

## SHEET 1 UPDATED 27/09/2008

SOUTH EAST REGION LONG COURSE RECORDS MALE 11/UNDER						
EVENT	TIME	NAME	D.O.B.	CLUB	VENUE	DATE OF SWIM
50 FREE	30.87	JAMES CHATER	11/08/1995	TILEHURST	BRACKNELL OPEN: GARRISON POOL ALDERSHOT	19/05/2007
100 FREE	1.03.19	MILES MUNRO	24/06/1996	BEAU SEJOUR BARRACUDA	SERASA BAGCAT CHAMPIONSHIPS K2 CRAWLEY	31/05/2008
200 FREE	2.16.24	BENJAMIN LEVART	06/12/1996	AMERSHAM	NATIONAL AGE GROUP CHAMPIONSHIPS PONDS FORGE SHEFFIELD	25/07/2008
400 FREE	4.42.61	THOMAS GREGSON	09/12/1996	PORTSMOUTH NORTHSEA	NATIONAL AGE GROUP CHAMPIONSHIPS PONDS FORGE SHEFFIELD	27/07/2008
800 FREE	10.14.40	LEWIS FISHER	21/07/1995	CRAWLEY	S E R A S A AGE GROUP CHAMPIONSHIPS K2 CRAWLEY	10/06/2007
1500 FREE	20.15.79	EWAN LAING	10/10/1995	BRACKNELL & WOKINGHAM	BRACKNELL OPEN: GARRISON POOL ALDERSHOT	31/03/2007
50 BACK	35.47	HENRY YOUNG	02/06/1995	SHIVERERS	CRAWLEY OPEN K2 CRAWLEY	14/04/2007
100 BACK	1.13.98	ALEXANDER FARRELL	28/11/1995	WINDSOR	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	24/07/2007
200 BACK	2.35.52	THOMAS GREGSON	09/12/1996	PORTSMOUTH NORTHSEA	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	26/07/2008
50 BREAST	41.02	KYRIACOS PAPA ADAMS	02/03/1997	THANET SWIM CLUB	CITY of NORWICH EASTER MEET NORWICH	23/03/2008
100 BREAST	1.21.19	JAMES CHATER	11/08/1995	TILEHURST	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	23/07/2007
200 BREAST	2.57.54	JAMES CHATER	11/08/1995	TILEHURST	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	26/07/2007
50 FLY	34.00	OLIVER WEEDON	20/09/1995	GUILDFORD CITY	SPEEDO A FINAL: PONDS FORGE SHEFFIELD	22/04/2007
100 FLY	1.10.38	THOMAS GREGSON	09/12/1996	PORTSMOUTH NORTHSEA	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	27/07/2008
200 FLY	2.30.26	THOMAS GREGSON	09/12/1996	PORTSMOUTH NORTHSEA	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	24/07/2008
200 IM	2.35.70	THOMAS GREGSON	09/12/1996	PORTSMOUTH NORTHSEA	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	26/07/2008
400 IM	5.20.43	THOMAS GREGSON	09/12/1996	PORTSMOUTH NORTHSEA	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	25/07/2008

