

# THE WETTER THE BETTER NEWSLETTER

Para-Swimming in the South East/South West/West Midlands areas

**HAPPY NEW YEAR**

Welcome to the latest edition of the newsletter

## Development Meets 2016

In March, 4 new Development events will run across the country, these will be short course sprint events with events for all strokes at 50m & 100m, these will be held in the following areas:

**5th March—St Albans (East & London swimmers)**

**12th March—Nottingham (East & West Midlands swimmers)**

**13th March—Bristol (South East & South West swimmers)**

**13th March—Liverpool (North East & North West swimmers)**

The meets are geared up to swimmers being in condition to swim fast following counties, helping them prepare for the upcoming British International Meet in April and ASA Regionals in May

Please note:

It is important that swimmers attend their regional event

## Regional Training Camps

Details are currently being confirmed in regard to dates and venues for this years regional training camps, information on these will be sent out once confirmed.

## Getting People Swimming

One of our key aims this year is to encourage more people with a disability to take up swimming, this may be to learn to swim, keep fit or compete for fun, lets face it not everyone wants to swim at the Olympics, if you know of any activities in your area that might interest others please let me know, the more people we encourage to swim the higher our profile will be

Jan 2016

### KEY FIXTURES

**EAST & WEST MIDLANDS  
DEVELOPMENT MEET  
NOTTINGHAM  
Saturday 12th March 2016**

**SOUTH EAST & SOUTH WEST  
DEVELOPMENT DAY and  
DEVELOPMENT MEET  
HORFIELD BRISTOL  
Sunday 13th March 2016**

**BRITISH PARA-SWIMMING  
INTERNATIONAL MEET &  
PARALYMPIC TRIALS  
TOLLCROSS GLASGOW  
23rd-27th April 2016**

*For more dates see the  
bottom of the last page  
of this newsletter*

*I will endeavour to keep the key  
dates on the fixture list, I will  
also post any other dates that  
there are opportunities to  
compete.*

*PLEASE remember its your  
responsibility to enter these  
events*

## Dave White

Para-Swimming Pathway Officer

South East / South West /  
West Midlands

[dave.white@swimming.org](mailto:dave.white@swimming.org)

Mob: 07584025154

## England Talent Programme selections

Swimmers will now have two opportunities a year be selected onto the Talent Programme these are based on performances Jan-June and July-Dec

Consideration times can be found on:

<http://www.swimming.org/britishswimming/library/document/England-talent-2014-consideration-standards-female>

<http://www.swimming.org/britishswimming/library/document/England-talent-programme-consideration-times-male>



# National Long Course 2015

Medal	Age	Event	Class	Name	Club	Time
Gold	10 to 13	50m Freestyle	S6	Leo McCrea	Bourne/Coll	00:43.61
Silver	10 to 13	50m Freestyle	S6	Josh Coomer	Dover	00:55.20
Silver	10 to 13	50m Freestyle	S7	Alexander Hobbs	Tavistock	01:01.67
Gold	10 to 13	50m Freestyle	S8	Finlay Middleton	Mount Kelly	00:37.73
Bronze	10 to 13	50m Freestyle	S8	Benjamin Pope	Havant & W	00:48.96
Gold	10 to 13	50m Freestyle	S9	Dominic Redpath	Gosport	00:35.61
Silver	10 to 13	50m Freestyle	S9	James Brown	Swim WM	00:36.48
Bronze	10 to 13	50m Freestyle	S10	Kieran Williams	Newquay	00:35.60
Silver	10 to 13	50m Freestyle	S14	Cameron Vearncombe	Caradon	00:32.80
Bronze	10 to 13	50m Freestyle	S14	Connor Lockwood	Woking	00:33.06
Silver	10 to 13	50m Freestyle	S15	Jake Bayley	Stafford Apex	00:34.19
Silver	14 to 17	50m Freestyle	S6	William Perry	Stowe School	00:38.48
Bronze	14 to 17	50m Freestyle	S8	Matthew Clowes	Caradon	00:36.25
Gold	14 to 17	50m Freestyle	S10	Keiran Tellem	Exeter City	00:32.35
Gold	18/over	50m Freestyle	S7	Alexander Goodman	Portsmouth NS	00:35.77
Gold	18/over	50m Freestyle	S8	Daniel Bennett	Gloucester	00:30.49
Silver	18/over	50m Freestyle	S10	Michael Goody	Portsmouth NS	00:27.16
Bronze	18/over	50m Freestyle	S14	Sol Bressat	Jersey	00:27.55

