



SOUTH EAST REGION (SER) YOUNG VOLUNTEER PROGRAMME 2016-17

REPORT

The aim of the SER Young Volunteer Programme is to increase the number of trained young people and to improve the accessibility to formal and informal training opportunities. Young people participating in the programme were expected to attend two Development Days, one between September – December 2016 and the second in February / March 2017. In addition to attendance at the development days, the young people were expected to undertake ten hours volunteering within their home clubs, volunteer at an aquatic event (club, county or regional) and complete an online training course.

In 2016/2017 we increased the number of programmes delivered within the South East initially planning one course per Swim England County, Five programmes were delivered in 2016/17 in Medway (Kent), Amersham (Buckinghamshire) and Winchester/Portsmouth (Hampshire), Abingdon/Oxford (Oxon), Crawley/Brighton (Sussex). The programme planned for Woking (Surrey) was cancelled due to low numbers, anyone booked to attend moved to the Sussex programme.

Training provided during the programme included;

- ASA Young Aquatic Helper Certificate
- ASA Timekeepers Course
- St. Johns Emergency First Aid
- Sports Coach UK – Safeguarding for Young Volunteers (13+)

24 Clubs had young people participating in the programme - Mid Sussex Marlins SC, Chichester Cormorants SC, Brighton Dolphins SC, East Grinstead SC, Hastings Seagulls SC, Gosport Dolphins SC, Hailsham SC, City of Oxford SC, Banbury SC, Kidlington & Gosford SC, Wantage White Horses SC, Tonbridge SC, Sheerness SLGC, RTW Monson SC, Hastings Seagull SC, Havant & Waterlooville SC, Fareham Nomads SC, Eastleigh SC, Chalfont Otters SC, Chesham SC, City of Milton Keynes SC, Maxwell SC, Portsmouth & District Synchrono SC, Portsmouth Victoria Synchrono SC.

Throughout the programme a total of 127 young people attended bespoke development days which delivered 259 training opportunities. This is slightly lower than the previous year.

44 young people completed the whole programme, including attendance at 2 development days, volunteering at an aquatic event and 10 hours volunteering within their home club. These young people received a t-shirt and water bottle following completion of the programme. In 2016/2017 a higher percentage of the young people completed the whole programme.

Photograph of the young volunteers in Buckinghamshire completing the SER Young Volunteer Programme



The Young Volunteer Programme provides a great opportunity to learn new skills and give young people the confidence to stay involved in aquatics.

All participants who completed the programme filled in a feedback form, a selection of comments are listed below;

What the young people enjoyed the most from participating in the programme;

The timekeeping qualification because it was the most engaging
First Aid course
Learning how to time keep and learning about volunteering opportunities
It provided me with practical experience on tasks I might be up against
Volunteering in my club and getting to know more people

What the young people learnt as a result of the programme;

The safeguarding tips and all the timekeeping rules
How to timekeep and how to help children
Skills for volunteering and how to help when it is needed
Safeguarding procedures
How to keep people safe and what to do in case of an emergency

How the programme can be improved in the future;

More practical activity
Nothing, everything was very well organised
Very happy with the content
To include theory and practical in both sessions

Will you continue to volunteer in your club?

All participants on the programme answered 'yes' to this question

Photos from the Development Days





A special thank you to City of Oxford SC, Portsmouth Northsea SC, Kent Primary Schools, Sussex County ASA and Chalfont Otters SC who supported the practical delivery of the ASA Timekeeping course, and to all the volunteers who worked with the young people on each lane offering valuable advice throughout the assessment. Thank you to all the course tutors for delivering the Timekeeping courses, the support, enthusiasm and hard work was very much appreciated.