## SHEET 2 UPDATED 27/09/2008

SOUTH EAST REGION LONG COURSE RECORDS MALE 12 YEARS						
EVENT	TIME	NAME	D.O.B.	CLUB	VENUE	DATE OF SWIM
50 FREE	26.88	OLIVER LEONARD	12/03/1995	BRACKNELL & WOKINGHAM	BURNS OPEN PONDS FORGE SHEFFIELD	26/01/2008
100 FREE	57.05	MATTHEW POWELL	18/10/1994	HASLEMERE	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	25/07/2007
200 FREE	2.03.04	MATTHEW POWELL	18/10/1994	HASLEMERE	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	24/07/2007
400 FREE	4.24.03	MATTHEW POWELL	18/10/1994	HASLEMERE	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	26/07/2007
800 FREE	9.31.17	LIAM SMALL	13/07/1995	PORTSMOUTH NORTHSEA	SCOTTISH AGE GROUP CHAMPIONSHIPS: TOLLCROSS	13/04/2008
1500 FREE	17.41.06	JOSEPH PATCHING	16/04/1994	BRACKNELL & WOKINGHAM	CITY of SHEFFIELD OPEN: PONDS FORGE SHEFFIELD	30/03/2007
50 BACK	32.67	OLIVER LEONARD	12/03/1995	BRACKNELL & WOKINGHAM	BURNS OPEN PONDS FORGE SHEFFIELD	27/01/2008
100 BACK	1.06.56	MATTHEW POWELL	18/10/1994	HASLEMERE	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	24/07/2007
200 BACK	2.28.03	JOSH PANKHURST	10/01/1996	EAST GRINSTEAD	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	26/07/2008
50 BREAST	36.39	OLIVER LEONARD	12/03/1995	BRACKNELL & WOKINGHAM	RUSHMOOR ROYALS OPEN GARRISON POOL ALDERSHOT	20/10/2007
100 BREAST	1.15.85	JAMES CHATER	11/08/1995	TILEHURST	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	24/07/2008
200 BREAST	2.43.04	JAMES CHATER	11/08/1995	TILEHURST	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	27/07/2008
50 FLY	28.90	OLIVER LEONARD	12/03/1995	BRACKNELL & WOKINGHAM	DRAGON MEET SWANSEA	11/01/2008
100 FLY	1.02.52	STEVEN KING	30/07/1993	BRACKNELL & WOKINGHAM	NATIONAL AGE GROUP CHAMPIONSHIPS PONDS FORGE SHEFFIELD	28/07/2006
200 FLY	2.19.21	STEVEN KING	30/07/2003	BRACKNELL & WOKINGHAM	NATIONAL AGE GROUP CHAMPIONSHIPS PONDS FORGE SHEFFIELD	29/07/2006
200 IM	2.24.02	MATTHEW POWELL	18/10/1994	HASLEMERE	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	25/07/2007
400 IM	5.08.56	STEVEN KING	30/07/1993	BRACKNELL & WOKINGHAM	S E R A S A AGE GROUP CHAMPIONSHIPS K2 CRAWLEY	03/06/2006

## SHEET 3 UPDATED 27/09/2008

SOUTH EAST REGION LONG COURSE RECORDS MALE 13 YEARS						
EVENT	TIME	NAME	D.O.B.	CLUB	VENUE	DATE OF SWIM
50 FREE	25.95	MATTHEW POWELL	18/10/1994	HASLEMERE	CRAWLEY SPRING MEET K2 CRAWLEY	20/04/2008
100 FREE	54.53	MATTHEW POWELL	18/10/1994 <b>13 YEAR</b>	HASLEMERE <b>BRITISH RECORD</b>	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	26/07/2008
200 FREE	2.00.74	MATTHEW POWELL	18/10/1994	HASLEMERE	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	25/07/2008
400 FREE	4.27.66	STEVEN KING	30/07/1993	BRACKNELL & WOKINGHAM	BERKS & BUCKS OPEN: GARRISON POOL ALDERSHOT	28/04/2007
800 FREE	9.19.99	MATTHEW POWELL	18/10/1994	HASLEMERE	SURREY COUNTY CHAMPIONSHIPS ALDERSHOT	09/02/2008
1500 FREE	17.11.30	JOSHUA FOWLER	28/10/1992	PORTSMOUTH NORTHSEA	NATIONAL AGE GROUP CHAMPIONSHIPS PONDS FORGE SHEFFIELD	29/07/2006
50 BACK	31.49	SAM VAN DE SCHOOTBRUGGE	22/03/1993	CITY of OXFORD	LEEDS XMAS MEET: LEEDS	16/12/2006
100 BACK	1.02.46	MATTHEW POWELL	18/10/1994	HASLEMERE	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	25/07/2008
200 BACK	2.21.00	MATTHEW MASTERS	31/10/1994	CITY of MILTON KEYNES	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	26/07/2008
50 BREAST	36.70	CALLUM WILLCOX	16/08/1993	READING	WYCOMBE OPEN: HANDY CROSS HIGH WYCOMBE	10/02/2007
100 BREAST	1.12.04	CHRISTOPHER FEBO	30/10/1993	CITY of SOUTHAMPTON	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	23/07/2007
200 BREAST	2.36.06	CHRISTOPHER FEBO	30/10/1993	CITY of SOUTHAMPTON	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	26/07/2007
50 FLY	27.63	MATTHEW POWELL <b>BRITISH RECORD</b>	18/10/1994 <b>13 YEAR</b>	HASLEMERE <b>BRITISH RECORD</b>	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	26/07/2008
100 FLY	58.47	MATTHEW POWELL <b>BRITISH RECORD</b>	18/10/1994 <b>13 YEAR</b>	HASLEMERE <b>BRITISH RECORD</b>	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	27/07/2008
200 FLY	2.15.13	STEVEN KING	30/07/1993	BRACKNELL & WOKINGHAM	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	23/07/2007
200 IM	2.18.53	STEVEN KING	30/07/1993	BRACKNELL & WOKINGHAM	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	25/07/2007
400 IM	4.58.76	JOSHUA FOWLER	28/10/1992	PORTSMOUTH NORTHSEA	NATIONAL AGE GROUP CHAMPIONSHIPS PONDS FORGE SHEFFIELD	30/07/2006