Medal	Age	Event	Class	Name	Club	Time
Silver	10 to 13	50m Freestyle	S6	Georgia Howell	Littlehampton	00:46.87
Bronze	10 to 13	50m Freestyle	S8	Morgan Holland	Chase	01:00.54
Gold	10 to 13	50m Freestyle	S10	Zara Mullooly	Woking	00:36.62
Silver	10 to 13	50m Freestyle	S13	Katie Crowhurst	Wycombe	00:37.66
Bronze	14 to 17	50m Freestyle	S6	Katie Moss	Bracknell & W	00:50.23
Gold	14 to 17	50m Freestyle	S8	Olivia Mae Cameron	Mount Kelly	00:37.46
Silver	14 to 17	50m Freestyle	S9	Megan Richter	Orion	00:32.54
Bronze	14 to 17	50m Freestyle	S9	Ffion Butler	Shrewsbury	00:33.77
Gold	14 to 17	50m Freestyle	S11	Millicent Bywater	Gloucester	01:03.62
Gold	14 to 17	50m Freestyle	S13	Rebecca Redfern	Worcester	00:31.71
Silver	14 to 17	50m Freestyle	S13	Katherine Healey	Bletchley	00:38.89
Bronze	14 to 17	50m Freestyle	S15	Polly Saines	Crawley	00:33.04
Gold	18/over	50m Freestyle	S5	Sarah Whitchurch	Guernsey	00:52.40
Gold	18/over	50m Freestyle	S6	Eleanor Simmonds	Boldmere	00:36.02
Silver	18/over	50m Freestyle	S8	Fabienne Andre	Mid S Marlins	00:40.57
Gold	18/over	50m Freestyle	S10	Rosie Bancroft	C of Oxford	00:31.56
Bronze	18/over	50m Freestyle	S10	Harriet Dickinson	Clevedon	00:35.50
Gold	18/over	50m Freestyle	S12	Hannah Russell	Woking	00:27.78
Silver	18/over	50m Freestyle	S12	Anna Binns	Swim WM	00:43.1

Medal	Age	Event	Class	Name	Club	Time
Gold	10 to 13	100m Freestyle	S6	Leo McCrea	Bourne/Coll	01:35.22
Silver	10 to 13	100m Freestyle	S6	Josh Coomer	Dover	02:04.90
Silver	10 to 13	100m Freestyle	S7	Alexander Hobbs	Tavistock	02:12.24
Gold	10 to 13	100m Freestyle	S8	Finlay Middleton	Mount Kelly	01:25.89
Gold	10 to 13	100m Freestyle	S9	Dominic Redpath	Gosport	01:17.78
Silver	10 to 13	100m Freestyle	S9	James Brown	Swim WM	01:20.09
Bronze	10 to 13	100m Freestyle	S10	Kieran Williams	Newquay	01:17.01
Silver	10 to 13	100m Freestyle	S14	Cameron Vearncombe	Caradon	01:10.64
Bronze	10 to 13	100m Freestyle	S14	Connor Lockwood	Woking	01:11.96
Bronze	10 to 13	100m Freestyle	S15	Jake Bayley	Stafford Apex	01:17.92
Silver	14 to 17	100m Freestyle	S6	William Perry	Stowe School	01:29.73
Bronze	14 to 17	100m Freestyle	S8	Matthew Clowes	Caradon	01:17.48
Gold	18/over	100m Freestyle	S6	Sasha Kindred	Hereford	01:11.45
Gold	18/over	100m Freestyle	S7	Michael Jones	Mount Kelly	01:06.96
Silver	18/over	100m Freestyle	S7	Alexander Goodman	Portsmouth NS	01:21.21
Silver	18/over	100m Freestyle	S8	Daniel Bennett	Gloucester	01:08.81
Bronze	18/over	100m Freestyle	S10	Callum Pearson	Hastings	01:00.92
Bronze	18/over	100m Freestyle	S14	Sol Bressat	Jersey	01:01.27

