

A CERTIFICATE FOR YOUR CLUB IS NOW AVAILABLE. IF YOU WOULD LIKE ONE PLEASE EMAIL [briansmithbsc@btinternet.com](mailto:briansmithbsc@btinternet.com)

SOUTH EAST REGION LONG COURSE RECORDS RELAY TEAM EVENTS BOYS 11/14 YEARS										
EVENT	TIME	CLUB		SWIMMERS AND SPLIT TIMES					VENUE	DATE OF SWIM
4 X 100M FREESTYLE	3.54.11	BRACKNELL & WOKINGHAM	LEAD	GAVIN SUEN	59.41	2nd	CALLUM MACGREGOR	1.00.38	NATIONAL CHAMPIONSHIPS PONDS FORGE SHEFFIELD	22/07/2009
			3rd	EWAN LAING	59.47	Anchor	GEORGE WILSON	54.85		
4 X 200 FREESTYLE	8.27.19	BRACKNELL & WOKINGHAM	LEAD	GAVIN SUEN	2.07.41	2nd	CALLUM MACGREGOR	2.11.17	NATIONAL CHAMPIONSHIPS PONDS FORGE SHEFFIELD	24/07/2009
			3rd	EWAN LAING	2.08.20	Anchor	GEORGE WILSON	2.00.41		
4 X 100M MEDLEY	4.25.11	BRACKNELL & WOKINGHAM	BACK	TOM KEEN	1.09.18	BREAST	JAMIE SHIELDS	1.11.38	SERASA AGE GROUP CHAMPIONSHIPS K2 CRAWLEY	04/06/2006
			FLY	STEVEN KING	1.03.87	FREE	DAVID ROWLEY	1.00.68		
SOUTH EAST REGION LONG COURSE RECORDS RELAY TEAM EVENTS BOYS 15/18 YEARS										
EVENT	TIME	CLUB		SWIMMERS AND SPLIT TIMES					VENUE	DATE OF SWIM
4 X 100M FREESTYLE	3.32.76	HASLEMERE	LEAD	THOMAS KENNEDY	52.70	2nd	JEREMY GODDIN	54.17	NATIONAL CHAMPIONSHIPS PONDS FORGE SHEFFIELD	02/08/2009
			3rd	THOMAS WILLIAMS	52.60	Anchor	GUY SCHMIDT	53.29		
4 X 200 FREESTYLE	7.50.54	BRACKNELL & WOKINGHAM	LEAD	ANDREW WILLIS	1.56.40	2nd	GORDON LAING	1.59.31	NATIONAL CHAMPIONSHIPS PONDS FORGE SHEFFIELD	29/07/2009
			3rd	SAMUEL MORETON	1.59.37	Anchor	STEVEN KING	1.55.46		
4 X 100M MEDLEY	3.55.55	GUILDFORD CITY	BACK	MARCO LOUGHRAN	56.12	BREAST	DANNY ANDERSON	1.08.41	NATIONAL CHAMPIONSHIPS PONDS FORGE SHEFFIELD	30/07/2007
			FLY	DAVID LYNCH	59.20	FREE	NICHOLAS MIDDLETON	51.82		

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SOUTH EAST REGION LONG COURSE RECORDS RELAY TEAM EVENTS GIRLS 11/13 YEARS										
EVENT	TIME	CLUB		SWIMMERS AND SPLIT TIMES					VENUE	DATE OF SWIM
4 X 100M FREESTYLE	4.08.01	GUILDFORD CITY	LEAD	DANIELLE WYTHE	1.02.09	2nd	ELLA HATTON	1.02.68	NATIONAL CHAMPIONSHIPS PONDS FORGE SHEFFIELD	25/07/2007
			3rd	NATASHA SMITH	1.02.11	Anchor	ABIGAIL MUNDAY	1.01.13		
4 X 200 FREESTYLE	8.58.74	GUILDFORD CITY	LEAD	NATASHA SMITH	2.16.61	2nd	CRISTINA HOLOHAN	2.16.43	NATIONAL CHAMPIONSHIPS PONDS FORGE SHEFFIELD	26/07/2007
			3rd	DANIELLE WYTHE	2.14.82	Anchor	ABIGAIL MUNDAY	2.10.88		
4 X 100M MEDLEY	4.34.20	PORTSMOUTH NORTHSEA	BACK	SOPHIE TEASDALE	1.07.02	BREAST	MEGAN CUMMING	1.17.78	NATIONAL CHAMPIONSHIPS PONDS FORGE SHEFFIELD	24/07/2007
			FLY	JODIE BRUCE	1.07.73	FREE	GEORGINA TUFFIN	1.01.77		
SOUTH EAST REGION LONG COURSE RECORDS RELAY TEAM EVENTS GIRLS 14/17 YEARS										
EVENT	TIME	CLUB		SWIMMERS AND SPLIT TIMES					VENUE	DATE OF SWIM
4 X 100M FREESTYLE	3.52.36	GUILDFORD CITY	LEAD	RACHEL SOLWAY	58.69	2nd	EMILY PINCHIN	58.33	NATIONAL CHAMPIONSHIPS PONDS FORGE SHEFFIELD	02/08/2009
			3rd	NATASHA SMITH	58.97	Anchor	HENRIETTA DILLON	56.37		
4 X 200 FREESTYLE	8.27.76	LEATHERHEAD	LEAD	CHARLOTTE HOBBS	2.06.57	2nd	HANNAH SHORE	2.07.05	NATIONAL CHAMPIONSHIPS PONDS FORGE SHEFFIELD	29/07/2009
			3rd	GRACE ARCHER	2.07.95	Anchor	CHARLOTTE ROBERTSON	2.06.19		
4 X 100M MEDLEY	4.17.09	GUILDFORD CITY	BACK	HENRIETTA DILLON	1.04.00	BREAST	RACHEL SOLWAY	1.10.26	NATIONAL CHAMPIONSHIPS PONDS FORGE SHEFFIELD	31/07/2009
			FLY	JESSIE FISHER	1.04.47	FREE	NATASHA SMITH	58.36		