## SHEET 4 UPDATED 27/09/2008

SOUTH EAST REGION LONG COURSE RECORDS MALE 14 YEARS						
EVENT	TIME	NAME	D.O.B.	CLUB	VENUE	DATE OF SWIM
50 FREE	26.11	STEVEN KING	30/07/1993	BRACKNELL & WOKINGHAM	BURNS OPEN PONDS FORGE SHEFFIELD	26/01/2008
100 FREE	54.34	BRADLEY MOORHOUSE	02/08/1991	BLACK LION	NATIONAL AGE GROUP CHAMPIONSHIPS PONDS FORGE SHEFFIELD	27/07/2006
200 FREE	1.59.32	STEVEN KING	30/07/1993	BRACKNELL & WOKINGHAM	NATIONAL AGE GROUP CHAMPIONSHIPS PONDS FORGE SHEFFIELD	25/07/2008
400 FREE	4.16.75	ADAM HARRINGTON	20/07/1991	CRAWLEY	S E R A S A AGE GROUP CHAMPIONSHIPS K2 CRAWLEY	03/06/2006
800 FREE	8.46.02	ADAM HARRINGTON	20/07/1991	CRAWLEY	CRAWLEY OPEN K2 CRAWLEY	11/06/2006
1500 FREE	16.42.13	DANIEL WHITE	04/04/1992	PORTSMOUTH NORTHSEA	NATIONAL AGE GROUP CHAMPIONSHIPS PONDS FORGE SHEFFIELD	29/07/2006
50 BACK	30.81	CAMERON BAX	09/04/1993	CRAWLEY	PLYMOUTH OPEN MILLFIELD	14/12/2007
100 BACK	1.02.74	ADAM HARRINGTON	20/06/2007	CRAWLEY	S E R A S A AGE GROUP CHAMPIONSHIPS K2 CRAWLEY	03/06/2006
200 BACK	2.11.99	SAM VAN DE SCHOOTBRUGGE	22/03/1993	CITY of OXFORD	DUTCH OPEN EINDHOVEN	06/12/2007
50 BREAST	32.76	DAVID ANDREWS	10/04/1993	LEATHERHEAD	BURNS OPEN PONDS FORGE SHEFFIELD	26/01/2008
100 BREAST	1.10.87	CHRISTOPHER FEBO	30/10/1993	CITY of SOUTHAMPTON	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	24/07/2008
200 BREAST	2.32.23	ANDREW WILLIS	03/12/1990	RUSHMOOR ROYALS	S E R A S A CHAMPIONSHIPS GARRISON POOL ALDERSHOT	27/11/2005
50 FLY	28.06	STEVEN KING	30/07/1993	BRACKNELL & WOKINGHAM	BURNS OPEN PONDS FORGE SHEFFIELD	27/01/2008
100 FLY	58.68	STEVEN KING	30/07/1993	BRACKNELL & WOKINGHAM	NATIONAL AGE GROUP CHAMPIONSHIPS PONDS FORGE SHEFFIELD	27/07/2008
200 FLY	2.11.87	ADAM BARRETT	30/07/1992	READING	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	23/07/2007
200 IM	2.14.50	STEVEN KING	30/07/1993	BRACKNELL & WOKINGHAM	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	26/07/2008
400 IM	4.46.74	ADAM HARRINGTON	20/07/1991	CRAWLEY	S E R A S A AGE GROUP CHAMPIONSHIPS K2 CRAWLEY	03/06/2006