Medal	Age	Event	Class	Name	Club	Time
Bronze	10 to 13	100m Freestyle	S6	Georgia Howell	Littlehampton	01:46.31
Gold	10 to 13	100m Freestyle	S8	Genevieve Hunter	Maidstone	01:49.69
Gold	10 to 13	100m Freestyle	S10	Zara Mullooly	Woking	01:05.98
Silver	14 to 17	100m Freestyle	S8	Olivia Mae Cameron	Mount Kelly	01:22.14
Silver	14 to 17	100m Freestyle	S9	Megan Richter	Orion	01:11.44
Bronze	14 to 17	100m Freestyle	S9	Ffion Butler	Shrewsbury	01:13.29
Gold	14 to 17	100m Freestyle	S11	Millicent Bywater	Gloucester	02:19.01
Gold	14 to 17	100m Freestyle	S13	Rebecca Redfern	Worcester	01:08.40
Silver	14 to 17	100m Freestyle	S13	Katherine Healey	Bletchley	01:27.07
Gold	18/over	100m Freestyle	S5	Sarah Whitchurch	Guernsey	02:00.18
Silver	18/over	100m Freestyle	S8	Fabienne Andre	Mid S Marlins	01:30.34
Gold	18/over	100m Freestyle	S9	Stephanie Millward	Corsham	01:05.64
Gold	18/over	100m Freestyle	S10	Rosie Bancroft	C of Oxford	01:06.18
Silver	18/over	100m Freestyle	S10	Harriet Dickinson	Clevedon	01:14.02
Gold	18/over	100m Freestyle	S12	Hannah Russell	Woking	01:00.15

Medal	Age	Event	Class	Name	Club	Time
Silver	10 to 13	200m Freestyle	S14	Cameron Vearncombe	Caradon	02:29.33
Bronze	10 to 13	200m Freestyle	S14	Connor Lockwood	Woking	02:39.56

Medal	Age	Event	Class	Name	Club	Time
Gold	18/over	200m Freestyle	S5	Sarah Whitchurch	Guernsey	04:19.45

Medal	Age	Event	Class	Name	Club	Time
Gold	10 to 13	400m Freestyle	S7	Alexander Hobbs	Tavistock	09:35.58
Gold	10 to 13	400m Freestyle	S8	Finlay Middleton	Mount Kelly	06:27.11
Gold	10 to 13	400m Freestyle	S88	Dominic Redpath	Gosport	06:04.72
Gold	10 to 13	400m Freestyle	S89	Matthew Rishworth	Staines	05:26.60
Bronze	10 to 13	400m Freestyle	S10	Kieran Williams	Newquay	05:42.16
Silver	14 to 17	400m Freestyle	S87	Matthew Clowes	Caradon	05:44.63
Gold	18/over	400m Freestyle	SM7	Michael Jones	Mount Kelly	04:54.68
Silver	18/over	400m Freestyle	SM8	Daniel Bennett	Gloucester	05:25.23



Medal	Age	Event	Class	Name	Club	Time
Gold	10 to 13	400m Freestyle	S10	Zara Mullooly	Woking	04:59.65
Silver	10 to 13	400m Freestyle	S10	Porsha Jones	Shrewsbury	06:29.16
Silver	14 to 17	400m Freestyle	S8	Olivia Mae Cameron	Mount Kelly	06:02.22
Bronze	14 to 17	400m Freestyle	S8	Levana Hanson	Gloucester	06:14.93
Silver	14 to 17	400m Freestyle	S9	Megan Richter	Orion	05:26.57
Gold	18/over	400m Freestyle	S6	Eleanor Simmonds	Boldmere	05:20.84
Silver	18/over	400m Freestyle	S87	Fabienne Andre	Mid S Marlins	07:00.48
Gold	18/over	400m Freestyle	S10	Rosie Bancroft	Cof Oxford	04:46.69
Silver	18/over	400m Freestyle	S10	Harriet Dickinson	Clevedon	05:33.20

Medal	Age	Event	Class	Name	Club	Time
Gold	18/over	50m Backstroke	S5	Sarah Whitchurch	Guernsey	01:03.72

