50 Barnet Copt	2:31.10	34.73	1:13.04	1:51.77
2 David MILLER	50 Otter	3:02.55	38.95	1:25.11	2:12.54
3 Philip GRIFFITHS	51 Out To Swim	3:34.17	2:41.12	1:45.75	
55/59 Yrs Age Group			50	100	150
1 Len PHOENIX	59 Diss Otters	3:24.60	50.37	1:42.28	2:36.17
2 Anthony PLATTS	59 Olympus Marl	4:10.80	57.45	2:03.93	3:08.58
60/64 Yrs Age Group			50	100	150
1 Malcolm MUNRO	61 Acton	2:48.23	39.14	1:23.74	2:06.54
2 Duncan MCCREADIE	63 Maidenhead	2:57.51	40.41	1:25.87	2:10.83
3 Peter STEPHENS	61 Royal Navy	3:29.02	48.54	1:43.20	2:37.50
4 Robert PALMER	64 Otter	3:32.22	49.75	1:43.38	2:38.59
Anthony RAY	64 Otter	DNC			
65/69 Yrs Age Group			50	100	150
1 Nigel SALSBURY	68 Reading	3:17.36	46.41	1:38.18	2:29.67
2 David STAVELEY	66 Hythe	3:24.96	49.77	1:42.52	2:36.12
3 David HALL	66 Witney	3:51.51	53.86	1:54.21	2:57.38
4 David HAYES	67 Olympus Marl	4:13.27	59.17	2:02.10	3:09.91
Nigel BIRDSALL	65 Broomfield	DQ	54.01	1:56.76	2:57.02
70/74 Yrs Age Group					

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

1 Janos LEIGH	74 Romford Town	4:14.53
2 Richard SKERRETT	73 Carm Masters	6:11.80
<b>Men 50m Breaststroke</b>		
18/24 Yrs Age Group		
1 Justin LANGFORD	18 Brighton	33.22
2 Alex SURPLICE	21 Bracknell	36.68
25/29 Yrs Age Group		
1 Peter ROSS	27 Olympus Marl	30.71
2 Tim LAM	27 Otter	37.65
Chris BUMBY	27 Royal Navy	DNC
Barrie STEWART	25 Havant & Wat	DNC
30/34 Yrs Age Group		
1 Leslie LYONS	30 Swindon Mas	42.98
35/39 Yrs Age Group		
1 Lee WHITE	38 Clissold	46.16
40/44 Yrs Age Group		
1 James DAVIES	40 Brighton Dol	33.85
2 Philip BRADLEY	40 Gravesend	34.12
3 Stuart GALVIN	41 Guildford Ct	35.21
4 Kevin LIEF	41 Barnet Copt	37.19
5 Tony PEPPER	41 Acton	39.91
6 Andy COOK	40 Dorking	42.33
Julian ELLIMAN	40 Crawley	DNC
45/49 Yrs Age Group		
1 Gary LEE	49 Crawley	39.01
2 Wayne HIRST	48 Ruislip Nwd	39.5
3 Stefano CUNEO	45 DDS Milano	39.62
4 Mark NOWELL	45 Diss Otters	43.33
Tony Rose	47 Eastbourne	DNC

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

#### 50/54 Yrs Age Group

1 Kirk LANGFORD	50 Guildford Ct	36.93
2 Graham REEVE	52 Dorking	38.84
3 Peter CURRAN	52 Guildford Ct	41.29
4 Michael COX	51 Bracknell	41.89
5 Bob BICKNELL	53 RTW Monson	41.95
6 John PADDINGTON	51 Beckenham	48.47

#### 55/59 Yrs Age Group

1 Martin MURPHY	57 Epsom Dist	39.76
Steve BRATT	58 Otter	DNC

#### 60/64 Yrs Age Group

1 Malcolm MUNRO	61 Acton	39.94
2 Christopher TRUEMAN	61 East Anglian	42.02
3 Clive BRADBURN	61 Gravesend	43.85

#### 65/69 Yrs Age Group

1 Chris JONES	65 Olympus Marl	39.92
2 Henry DICK	66 Spencer	40.25
3 Paul WEBSTER	66 Co Cant'bury	44.51
4 David HALL	66 Witney	49.15
5 George VARGHA	66 Arundel Trin	49.7

#### 70/74 Yrs Age Group

1 Charles SWANN	71 RomseyTotton	46.81
2 Neil TASKER	70 Brighton	48.85
3 Colin KNOWLES	74 Cardiff Mast	55.96
4 Richard SKERRETT	73 Carm Masters	1:03.04

#### 75/79 Yrs Age Group

1 Derrick FULLER	75 Thanet Swim	48.05
2 Neil HOWELL	76 East Anglian	57.6
John WALKER	75 Brighton	DNC

#### 80 Yrs/Over Age Group

# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

1 James GREEN	80 Redhill & R	57.6	
<b>Men 100m Breaststroke</b>			
25/29 Yrs Age Group			
			50
1 Peter ROSS	27 Olympus Marl	1:07.85	30.69
2 Tim LAM	27 Otter	1:25.29	40.16
Barrie STEWART	25 Havant & Wat	DNC	
30/34 Yrs Age Group			
			50
1 Martin TROTT	34 Olympus Marl	1:25.94	39.89
35/39 Yrs Age Group			
			50
1 Pascal ANSON	35 Out To Swim	1:33.00	44.36
2 Mike RILEY	37 Out To Swim	1:33.42	42.48
3 Tom VAN DEIJNEN	35 Out To Swim	1:35.86	45.19
4 Lee WHITE	38 Clissold	1:44.23	47.8
Colin BENNETT	39 Winchester	DNC	
40/44 Yrs Age Group			
			50
1 Nigel VICKERS	42 Rushmoor Roy	1:16.49	35.5
2 Philip BRADLEY	40 Gravesend	1:17.86	35.41
3 Stuart GALVIN	41 Guildford Ct	1:19.45	36.76
4 James DAVIES	40 Brighton Dol	1:19.57	35.33
5 Paul SMOOTHY	40 Spencer	1:20.29	37.72
6 Yuichi TAKAYAMA	41 Kingston Roy	1:30.14	41.7
7 Michael LANCASTER	44 Out To Swim	1:47.18	46.45
8 Julian ELLIMAN	40 Crawley	1:52.26	51.93
45/49 Yrs Age Group			
			50
1 Antony SCOTT	49 Basingstoke	1:25.81	39.05
2 Wayne HIRST	48 Ruislip Nwd	1:32.05	43.77
3 Bernard RECORD	46 Olympus Marl	1:37.36	44.95
50/54 Yrs Age Group			
			50
1 Kirk LANGFORD	50 Guildford Ct	1:23.62	41.79
2 Thomas MORROW	52 Co Milton K	1:23.89	40.3



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### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

3 Peter CURRAN	52 Guildford Ct	1:32.42	45.29
4 Graham REEVE	52 Dorking	1:33.05	44.41
5 Michael COX	51 Bracknell	1:33.21	43.24
6 Michael ABBOTT	53 Co Cant'bury	1:36.27	42.73
7 M CHALONS-BROWNE	50 Out To Swim	1:40.44	47.72
8 Bob BICKNELL	53 RTW Monson	1:41.56	45.32
55/59 Yrs Age Group			
1 Martin MURPHY	57 Epsom Dist	1:34.25	44.47
60/64 Yrs Age Group			
1 Malcolm MUNRO	61 Acton	1:31.44	44.38
2 Clive BRADBURN	61 Gravesend	1:40.47	47.17
3 Robert PALMER	64 Otter	1:58.99	54.18
65/69 Yrs Age Group			
1 Henry DICK	66 Spencer	1:31.02	43.25
2 Chris JONES	65 Olympus Marl	1:32.22	43.07
70/74 Yrs Age Group			
1 Colin KNOWLES	74 Cardiff Mast	2:19.76	1:07.56
75/79 Yrs Age Group			
1 Derrick FULLER	75 Thanet Swim	1:49.52	49.9
2 Neil HOWELL	76 East Anglian	2:18.95	1:06.55
80 Yrs/Over Age Group			
1 James GREEN	80 Redhill & R	2:08.48	1:02.46
<b>Men 200m Breaststroke</b>			
25/29 Yrs Age Group			
1 Peter ROSS	27 Olympus Marl	2:24.93	
2 Sam CHADWICK	29 Godalming	3:09.69	
Barrie STEWART	25 Havant & Wat	DNC	
30/34 Yrs Age Group			

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### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

1 Leslie LYONS	30 Swindon Mas	3:26.22
35/39 Yrs Age Group		
1 Matthew GALLOP	36 Staines	3:08.88
2 Angus MACGOWAN	37 Camden Swiss	3:25.77
3 Lee WHITE	38 Clissold	3:47.15
40/44 Yrs Age Group		
1 Paul SMOOTHY	40 Spencer	2:56.15
2 Philip BRADLEY	40 Gravesend	2:56.56
3 Stuart GALVIN	41 Guildford Ct	3:00.51
4 Kevin LIEF	41 Barnet Copt	3:01.94
45/49 Yrs Age Group		
1 Christian RENTSCH	45 AMT	2:51.59
2 Luca MADININ MORETTI	45 DDS Milano	3:12.31
3 Matthew STONE	46 Croydon Amph	3:16.08
4 Wayne HIRST	48 Ruislip Nwd	3:20.76
Athony BALL	48 Erith & Dist	DNC
50/54 Yrs Age Group		
1 Kirk LANGFORD	50 Guildford Ct	3:03.83
2 Thomas MORROW	52 Co Milton K	3:04.06
3 John MC GRATH	51 Brighton Dol	3:07.23
4 Emil EICHENBERGER	53 A M T	3:16.16
5 Graham REEVE	52 Dorking	3:25.97
6 Peter CURRAN	52 Guildford Ct	3:30.05
7 Bob BICKNELL	53 RTW Monson	3:36.65
55/59 Yrs Age Group		
1 Martin MURPHY	57 Epsom Dist	3:23.75
60/64 Yrs Age Group		
1 Clive BRADBURN	61 Gravesend	3:43.11
2 Christopher TRUEMAN	61 East Anglian	3:43.53

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

#### 65/69 Yrs Age Group

1 Chris JONES	65 Olympus Marl	3:30.03
2 John WILLIAMSON	67 Bracknell	4:13.46
Henry DICK	66 Spencer	DQ

#### 70/74 Yrs Age Group

1 Neil TASKER	70 Brighton	3:49.92
2 Colin KNOWLES	74 Cardiff Mast	5:04.47
3 Richard SKERRETT	73 Carm Masters	5:07.31

#### 75/79 Yrs Age Group

1 John WALKER	75 Brighton	4:09.44
2 Neil HOWELL	76 East Anglian	4:53.21

#### 80 Yrs/Over Age Group

1 James GREEN	80 Redhill & R	4:36.22
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#### Men 50m Butterfly

##### 18/24 Yrs Age Group

1 Stephen MURPHY	23 Brighton	27.69
2 Justin LANGFORD	18 Brighton	28
3 Alistair GARMENDIA	24 Eastleigh	28.95
4 Joshua SWEENEY	21 Cant CC Uni	29.36
Alex SURPLICE	21 Bracknell	DNC

##### 25/29 Yrs Age Group

1 Josh WILLIAMSON	28 Guildford Ct	27.87
2 Christopher LUESLEY	29 Worthing	32.28
Barrie STEWART	25 Havant & Wat	DNC

##### 30/34 Yrs Age Group

1 Andrew FARRELL	30 Templeogue	30.04
2 Jonathan KERNKRAUT	32 Anaconda	30.39
3 Gerard MCINERNEY	30 Anaconda	31.98

##### 35/39 Yrs Age Group

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

1 Richard GRAUEL	37 AMT	27.81
2 Stephen IRWIN	37 Kingston Roy	30.35
3 Fabio GRAMEGNA	37 DDS Milano	31.29
4 Paul ALLEN	36 Co B'ton + H	31.5
5 Paul MC DAVITT	36 Worthing	32.07
6 Fabio ANTONINI	39 DDS Milano	32.52
7 Ravi BANSAL	39 Clissold	35.49
40/44 Yrs Age Group		
1 Gavin BARLOW	40 Spencer	31.25
2 Andy COOK	40 Dorking	31.91
3 Stuart GALVIN	41 Guildford Ct	32.58
4 Richard BRINCK	42 Hants North	33.15
5 Beat HOSTETTLER	40 AMT	33.33
6 Paolo SORMANI	43 DDS Milano	43.84
45/49 Yrs Age Group		
1 Tom GREENWOOD	48 Hart	29.38
2 Gary LEE	49 Crawley	36.92
3 Mark NOWELL	45 Diss Otters	37.97
4 Michael KIBBLEWHITE	45 Beckenham	38.86
Rob FRENCH	48 Brighton Dol	DNC
50/54 Yrs Age Group		
1 Steve BRAINE	54 Olympus Marl	30.61
2 David SHAMP	50 Dorking	31.32
3 Kirk LANGFORD	50 Guildford Ct	33.33
4 Emil EICHENBERGER	53 A M T	34.4
5 Mark STRAW	50 Bracknell	36.06
6 Roger COOPER	54 Gravesend	37.08
7 Michael COX	51 Bracknell	37.77
8 John PADDINGTON	51 Beckenham	39.13
9 Peter CURRAN	52 Guildford Ct	46.07
10 Graham REEVE	52 Dorking	46.37
Jame PRENDERGAST	53 Eltham Sting	DNC
Ed HORNE	53 Wandsworth	DNC

