

## SHEET 1 UPDATED 20/12/2008

| SOUTH EAST REGION LONG COURSE RECORDS MALE 11/UNDER |          |                        |            |                       |   |              |
|---|----------|------------------------|------------|-----------------------|---|--------------|
| EVENT   | TIME     | NAME                   | D.O.B.     | CLUB                  | VENUE   | DATE OF SWIM |
| 50 FREE   | 30.87    | JAMES CHATER           | 11/08/1995 | TILEHURST             | BRACKNELL OPEN:<br>GARRISON POOL<br>ALDERSHOT                 | 19/05/2007   |
| 100 FREE  | 1.03.19  | MILES MUNRO            | 24/06/1996 | BEAU SEJOUR BARRACUDA | SERASA BAGCAT<br>CHAMPIONSHIPS<br>K2 CRAWLEY                  | 31/05/2008   |
| 200 FREE  | 2.16.24  | BENJAMIN LEVART        | 06/12/1996 | AMERSHAM              | NATIONAL AGE GROUP<br>CHAMPIONSHIPS PONDS<br>FORGE SHEFFIELD  | 25/07/2008   |
| 400 FREE  | 4.42.61  | THOMAS GREGSON         | 09/12/1996 | PORTSMOUTH NORTHSEA   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS PONDS<br>FORGE SHEFFIELD  | 27/07/2008   |
| 800 FREE  | 10.14.40 | LEWIS FISHER           | 21/07/1995 | CRAWLEY               | SERASA<br>AGE GROUP CHAMPIONSHIPS<br>K2 CRAWLEY               | 10/06/2007   |
| 1500 FREE   | 19.01.26 | WILLIAM STANHOPE       | 17/04/1997 | PORTSMOUTH NORTHSEA   | BATH GRAND PRIX<br>BATH UNIVERSITY                            | 05/12/2008   |
| 50 BACK   | 35.47    | HENRY YOUNG            | 02/06/1995 | SHIVERERS             | CRAWLEY OPEN<br>K2 CRAWLEY                                    | 14/04/2007   |
| 100 BACK  | 1.13.98  | ALEXANDER FARRELL      | 28/11/1995 | WINDSOR               | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 24/07/2007   |
| 200 BACK  | 2.35.52  | THOMAS GREGSON         | 09/12/1996 | PORTSMOUTH NORTHSEA   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2008   |
| 50 BREAST   | 41.02    | KYRIACOS<br>PAPA-ADAMS | 02/03/1997 | THANET SWIM CLUB      | CITY of NORWICH EASTER<br>MEET<br>NORWICH                     | 23/03/2008   |
| 100 BREAST  | 1.21.19  | JAMES CHATER           | 11/08/1995 | TILEHURST             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 23/07/2007   |
| 200 BREAST  | 2.57.54  | JAMES CHATER           | 11/08/1995 | TILEHURST             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2007   |
| 50 FLY  | 33.75    | ADAM MILNE             | 13/08/1997 | BASINGSTOKE BLUEFINS  | RUSHMOOR ROYALS OPEN<br>GARRISON POOL<br>ALDERSHOT            | 25/10/2008   |
| 100 FLY   | 1.10.38  | THOMAS GREGSON         | 09/12/1996 | PORTSMOUTH NORTHSEA   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 27/07/2008   |
| 200 FLY   | 2.30.26  | THOMAS GREGSON         | 09/12/1996 | PORTSMOUTH NORTHSEA   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 24/07/2008   |
| 200 IM  | 2.35.70  | THOMAS GREGSON         | 09/12/1996 | PORTSMOUTH NORTHSEA   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2008   |
| 400 IM  | 5.20.43  | THOMAS GREGSON         | 09/12/1996 | PORTSMOUTH NORTHSEA   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 25/07/2008   |