Medal	Age	Event	Class	Name	Club	Time
Gold	10 to 13	100m Backstroke	S6	Leo McCrea	Bourne/Coll	01:51.58
Silver	10 to 13	100m Backstroke	S7	Alexander Hobbs	Tavistock	02:03.28
Gold	10 to 13	100m Backstroke	S8	Finlay Middleton	Mount Kelly	01:37.46
Silver	10 to 13	100m Backstroke	S9	Dominic Redpath	Gosport	01:33.84
Bronze	10 to 13	100m Backstroke	S9	James Brown	Swim WM	01:34.08
Gold	10 to 13	100m Backstroke	S10	Matthew Rishworth	Staines	01:21.94
Bronze	10 to 13	100m Backstroke	S10	Kieran Williams	Newquay	01:28.44
Silver	10 to 13	100m Backstroke	S14	Cameron Vearncombe	Caradon	01:15.38
Bronze	10 to 13	100m Backstroke	S14	Connor Lockwood	Woking	01:22.91
Bronze	14 to 17	100m Backstroke	S8	Scott Hadley	Swim WM	01:35.25
Bronze	14 to 17	100m Backstroke	S10	Keiran Tellem	Exeter City	01:21.18
Silver	14 to 17	100m Backstroke	S14	Craig Harris	Swindon Dolphins	01:07.46
Silver	18/over	100m Backstroke	S8	Daniel Bennett	Gloucester	01:21.52
Gold	18/over	100m Backstroke	S10	Callum Pearson	Hastings	01:10.69
Silver	18/over	100m Backstroke	S10	Michael Goody	Portsmouth NS	01:11.02
Silver	18/over	100m Backstroke	S14	Aaron Moores	Trowbridge	01:06.23

Medal	Age	Event	Class	Name	Club	Time
Silver	10 to 13	100m Backstroke	S7	Seren Levay	Gloucester	02:21.63
Silver	10 to 13	100m Backstroke	S8	Morgan Holland	Chase	02:11.14
Bronze	10 to 13	100m Backstroke	S8	Genevieve Hunter	Maidstone	02:18.68
Silver	10 to 13	100m Backstroke	S10	Zara Mullooly	Woking	01:21.59
Silver	10 to 13	100m Backstroke	S13	Katie Crowhurst	Wycombe & D	01:32.54
Silver	14 to 17	100m Backstroke	S6	Katie Moss	Bracknell & W	02:09.69
Bronze	14 to 17	100m Backstroke	S8	Olivia Mae Cameron	Mount Kelly	01:38.18
Silver	14 to 17	100m Backstroke	S9	Megan Richter	Orion	01:18.66
Bronze	14 to 17	100m Backstroke	S9	Ffion Butler	Shrewsbury	01:23.77
Gold	14 to 17	100m Backstroke	S11	Millicent Bywater	Gloucester	02:46.61
Gold	14 to 17	100m Backstroke	S13	Katherine Healey	Bletchley	01:44.20
Bronze	14 to 17	100m Backstroke	S14	Kathryn Martin	Reading Cyg	01:54.13
Gold	18/over	100m Backstroke	S8	Fabienne Andre	Mid S Marlins	01:45.90
Gold	18/over	100m Backstroke	S9	Stephanie Millward	Corsham	01:13.58
Silver	18/over	100m Backstroke	S9	Claire Cashmore	Wyre Forest	01:19.95
Gold	18/over	100m Backstroke	S10	Harriet Dickinson	Clevedon	01:27.58
Gold	18/over	100m Backstroke	S12	Hannah Russell	Woking	01:09.14

Medal	Age	Event	Class	Name	Club	Time
Gold	10 to 13	50m Butterfly	S6	Leo McCrea	Bourne/Coll	00:56.47
Silver	14 to 17	50m Butterfly	S6	William Perry	Stowe School	00:49.54
Gold	18/over	50m Butterfly	S6	Sasha Kindred	Hereford	00:33.17
Gold	18/over	50m Butterfly	S7	Alexander Goodman	Portsmouth NS	00:38.89

Medal	Age	Event	Class	Name	Club	Time
Silver	10 to 13	50m Butterfly	S6	Georgia Howell	Littlehampton	00:59.54

Medal	Age	Event	Class	Name	Club	Time
Gold	10 to 13	100m Butterfly	S8	Finlay Middleton	Mount Kelly	01:24.78
Silver	10 to 13	100m Butterfly	S9	Max Tulloch	Charlfont	01:52.58
Gold	10 to 13	100m Butterfly	S14	Cameron Vearncombe	Caradon	01:21.52
Silver	10 to 13	100m Butterfly	S14	Connor Lockwood	Woking	01:28.00
Silver	14 to 17	100m Butterfly	S8	Scott Hadley	Swim WM	01:31.31
Bronze	14 to 17	100m Butterfly	S14	Craig Harris	Swindon Dolphin	01:05.95
Silver	18/over	100m Butterfly	S8	Daniel Bennett	Gloucester	01:14.43
Silver	18/over	100m Butterfly	S10	Michael Goody	Portsmouth NS	01:06.09
Gold	18/over	100m Butterfly	S14	Sol Bressat	Jersey	01:10.76