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

#### 55/59 Yrs Age Group

1 Tony MEEK	58 Sevenoaks	31.39
2 Brian HOSKING	57 Dorking	37.95
3 Martin HERON	55 Redhill & R	39.73

#### 60/64 Yrs Age Group

1 Chris DUNN	62 Hatfield	34.34
2 Colin HAMLING	60 Dorking	34.54
3 Roger PHILLIPS	64 Otter	35.08
4 Peter STEPHENS	61 Royal Navy	38.86

#### 65/69 Yrs Age Group

1 David STAVELEY	66 Hythe	36.68
2 Roger BILLING	65 Guildford Ct	37.58
3 David HALL	66 Witney	39.91
4 George VARGHA	66 Arundel Trin	49.39
5 Peter SUTHERLAND	69 Beckenham	53.33

#### 70/74 Yrs Age Group

1 David CUMMING	70 Eastbourne	35.95
2 Bob CROUCH	71 Eastbourne	43.74

#### 75/79 Yrs Age Group

1 Derrick FULLER	75 Thanet Swim	48.57
John WALKER	75 Brighton	DNC

#### Men 100m Butterfly

##### 18/24 Yrs Age Group

			50
1 Justin LANGFORD	18 Brighton	1:02.31	29.26
2 Stephen MURPHY	23 Brighton	1:02.70	29.4
3 Alistair GARMENDIA	24 Eastleigh	1:03.29	29.18

##### 25/29 Yrs Age Group

			50
1 Josh WILLIAMSON	28 Guildford Ct	1:04.39	29.92
2 Tim LAM	27 Otter	1:11.23	33.18

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

35/39 Yrs Age Group				50
1 Richard GRAUEL	37 AMT	1:01.11		28.63
2 Stephen IRWIN	37 Kingston Roy	1:06.87		30.33
40/44 Yrs Age Group				50
1 Andy COOK	40 Dorking	1:09.70		32.44
45/49 Yrs Age Group				50
1 Tom GREENWOOD	48 Hart	1:06.51		30.61
2 Athony BALL	48 Erith & Dist	1:12.79		33.3
3 Rob FRENCH	48 Brighton Dol	1:19.11		35.13
50/54 Yrs Age Group				50
1 Thomas MORROW	52 Co Milton K	1:20.30		37.23
2 David MILLER	50 Otter	1:28.09		40.74
3 Mark STRAW	50 Bracknell	1:28.26		35.8
60/64 Yrs Age Group				50
1 Barrie ROLFE	60 Eastbourne	1:18.53		35.64
2 Peter STEPHENS	61 Royal Navy	1:37.56		43.33
70/74 Yrs Age Group				50
1 David CUMMING	70 Eastbourne	1:24.29		39.53
2 Bob CROUCH	71 Eastbourne	1:51.61		56.16
<b>Men 200m Butterfly</b>				
18/24 Yrs Age Group				
1 Justin LANGFORD	18 Brighton	2:18.12		
25/29 Yrs Age Group				
1 Christopher LUESLEY	29 Worthing	3:10.67		
30/34 Yrs Age Group				
Gerard MCINERNEY	30 Anaconda	DNF		

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

#### 35/39 Yrs Age Group

1 Stephen IRWIN	37 Kingston Roy	2:32.77
2 Matthew GALLOP	36 Staines	3:07.19

#### 40/44 Yrs Age Group

1 Gavin BARLOW	40 Spencer	2:46.58
2 Peter PRODGER	43 Eastbourne	4:28.47

#### 45/49 Yrs Age Group

1 Adam LELEAN	46 Diss Otters	3:01.59
2 Luca MADININ MORETTI	45 DDS Milano	3:08.70
3 John CROUCH	45 Eastbourne	3:20.41

#### 55/59 Yrs Age Group

Anthony PLATTS	59 Olympus Marl	DNF
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#### 65/69 Yrs Age Group

1 David HALL	66 Witney	3:54.28
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#### 70/74 Yrs Age Group

1 David CUMMING	70 Eastbourne	3:23.54
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### Men 50m Freestyle

#### 18/24 Yrs Age Group

1 Kevin PICKARD	20 Hastings	25.34
2 Alistair GARMENDIA	24 Eastleigh	26.75
3 Justin LANGFORD	18 Brighton	26.81
4 Alex SURPLICE	21 Bracknell	28.24
5 Jamie LOVETT	22 Cant CC Uni	28.33
6 Richard HAWKINS	19 Clissold	29.99
Joshua SWEENEY	21 Cant CC Uni	DNC
David RODITI	23 Cant CC Uni	DQ

#### 25/29 Yrs Age Group

1 David ROBERTS	27 Kenilworth M	25.69
2 Matthew LAMBERT	27 Brighton Dol	26.03

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

3	Josh WILLIAMSON	28 Guildford Ct	26.39
4	Patrick BAKER	25 Beckenham	29.14
5	Christopher LUESLEY	29 Worthing	29.63
	Barrie STEWART	25 Havant & Wat	DNC
30/34 Yrs Age Group			
1	John KNOWLES	30 Windsor	26.71
2	Edward PEPPER	30 Godalming	27.47
35/39 Yrs Age Group			
1	Paul ALLEN	36 Co B'ton + H	27.5
2	Adam HARPER	37 Brighton	28.61
3	Stephen IRWIN	37 Kingston Roy	28.86
4	Paul MC DAVITT	36 Worthing	30.55
5	Pascal ANSON	35 Out To Swim	32.58
6	Mike RILEY	37 Out To Swim	33
7	Tom VAN DEIJNEN	35 Out To Swim	41.08
8	Lee WHITE	38 Clissold	42.11
	Ravi BANSAL	39 Clissold	DNC
	Andy HUDSON	36 Otter	DNC
	Colin BENNETT	39 Winchester	DNC
40/44 Yrs Age Group			
1	Andy COOK	40 Dorking	27.94
2	Paul FRENCH	43 Beckenham	28.82
3	Stuart GALVIN	41 Guildford Ct	29.38
4	Tony PEPPER	41 Acton	29.7
5	Julian ELLIMAN	40 Crawley	35.32
6	Michael LANCASTER	44 Out To Swim	38.49
45/49 Yrs Age Group			
1	Paul HARE	48 Croydon Amph	28.35
2	Thomas ENRIGHT	49 Romford Town	29.25
3	Mark NOWELL	45 Diss Otters	30.48
4	Michael KIBBLEWHITE	45 Beckenham	30.91
5	Antony SCOTT	49 Basingstoke	31.05



## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

6 Bernard RECORD	46 Olympus Marl	33.94
7 Yon MARSH	48 Sevenoaks	34.09
50/54 Yrs Age Group		
1 Kirk LANGFORD	50 Guildford Ct	30.19
2 Michael COX	51 Bracknell	30.64
3 David MILLER	50 Otter	31.75
4 Mark STRAW	50 Bracknell	31.95
5 Graham REEVE	52 Dorking	32.93
6 Michael ABBOTT	53 Co Cant'bury	33.75
7 Bob BICKNELL	53 RTW Monson	35.75
8 M CHALONS-BROWNE	50 Out To Swim	43.31
Jame PRENDERGAST	53 Eltham Sting	DNC
Steve PAPPS	51 Bracknell	DNC
55/59 Yrs Age Group		
1 Tony MEEK	58 Sevenoaks	30.13
2 Brian HOSKING	57 Dorking	31.93
3 Martin HERON	55 Redhill & R	32.75
4 Peter RANK	56 Co Cambridge	35.22
5 Anthony PLATTS	59 Olympus Marl	38.05
6 Jerry EVANS	59 Olympus Marl	40.94
60/64 Yrs Age Group		
1 Barrie ROLFE	60 Eastbourne	28.34
2 Chris DUNN	62 Hatfield	28.59
3 Colin HAMLING	60 Dorking	30.6
4 John WEBB	62 Spencer	33.58
5 Paul BAKER	61 Beckenham	34.51
6 Peter STEPHENS	61 Royal Navy	34.53
7 Dave WOOD	61 Co Cant'bury	34.77
Roger PHILLIPS	64 Otter	DNC
65/69 Yrs Age Group		
1 Paul WEBSTER	66 Co Cant'bury	32.73
2 Rodney MILLER	65 Eastbourne	33.43

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

3 Nigel SALSBURY	68 Reading	33.46
4 David STAVELEY	66 Hythe	33.94
5 Roger BILLING	65 Guildford Ct	34.04
6 Keith MATHIESON	67 Brighton	35.73
7 Peter SUTHERLAND	69 Beckenham	36.35
8 Nigel BIRDSALL	65 Broomfield	40.47
9 Norman GRIFFIN	69 Worthing	40.67
10 David HAYES	67 Olympus Marl	42.08

#### 70/74 Yrs Age Group

1 Anthony GIMSON	71 Olympos Marl	34
2 Irving DIXON	74 Spencer	37.2
3 Richard SKERRETT	73 Carm Masters	57.71

#### 75/79 Yrs Age Group

1 Derrick FULLER	75 Thanet Swim	36.8
2 Neil HOWELL	76 East Anglian	1:01.63

#### Men 100m Freestyle

##### 18/24 Yrs Age Group

1 Justin LANGFORD	18 Brighton	58.12
2 Alex SURPLICE	21 Bracknell	1:02.42
3 Jamie LOVETT	22 Cant CC Uni	1:02.81
4 Richard HAWKINS	19 Clissold	1:07.32

##### 25/29 Yrs Age Group

1 David ROBERTS	27 Kenilworth M	56.06
2 Matthew LAMBERT	27 Brighton Dol	57.82
3 Enrico HAHN	27 Otter	59.76
4 Patrick BAKER	25 Beckenham	1:03.73
Chris BUMBY	27 Royal Navy	DNC

##### 30/34 Yrs Age Group

1 John KNOWLES	30 Windsor	57.12
2 Edward PEPPER	30 Godalming	1:01.06

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

#### 35/39 Yrs Age Group

1 Richard GRAUEL	37 AMT	56.64
2 Paul ALLEN	36 Co B'ton + H	1:00.09
3 Stephen IRWIN	37 Kingston Roy	1:02.90
4 Jean-bernard CROZET	36 Saxon Crown	1:03.38
5 Adam HARPER	37 Brighton	1:03.77
6 Fabio ANTONINI	39 DDS Milano	1:05.87
7 Paul MC DAVITT	36 Worthing	1:07.13
8 Pascal ANSON	35 Out To Swim	1:13.96
9 Mike RILEY	37 Out To Swim	1:14.58
10 Tom VAN DEIJNEN	35 Out To Swim	1:29.54
11 Lee WHITE	38 Clissold	1:31.92
Andy HUDSON	36 Otter	DNC
Colin BENNETT	39 Winchester	DNC

#### 40/44 Yrs Age Group

1 Andy COOK	40 Dorking	1:02.68
2 Paul FRENCH	43 Beckenham	1:06.85
3 Richard BRINCK	42 Hants North	1:13.39
4 Yuichi TAKAYAMA	41 Kingston Roy	1:13.68
5 Paolo SORMANI	43 DDS Milano	1:16.67
6 Michael LANCASTER	44 Out To Swim	1:22.24
Tony PEPPER	41 Acton	DNC
Beat HOSTETTLER	40 AMT	DNC
Toni PAVICIC-DONKIC	40 AMT	DNC
Julian ELLIMAN	40 Crawley	DQ

#### 45/49 Yrs Age Group

1 Tom GREENWOOD	48 Hart	59.04
2 Paul HARE	48 Croydon Amph	1:01.90
3 Thomas ENRIGHT	49 Romford Town	1:04.81
4 Rob FRENCH	48 Brighton Dol	1:07.91
5 Mark NOWELL	45 Diss Otters	1:09.16
6 Stefano CUNEO	45 DDS Milano	1:09.85
7 Wayne HIRST	48 Ruislip Nwd	1:10.17
8 Bernard RECORD	46 Olympus Marl	1:13.23