## SHEET 2 UPDATED 20/12/2008

| SOUTH EAST REGION LONG COURSE RECORDS MALE 12 YEARS |          |                 |            |                       |   |              |
|---|----------|-----------------|------------|-----------------------|---|--------------|
| EVENT   | TIME     | NAME            | D.O.B.     | CLUB                  | VENUE   | DATE OF SWIM |
| 50 FREE   | 26.88    | OLIVER LEONARD  | 12/03/1995 | BRACKNELL & WOKINGHAM | BURNS OPEN<br>PONDS FORGE<br>SHEFFIELD                        | 26/01/2008   |
| 100 FREE  | 57.05    | MATTHEW POWELL  | 18/10/1994 | HASLEMERE             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 25/07/2007   |
| 200 FREE  | 2.03.04  | MATTHEW POWELL  | 18/10/1994 | HASLEMERE             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 24/07/2007   |
| 400 FREE  | 4.24.03  | MATTHEW POWELL  | 18/10/1994 | HASLEMERE             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2007   |
| 800 FREE  | 9.31.17  | LIAM SMALL      | 13/07/1995 | PORTSMOUTH NORTHSEA   | SCOTTISH AGE GROUP<br>CHAMPIONSHIPS:<br>TOLLCROSS             | 13/04/2008   |
| 1500 FREE   | 17.41.06 | JOSEPH PATCHING | 16/04/1994 | BRACKNELL & WOKINGHAM | CITY of SHEFFIELD OPEN:<br>PONDS FORGE<br>SHEFFIELD           | 30/03/2007   |
| 50 BACK   | 32.67    | OLIVER LEONARD  | 12/03/1995 | BRACKNELL & WOKINGHAM | BURNS OPEN<br>PONDS FORGE<br>SHEFFIELD                        | 27/01/2008   |
| 100 BACK  | 1.06.56  | MATTHEW POWELL  | 18/10/1994 | HASLEMERE             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 24/07/2007   |
| 200 BACK  | 2.28.03  | JOSH PANKHURST  | 10/01/1996 | EAST GRINSTEAD        | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2008   |
| 50 BREAST   | 36.39    | OLIVER LEONARD  | 12/03/1995 | BRACKNELL & WOKINGHAM | RUSHMOOR ROYALS OPEN<br>GARRISON POOL<br>ALDERSHOT            | 20/10/2007   |
| 100 BREAST  | 1.15.85  | JAMES CHATER    | 11/08/1995 | TILEHURST             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 24/07/2008   |
| 200 BREAST  | 2.43.04  | JAMES CHATER    | 11/08/1995 | TILEHURST             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 27/07/2008   |
| 50 FLY  | 28.90    | OLIVER LEONARD  | 12/03/1995 | BRACKNELL & WOKINGHAM | DRAGON MEET<br>SWANSEA  | 11/01/2008   |
| 100 FLY   | 1.02.52  | STEVEN KING     | 30/07/1993 | BRACKNELL & WOKINGHAM | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD  | 28/07/2006   |
| 200 FLY   | 2.19.21  | STEVEN KING     | 30/07/2003 | BRACKNELL & WOKINGHAM | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD  | 29/07/2006   |
| 200 IM  | 2.24.02  | MATTHEW POWELL  | 18/10/1994 | HASLEMERE             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 25/07/2007   |
| 400 IM  | 5.08.56  | STEVEN KING     | 30/07/1993 | BRACKNELL & WOKINGHAM | S E R A S A<br>AGE GROUP CHAMPIONSHIPS<br>K2 CRAWLEY          | 03/06/2006   |

## SHEET 3 UPDATED 20/12/2008

| SOUTH EAST REGION LONG COURSE RECORDS MALE 13 YEARS |          |   |                               |                                    |   |              |
|---|----------|---|-------------------------------|------------------------------------|---|--------------|
| EVENT   | TIME     | NAME                                    | D.O.B.                        | CLUB                               | VENUE   | DATE OF SWIM |
| 50 FREE   | 25.32    | MATTHEW POWELL<br><b>BRITISH RECORD</b> | 18/10/1994<br><b>13 YEARS</b> | HASLEMERE<br><b>BRITISH RECORD</b> | EARLY BIRD MEET<br>K2 CRAWLEY                                     | 05/10/2008   |
| 100 FREE  | 54.53    | MATTHEW POWELL<br><b>BRITISH RECORD</b> | 18/10/1994<br><b>13 YEARS</b> | HASLEMERE<br><b>BRITISH RECORD</b> | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD     | 26/07/2008   |
| 200 FREE  | 2.00.74  | MATTHEW POWELL                          | 18/10/1994                    | HASLEMERE                          | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD     | 25/07/2008   |
| 400 FREE  | 4.27.66  | STEVEN KING                             | 30/07/1993                    | BRACKNELL & WOKINGHAM              | BERKS & BUCKS OPEN:<br>GARRISON POOL<br>ALDERSHOT                 | 28/04/2007   |
| 800 FREE  | 9.19.99  | MATTHEW POWELL                          | 18/10/1994                    | HASLEMERE                          | SURREY COUNTY<br>CHAMPIONSHIPS<br>ALDERSHOT                       | 09/02/2008   |
| 1500 FREE   | 17.11.30 | JOSHUA FOWLER                           | 28/10/1992                    | PORTSMOUTH NORTHSEA                | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD      | 29/07/2006   |
| 50 BACK   | 31.20    | OLIVER LEONARD                          | 12/03/1995                    | FARNHAM                            | RUSHMOOR ROYALS OPEN<br>GARRISON POOL<br>ALDERSHOT                | 26/10/2008   |
| 100 BACK  | 1.02.46  | MATTHEW POWELL                          | 18/10/1994                    | HASLEMERE                          | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD     | 25/07/2008   |
| 200 BACK  | 2.21.00  | MATTHEW MASTERS                         | 31/10/1994                    | CITY of MILTON KEYNES              | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD     | 26/07/2008   |
| 50 BREAST   | 34.30    | ALEX MURPHY                             | 11/06/1995                    | DIDCOT BARRAMUNDI                  | S.E.R.A.S.A. OPEN<br>CHAMPIONSHIPS:<br>GARRISON POOL<br>ALDERSHOT | 01/11/2008   |
| 100 BREAST  | 1.12.04  | CHRISTOPHER FEBO                        | 30/10/1993                    | CITY of SOUTHAMPTON                | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD     | 23/07/2007   |
| 200 BREAST  | 2.36.06  | CHRISTOPHER FEBO                        | 30/10/1993                    | CITY of SOUTHAMPTON                | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD     | 26/07/2007   |
| 50 FLY  | 27.63    | MATTHEW POWELL<br><b>BRITISH RECORD</b> | 18/10/1994<br><b>13 YEAR</b>  | HASLEMERE<br><b>BRITISH RECORD</b> | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD     | 26/07/2008   |
| 100 FLY   | 58.47    | MATTHEW POWELL<br><b>BRITISH RECORD</b> | 18/10/1994<br><b>13 YEAR</b>  | HASLEMERE<br><b>BRITISH RECORD</b> | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD     | 27/07/2008   |
| 200 FLY   | 2.15.13  | STEVEN KING                             | 30/07/1993                    | BRACKNELL & WOKINGHAM              | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD     | 23/07/2007   |
| 200 IM  | 2.18.53  | STEVEN KING                             | 30/07/1993                    | BRACKNELL & WOKINGHAM              | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD     | 25/07/2007   |
| 400 IM  | 4.58.76  | JOSHUA FOWLER                           | 28/10/1992                    | PORTSMOUTH NORTHSEA                | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD      | 30/07/2006   |