Medal	Age	Event	Class	Name	Club	Time
Silver	10 to 13	100m Butterfly	S10	Zara Mullooly	Woking	01:22.39
Gold	14 to 17	100m Butterfly	S13	Katie Crowhurst	Wycombe & D	01:50.68
Silver	14 to 17	100m Butterfly	S9	Ffion Butler	Shrewsbury	01:29.08
Bronze	14 to 17	100m Butterfly	S9	Maya Brisco	Staines	01:50.33
Silver	18/over	100m Butterfly	S10	Harriet Dickinson	Clevedon	01:38.18

Medal	Age	Event	Class	Name	Club	Time
Gold	10 to 13	100m Breaststroke	SB6	Leo McCrea	Bourne/Coll	02:00.92
Silver	10 to 13	100m Breaststroke	SB6	Josh Coomer	Dover	02:49.52
Silver	10 to 13	100m Breaststroke	SB8	Dominic Redpath	Gosport	01:54.02
Bronze	10 to 13	100m Breaststroke	SB8	James Brown	Swim WM	01:56.14
Gold	10 to 13	100m Breaststroke	SB9	Matthew Rishworth	Staines	01:28.52
Gold	10 to 13	100m Breaststroke	SB14	Cameron Vearncombe	Caradon	01:28.94
Bronze	10 to 13	100m Breaststroke	SB14	Connor Lockwood	Woking	01:53.30
Bronze	10 to 13	100m Breaststroke	SB15	Jake Bayley	Stafford Apex	01:49.58
Gold	14 to 17	100m Breaststroke	SB7	Matthew Clowes	Caradon	01:58.03
Silver	14 to 17	100m Breaststroke	SB7	Scott Hadley	Swim WM	01:58.75
Gold	14 to 17	100m Breaststroke	SB7	Craig Harris	Swindon Dolphin	01:14.08
Silver	18/over	100m Breaststroke	SB7	Alexander Goodman	Portsmouth NS	01:51.28
Silver	18/over	100m Breaststroke	SB8	Daniel Bennett	Gloucester	01:23.95
Bronze	18/over	100m Breaststroke	SB14	Aaron Moores	Trowbridge	01:10.20

Medal	Age	Event	Class	Name	Club	Time
Bronze	10 to 13	100m Breaststroke	SB6	Georgia Howell	Littlehampton	02:03.73
Silver	10 to 13	100m Breaststroke	SB7	Elizabeth Foster	Havant & W	03:25.01
Silver	10 to 13	100m Breaststroke	SB9	Madelaine Harris	Elmbridge	02:18.13
Gold	10 to 13	100m Breaststroke	SB9	Porsha Jones	Shrewsbury	02:03.60
Silver	10 to 13	100m Breaststroke	SB9	Katie Crowhurst	Wycombe & D	01:53.67
Bronze	14 to 17	100m Breaststroke	SB7	Sallie Phillips	Gloucester	02:23.42
Gold	14 to 17	100m Breaststroke	SB13	Rebecca Redfern	Worcester	01:18.99
Bronze	14 to 17	100m Breaststroke	SB15	Polly Saines	Crawley	01:48.34
Silver	18/over	100m Breaststroke	SB6	Eleanor Simmonds	Boldmere	01:40.10
Silver	18/over	100m Breaststroke	SB7	Fabienne Andre	Mid S Marlins	02:41.26
Gold	18/over	100m Breaststroke	SB8	Claire Cashmore	Wyre Forest	01:21.26
Gold	18/over	100m Breaststroke	SB12	Alison Heasman	Black Lion	01:56.92