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

9 Michael KIBBLEWHITE	45 Beckenham	1:13.52
50/54 Yrs Age Group		
1 Michael COX	51 Bracknell	1:08.21
2 Mark STRAW	50 Bracknell	1:10.37
3 Graham REEVE	52 Dorking	1:16.68
4 Bob BICKNELL	53 RTW Monson	1:23.18
5 Philip GRIFFITHS	51 Out To Swim	1:27.74
6 David MILLER	50 Otter	1:30.29
55/59 Yrs Age Group		
1 Tony MEEK	58 Sevenoaks	1:05.72
2 Brian HOSKING	57 Dorking	1:10.31
3 Len PHOENIX	59 Diss Otters	1:14.06
4 Martin HERON	55 Redhill & R	1:16.12
5 Peter RANK	56 Co Cambridge	1:19.14
Steve BRATT	58 Otter	DNC
60/64 Yrs Age Group		
1 Chris DUNN	62 Hatfield	1:02.98
2 Barrie ROLFE	60 Eastbourne	1:05.79
3 Colin HAMLING	60 Dorking	1:10.80
4 John WEBB	62 Spencer	1:16.26
5 Peter STEPHENS	61 Royal Navy	1:19.29
6 Dave WOOD	61 Co Cant'bury	1:19.81
7 Paul BAKER	61 Beckenham	1:23.09
Roger PHILLIPS	64 Otter	DNC
65/69 Yrs Age Group		
1 Paul WEBSTER	66 Co Cant'bury	1:12.75
2 Rodney MILLER	65 Eastbourne	1:13.37
3 Keith MATHIESON	67 Brighton	1:20.43
70/74 Yrs Age Group		
1 Anthony GIMSON	71 Olympos Marl	1:17.61
2 Irving DIXON	74 Spencer	1:25.67

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

3 Richard SKERRETT                      73 Carm Masters                      2:07.17

#### Men 200m Freestyle

##### 18/24 Yrs Age Group

1 Stephen MURPHY                      23 Brighton                      2:05.24  
2 James LOCK                      23 Loughborough                      2:10.28  
3 Alex SURPLICE                      21 Bracknell                      2:19.16

##### 25/29 Yrs Age Group

1 Peter SNASHALL                      29 Eastbourne                      2:37.88

##### 30/34 Yrs Age Group

1 Andrew FARRELL                      30 Templeogue                      2:08.60  
2 John KNOWLES                      30 Windsor                      2:11.15  
3 Martin TROTT                      34 Olympus Marl                      2:22.72  
4 Jonathan KERNKRAUT                      32 Anaconda                      2:26.01  
5 Leslie LYONS                      30 Swindon Mas                      2:38.99  
6 Gerard MCINERNEY                      30 Anaconda                      2:40.90

##### 35/39 Yrs Age Group

1 Richard GRAUEL                      37 AMT                      2:04.27  
2 David STANNARD                      37 Reading                      2:12.52  
3 Andrew CHAMBERLAIN                      35 Hants North                      2:13.45  
4 Stephen IRWIN                      37 Kingston Roy                      2:19.00  
5 Fabio GRAMEGNA                      37 DDS Milano                      2:21.97  
6 Jean-bernard CROZET                      36 Saxon Crown                      2:23.48  
7 Guy BARLOW                      36 Spencer                      2:23.80  
8 Matthew GALLOP                      36 Staines                      2:29.56  
9 Ravi BANSAL                      39 Clissold                      2:31.51  
10 Lee WHITE                      38 Clissold                      3:21.11

##### 40/44 Yrs Age Group

1 Toni PAVICIC-DONKIC                      40 AMT                      2:08.10  
2 Shawn MORGAN                      43 Reading                      2:15.28  
3 Mark SALWAY                      40 Olympus Marl                      2:18.31  
4 Paul SMOOTHY                      40 Spencer                      2:21.34

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

5 Gavin BARLOW	40 Spencer	2:22.49
6 Beat HOSTETTLER	40 AMT	2:23.93
7 Paolo SORMANI	43 DDS Milano	2:50.13
45/49 Yrs Age Group		
1 Tom GREENWOOD	48 Hart	2:09.99
2 Wray SHEWELL-COOPER	47 Potters Bar	2:14.75
3 Adam LELEAN	46 Diss Otters	2:23.22
4 Thomas ENRIGHT	49 Romford Town	2:29.01
5 Matthew STONE	46 Croydon Amph	2:29.39
6 Wayne HIRST	48 Ruislip Nwd	2:37.07
7 Mark NOWELL	45 Diss Otters	2:38.64
Tony ROSE	47 Eastbourne	DNC
50/54 Yrs Age Group		
1 Andrew HUCKLE	52 Wycombe Dist	2:21.94
2 David SHAMP	50 Dorking	2:26.53
3 Mark STRAW	50 Bracknell	2:32.08
4 Philip NEWMAN	50 Kings Corm	2:33.65
5 John RITTENHOUSE	50 Barnet Copt	2:34.44
6 Martin COOMBES	52 Herne Bay	2:45.86
55/59 Yrs Age Group		
1 Peter RAE	55 Otter	2:20.90
2 Tony MEEK	58 Sevenoaks	2:31.87
3 Len PHOENIX	59 Diss Otters	2:42.10
4 Brian HOSKING	57 Dorking	2:45.01
5 Martin HERON	55 Redhill & R	2:58.85
60/64 Yrs Age Group		
1 Chris DUNN	62 Hatfield	2:21.16
2 Ivan MYALL	61 Chelmsford	2:34.00
3 Roger PHILLIPS	64 Otter	2:43.92
4 Peter STEPHENS	61 Royal Navy	2:51.37
5 Anthony RAY	64 Otter	2:58.75
Dave WOOD	61 Co Cant'bury	DNC

# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

### 65/69 Yrs Age Group

1 Rodney MILLER	65 Eastbourne	2:48.29
2 Keith MATHIESON	67 Brighton	3:09.73
3 David HAYES	67 Olympus Marl	3:30.82

### 70/74 Yrs Age Group

1 Anthony GIMSON	71 Olympos Marl	2:58.28
2 Charles SWANN	71 RomseyTotton	3:03.91
3 Max ZELLER	70 AMT	3:05.51
4 Irving DIXON	74 Spencer	3:19.10
5 Richard SKERRETT	73 Carm Masters	4:53.80

### Men 400m Freestyle

#### 18/24 Yrs Age Group

			50	100	150	200	250	300	350
1 Justin LANGFORD	18 Brighton	4:29.76	31.26	1:05.57	1:40.66	2:15.56	2:49.93	3:24.01	3:58.02
2 James LOCK	23 Loughborough	4:34.33	30.32	1:04.35	1:39.20	2:14.45	2:49.94	3:25.39	4:00.55
3 Jonathan STREETER	24 Crawley	4:48.65	31.03	1:06.57	1:42.81	2:19.82	2:56.62	3:34.27	4:11.93

#### 25/29 Yrs Age Group

			50	100	150	200	250	300	350
1 Peter SNASHALL	29 Eastbourne	5:36.50				2:39.83			
Chris BUMBY	27 Royal Navy	DNC							

#### 30/34 Yrs Age Group

			50	100	150	200	250	300	350
1 Andrew FARRELL	30 Templeogue	4:34.81	30.14	1:04.51	1:39.87	2:15.62	2:50.29	3:25.75	4:00.65
2 Martin TROTT	34 Olympus Marl	5:07.36	33.72	1:12.27	1:51.26	2:31.43	3:10.81	3:50.63	4:30.05

#### 35/39 Yrs Age Group

			50	100	150	200	250	300	350
1 Andrew CHAMBERLAIN	35 Hants North	4:40.53	32.66	1:07.89	1:43.43	2:19.40	2:55.27	3:31.10	4:06.41
2 David STANNARD	37 Reading	4:42.24	30.8	1:05.58	1:40.38	2:16.48	2:51.67	3:28.74	4:05.40
3 Guy BARLOW	36 Spencer	5:11.36	33.11	1:11.33	1:50.05	2:30.75	3:10.41	3:51.41	4:31.09
4 Matthew GALLOP	36 Staines	5:16.29	34.53	1:12.91	1:52.87	2:32.97	3:13.61	3:54.50	4:36.26
5 Juerg PFISTER	35 AMT	5:30.38	37.71	1:18.60	2:00.20	2:43.18	3:25.54	4:08.80	4:49.90
6 Ravi BANSAL	39 Clissold	5:33.14	31.32	1:07.94	1:49.09	2:32.76	3:17.26	4:03.61	4:49.38
7 David FINBOW	36 RTW Monson	5:49.77	38.52	1:20.79	2:05.50	2:49.97	3:35.28	4:20.04	5:05.97

# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

40/44 Yrs Age Group			50	100	150	200	250	300	350	
1	Toni PAVICIC-DONKIC	40 AMT	4:31.56	31.05	1:05.31	1:39.86	2:14.78	2:49.23	3:23.82	3:58.05
2	Shawn MORGAN	43 Reading	4:40.13	31.97	1:06.71	1:42.51	2:18.15	2:53.89	3:29.83	4:05.59
3	Duncan HARTLEY	40 Barnet Copt	4:43.91	30.89	1:04.79	1:39.21	2:15.72	2:52.15	3:29.65	4:06.60
4	Jiri KOS	42 AMT	4:49.23	31.05	1:05.80	1:42.48	2:19.92	2:57.87	3:35.97	4:13.61
5	Andy COOK	40 Dorking	5:07.00	34.68	1:12.99	1:52.35	2:31.38	3:10.23	3:49.53	4:29.82
6	Paolo SORMANI	43 DDS Milano	6:09.09	40.16	1:24.70	2:10.55	2:57.57	3:45.76	4:34.45	5:22.36
45/49 Yrs Age Group			50	100	150	200	250	300	350	
1	Wray SHEWELL-COOPER	47 Potters Bar	4:41.54	30.87	1:05.33	1:40.47	2:16.38	2:52.24	3:29.24	4:05.90
2	Paul HARE	48 Croydon Amph	5:07.80	32.93	1:10.52	1:48.67	2:29.28	3:08.88	3:49.94	4:29.54
3	Wayne HIRST	48 Ruislip Nwd	5:38.61	35.11	1:15.80	1:58.33	2:41.94	3:25.81	4:10.67	4:55.02
	Tony ROSE	47 Eastbourne	DNC							
50/54 Yrs Age Group			50	100	150	200	250	300	350	
1	John RITTENHOUSE	50 Barnet Copt	4:51.84	32.75	1:09.19	1:46.78	2:24.08	3:01.76	3:38.97	4:16.49
2	Andrew HUCKLE	52 Wychcombe Dist	5:05.11	35.68	1:13.76	1:52.22	2:31.29	3:10.63	3:50.31	4:28.91
3	Steve BRAINE	54 Olympus Marl	5:25.87	34.44	1:11.68	1:51.62	2:32.05	3:14.27	3:57.15	4:41.79
4	Martin COOMBES	52 Herne Bay	5:44.18	38.5	1:21.06	2:04.50	2:48.68	3:32.69	4:17.45	5:01.35
5	John PADDINGTON	51 Beckenham	6:09.09	40.49	1:27.09	2:14.64	3:03.84	3:51.30	4:39.32	5:25.78
55/59 Yrs Age Group			50	100	150	200	250	300	350	
1	Peter RAE	55 Otter	4:57.45	33.2	1:09.74	1:47.14	2:25.15	3:03.02	3:41.76	4:20.30
2	Tony MEEK	58 Sevenoaks	5:33.08	38.17	1:20.02	2:02.49	2:45.75	3:28.01	4:10.57	4:52.69
3	Len PHOENIX	59 Diss Otters	5:46.49	38.18	1:22.17	2:06.04	2:50.91	3:34.38	4:19.14	5:02.27
4	Brian HOSKING	57 Dorking	5:59.00	39.49	1:23.10	2:07.99	2:53.57	3:39.99	4:26.81	5:14.05
60/64 Yrs Age Group			50	100	150	200	250	300	350	
1	Chris DUNN	62 Hatfield	5:01.99	34.91	1:13.52	1:53.03	2:31.70	3:10.45	3:48.39	4:26.91
2	Roger PHILLIPS	64 Otter	5:52.90	41.05	1:26.12	2:10.89	2:56.68	3:40.66	4:26.15	5:10.51
3	Peter STEPHENS	61 Royal Navy	5:54.53	40.14	1:25.41	2:11.42	2:56.63	3:42.43	4:27.71	5:12.35
65/69 Yrs Age Group			50	100	150	200	250	300	350	
1	Rodney MILLER	65 Eastbourne	5:56.43	38.85	1:22.35	2:09.46	2:55.46	3:41.76	4:27.64	5:13.89
2	David STAVELEY	66 Hythe	6:23.47	41.66	1:30.08	2:20.03	3:10.91	3:59.33	4:49.62	5:37.70
3	John WILLIAMSON	67 Bracknell	7:15.64	48.2	1:40.28	2:35.86	3:31.96	4:29.39	5:25.69	6:22.51



## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

70/74 Yrs Age Group			50	100	150	200	250	300	350
1 Anthony GIMSON	71 Olympos Marl	6:19.55	41.55	1:28.49	2:18.18	3:07.13	3:57.18	4:46.61	5:34.61
2 Max ZELLER	70 AMT	6:40.06	44.23	1:35.25	2:25.85	3:19.23	4:10.06	5:01.47	5:51.21
3 Irving DIXON	74 Spencer	7:20.08	45.9	1:37.89	2:33.07	3:30.07	4:26.96	5:23.98	6:22.21
4 Richard SKERRETT	73 Carm Masters	10:09.3	1:05.33	2:21.51	3:40.80	5:04.45	6:24.99	7:45.61	9:00.80

#### Men 800m Freestyle

18/24 Yrs Age Group		
1 Justin LANGFORD	18 Brighton	9:31.84
2 James LOCK	23 Loughborough	9:33.15
3 Jonathan STREETER	24 Crawley	10:11.1

25/29 Yrs Age Group		
1 Peter SNASHALL	29 Eastbourne	10:57.1
2 Christopher LUESLEY	29 Worthing	11:03.7
3 Sam CHADWICK	29 Godalming	11:31.3
Chris BUMBY	27 Royal Navy	DNC

30/34 Yrs Age Group		
1 Andrew FARRELL	30 Templeogue	9:36.54
2 Martin TROTT	34 Olympus Marl	10:39.7
3 Daniel WALTON	32 Saxon Crown	11:52.6

35/39 Yrs Age Group			100	200	300	400	500	600	700
1 Andrew CHAMBERLAIN	35 Hants North	9:45.98							
2 Matt MOLLOY	39 Camden Swiss	10:17.7							
3 Juerg PFISTER	35 AMT	11:25.6	1:21.43	2:49.59	4:17.99	5:44.52	7:12.23	8:39.83	10:05.9
4 David FINBOW	36 RTW Monson	12:02.6	1:22.09	2:51.98	4:23.52	5:55.61	7:27.38	9:00.15	10:32.1
Guy BARLOW	36 Spencer	DNC							

40/44 Yrs Age Group			100	200	300	400	500	600	700
1 Toni PAVICIC-DONKIC	40 AMT	9:34.84							
2 Duncan HARTLEY	40 Barnet Copt	10:00.1							
3 Jiri KOS	42 AMT	10:01.8							
4 Thomas KAMINSKI	43 AMT	11:32.3	1:18.07	2:44.93	4:13.17	5:41.97	7:10.85	8:39.29	10:07.7

# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

5 Mark PINCOTT	43 Herne Bay	11:42.8	1:18.39	2:45.80	4:14.83	5:44.52	7:14.96	8:45.22	10:17.1
6 Peter PRODGER	43 Eastbourne	13:44.3	1:39.43	1:39.43	5:08.73	3:24.73	8:36.32	5:08.73	
Shawn MORGAN	43 Reading	DNC							
45/49 Yrs Age Group			100	200	300	400	500	600	700
1 Adam LELEAN	46 Diss Otters	10:36.0							
2 Antony SCOTT	49 Basingstoke	11:38.2							
3 Dale MARTIN	48 Eastbourne	11:43.7							
4 Mark NOWELL	45 Diss Otters	12:02.8	1:23.07	2:55.28	4:28.06	6:00.96	7:34.36	9:07.11	10:38.6
Robert BARKER	45 Kingston Roy	DNC							
50/54 Yrs Age Group			100	200	300	400	500	600	700
1 David MILLER	50 Otter	12:17.0	1:20.68	2:52.19	4:25.49	5:59.47	7:34.32	9:07.80	10:42.5
55/59 Yrs Age Group			100	200	300	400	500	600	700
1 Peter RAE	55 Otter	10:42.5							
2 Len PHOENIX	59 Diss Otters	12:07.4							
3 Brian HOSKING	57 Dorking	12:31.9	1:28.38	3:02.54	4:37.98	6:13.19	7:48.66	9:24.84	10:59.9
4 Peter RANK	56 Co Cambridge	12:59.2	1:31.22	1:31.22	4:48.67	3:10.06	8:07.14	4:48.67	
5 Charles CONLON	58 Dorking	15:11.1	1:35.82	3:31.13	5:26.86	7:25.05	9:22.17	11:20.5	13:16.2
6 Anthony PLATTS	59 Olympus Marl	15:17.1	1:44.64	3:39.95	5:33.88	7:29.48	9:26.27	11:22.5	13:20.1
7 David PINKNEY	56 Hart	15:28.5	1:43.25	1:43.25	5:36.23	3:38.20	9:35.65	5:36.23	13:34.5
Trevor PORTER	57 Acton	DNC							
60/64 Yrs Age Group			100	200	300	400	500	600	700
1 Chris DUNN	62 Hatfield	10:26.4							
2 Duncan MCCREADIE	63 Maidenhead	10:40.5							
3 Peter STEPHENS	61 Royal Navy	12:07.9	1:25.53	1:25.53	4:32.03	2:59.47	7:36.46	4:32.03	
4 Clive BRADBURN	61 Gravesend	14:50.9	1:43.10	3:37.68	5:33.38	7:28.46	9:22.51	11:17.3	13:09.2
Roger PHILLIPS	64 Otter	DNC							
65/69 Yrs Age Group			100	200	300	400	500	600	700
1 Rodney MILLER	65 Eastbourne	12:47.3	1:25.85	1:25.85	4:38.84	3:01.94	7:56.40	4:38.84	
2 David HALL	66 Witney	13:43.9	1:32.89	1:32.89	5:04.57	3:19.18	8:35.77	5:04.57	12:05.8
70/74 Yrs Age Group			100	200	300	400	500	600	700

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

1 Anthony GIMSON	71 Olympos Marl	13:28.9	1:34.13	1:34.13	5:01.50	3:17.20	8:27.30	5:01.50	11:53.5
2 Richard SKERRETT	73 Carm Masters	22:26.3	2:38.69	5:33.51	8:25.95	11:16.8	14:06.2	16:59.9	19:51.6

#### Men 200m IM

##### 18/24 Yrs Age Group

1 Alistair GARMENDIA	24 Eastleigh	2:24.40
2 Alex SURPLICE	21 Bracknell	2:37.63

##### 25/29 Yrs Age Group

1 Enrico HAHN	27 Otter	2:30.88
2 Tim LAM	27 Otter	2:41.25
Peter ROSS	27 Olympus Marl	DNC

##### 30/34 Yrs Age Group

1 Jonathan KERNKRAUT	32 Anaconda	2:39.37
2 Martin TROTT	34 Olympus Marl	2:52.77
Gerard MCINERNEY	30 Anaconda	DQ

##### 35/39 Yrs Age Group

1 Andrew CHAMBERLAIN	35 Hants North	2:29.36
2 Adam HARPER	37 Brighton	2:44.17
3 Angus MACGOWAN	37 Camden Swiss	3:18.69
Juerg PFISTER	35 AMT	DQ

##### 40/44 Yrs Age Group

1 Toni PAVICIC-DONKIC	40 AMT	2:29.81
2 Mark SALWAY	40 Olympus Marl	2:31.17
3 Paul SMOOTHY	40 Spencer	2:40.46
4 Kevin LIEF	41 Barnet Copt	2:49.20

##### 45/49 Yrs Age Group

1 Wray SHEWELL-COOPER	47 Potters Bar	2:30.98
2 Adam LELEAN	46 Diss Otters	2:47.60
3 Luca MADININ MORETTI	45 DDS Milano	2:52.59
4 Matthew STONE	46 Croydon Amph	2:53.93
5 John CROUCH	45 Eastbourne	2:56.56
6 Mark NOWELL	45 Diss Otters	3:09.69
Rob FRENCH	48 Brighton Dol	DNC

##### 50/54 Yrs Age Group

1 David SHAMP	50 Dorking	2:47.81
2 Thomas MORROW	52 Co Milton K	2:54.25

# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

3 Philip NEWMAN	50 Kings Corm	2:56.26							
4 Kirk LANGFORD	50 Guildford Ct	2:57.13							
5 Michael COX	51 Bracknell	3:11.96							
6 John PADDINGTON	51 Beckenham	3:31.76							
7 Peter CURRAN	52 Guildford Ct	3:41.62							
55/59 Yrs Age Group									
1 Len PHOENIX	59 Diss Otters	3:21.98							
2 Martin MURPHY	57 Epsom Dist	3:24.13							
60/64 Yrs Age Group									
1 Chris DUNN	62 Hatfield	2:49.23							
65/69 Yrs Age Group									
1 Paul WEBSTER	66 Co Cant'bury	3:34.38							
2 George VARGHA	66 Arundel Trin	3:57.05							
70/74 Yrs Age Group									
1 Neil TASKER	70 Brighton	3:35.14							
2 Bob CROUCH	71 Eastbourne	3:44.45							
<b>Mens 400m IM</b>									
18/24 Yrs Age Group									
1 Stephen MURPHY	23 Brighton	5:02.27	50	100	150	200	250	300	350
			31.31	1:09.25	1:49.94				
35/39 Yrs Age Group									
1 Andrew CHAMBERLAIN	35 Hants North	5:15.57	50	100	150	200	250	300	350
			32.43	1:09.42	1:52.08				
40/44 Yrs Age Group									
1 Paul SMOOTHY	40 Spencer	5:48.52	50	100	150	200	250	300	350
			33.93	1:13.90					
45/49 Yrs Age Group									
1 Adam LELEAN	46 Diss Otters	6:04.69	50	100	150	200	250	300	350
2 Luca MADININ MORETTI	45 DDS Milano	6:12.85	37.06	1:22.27					
3 Dale MARTIN	48 Eastbourne	6:39.85	45.15					5:15.28	
4 Max GARGAN	45 Brighton Dol	6:50.88	43.74					5:12.61	
Christian RENTSCH	45 AMT	DNC							
50/54 Yrs Age Group									
1 David MILLER	50 Otter	6:34.18	50	100	150	200	250	300	350
			41.07	1:30.68				5:04.47	

# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

2 John MC GRATH	51 Brighton Dol	6:42.31	41.08	1:30.84	3				
55/59 Yrs Age Group			50	100	150	200	250	300	350
Martin MURPHY	57 Epsom Dist	DQ	47.65					5:36.65	
70/74 Yrs Age Group			50	100	150	200	250	300	350
1 David CUMMING	70 Eastbourne	7:00.35	43.82					5:30.36	
<b>Men 200m Medley Team</b>									
120+ Yrs Age Group									
1 120+ Men Medley	120+	Clissold	2:35.03						
160+ Yrs Age Group									
1 160+ Men Medley	160+	DDS	2:13.77						
200+ Yrs Age Group									
1 200+ Men Medley	200+	Olympus Marl	2:13.77						
2 200+ Men Medley	200+	Dorking	2:32.82						
3 200+ Men Medley	200+	Beckenham	2:35.03						
240+ Yrs Age Group									
1 240+ Men Medley	240+	Otter	2:37.95						
<b>Men 200m Freestyle Team</b>									
120+ Yrs Age Group									
1 120+ Men Free	120+	Clissold	2:16.74						
160+ Yrs Age Group									
1 160+ Men Free	160+	AMT	1:49.73						
2 160+ Men Free	160+	Olympos Marl	1:55.97						
160+ Men Free	160+	DDS	DQ						
200+ Yrs Age Group									
1 200+ Men Free	200+	Dorking	1:57.07						
2 200+ Men Free	200+	Beckenham	2:09.77						
3 200+ Men Free	200+	Guildford Ct	2:10.18						

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

4 200+ Men Free	200+	Worthing SC	2:12.23
1 240+ Men Free	240+	Otter	2:10.52

## WOMEN

### Women 50m Backstroke

#### 18/24 Yrs Age Group

1 Faye GARDINER	23 Cant CC Uni	36.79
2 Deborah WILLETT	24 Croydon Amph	39.99
3 Joanne BRUCE	19 Cant CC Uni	49.24

#### 25/29 Yrs Age Group

1 Alexis ROBINSON	29 Saxon Crown	37.44
2 Nikki LUDGROVE	27 Otter	38.92
3 Lizzie MOLINEAUX	26 Cant CC Uni	42.89

#### 30/34 Yrs Age Group

1 Amy NYBERG	33 Guildford Ct	37.75
Anoushka JOHNSON	34 Gravesend	DNC

#### 35/39 Yrs Age Group

1 Sarah TROTT	36 Olympus Marl	40.35
2 Kathryn MASON	39 Broomfield	44.08
3 Tracey KAIN	38 Acton	45.81

#### 40/44 Yrs Age Group

1 Dawn MIDMER	41 Olympus Marl	38.55
2 Gill PRINCE	40 Hythe	38.61
3 Diane CHRISMAS	41 Brighton Dol	38.75
Rebecca STEWART	41 Saxon Crown	DNC