## SHEET 5 UPDATED 27/09/2008

SOUTH EAST REGION LONG COURSE RECORDS MALE 15 YEARS						
EVENT	TIME	NAME	D.O.B.	CLUB	VENUE	DATE OF SWIM
50 FREE	24.48	GEOFFREY CHEAH	10/11/1990	BRACKNELL & WOKINGHAM	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	05/08/2006
100 FREE	53.20	GEOFFREY CHEAH	10/11/1990	BRACKNELL & WOKINGHAM	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	02/08/2006
200 FREE	1.57.02	SAM VAN DE SCHOOTBRUGGE	22/03/1993	CITY of OXFORD	NATIONAL YOUTH CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD	01/08/2008
400 FREE	4.08.81	SAM VAN DE SCHOOTBRUGGE	22/03/1993	CITY of OXFORD	NATIONAL YOUTH CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD	29/07/2008
800 FREE	8.45.21	TOM GALLICHAN	04/10/1992	TIGERS (JERSEY)	S.E.R.A.S.A.YOUTH CHAMPIONSHIPS: GARRISON POOL ALDERSHOT	04/05/2008
1500 FREE	16.30.43	JAKE HOWES	03/09/1992	PORTSMOUTH NORTHSEA	ASA NATIONAL CHAMPIONSHIPS PICTON LIVERPOOL	12/07/2008
50 BACK	27.59	GEOFFREY CHEAH	10/11/1990	BRACKNELL & WOKINGHAM	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	03/08/2006
100 BACK	58.76	GEOFFREY CHEAH	10/11/1990	BRACKNELL & WOKINGHAM	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	01/08/2006
200 BACK	2.08.63	ADAM HARRINGTON	20/07/1991	CRAWLEY	SCOTTISH NATIONAL OPENCHAMPIONSHIPS. TOLL CROSS	28/06/2007
50 BREAST	31.90	JAMIE SHIELDS	24/09/1991	BRACKNELL & WOKINGHAM	S.E.R.A.S.A.YOUTH CHAMPIONSHIPS: GARRISON POOL ALDERSHOT	07/05/2007
100 BREAST	1.08.58	MIKAEL POPOV	04/07/1992	WEST WIGHT	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	01/04/2008
200 BREAST	2.30.77	ANDREW WILLIS	03/12/1990	RUSHMOOR ROYALS	GATESHEAD & WICKHAM OPEN. PONDS FORGE SHEFFIELD	28/01/2006
50 FLY	27.70	ALEX JAMESON	26/02/1992	ST BEDES SCHOOL	BURNS OPEN PONDS FORGE SHEFFIELD	27/01/2008
100 FLY	57.30	KARL BOTHA	02/02/1991	CITY of CANTERBURY	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	05/08/2006
200 FLY	2.10.06	SAM VAN DE SCHOOTBRUGGE	22/03/1993	CITY of OXFORD	NATIONAL YOUTH CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD	30/07/2008
200 IM	2.11.05	SAM VAN DE SCHOOTBRUGGE	22/03/1993	CITY of OXFORD	NATIONAL YOUTH CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD	30/07/2008
400 IM	4.38.60	SAM VAN DE SCHOOTBRUGGE	22/03/1993	CITY of OXFORD	NATIONAL YOUTH CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD	02/08/2008

## SHEET 6 UPDATED 27/09/2008

SOUTH EAST REGION LONG COURSE RECORDS MALE 16 YEARS						
EVENT	TIME	NAME	D.O.B.	CLUB	VENUE	DATE OF SWIM
50 FREE	23.86	GEOFFREY CHEAH	10/11/1990	BRACKNELL & WOKINGHAM	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	31/07/2007
100 FREE	52.25	ROBERT MATTHEWS-STROUD	11/07/1989	WYCOMBE DISTRICT	ISF GYMNASIADE ATHENS GREECE	28/06/2006
200 FREE	1.53.63	TOM PARRIS	25/01/1991	HASTINGS SEAGULLS	QUEENSLAND CHAMPIONSHIPS AUSTRALIA	17/12/2007
400 FREE	4.08.37	JJL GALLICHAN	13/08/1991	TIGERS (JERSEY)	SERASA YOUTH CHMPTIONSHIPS. ALDRSHOT	04/05/2008
800 FREE	8.33.38	GARRY DIXON	12/03/1990	READING	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	02/08/2006
1500 FREE	16.07.89	GARRY DIXON	12/03/1990	READING	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	06/08/2006
50 BACK	27.47	GEOFFREY CHEAH	10/11/1990	BRACKNELL & WOKINGHAM	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	30/07/2007
100 BACK	57.91	ADAM HARRINGTON <b>ENGLISH RECORD</b>	20/07/1991 <b>16 YEAR</b>	CRAWLEY <b>ENGLISH RECORD</b>	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	31/03/2008
200 BACK	2.04.66	ADAM HARRINGTON	20/07/1991	CRAWLEY	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	02/04/2008
50 BREAST	30.82	LEON MACLEAN	26/11/1990	HAYWARDS HEATH	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	01/08/2007
100 BREAST	1.06.70	ANDREW WILLIS	03/12/1990	BRACKNELL & WOKINGHAM	NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD	27/07/2007
200 BREAST	2.20.80	ANDREW WILLIS	03/12/1990	BRACKNELL & WOKINGHAM	NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD	29/07/2007
50 FLY	26.03	CALLUM HILLICKS <b>SCOTTISH RECORD</b>	01/11/1991 <b>16 YEARS</b>	CRAWLEY <b>SCOTTISH RECORD</b>	NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	02/08/2008
100 FLY	56.11	KARL BOTHA	02/02/1991	CITY of CANTERBURY	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	31/07/2007
200 FLY	2.04.79	KARL BOTHA	02/02/1991	CITY of CANTERBURY	NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD	29/07/2007
200 IM	2.10.97	ANDREW WILLIS	03/12/1990	BRACKNELL & WOKINGHAM	NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD	28/07/2007
400 IM	4.27.69	ADAM HARRINGTON	20/07/1991	CRAWLEY	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	03/04/2008

