

The ASA Coaching Open Water Swimming Courses for 2018 are now available for booking.

This IoS course is a blended programme, which incorporates and blends online theory elements of the programme with face-to-face practical sessions.

IoS Open Water Course Information



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Course Information

- The Open Water qualification is aimed at those who want to acquire specialist knowledge in delivering open water swimming sessions.
- The Guided Learning Hours for this course is 50 of which approximately 16 hours will be spent on face to face delivery and 34 hours of online learning.
- Learners must also be holders of either to attend:
 - ASA UKCC Level 2 Certificate in Coaching Swimming (QCF) or equivalent
 - ASA Level 2 Swimming Teaching or equivalent with coaching or open water experience
 - 1st4Sport Level 2 Certificate in Coaching Triathlon (QCF) or equivalent
- This qualification will cover the understanding of:
 - Open water participation
 - Sport specific skills
 - The structure of sessions and equipment required
 - The coach-participant relationship
 - The health and safety considerations and good practice
 - Delivery risk
 - Being able to plan conduct a series of effective sessions
 - Being able to monitor participants performance
 - Evaluating and improving the effectiveness of delivery and own performance



Price - £375.00

Bookings for this course close 2 weeks prior to the first face to face date of the course. Learners must be 17 years of age to attend the course

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Registered Courses

Midlands

East Midlands

Day 1:- 18th March 2018 -

Loughborough University Swimming Pool,
LE11 3TU

Day 2:- 23rd June 2018 -

Holme Pierrepont National
Watersports Centre, NG12 2LU

West Midlands

Day 1:- 02nd June 2018 -

Burntwood Leisure Centre, WS7 3XH

Day 2:- 25th August 2018 -

Stanton Lakes, LE9 4JA



N.B other courses are available across the country. Please visit www.theiosonline.com for further details on the courses and how to book.

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Registered Courses

North East

North East

Day 1:- 26th May 2018 -

Maltby Leisure Centre, S66 8JE

Day 2:- 30th July 2018 -

Harthill Reservoir, S26 7XB

North East

Day 1:- 27th May 2018 -

Blyth Sports Centre, NE61 5BX

Day 2:- 20th July 2018 -

Ladyburn Lake, Druridge Bay Country Park,
NE61 5BX



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Institute of Swimming

For more information contact us:

E: iosadmin@swimming.org

T: 01509 640640

W: www.theiosonline.com

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Registered Courses

South West

South West

Day 1:- 24th March 2018

Trowbridge Sports Centre, BA14 0DN

Day 2:- 16th June 2017

Vobster Quay, Radstock, BA3 5SD

South West

Day 1:- 21st July 2018

Trowbridge Sports Centre, BA14 0DN

Day 2:- 22nd September 2018

Vobster Quay, Radstock, BA3 5SD



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North West

North West

Day 1:- 29th April 2018

Irlam & Cadishead Leisure Centre, M33 2LX

Day 2:- 04th June 2018

Sale Water Park, M44 6BR



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Registered Courses

South East

South East

Day 1:- 19th May 2018

Mountbatten Centre, PO18 0NX

Day 2:- 14th July 2018

Chichester Watersports, PO2 9QA



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Courses TBC

East

Day 1:- 20th May 2018

VENUE TBC

Day 2:- 12th August 2018

Stanborough Lakes, AL8 6DQ

London

Day 1:- 11th August 2018

VENUE TBC

Day 2:- 29th September 2018

VENUE TBC



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