#### 45/49 Yrs Age Group

1 Linda SPRIGGE	48 Crawley	38.86
2 Lynda CALLAWAY	46 Bracknell	42.36
3 Sharon RUCK	46 Co Cant'bury	44.8
4 Sue GREEN	45 Ruislip Nwd	45.6

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

5 Camilla ALLWOOD	49 Clissold	1:01.44
Lucy DICKSON	48 Sevenoaks	DNC
Pauline CAVEN	46 Sevenoaks	DNC
50/54 Yrs Age Group		
1 Kathy BIDNALL	53 Olympus Marl	39.52
2 Amanda HEATH	51 Spencer	41.65
3 Amanda DOYLE	52 Dorking	45.39
4 Julia HOURIHANE	52 Hastings	49.07
55/59 Yrs Age Group		
1 Anne CORK	57 Slough Eton	41.4
2 Marie STUTZ	55 AMT	43.22
3 Sally LELEAN	57 Diss Otters	56.89
60/64 Yrs Age Group		
1 Carol FELLOWS	62 Spencer	40.74
2 Elizabeth SAVIDGE	64 Kings Corm	46.04
3 Julie CRAYFORD	60 CLAMS	46.4
4 Susan DEWAR	62 Havant & Wat	48.64
5 Jane KEWLEY	60 Olympus Marl	49.42
75/79 Yrs Age Group		
1 Jane ASHER	77 Kings Corm	45.87
80 Yrs/Over Age Group		
1 Joan KIDD	81 Io Wight	1:00.46
2 Susan HALTER	81 Camden Swiss	1:01.74
<b>Women 100m Backstroke</b>		
18/24 Yrs Age Group		
1 Faye GARDINER	23 Cant CC Uni	1:18.39
2 Deborah WILLETT	24 Croydon Amph	1:27.30
25/29 Yrs Age Group		
1 Camilla GEORGE	27 Anaconda	1:18.18

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

2 Gina CHARLETON	26 Orpington OJ	1:31.27
30/34 Yrs Age Group		
1 Gail HENRY	34 Fareham N'ds	1:16.56
2 Amy NYBERG	33 Guildford Ct	1:21.77
35/39 Yrs Age Group		
1 Jo CORBEN	38 Fareham N'ds	1:09.45
2 Nicola LATTY	37 Oundle	1:17.34
3 Alexandra VERON-LEROY	35 AMT	1:19.97
40/44 Yrs Age Group		
1 Vicki LINTON-CROOK	44 Camden Swiss	1:20.32
2 Diane CHRISMAS	41 Brighton Dol	1:21.70
3 Dawn MIDMER	41 Olympus Marl	1:23.21
4 Karen GREEN	44 Sevenoaks	1:28.90
Rebecca STEWART	41 Saxon Crown	DNC
45/49 Yrs Age Group		
1 Emma KELLY	45 Kings Corm	1:22.79
2 Rebecca JENKINSON	45 Tiverton	1:26.27
3 Pauline CAVEN	46 Sevenoaks	1:27.45
4 Carolyn FOX	47 Reading	1:31.86
5 Sharon RUCK	46 Co Cant'bury	1:33.19
6 Valerie BULL	46 Diss Otters	1:41.90
7 Gillian WHEELDON	48 Clissold	2:01.80
50/54 Yrs Age Group		
1 Kathy BIDNALL	53 Olympus Marl	1:25.74
55/59 Yrs Age Group		
1 Marie STUTZ	55 AMT	1:31.11
2 Sally LELEAN	57 Diss Otters	2:01.32
3 Elaine SCOTT	59 Arundel Trin	2:22.18
60/64 Yrs Age Group		



# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

1 Carol FELLOWS	62 Spencer	1:33.37			
2 Rose DUDENEY	61 Olympus Marl	1:42.54			
3 Susan DEWAR	62 Havant & Wat	1:51.19			
70/74 Yrs Age Group					
1 Jenny BALL	70 lo Wight	1:56.54			
80 Yrs/Over Age Group					
1 Joan KIDD	81 lo Wight	2:10.88			
2 Susan HALTER	81 Camden Swiss	2:26.17			
<b>Women 200m Backstroke</b>					
18/24 Yrs Age Group					
1 Faye GARDINER	23 Cant CC Uni	2:54.51	50	100	150
			40.13	1:25.31	2:09.98
25/29 Yrs Age Group					
1 Jane LEIGHTON	27 Otter	2:38.16	50	100	150
			38.75	1:18.28	1:58.57
35/39 Yrs Age Group					
1 Jo CORBEN	38 Fareham N'ds	2:29.00	50	100	150
2 Clare CHILTON	38 Olympus Marl	3:14.60	34.83	1:12.09	1:50.67
			44.3	1:33.50	2:24.84
40/44 Yrs Age Group					
1 Diane CHRISMAS	41 Brighton Dol	3:01.27	50	100	150
2 Dawn MIDMER	41 Olympus Marl	3:05.66	39.93	1:24.92	2:12.76
			42.62	1:30.67	2:19.05
45/49 Yrs Age Group					
1 Lynda CALLAWAY	46 Bracknell	3:20.08	50	100	150
2 Sharon RUCK	46 Co Cant'bury	3:21.18	47.63	1:38.93	2:29.93
			48.8	1:40.26	2:31.66
50/54 Yrs Age Group					
1 Lesley COOK	50 Romford Town	3:23.97	50	100	150
2 Christine GOODAIR	51 Kings Corm	3:33.23	47.82	1:39.90	2:32.94
			48.09	1:42.41	2:38.74
55/59 Yrs Age Group					
1 Anne CORK	57 Slough Eton	2:58.22	50	100	150
			43.54	1:28.90	2:15.29

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

2 Marie STUTZ	55 AMT	3:22.97	47.35	1:41.26	2:32.39
60/64 Yrs Age Group			50	100	150
1 Elaine BLOWER	63 Barnet Copt	3:26.90	48.53	1:40.66	2:34.11
2 Rose DUDENEY	61 Olympus Marl	3:39.41	51.11	1:49.97	2:47.10
3 Susan DEWAR	62 Havant & Wat	4:04.03	57.99	2:02.13	3:06.58
70/74 Yrs Age Group			50	100	150
1 Jenny BALL	70 Io Wight	4:10.70	1:00.35	2:04.69	
80 Yrs/Over Age Group			50	100	150
1 Susan HALTER	81 Camden Swiss	5:25.57			
<b>Women 50m Breaststroke</b>					
18/24 Yrs Age Group					
1 Kirsty PAGE	23 Cant CC Uni	44			
2 Georgina BERRY	24 Orpington OJ	44.41			
25/29 Yrs Age Group					
1 Lisa WUJEC	27 Otter	41.1			
2 Kim EWINS	25 Guildford Ct	43.03			
3 Gina CHARLETON	26 Orpington OJ	47.94			
4 Elizabeth FAIRS	26 Worthing	49.68			
30/34 Yrs Age Group					
1 Sharon CROWHURST	32 Crawley	37.55			
2 Michelle MATSON	30 Hampshire	41.12			
3 Amy GREENE	32 Dorking	46.83			
4 Chantelle FERRIS	33 Swindon Mas	47.36			
5 Hayley JOHNSON	34 Reading	49.34			
Kyla STEENHART	30 Camden Swiss	DNC			
35/39 Yrs Age Group					
1 Sarah TROTT	36 Olympus Marl	42.76			
2 Clare FINBOW	38 RTW Monson	43.45			
3 Clare CHILTON	38 Olympus Marl	43.77			

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

4 Tracey KAIN	38 Acton	45.29
5 Karen WARDLEY	37 Worthing	45.59
6 Alex HUTCHBY	35 Guildford Ct	47.61
40/44 Yrs Age Group		
1 Gill PRINCE	40 Hythe	39.57
2 Del GILBERT	42 Brighton Dol	40.26
3 Lesley CAMERON	42 Sevenoaks	42.55
4 Elizabeth SHAW	42 Otter	43.53
45/49 Yrs Age Group		
1 Rebecca JENKINSON	45 Tiverton	41.67
2 Lucy DICKSON	48 Sevenoaks	44.03
3 Gillian WHEELDON	48 Clissold	48.55
4 Sharon RUCK	46 Co Cant'bury	48.9
5 Coral ALLEN	49 Dorking	49.26
6 Jo READ	46 Redhill & R	54.23
50/54 Yrs Age Group		
1 Alison NYE	51 Orpington OJ	38.59
2 Amanda HEATH	51 Spencer	41.01
3 Judith MCKERCHAR	51 Olympus Marl	42.82
4 Sara PERRY	51 Anaconda	46.74
55/59 Yrs Age Group		
1 Sally LELEAN	57 Diss Otters	52.92
2 Elaine SCOTT	59 Arundel Trin	56.5
Janet WOOD	58 Co Cant'bury	DNC
60/64 Yrs Age Group		
1 Julie CRAYFORD	60 CLAMS	44.17
2 Jane KEWLEY	60 Olympus Marl	50.84
3 Susan DEWAR	62 Havant & Wat	53.12
4 Amanda WELCH	63 Clissold	58.8
65/69 Yrs Age Group		

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

1 Diane FORD	65 Rushmoor Ryl	44.43	
70/74 Yrs Age Group			
1 Muriel HITCHCOCK	70 Spencer	48.18	
80 Yrs/Over Age Group			
1 Joan KIDD	81 Io Wight	1:04.34	
2 Vivien BATTEN	83 Nofio Cymru	1:37.27	
<b>Women 100m Breaststroke</b>			
18/24 Yrs Age Group			
Nicole READ	23 Co B'ton + H	DNC	50
25/29 Yrs Age Group			
1 Jane LEIGHTON	27 Otter	1:20.07	38.27
2 Gina CHARLETON	26 Orpington OJ	1:41.27	47.98
Kim EWINS	25 Guildford Ct	DNC	
30/34 Yrs Age Group			
1 Sharon CROWHURST	32 Crawley	1:22.79	38.06
2 Clarissa TILLEY	32 Olympus Marl	1:34.20	45.82
35/39 Yrs Age Group			
1 Nicola LATTY	37 Oundle	1:28.73	42.29
2 Tracey KAIN	38 Acton	1:32.77	43.52
3 Clare FINBOW	38 RTW Monson	1:32.78	43.97
4 Clare CHILTON	38 Olympus Marl	1:34.83	45.26
40/44 Yrs Age Group			
1 Gill PRINCE	40 Hythe	1:29.29	40.67
2 Del GILBERT	42 Brighton Dol	1:29.31	41.75
3 Elizabeth SHAW	42 Otter	1:30.84	43.24
45/49 Yrs Age Group			
1 Linda SPRIGGE	48 Crawley	1:28.71	41.59
2 Rebecca JENKINSON	45 Tiverton	1:32.35	43.02

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

3 Dina THORNTON	45 Diss Otters	1:37.87	45.17
4 Valerie BULL	46 Diss Otters	1:57.89	55.87
50/54 Yrs Age Group			50
1 Amanda HEATH	51 Spencer	1:26.96	41.57
Alison NYE	51 Orpington OJ	DNC	
55/59 Yrs Age Group			50
1 Sally LELEAN	57 Diss Otters	2:00.37	55.42
60/64 Yrs Age Group			50
1 Susan DEWAR	62 Havant & Wat	2:02.59	56.79
65/69 Yrs Age Group			50
1 Diane FORD	65 Rushmoor Ryl	1:36.20	45.47
70/74 Yrs Age Group			50
1 Muriel HITCHCOCK	70 Spencer	1:46.89	49.9
75/79 Yrs Age Group			50
1 Jane ASHER	77 Kings Corm	1:58.18	56.88
80 Yrs/Over Age Group			50
1 Joan KIDD	81 Io Wight	2:19.80	1:05.01
2 Vivien BATTEN	83 Nofio Cymru	3:44.93	1:48.22
<b>Women 200m Breaststroke</b>			
30/34 Yrs Age Group			
1 Hayley JOHNSON	34 Reading	3:49.92	
Sharon CROWHURST	32 Crawley	DNC	
Kyla STEENHART	30 Camden Swiss	DNC	
35/39 Yrs Age Group			
1 Alexandra VERON-LEROY	35 AMT	3:05.54	
2 Meera SIVA	39 Dorking	3:08.93	
3 Tracey KAIN	38 Acton	3:21.57	