## SHEET 7 UPDATED 27/09/2008

SOUTH EAST REGION LONG COURSE RECORDS MALE 17 YEARS						
EVENT	TIME	NAME	D.O.B.	CLUB	VENUE	DATE OF SWIM
50 FREE	23.67	ALEX GARNETT	26/12/1990	STAINES	NATIONAL YOUTH CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD	01/08/2008
100 FREE	51.43	TOM PARRIS	25/01/1991	HASTINGS SEAGULLS	FINA WORLD YOUTH CHAMPIONSHIPS MONTERREY MEXICO	12/07/2008
200 FREE	1.51.50	TOM PARRIS	25/01/1991	HASTINGS SEAGULLS	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	02/04/2008
400 FREE	4.09.10	JAMES WHELAN	15/09/1989	PORTSMOUTH NORTHSEA	NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD	27/07/2007
800 FREE	8.33.46	GARRY DIXON	12/03/1990	READING	S.E.R.A.S.A.YOUTH CHAMPIONSHIPS: GARRISON POOL ALDERSHOT	05/05/2007
1500 FREE	16.24.40	GARRY DIXON	12/03/1990	READING	SERASA OPEN CHAMPIONSHIPS K2 CRAWLEY	04/11/2007
50 BACK	29.17	GRAHAM JOYCE	10/10/1990	CITY of MILTON KEYNES	S.E.R.A.S.A.YOUTH CHAMPIONSHIPS: GARRISON POOL ALDERSHOT	03/05/2008
100 BACK	59.01	JAMES STOCKDALE	08/09/1988	PORTSMOUTH NORTHSEA	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	01/08/2006
200 BACK	2.05.79	JAMES STOCKDALE	08/09/1988	PORTSMOUTH NORTHSEA	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	05/08/2006
50 BREAST	31.18	YORK-PETER KLOEPEL	18/02/1990	READING	CITY of SHEFFIELD OPEN: PONDS FORGE SHEFFIELD	26/05/2007
100 BREAST	1.06.35	ANDREW WILLIS	03/12/1990	BRACKNELL & WOKINGHAM	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	01/04/2008
200 BREAST	2.15.86	ANDREW WILLIS <b>BRITISH RECORD</b>	03/12/1990 <b>17 YEARS</b>	BRACKNELL & WOKINGHAM <b>BRITISH RECORD</b>	EUROPEAN JUNIOR CHAMPIONSHIPS BELGRADE	30/07/2008
50 FLY	25.59	MARK HARRIS	18/04/1989	WINDSOR	CITY of DERBY OPEN: PONDS FORGE SHEFFIELD	07/01/2007
100 FLY	57.41	MATTHEW SANDERSON	09/04/1989	CITY of OXFORD	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	05/08/2006
200 FLY	2.07.77	OLIVER SUMMERS	22/02/1991	PORTSMOUTH NORTHSEA	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	05/04/2008
200 IM	2.10.06	JAMES STOCKDALE	08/09/1988	PORTSMOUTH NORTHSEA	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	02/08/2006
400 IM	4.34.54	JAMES STOCKDALE	08/09/1988	PORTSMOUTH NORTHSEA	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	06/08/2006