Medal	Age	Event	Class	Name	Club	Time
Gold	10 to 13	200 IM	SM6	Leo McCrea	Bourne/Coll	04:01.88
Gold	10 to 13	200 IM	SM8	Finlay Middleton	Mount Kelly	03:16.95
Gold	10 to 13	200 IM	SM10	Matthew Rishworth	Staines	02:54.98
Silver	10 to 13	200 IM	SM10	Joshua Fruin	Portsmouth NS	03:26.50
Gold	10 to 13	200 IM	SM14	Cameron Vearncombe	Caradon	02:47.77
Bronze	10 to 13	200 IM	SM14	Connor Lockwood	Woking	03:11.91
Bronze	10 to 13	200 IM	SM15	Jake Bayley	Stafford Apex	03:20.59
Silver	14 to 17	200 IM	SM8	Scott Hadley	Swim WM	03:21.48
Gold	14 to 17	200 IM	SM10	Keiran Tellem	Exeter City	03:05.43
Bronze	14 to 17	200 IM	SM14	Craig Harris	Swindon Dolphins	02:21.93
Gold	18/over	200 IM	SM6	Sasha Kindred	Hereford	02:41.73
Gold	18/over	200 IM	SM7	Michael Jones	Mount Kelly	02:49.48
Bronze	18/over	200 IM	SM7	Alexander Goodman	Portsmouth NS	03:20.06
Silver	18/over	200 IM	SM8	Daniel Bennett	Gloucester	02:43.83
Silver	18/over	200 IM	SM10	Callum Pearson	Hastings	02:34.10
Bronze	18/over	200 IM	SM10	Michael Goody	Portsmouth NS	02:37.44

Medal	Age	Event	Class	Name	Club	Time
Bronze	10 to 13	200 IM	SM6	Georgia Howell	Littlehampton	04:16.04
Silver	10 to 13	200 IM	SM10	Zara Mullooly	Woking	02:56.67
Silver	10 to 13	200 IM	SM13	Katie Crowhurst	Wycombe	03:27.68
Gold	10 to 13	200 IM	SM15	Libby Gotta	Cof Oxford	03:04.07
Gold	14 to 17	200 IM	SM8	Levana Hanson	Gloucester	03:58.71
Silver	14 to 17	200 IM	SM9	Annalise Burgess	Ply Leander	03:25.30
Gold	14 to 17	200 IM	SM13	Rebecca Redfern	Worcester	02:47.49
Gold	18/over	200 IM	SM6	Eleanor Simmonds	Boldmere	03:00.01
Silver	18/over	200 IM	SM9	Claire Cashmore	Wyre Forest	02:41.43
Bronze	18/over	200 IM	SM9	Stephanie Millward	Corsham	02:41.79
Bronze	18/over	200 IM	SM10	Harriet Dickinson	Clevedon	03:08.73



## STAR PERFORMANCES

**ELEANOR SIMMONDS** broke the **WORLD RECORD** in the **S6 200m IM**

**REBECCA REDFERN** broke the **EUROPEAN RECORD** in the **S13 100m Breaststroke**

## New Swimmer ID Day's

There will be opportunities for assessment of NEW swimmers at each of the following events

Wycombe & District—High Wycombe LC	Wednesday 2nd March 2016
Development Day—Horfield LC Bristol	Sunday 13th March 2016
Sports Able—Magnet LC Maidenhead	Sunday 31st March 2016
Mid Sussex Marlins -Triangle LC Burgess Hill	Saturday 19th March
Exeter	Wednesday 9th March
Winchester—St Swithuns School	Saturday 30th March

For further details contact [dave.white@swimming.org](mailto:dave.white@swimming.org)



Confusing or what?

**NEW 50m POOLS**

Its great to see there are new pools being built at a time that many pools are facing closure, but these pools are on the way to being completed

University of Birmingham Sports Centre  
High Wycombe Sports Centre  
Mount Kelly School Pool

Their names may change but at least they will be opening soon

### Forward dates for 2016—Key competitions for next year

Please see your County and Regional websites for exact dates of ASA competitions & qualifying times (when available)

January	February	March	April	May	June
ASA Counties	ASA Counties	Development Sprint Competitions Nottingham 12th Bristol 13th	23-27th British International GLASGOW	ASA Regionals	Newcomers Meet and Development Day
July	August	September	October	November	December
25-31 British Summer Champs Sheffield	1-7th ASA National Champs Sheffield	South East/West Regional Para-Swimming Comp	East/West Mids Regional Para-Swimming Comp	28/29th (TBC) National Short Course Manchester?	

*The next edition will be following the British International Meet in Glasgow*