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

4 Clare FINBOW	38 RTW Monson	3:22.56
40/44 Yrs Age Group		
1 Elizabeth SHAW	42 Otter	3:15.46
2 Lesley CAMERON	42 Sevenoaks	3:24.71
3 Gill PRINCE	40 Hythe	3:27.40
4 Anne CONNON	40 Eastbourne	3:32.54
45/49 Yrs Age Group		
1 Hannah UECKERMANN	45 Coelecanth	3:08.34
2 Carolyn FOX	47 Reading	3:35.57
3 Lucy DICKSON	48 Sevenoaks	3:42.04
Lesley DAVIES	48 Otter	DNC
50/54 Yrs Age Group		
1 Amanda HEATH	51 Spencer	3:05.69
2 Frances PENWARDEN	54 Croydon Amph	3:14.72
3 Judith MCKERCHAR	51 Olympus Marl	3:22.60
4 Sara PERRY	51 Anaconda	3:32.92
55/59 Yrs Age Group		
1 Sally LELEAN	57 Diss Otters	4:14.07
60/64 Yrs Age Group		
1 Julie CRAYFORD	60 CLAMS	3:43.03
2 Rose DUDENEY	61 Olympus Marl	4:01.27
3 Elaine BLOWER	63 Barnet Copt	4:09.83
4 Susan DEWAR	62 Havant & Wat	4:13.99
5 Amanda WELCH	63 Clissold	4:36.38
65/69 Yrs Age Group		
1 Diane FORD	65 Rushmoor Ryl	3:30.09
70/74 Yrs Age Group		
1 Muriel HITCHCOCK	70 Spencer	3:52.64

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

#### 80 Yrs/Over Age Group

1 Joan KIDD	81 Io Wight	5:14.76
2 Vivien BATTEN	83 Nofio Cymru	7:53.97

#### Women 50m Butterfly

##### 18/24 Yrs Age Group

1 Faye GARDINER	23 Cant CC Uni	33.56
2 Kirsty PAGE	23 Cant CC Uni	35.97
3 Deborah WILLETT	24 Croydon Amph	42.8

##### 25/29 Yrs Age Group

1 Christine JAEGGI	27 Anaconda	33.21
2 Kirsty MELVILLE	25 Camden Swiss	33.91
3 Camilla GEORGE	27 Anaconda	35.05
4 Kim EWINS	25 Guildford Ct	36.21
Kathryn FLETCHER	28 Co Oxford	DNC

##### 30/34 Yrs Age Group

1 Rebecca HARVEY	30 RTW Monson	34.34
2 Michelle MATSON	30 Hampshire	34.99
3 Karen BROWN	34 Spencer	35.71
4 Amy GREENE	32 Dorking	40.54
5 Irina GILLHAM	32 Spencer	43.75

##### 35/39 Yrs Age Group

1 Sarah TROTT	36 Olympus Marl	35.71
2 Diane ROCHFORD	36 Spencer	36.82
3 Catherine SHEARN	39 Hampshire	36.87
4 Kathryn MASON	39 Broomfield	38.24

##### 40/44 Yrs Age Group

1 Del GILBERT	42 Brighton Dol	34.66
2 Donna WICKENS	42 Hythe	34.94
3 Caroline SLIMIN	43 Basingstoke	37.13
4 Karen GREEN	44 Sevenoaks	38.59

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

#### 45/49 Yrs Age Group

1 Sue GREEN	45 Ruislip Nwd	37.81
2 Valerie BULL	46 Diss Otters	42.33
3 Sharon RUCK	46 Co Cant'bury	43.56
4 Carolyn FOX	47 Reading	45.05
5 Janet OBENEY-WILLIAMS	46 Clissold	1:06.02

#### 50/54 Yrs Age Group

1 Alison NYE	51 Orpington OJ	34.88
2 Amanda HEATH	51 Spencer	35.79
3 Amanda DOYLE	52 Dorking	39.77
4 Judith MCKERCHAR	51 Olympus Marl	42.52

#### 55/59 Yrs Age Group

1 Elaine SCOTT	59 Arundel Trin	1:01.07
Janet WOOD	58 Co Cant'bury	DNC

#### 60/64 Yrs Age Group

1 Julie CRAYFORD	60 CLAMS	39.49
1 Carol FELLOWS	62 Spencer	39.49
3 Lynda MILLER	64 Eastbourne	49.12
4 Amanda WELCH	63 Clissold	1:08.35

#### 65/69 Yrs Age Group

1 Diane FORD	65 Rushmoor Ryl	42.71
2 Jennifer DEAN	65 Olympus Marl	52.12

#### 70/74 Yrs Age Group

1 Jenny BALL	70 Io Wight	1:07.18
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#### 75/79 Yrs Age Group

1 Jane ASHER	77 Kings Corm	47.67
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#### Women 100m Butterfly

#### 18/24 Yrs Age Group

1 Faye GARDINER	23 Cant CC Uni	1:18.08	50	34.48
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## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

25/29 Yrs Age Group 50  
1 Claire LIGGINS 27 Rushmoor Ryl 1:11.90 33.22  
2 Lucy MULLAN 28 Camden Swiss 1:16.39 35.44  
3 Kim EWINS 25 Guildford Ct 1:19.37 37.23

30/34 Yrs Age Group 50  
1 Rebecca HARVEY 30 RTW Monson 1:19.15 35.79  
2 Clarissa TILLEY 32 Olympus Marl 1:22.77 37.21  
Irina GILLHAM 32 Spencer DQ

35/39 Yrs Age Group 50  
1 Nicola LATTY 37 Oundle 1:10.19 33.57  
2 Catherine SHEARN 39 Hampshire 1:24.05 38.31  
3 Kathryn MASON 39 Broomfield 1:30.15 41.04

40/44 Yrs Age Group 50  
1 Lesley NORTON 44 Brighton Dol 1:10.08 33.09

45/49 Yrs Age Group 50  
1 Sharon RUCK 46 Co Cant'bury 1:35.52 43.43  
2 Sue GREEN 45 Ruislip Nwd 1:36.61 42.15  
3 Valerie BULL 46 Diss Otters 1:38.06 45.25  
4 Jacqueline PATEL 48 Kings Corm 1:38.24 44.75  
Dina THORNTON 45 Diss Otters DNC  
Janet OBENEY-WILLIAMS 46 Clissold DQ 1:06.88

55/59 Yrs Age Group 50  
1 Meryl ALEXANDRA 58 Crawley 1:35.87 43.28

60/64 Yrs Age Group 50  
1 Julie CRAYFORD 60 CLAMS 1:34.55 41.1  
2 Janet JEFFRIES 63 Eastbourne 2:09.15 55.85

### Women 200m Fly

25/29 Yrs Age Group

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

1 Christine JAEGGI	27 Anaconda	2:50.15
30/34 Yrs Age Group		
1 Chantelle FERRIS	33 Swindon Mas	3:37.48
35/39 Yrs Age Group		
1 Nicola LATTY	37 Oundle	2:29.37
2 Catherine SHEARN	39 Hampshire	3:17.66
3 Kathryn MASON	39 Broomfield	3:32.25
40/44 Yrs Age Group		
1 Donna WICKENS	42 Hythe	3:14.27
45/49 Yrs Age Group		
1 Sharon RUCK	46 Co Cant'bury	3:23.19
50/54 Yrs Age Group		
1 Esther ISEPPI	50 AMT	3:00.51
<b>Women 50m Freestyle</b>		
18/24 Yrs Age Group		
1 Kirsty PAGE	23 Cant CC Uni	31.43
2 Faye GARDINER	23 Cant CC Uni	32.31
3 Deborah WILLETT	24 Croydon Amph	34.25
4 Joanne BRUCE	19 Cant CC Uni	41.8
25/29 Yrs Age Group		
1 Lisa WUJEC	27 Otter	29.74
2 Kirsty MELVILLE	25 Camden Swiss	29.91
3 Kathryn FLETCHER	28 Co Oxford	31.48
4 Nikki LUDGROVE	27 Otter	33.26
5 Gina CHARLETON	26 Orpington OJ	34.92
6 Elizabeth FAIRS	26 Worthing	37.77
30/34 Yrs Age Group		
1 Sharon CROWHURST	32 Crawley	31.44

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

2 Karen BROWN	34 Spencer	31.67
3 Amy NYBERG	33 Guildford Ct	31.88
4 Rebecca HARVEY	30 RTW Monson	32.3
5 Amy GREENE	32 Dorking	34.74
6 Irina GILLHAM	32 Spencer	37.4
Caroline WILSON	34 Anaconda	DNC
Anoushka JOHNSON	34 Gravesend	DNC
35/39 Yrs Age Group		
1 Meera SIVA	39 Dorking	30.63
2 Sarah TROTT	36 Olympus Marl	33.34
3 Clare FINBOW	38 RTW Monson	34.03
4 Kathryn MASON	39 Broomfield	35.07
5 Karen WARDLEY	37 Worthing	35.84
6 Alex HUTCHBY	35 Guildford Ct	36.85
7 Tracey KAIN	38 Acton	37.67
40/44 Yrs Age Group		
1 Lesley NORTON	44 Brighton Dol	29.4
2 Del GILBERT	42 Brighton Dol	31.7
3 Pauline FREESTONE	41 Brighton Dol	32.8
4 Elizabeth SHAW	42 Otter	33.07
Rebecca STEWART	41 Saxon Crown	DNC
45/49 Yrs Age Group		
1 Rebecca JENKINSON	45 Tiverton	31.93
2 Linda SPRIGGE	48 Crawley	32.63
3 Sue GREEN	45 Ruislip Nwd	35.23
4 Jo READ	46 Redhill & R	37.08
5 Coral ALLEN	49 Dorking	38.42
6 Sharon RUCK	46 Co Cant'bury	39.17
7 Camilla ALLWOOD	49 Clissold	57.76
50/54 Yrs Age Group		
1 Amanda DOYLE	52 Dorking	36.29
2 Christine GOODAIR	51 Kings Corm	36.82

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

3 Frances WILSON	50 Epsom Dist	38.15	
4 Fiona EVANS	52 Olympus Marl	39.38	
5 Julia HODGSON	53 Bracknell	40.69	
6 Julia HOURIHANE	52 Hastings	43.19	
Amanda HEATH	51 Spencer	DNC	
Alison NYE	51 Orpington OJ	DNC	
55/59 Yrs Age Group			
1 Marie STUTZ	55 AMT	34.11	
2 Janet WOOD	58 Co Cant'bury	35.64	
3 Clemency SCHOFIELD	57 Co Cant'bury	38.39	
60/64 Yrs Age Group			
1 Alison GWYNN	60 Olympus Marl	34.99	
2 Jane KEWLEY	60 Olympus Marl	37.8	
3 Lynda MILLER	64 Eastbourne	38.22	
4 Elaine BLOWER	63 Barnet Copt	38.44	
5 Rose DUDENEY	61 Olympus Marl	39.58	
Carol FELLOWS	62 Spencer	DNC	
65/69 Yrs Age Group			
1 Jill COMPLIN	68 Romford Town	37.18	
70/74 Yrs Age Group			
1 Muriel HITCHCOCK	70 Spencer	46.01	
80 Yrs/Over Age Group			
1 Susan HALTER	81 Camden Swiss	57.06	
2 Vivien BATTEN	83 Nofio Cymru	1:10.22	
<b>Women 100m Freestyle</b>			
18/24 Yrs Age Group			
1 Faye GARDINER	23 Cant CC Uni	1:09.34	50
2 Deborah WILLETT	24 Croydon Amph	1:15.67	36.34
25/29 Yrs Age Group			
			50