## SHEET 8 UPDATED 27/09/2008

SOUTH EAST REGION LONG COURSE RECORDS MALE 18 YEARS						
EVENT	TIME	NAME	D.O.B.	CLUB	VENUE	DATE OF SWIM
50 FREE	23.33	ROBERT IDDIOLS	11/07/1989	WINDSOR	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	01/04/2008
100 FREE	51.64	ROBERT IDDIOLS	11/07/1989	WINDSOR	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	04/04/2008
200 FREE	1.55.04	NICHOLAS MIDDLETON	12/08/1988	GUILDFORD CITY	NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD	30/07/2007
400 FREE	4.10.41	EDWARD CASTRO	02/07/1988	ST BEDES SCHOOL	S.E.R.A.S.A.YOUTH CHAMPIONSHIPS: GARRISON POOL ALDRSHOT	06/05/2007
800 FREE	8.37.51	EDWARD CASTRO	02/07/1988	ST BEDES SCHOOL	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	02/08/2006
1500 FREE	16.28.36	EDWARD CASTRO	02/07/1988	ST BEDES SCHOOL	BATH GRAND PRIX BATH UNIVERSITY	01/12/2006
50 BACK	26.17	MARCO LOUGHRAN	24/03/1989	GUILDFORD CITY	BRITISH CHAMPIONSHIPS: MANCHESTER	28/03/2007
100 BACK	55.63	MARCO LOUGHRAN	24/03/1989	GUILDFORD CITY	EUROPEAN JUNIOR CHAMPIONSHIPS: ANTWERP	19/07/2007
200 BACK	2.00.22	MARCO LOUGHRAN	24/03/1989	GUILDFORD CITY	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	31/07/2007
<b>BRITISH RECORD. 18 YEARS. BRITISH RECORD. 18 YEARS.</b>						
50 BREAST	31.39	IAN BLACK	03/04/1989	TIGERS (JERSEY)	CITY OF DERBY OPEN PONDS FORGE SHEFFIELD	12/01/2008
100 BREAST	1.06.21	IAN BLACK	03/04/1989	TIGERS (JERSEY)	NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD	27/07/2007
200 BREAST	2.31.18	IAN BLACK	03/04/1989	TIGERS (JERSEY)	CITY of SHEFFIELD OPEN: PONDS FORGE SHEFFIELD	26/05/2007
50 FLY	25.13	MARCO LOUGHRAN	24/03/1989	GUILDFORD CITY	DUTCH OPEN EINDHOVEN	08/12/2007
100 FLY	56.57	TOM HOLLINGSWORTH	26/02/1988	BEAU SEJOUR BARRACUDA	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	05/08/2006
200 FLY	2.03.53	TOM HOLLINGSWORTH	26/02/1988	BEAU SEJOUR BARRACUDA	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	03/08/2006
200 IM	2.09.34	MARCO LOUGHRAN	24/03/1989	GUILDFORD CITY	BRITISH CHAMPIONSHIPS: MANCHESTER	27/03/2007
400 IM	4.39.09	IAN BLACK	03/04/1989	TIGERS (JERSEY)	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	01/08/2007

**SHEET 9 UPDATED 27/09/2008**

<b>SOUTH EAST REGION    <u>OPEN</u>    MALE LONG COURSE RECORDS</b>						
<b>EVENT</b>	<b>TIME</b>	<b>NAME</b>	<b>D.O.B.</b>	<b>CLUB</b>	<b>VENUE</b>	<b>DATE OF SWIM</b>
50 FREE	22.38	SIMON BURNETT	14/04/1983	WINDSOR	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	02/04/2008
100 FREE	48.57	SIMON BURNETT <b>BRITISH RECORD</b>	14/04/1983	WYCOMBE DISTRICT	WORLD CHAMPIONSHIPS: MELBOURNE	19/03/2006
<b>BRITISH RECORD.    BRITISH RECORD.    BRITISH RECORD.    BRITISH RECORD.</b>						
200 FREE	1.48.01	SIMON BURNETT	14/04/1983	SLOUGH & ETON	EUROPEAN CHAMPIONSHIPS: BUDAPEST, HUNGARY	02/08/2006
400 FREE	4.06.5	EDWARD CASTRO	02/07/1988	ST BEDES SCHOOL	ASA NATIONAL CHAMPIONSHIPS PICTON LIVERPOOL	10/07/2008
800 FREE	8.33.38	GARRY DIXON	12/03/1990	READING	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	02/08/2006
1500 FREE	16.07.89	GARRY DIXON	12/03/1990	READING	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	06/08/2006
50 BACK	25.95	MARCO LOUGHRAN	24/03/1989	GUILDFORD CITY	ASA NATIONAL CHAMPIONSHIPS PICTON LIVERPOOL	11/07/2008
100 BACK	54.40	MARCO LOUGHRAN	24/03/1989	GUILDFORD CITY	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	31/03/2008
200 BACK	1.58.16	MARCO LOUGHRAN	24/03/1989	GUILDFORD CITY	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	02/04/2008
<b>BRITISH RECORD.    18 YEARS.    BRITISH RECORD.    18 YEARS.</b>						
50 BREAST	29.87	ROBERT MESSENGER	07/05/1982	DOVER LIFEGUARDS	S.E.R.A.S.A.YOUTH CHAMPIONSHIPS: GARRISON POOL ALDERSHOT	07/05/2007
100 BREAST	1.05.69	PETER ROSS	20/03/1981	HAYWARDS HEATH	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	01/08/2006
200 BREAST	2.15.86	ANDREW WILLIS	03/12/1990	BRACKNELL & WOKINGHAM	EUROPEAN JUNIOR CHAMPIONSHIPS BELGRADE	30/07/2008
50 FLY	24.35	OWEN MORGAN	08/02/1984	CRANLEIGH	NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD	01/08/2006
100 FLY	53.77	IAN POWELL	16/12/1985	BEAU SEJOUR BARRACUDA	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	04/04/2008
200 FLY	1.59.78	IAN POWELL	16/12/1985	BEAU SEJOUR BARRACUDA	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	05/04/2008
200 IM	2.04.67	SIMON BURNETT	14/04/1983	WYCOMBE DISTRICT	JANET EVANS INVITATIONAL MEET LOS ANGELES	14/07/2007
400 IM	4.27.24	EDWARD DOWNES	25/04/1987	MAXWELL	BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD	03/04/2008