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

1 Kirsty MELVILLE	25 Camden Swiss	1:04.44	30.68
2 Lisa WUJEC	27 Otter	1:05.45	31.33
3 Kathryn FLETCHER	28 Co Oxford	1:08.15	32.19
4 Alexis ROBINSON	29 Saxon Crown	1:12.42	34.79
5 Gina CHARLETON	26 Orpington OJ	1:15.43	
6 Lizzie MOLINEAUX	26 Cant CC Uni	1:23.81	
30/34 Yrs Age Group			50
1 Amy NYBERG	33 Guildford Ct	1:08.75	32.57
2 Clarissa TILLEY	32 Olympus Marl	1:11.71	
3 Karen BROWN	34 Spencer	1:12.55	34.52
4 Amy GREENE	32 Dorking	1:21.00	
5 Irina GILLHAM	32 Spencer	1:21.69	
Anoushka JOHNSON	34 Gravesend	DNC	
35/39 Yrs Age Group			50
1 Nicola LATTY	37 Oundle	1:03.93	31.57
2 Meera SIVA	39 Dorking	1:05.81	31.08
3 Clare FINBOW	38 RTW Monson	1:13.55	
4 Tracey KAIN	38 Acton	1:17.06	
5 Kathryn MASON	39 Broomfield	1:19.67	
6 Alex HUTCHBY	35 Guildford Ct	1:21.68	
40/44 Yrs Age Group			50
1 Lesley NORTON	44 Brighton Dol	1:03.65	30.3
2 Rebecca STEWART	41 Saxon Crown	1:06.22	31.19
3 Del GILBERT	42 Brighton Dol	1:09.80	32.28
4 Elizabeth SHAW	42 Otter	1:12.56	35.66
5 Pauline FREESTONE	41 Brighton Dol	1:14.06	33.03
45/49 Yrs Age Group			50
1 Rebecca JENKINSON	45 Tiverton	1:11.96	33.72
2 Linda SPRIGGE	48 Crawley	1:12.00	34.28
3 Dina THORNTON	45 Diss Otters	1:17.65	
4 Sue GREEN	45 Ruislip Nwd	1:17.92	
5 Jo READ	46 Redhill & R	1:22.45	

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

6 Valerie BULL	46 Diss Otters	1:26.43
7 Jacqueline PATEL	48 Kings Corm	1:27.69
8 Janet OBENEY-WILLIAMS	46 Clissold	1:52.42
50/54 Yrs Age Group		
1 Amanda DOYLE	52 Dorking	1:20.41
2 Julia HODGSON	53 Bracknell	1:34.72
55/59 Yrs Age Group		
1 Janet WOOD	58 Co Cant'bury	1:22.27
2 Clemency SCHOFIELD	57 Co Cant'bury	1:28.46
60/64 Yrs Age Group		
1 Carol FELLOWS	62 Spencer	1:17.63
2 Alison GWYNN	60 Olympus Marl	1:18.48
3 Elizabeth SAVIDGE	64 Kings Corm	1:25.18
4 Jane KEWLEY	60 Olympus Marl	1:26.61
5 Lynda MILLER	64 Eastbourne	1:27.78
65/69 Yrs Age Group		
1 Jill COMPLIN	68 Romford Town	1:22.73
70/74 Yrs Age Group		
1 Jenny BALL	70 Io Wight	1:39.45
80 Yrs/Over Age Group		
1 Joan KIDD	81 Io Wight	2:06.02
2 Vivien BATTEN	83 Nofio Cymru	2:45.94
<b>Women 200m Free</b>		
18/24 Yrs Age Group		
1 Faye GARDINER	23 Cant CC Uni	2:31.35
2 Georgina BERRY	24 Orpington OJ	2:35.31
3 Samantha ASTBURY	19 Cant CC Uni	2:41.53
Nicole READ	23 Co B'ton + H	DNC

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

#### 25/29 Yrs Age Group

1 Kirsty MELVILLE	25 Camden Swiss	2:18.55
2 Lisa WUJEC	27 Otter	2:24.80
3 Gina CHARLETON	26 Orpington OJ	2:46.78
4 Lizzie MOLINEAUX	26 Cant CC Uni	3:03.55
Kathryn FLETCHER	28 Co Oxford	DNC

#### 30/34 Yrs Age Group

1 Amy NYBERG	33 Guildford Ct	2:36.30
2 Irina GILLHAM	32 Spencer	2:54.68

#### 35/39 Yrs Age Group

1 Nicola LATTY	37 Oundle	2:21.41
2 Diane ROCHFORD	36 Spencer	2:47.01
3 Tracey KAIN	38 Acton	2:50.57
4 Kathryn MASON	39 Broomfield	2:54.40
5 Alex HUTCHBY	35 Guildford Ct	2:56.65
6 Katie WARD	35 Clissold	3:00.76

#### 40/44 Yrs Age Group

1 Amanda PICARD	40 AMT	2:18.97
2 Anne HEGVOLD	42 Spencer	2:22.40
3 Vicki LINTON-CROOK	44 Camden Swiss	2:29.29
4 Sue WELHAM	44 Hatfield	2:36.02
5 Elizabeth SHAW	42 Otter	2:42.42
6 Emma FRANCE	40 Guildford Ct	3:27.51

#### 45/49 Yrs Age Group

1 Emma KELLY	45 Kings Corm	2:40.83
2 Dina THORNTON	45 Diss Otters	2:48.48
3 Sue GREEN	45 Ruislip Nwd	2:57.68
4 Jo READ	46 Redhill & R	3:02.03
5 Janet OBENEY-WILLIAMS	46 Clissold	3:50.28
Coral WALLIS	49 Olympus Marl	DNC

#### 50/54 Yrs Age Group

# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

1 Sara PERRY	51 Anaconda	2:47.05							
2 Amanda DOYLE	52 Dorking	2:50.49							
3 Frances PENWARDEN	54 Croydon Amph	2:51.83							
55/59 Yrs Age Group									
1 Elaine SCOTT	59 Arundel Trin	3:43.17							
Janet WOOD	58 Co Cant'bury	DNC							
60/64 Yrs Age Group									
1 Carol FELLOWS	62 Spencer	2:49.33							
2 Alison GWYNN	60 Olympus Marl	2:57.94							
3 Elaine BLOWER	63 Barnet Copt	3:04.83							
4 Elizabeth SAVIDGE	64 Kings Corm	3:10.36							
5 Lynda MILLER	64 Eastbourne	3:17.88							
6 Amanda WELCH	63 Clissold	4:06.57							
65/69 Yrs Age Group									
1 Penny WEBSTER	66 Kingston Roy	3:02.29							
2 Jill COMPLIN	68 Romford Town	3:03.53							
70/74 Yrs Age Group									
1 Jenny BALL	70 Io Wight	3:31.79							
80 Yrs/Over Age Group									
1 Vivien BATTEN	83 Nofio Cymru	6:24.41							
<b>Women 400m Free</b>									
18/24 Yrs Age Group									
1 Samantha ASTBURY	19 Cant CC Uni	5:48.76	50	100	150	200	250	300	350
			37.7	1:17.31	2:00.67	2:45.15	3:31.04	4:16.89	5:04.07
25/29 Yrs Age Group									
1 Lizzie MOLINEAUX	26 Cant CC Uni	6:26.02	50	100	150	200	250	300	350
			42.95	1:30.29	2:19.82	3:08.59	3:58.60	4:47.93	5:37.76
30/34 Yrs Age Group									
1 Sharon CROWHURST	32 Crawley	5:10.43	50	100	150	200	250	300	350
			35.94	1:15.20	1:54.81	2:35.77	3:15.17	3:54.64	4:32.51



# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

35/39 Yrs Age Group			50	100	150	200	250	300	350
1 Sarah TROTT	36 Olympus Marl	5:49.51	36.25	1:17.58	2:01.09	2:45.96	3:32.11	4:19.49	5:05.31
2 Diane ROCHFORD	36 Spencer	5:50.30	37.53	1:19.42	2:04.05	2:49.32	3:35.34	4:21.19	5:07.05
3 Katie WARD	35 Clissold	6:32.96	41.14	1:28.30	2:17.89	3:08.65	3:59.68	4:51.88	5:43.37
Clare CHILTON	38 Olympus Marl	DNC							
40/44 Yrs Age Group			50	100	150	200	250	300	350
1 Amanda PICARD	40 AMT	4:51.89	32.04	1:07.53	1:44.11	2:21.35	2:58.82	3:36.83	4:14.65
2 Bridget BEWICK	43 Maidenhead	5:13.74	34.45	1:12.46	1:51.55	2:31.69	3:12.04	3:52.99	4:33.87
3 Vicki LINTON-CROOK	44 Camden Swiss	5:14.98	34.65	1:13.75	1:53.20	2:34.37	3:14.23	3:55.68	4:36.02
4 Sue WELHAM	44 Hatfield	5:27.14	38.1	1:20.33	2:02.24	2:44.96	3:26.34	4:07.72	4:48.13
5 Caroline SLIMIN	43 Basingstoke	5:32.87	38.9	1:21.51	2:03.51	2:45.94	3:27.71	4:10.37	4:52.13
6 Anne CONNON	40 Eastbourne	5:59.82	41.37	1:26.31	2:11.08	2:57.69	3:42.60	4:29.84	5:14.55
7 Emma FRANCE	40 Guildford Ct	7:15.62	48.79	1:42.65	2:38.67	3:35.23	4:32.46	5:28.42	6:23.92
45/49 Yrs Age Group			50	100	150	200	250	300	350
1 Carolyn FOX	47 Reading	5:45.39	37.7	1:21.43	2:05.04	2:50.53	3:34.12	4:19.49	5:01.58
2 Emma KELLY	45 Kings Corm	5:49.64	38.31	1:21.23	2:06.05	2:51.13	3:37.25	4:22.85	5:08.45
3 Jane THOMAS	49 Eastbourne	5:58.29	39.65	1:24.20	2:09.09	2:56.34	3:41.31	4:28.13	5:13.24
4 Dina THORNTON	45 Diss Otters	6:06.62	40.29	1:24.74	2:11.75	2:58.70	3:46.42	4:33.48	5:21.10
5 Valerie BULL	46 Diss Otters	6:46.87	44.92	1:35.60	2:27.01	3:19.44	4:11.84	5:04.78	5:55.71
6 Janet OBENEY-WILLIAMS	46 Clissold	8:06.95	53.2	1:53.32	2:53.37	3:56.61	4:59.23	6:04.04	7:06.25
50/54 Yrs Age Group			50	100	150	200	250	300	350
1 Lesley COOK	50 Romford Town	5:42.38	38.06	1:21.39	2:04.34	2:49.22	3:32.63	4:19.01	5:01.86
2 Claire MOORE	53 Bracknell	5:58.70	39.93	1:24.95	2:09.60	2:55.46	3:41.72	4:27.83	5:13.48
55/59 Yrs Age Group			50	100	150	200	250	300	350
1 Christine BROOKS	56 Eastbourne	6:18.98	41.82	1:27.53	2:15.34	3:03.70	3:52.21	4:41.36	5:30.08
Janet WOOD	58 Co Cant'bury	DNC							
60/64 Yrs Age Group			50	100	150	200	250	300	350
1 Carol FELLOWS	62 Spencer	6:00.13	39.44	1:24.91	2:11.29	2:57.70	3:44.39	4:30.63	5:16.28
2 Alison GWYNN	60 Olympus Marl	6:22.49	42.51	1:30.85	2:20.37	3:10.51	3:59.68	4:50.09	5:38.02
3 Elaine BLOWER	63 Barnet Copt	6:27.24	43.76	1:32.90	2:22.28	3:11.78	4:01.90	4:51.46	5:40.67
4 Rose DUDENEY	61 Olympus Marl	6:40.43	44.83	1:35.76	2:27.07	3:19.19	4:10.64	5:02.68	5:53.09

# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

5 Elizabeth SAVIDGE	64 Kings Corm	6:46.55	44.3	1:34.67	2:28.02	3:20.60	4:13.77	5:06.66	5:59.90
6 Amanda WELCH	63 Clissold	8:19.79	54.36	1:55.42	2:59.40	4:05.40	5:09.99	6:16.20	7:18.72
65/69 Yrs Age Group			50	100	150	200	250	300	350
1 Penny WEBSTER	66 Kingston Roy	6:21.22	44.71	1:33.38	2:23.19	3:12.04	4:01.01	4:49.64	5:37.87
2 Jill COMPLIN	68 Romford Town	6:36.01	42.71	1:32.09	2:22.29	3:14.11	4:05.16	4:56.80	5:47.58
3 Sue LAUDER	65 Spencer	7:31.97	47.86	1:41.20	2:38.68	3:36.16	4:35.03	5:34.24	6:33.81
70/74 Yrs Age Group			50	100	150	200	250	300	350
1 Barbara FENTIMAN	74 Bromley	7:01.91	46.48	1:39.81	2:33.03	3:28.11	4:21.55	5:16.56	6:09.84
2 Jenny BALL	70 Io Wight	7:17.26	49.41	1:45.43	2:39.67	3:37.03	4:31.65	5:29.75	6:24.15
75/79 Yrs Age Group			50	100	150	200	250	300	350
1 Jane ASHER	77 Kings Corm	6:22.55	44.09	1:34.11	2:23.63	3:14.16	4:01.40	4:49.84	5:37.67
<b>Women 800m Free</b>									
25/29 Yrs Age Group			100	200	300	400	500	600	700
1 Claire LIGGINS	27 Rushmoor Ryl	10:19.9							
30/34 Yrs Age Group			100	200	300	400	500	600	700
1 Emma HAWKINS	33 Crawley	13:43.5	1:39.44	1:39.44	5:08.80	3:23.63	8:39.10	5:08.80	12:04.6
35/39 Yrs Age Group			100	200	300	400	500	600	700
1 Nicola LATTY	37 Oundle	10:11.6							
2 Sarah KNAPMAN	36 Eastbourne	10:42.1							
3 Meera SIVA	39 Dorking	10:44.2							
4 Sarah TROTT	36 Olympus Marl	12:02.8	1:23.59	2:55.41	4:28.31	6:00.60	7:33.12	9:05.05	10:37.0
5 Gwen TAYLOR	37 Eastbourne	14:11.2	1:34.80	1:34.80	5:08.35	3:21.55	8:47.00	5:08.35	12:26.7
Wendy MOUNTFORD	39 Dorking	DNC							
40/44 Yrs Age Group			100	200	300	400	500	600	700
1 Amanda PICARD	40 AMT	10:10.0							
2 Vicki LINTON-CROOK	44 Camden Swiss	10:55.4							
3 Emma FRANCE	40 Guildford Ct	15:00.8	1:41.85	3:33.56	5:27.60	7:21.80	9:16.88	11:13.4	13:08.7
4 Mary EBBAGE	42 Sevenoaks	15:26.6	1:45.12	3:40.14	5:36.25	7:34.01	9:33.08	11:31.1	13:30.6
Nuala MUIR-COCHRANE	44 Camden Swiss	DNC							

# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

45/49 Yrs Age Group			100	200	300	400	500	600	700	
1 Valerie BULL	46 Diss Otters	14:03.4	1:37.00	1:37.00	5:09.45	3:23.30	8:45.33	5:09.45	12:19.8	
2 Jacqueline PATEL	48 Kings Corm	14:13.0	1:37.11	1:37.11	5:16.50	3:25.75	8:55.36	5:16.50	12:31.8	
3 Janet OBENEY-WILLIAMS	46 Clissold	16:20.8	1:54.04	3:55.60	5:57.44	8:00.22	10:06.0	12:10.8	14:16.3	
50/54 Yrs Age Group			100	200	300	400	500	600	700	
1 Lesley COOK	50 Romford Town	11:44.1	1:21.74	1:21.74	4:22.55	2:52.07	7:22.40	4:22.55		
2 Claire MOORE	53 Bracknell	12:14.2	1:25.48	1:25.48	4:29.59	2:56.95	7:36.07	4:29.59		
3 Amanda DOYLE	52 Dorking	12:19.4	1:24.81	1:24.81	4:31.51	2:57.78	7:39.50	4:31.51		
60/64 Yrs Age Group			100	200	300	400	500	600	700	
1 Alison GWYNN	60 Olympus Marl	13:18.4	1:32.42	1:32.42	4:52.90	3:12.19	8:16.04	4:52.90	11:41.3	
2 Rose DUDENEY	61 Olympus Marl	13:37.3	1:35.86	1:35.86	5:03.99	3:20.14	8:30.82	5:03.99	11:56.6	
3 Susan DEWAR	62 Havant & Wat	16:06.1	1:54.74	3:56.27	5:59.05	8:02.23	10:04.7	12:06.5	14:08.7	
65/69 Yrs Age Group			100	200	300	400	500	600	700	
1 Penny WEBSTER	66 Kingston Roy	12:59.2	1:33.34	1:33.34	4:50.94	3:11.22	8:09.49	4:50.94	11:26.9	
2 Jill COMPLIN	68 Romford Town	13:43.7	1:37.24	1:37.24	5:09.58	3:23.91	8:39.83	5:09.58	12:07.3	
3 Iris BELLIS	65 Co Milton K	16:09.6	1:50.84	3:51.37	5:53.91	7:55.64	9:58.39	12:02.3	14:06.5	
70/74 Yrs Age Group			100	200	300	400	500	600	700	
1 Barbara FENTIMAN	74 Bromley	14:26.7	1:41.95	1:41.95	5:19.20	3:30.78	8:59.07	5:19.20	12:39.3	
2 Jenny BALL	70 Io Wight	15:08.7	1:47.18	1:47.18	5:35.88	3:41.08	9:24.23	5:35.88	13:16.7	
75/79 Yrs Age Group			100	200	300	400	500	600	700	
1 Jane ASHER	77 Kings Corm	13:23.2	1:36.56	1:36.56	5:00.75	3:18.49	8:25.45	5:00.75	11:50.1	
<b>Women 200m IM</b>										
30/34 Yrs Age Group										
1 Michelle MATSON	30 Hampshire	2:53.40								
2 Amy NYBERG	33 Guildford Ct	2:54.31								
3 Rebecca HARVEY	30 RTW Monson	2:57.10								
4 Chantelle FERRIS	33 Swindon Mas	3:12.57								
Kyla STEENHART	30 Camden Swiss	DNC								
35/39 Yrs Age Group										

# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

1 Jo CORBEN	38 Fareham N'ds	2:38.40							
2 Meera SIVA	39 Dorking	2:44.17							
3 Clare CHILTON	38 Olympus Marl	3:08.48							
4 Clare FINBOW	38 RTW Monson	3:08.57							
5 Alex HUTCHBY	35 Guildford Ct	3:21.70							
40/44 Yrs Age Group									
1 Anne HEGVOLD	42 Spencer	2:41.11							
2 Emma FRANCE	40 Guildford Ct	4:18.51							
Caroline SLIMIN	43 Basingstoke	DNC							
45/49 Yrs Age Group									
1 Dina THORNTON	45 Diss Otters	3:06.75							
2 Rebecca JENKINSON	45 Tiverton	3:10.26							
3 Pauline CAVEN	46 Sevenoaks	3:12.90							
4 Sharon RUCK	46 Co Cant'bury	3:19.53							
5 Sue GREEN	45 Ruislip Nwd	3:26.81							
Lesley DAVIES	48 Otter	DNC							
50/54 Yrs Age Group									
1 Esther ISEPPI	50 AMT	2:53.15							
2 Kathy BIDNALL	53 Olympus Marl	3:11.61							
55/59 Yrs Age Group									
1 Elaine SCOTT	59 Arundel Trin	4:16.57							
60/64 Yrs Age Group									
1 Julie CRAYFORD	60 CLAMS	3:20.86							
2 Alison GWYNN	60 Olympus Marl	3:38.68							
3 Rose DUDENEY	61 Olympus Marl	3:47.59							
4 Janet JEFFRIES	63 Eastbourne	4:03.11							
70/74 Yrs Age Group									
1 Muriel HITCHCOCK	70 Spencer	4:02.07							
75/79 Yrs Age Group									
1 Jane ASHER	77 Kings Corm	3:46.64							
80 Yrs/Over Age Group									
1 Vivien BATTEN	83 Nofio Cymru	8:41.61							
<b>Women 400m IM</b>									
25/29 Yrs Age Group									
1 Lucy MULLAN	28 Camden Swiss	6:11.29	50	100	150	200	250	300	350
			36.91	1:22.05					

# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

35/39 Yrs Age Group				50	100	150	200	250	300	350
1 Jo CORBEN		38 Fareham N'ds	5:36.14	37.8	1:21.87					
Alexandra VERON-LEROY		35 AMT	DNC							
40/44 Yrs Age Group				50	100	150	200	250	300	350
1 Alison LEWIS		44 Brighton Dol	6:55.68	43.03	1:36.77	2:29.80	3:22.59	4:21.40	5:22.71	6:09.86
2 Emma FRANCE		40 Guildford Ct	8:57.32	56.79	2:01.91	3:12.47	4:25.37	5:42.42	7:04.77	8:01.01
45/49 Yrs Age Group				50	100	150	200	250	300	350
1 Sharon RUCK		46 Co Cant'bury	6:55.48	47.04					5:22.15	
2 Jacqueline PATEL		48 Kings Corm	7:37.49	47.45				4:54.17		
Lesley DAVIES		48 Otter	DNC							
50/54 Yrs Age Group				50	100	150	200	250	300	350
Esther ISEPPI		50 AMT	DNC							
60/64 Yrs Age Group				50	100	150	200	250	300	350
1 Julie CRAYFORD		60 CLAMS	7:15.43	44.21					5:36.93	
2 Janet JEFFRIES		63 Eastbourne	8:36.14	58.24	2:09.72	3:20.76	4:26.39	5:36.78	6:47.10	7:44.20
<b>Women 200m Medley Team</b>										
072+ Yrs Age Group										
1 72+ Women Medley A	072+	Cant CC Uni	2:37.09							
120+ Yrs Age Group										
1 120+ Women Medley	120+	Orpington Oj	2:24.20							
160+ Yrs Age Group										
160+ Sevenoaks	160+	Sevenoaks SC	DNC							
200+ Yrs Age Group										
1 200+ Women Medley	200+	Spencer	2:34.50							
2 200+ Women Medley	200+	Olympos Marl	2:37.44							
200+ Women Medley	200+	Clissold	DQ							

## RESULTS

### London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

#### Women 200m Freestyle Team

##### 072+ Yrs Age Group

1 72+ Women Free B      072+      Cant CC Uni      2:13.56

##### 120+ Yrs Age Group

1 120+ Orpington Ojays      120+      Orpington Oj      2:06.92

2 120+ Women Free      120+      Anaconda      2:14.69

3 120+ Women Free      120+      Guildford Ct      2:26.23

##### 160+ Yrs Age Group

1 160+ Women Free      160+      AMT      2:05.41

2 160+ Women Free      160+      Dorking      2:19.07

3 160+ Women Free      160+      Olympos Marl      2:19.23

4 160+ Mixed Medley      160+      Sevenoaks SC      2:22.11

5 160+ Mixed Medley      160+      Clissold      3:06.33

##### 200+ Yrs Age Group

1 200+ Women Free      200+      Spencer      2:25.57

##### 240+ Yrs Age Group

1 240+ Women Free      240+      Olympos Marl      2:33.28

#### Mixed 200m Medley Team

##### 072+ Yrs Age Group

1 72+ Mixed Medley      072+      Otter      2:10.63

2 72+ Mixed Medley      072+      Cant CC Uni      2:17.57

##### 120+ Yrs Age Group

1 120+ Mixed Medley      120+      Guildford Ct      2:16.17

2 120+ Mixed Medley      120+      Worthing      2:46.33

3 120+ Mixed Medley      120+      Clissold      3:12.31

##### 160+ Yrs Age Group

1 160+ Mixed Medley      160+      AMT      2:14.32

2 160+ Mixed Medley      160+      Crawley      2:29.26

# RESULTS

## London South East Regions Long Course Masters and Seniors Competition 2/3 February 2008 at K2 Crawley

### 200+ Yrs Age Group

1	200+ Mixed Medley	200+	Rushmoor Ryl	2:25.89
2	200+ Mixed Medley	200+	AMT	2:26.11
3	200+ Mixed Medley	200+	Dorking	2:46.22
4	200+ Mixed Medley	200+	Olympos Marl	2:46.61

### 240+ Yrs Age Group

1	240+ Mixed Medley	240+	Co Cant'bury	2:58.78
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### Mixed 200m FS Team

#### 072+ Yrs Age Group

				50	100	150	
1	72+ Mixed Free	072+	Otter	1:56.40	27.71	54.59	1:26.97
2	72+ Mixed Free	072+	Cant CC Uni	1:59.57	28.65	1:00.59	1:31.53

#### 120+ Yrs Age Group

				50	100	150	
1	120+ Mixed Free	120+	Olympos Marl	1:59.63	29.17	1:00.70	1:33.96
2	120+ Mixed Free	120+	Worthing	2:06.89	28.99	1:03.74	1:37.03
3	120+ Mixed Free	120+	Clissold	3:02.42	1:03.75	1:44.43	

#### 160+ Yrs Age Group

				50	100	150	
1	160+ Mixed Free	160+	Brighton	2:03.19	27.87	1:02.86	1:32.77
2	160+ Mixed Free	160+	Crawley	2:09.31	31.7	1:06.38	1:39.01
3	160+ Mixed Free	160+	Guildford Ct	2:09.88	29.68	1:06.05	1:38.07
4	160+ Mixed Free	160+	Dorking	2:11.56	28.16	59.54	1:34.09

#### 200+ Yrs Age Group

				50	100	150	
1	200+ Mixed Free	200+	Dorking	2:11.81	32.33	1:02.59	1:38.71
2	200+ Mixed Free	200+	Worthing	2:29.97	34.94	1:14.29	1:52.46

#### 240+ Yrs Age Group

				50	100	150	
1	240+ Mixed Free	240+	Co Cant'bury	2:20.25	34.95	1:13.27	1:48.82
2	240+ Mixed Free A	240+	Olympos Marl	2:30.56	34.57	1:14.40	1:56.00
3	240+ Mixed Free B	240+	Olympos Marl	2:31.15	39.23	1:17.20	1:54.70