## SOUTH EAST REGION BOYS JUNIOR(U/16) SHORT COURSE RECORDS

EVENT	TIME	NAME	DOB	CLUB	VENUE & DATE OF SWIM
50 FREE	24.53	ALEX JAMESON	26/02/1992	ST BEDES SCHOOL	BORO' of WALTHAM FOREST OPEN: WALTHAM FOREST 26/05/2007
100 FREE	53.07	CHRISTOPHER FERGUSON	15/04/1991	BASINGSTOKE BLUEFINS	ESSA CHAMPIONSHIPS: MANCHESTER 28/10/2006
200 FREE	1.55.11	ADAM HARRINGTON	20/07/1991	CRAWLEY	SUSSEX COUNTY CHAMPIONSHIPS: K2 CRAWLEY 11/03/2006
400 FREE	4.03.32	ADAM HARRINGTON	20/07/1991	CRAWLEY	SUSSEX COUNTY CHAMPIONSHIPS: K2 CRAWLEY 24/02/2007
800 FREE	8.31.34	ADAM HARRINGTON	20/07/1991	CRAWLEY	SUSSEX COUNTY CHAMPIONSHIPS: K2 CRAWLEY 11/03/2007
1500 FREE	16.11.00	SAMUEL FERNANDES	21/05/1991	TIGERS (JERSEY)	CHANNEL ISLES CHAMPIONSHIPS: GUERNSEY 20/01/2007
50 BACK	27.46	ADAM HARRINGTON	20/07/1991	CRAWLEY	SUSSEX COUNTY CHAMPIONSHIPS: K2 CRAWLEY 17/03/2007
100 BACK	58.07	ADAM HARRINGTON	20/07/1991	CRAWLEY	SUSSEX COUNTY CHAMPIONSHIPS: K2 CRAWLEY 25/02/2007
200 BACK	2.02.17	ADAM HARRINGTON	20/07/1991	CRAWLEY	HATFIELD UK CHALLENGE MEET: HATFIELD 19/05/2007
<b>BRITISH JUNIOR RECORD      BRITISH JUNIOR RECORD      BRITISH JUNIOR RECORD</b>					
50 BREAST	30.89	MIKAEL POPOV	04/07/1992	WEST WIGHT	HAMPSHIRE COUNTY CHAMPIONSHIPS. SOUTHAMPTON 15/03/2008
100 BREAST	1.07.23	ANDREW WILLIS	03/12/1990	BRACKNELL & WOKINGHAM	ESSA CHAMPIONSHIPS: MANCHESTER 28/10/2006
200 BREAST	2.24.94	ANDREW WILLIS	03/12/1990	BRACKNELL & WOKINGHAM	SERASA CHAMPIONSHIPS: WATERLOOVILLE 04/11/2006
50 FLY	27.13	ALEX JAMESON	26/02/1992	ST BEDES SCHOOL	VALENTINE MEET HATFIELD 09/02/2008
100 FLY	57.25	KARL BOTHA	02/02/1991	CITY of CANTERBURY	ESSA CHAMPIONSHIPS: MANCHESTER 28/10/2006
200 FLY	2.10.52	KARL BOTHA	02/02/1991	CITY of CANTERBURY	SERASA CHAMPIONSHIPS: WATERLOOVILLE 04/11/2006
100 IM	59.56	ADAM HARRINGTON	20/07/1991	CRAWLEY	SUSSEX COUNTY CHAMPIONSHIPS: K2 CRAWLEY 25/02/2007
200 IM	2.09.00	ADAM HARRINGTON	20/07/1991	CRAWLEY	ESSA CHAMPIONSHIPS: MANCHESTER 28/10/2006
400 IM	4.30.71	ADAM HARRINGTON	20/07/1991	CRAWLEY	SUSSEX COUNTY CHAMPIONSHIPS: K2 CRAWLEY 17/03/2007

# SOUTH EAST REGION MENS OPEN SHORT COURSE RECORDS

EVENT	TIME	NAME	DOB	CLUB	VENUE & DATE OF SWIM
50 FREE	22.04	OWEN MORGAN	08/02/1984	GODALMING	EUROPEAN CHAMPIONSHIPS DEBRECEN. HUNGARY 16/12/2007
100 FREE	49.82	GUY SHERWIN	10/03/1984	SHIVERERS	SUSSEX COUNTY CHAMPIONSHIPS K2 CRAWLEY 16/03/2008
200 FREE	1.51.56	CRAIG GIBBONS	29/11/1985	MAXWELL	DERWENTSIDE OPEN: STANLEY 10/12/2006
400 FREE	4.00.18	TOM PARRIS	25/01/1991	HASTINGS SEAGULLS	SUSSEX COUNTY CHAMPIONSHIPS: K2 CRAWLEY 24/02/2007
800 FREE	8.24.48	CHRISTOPHER ROWLEY	24/04/1990	BRACKNELL & WOKINGHAM	BERKS & BUCKS CHAMPIONSHIPS: MAIDENHEAD 17/03/2007
1500 FREE	15.57.02	JAMES STOCKDALE	08/09/1988	PORTSMOUTH NORTHSEA	BLUE RIBBON OPEN: VICTORIA BATHS PORTSMOUTH 21/01/2007
50 BACK	24.72	MARCO LOUGHRAN	24/03/1989	GUILDFORD CITY	GUILDFORD OPEN SPECTRUM CENTRE GUILDFORD 24/05/2008
100 BACK	53.28	MARCO LOUGHRAN	24/03/1989	GUILDFORD CITY	GUILDFORD OPEN SPECTRUM CENTRE GUILDFORD 24/05/2008
200 BACK	1.56.40	MARCO LOUGHRAN	24/03/1989	GUILDFORD CITY	GUILDFORD OPEN SPECTRUM CENTRE GUILDFORD 24/05/2008
<b>BRITISH JUNIOR RECORD      BRITISH JUNIOR RECORD      BRITISH JUNIOR RECORD</b>					
50 BREAST	29.70	BARRIE STEWART	08/06/1983	HAVANT & WATERLOOVILLE	NATIONAL MASTERS: PONDS FORGE SHEFFIELD 28/10/2007
100 BREAST	1.04.68	PETER ROSS	20/03/1981	BURGESS HILL & HAYWARDS HEATH	SUSSEX COUNTY CHAMPIONSHIPS K2 CRAWLEY 16/03/2008
200 BREAST	2.20.68	JOSHUA CLINCH	18/10/1989	PORTSMOUTH NORTHSEA	PORTSMOUTH EASTER MEET: VICTORIA BATHS PORTSMOUTH 05/04/2007
50 FLY	24.07	OWEN MORGAN	08/02/1984	CRANLEIGH	GUILDFORD OPEN: SPECTRUM CENTRE GUILDFORD 03/12/2006
100 FLY	55.58	RICHARD SALT	25/05/1983	SHIVERERS	PORTSMOUTH EASTER MEET: VICTORIA BATHS PORTSMOUTH 11/04/2006
200 FLY	2.01.79	EDWARD DOWNES	25/04/1987	MAXWELL	NATIONAL MASTERS: PONDS FORGE SHEFFIELD 28/10/2006
100 IM	58.41	RICHARD SALT	25/05/1983	SHIVERERS	SUSSEX COUNTY CHAMPIONSHIPS: K2 CRAWLEY 19/03/2006
200 IM	2.04.01	EDWARD DOWNES	25/04/1987	MAXWELL	NATIONAL MASTERS: PONDS FORGE SHEFFIELD 29/10/2006
400 IM	4.26.22	ANDREW WILLIS	03/12/1990	BRACKNELL & WOKINGHAM	BERKS & SOUTH BUCKS CHAMPIONSHIPS. MAIDENHEAD 15/03/2008