## SHEET 4 UPDATED 20/12/2008

| SOUTH EAST REGION LONG COURSE RECORDS MALE 14 YEARS |          |                            |            |                       |   |              |
|---|----------|----------------------------|------------|-----------------------|---|--------------|
| EVENT   | TIME     | NAME                       | D.O.B.     | CLUB                  | VENUE   | DATE OF SWIM |
| 50 FREE   | 26.11    | STEVEN KING                | 30/07/1993 | BRACKNELL & WOKINGHAM | BURNS OPEN<br>PONDS FORGE<br>SHEFFIELD                        | 26/01/2008   |
| 100 FREE  | 54.34    | BRADLEY MOORHOUSE          | 02/08/1991 | BLACK LION            | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD  | 27/07/2006   |
| 200 FREE  | 1.59.32  | STEVEN KING                | 30/07/1993 | BRACKNELL & WOKINGHAM | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD  | 25/07/2008   |
| 400 FREE  | 4.16.75  | ADAM HARRINGTON            | 20/07/1991 | CRAWLEY               | S E R A S A<br>AGE GROUP CHAMPIONSHIPS<br>K2 CRAWLEY          | 03/06/2006   |
| 800 FREE  | 8.46.02  | ADAM HARRINGTON            | 20/07/1991 | CRAWLEY               | CRAWLEY OPEN<br>K2 CRAWLEY                                    | 11/06/2006   |
| 1500 FREE   | 16.42.13 | DANIEL WHITE               | 04/04/1992 | PORTSMOUTH NORTHSEA   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD  | 29/07/2006   |
| 50 BACK   | 30.81    | CAMERON BAX                | 09/04/1993 | CRAWLEY               | PLYMOUTH OPEN<br>MILLFIELD                                    | 14/12/2007   |
| 100 BACK  | 1.02.74  | ADAM HARRINGTON            | 20/06/2007 | CRAWLEY               | S E R A S A<br>AGE GROUP CHAMPIONSHIPS<br>K2 CRAWLEY          | 03/06/2006   |
| 200 BACK  | 2.11.99  | SAM VAN DE<br>SCHOOTBRUGGE | 22/03/1993 | CITY of OXFORD        | DUTCH OPEN<br>EINDHOVEN                                       | 06/12/2007   |
| 50 BREAST   | 32.76    | DAVID ANDREWS              | 10/04/1993 | LEATHERHEAD           | BURNS OPEN<br>PONDS FORGE<br>SHEFFIELD                        | 26/01/2008   |
| 100 BREAST  | 1.10.87  | CHRISTOPHER FEBO           | 30/10/1993 | CITY of SOUTHAMPTON   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 24/07/2008   |
| 200 BREAST  | 2.32.23  | ANDREW WILLIS              | 03/12/1990 | RUSHMOOR ROYALS       | S E R A S A CHAMPIONSHIPS<br>GARRISON POOL<br>ALDERSHOT       | 27/11/2005   |
| 50 FLY  | 28.06    | STEVEN KING                | 30/07/1993 | BRACKNELL & WOKINGHAM | BURNS OPEN<br>PONDS FORGE<br>SHEFFIELD                        | 27/01/2008   |
| 100 FLY   | 58.68    | STEVEN KING                | 30/07/1993 | BRACKNELL & WOKINGHAM | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD  | 27/07/2008   |
| 200 FLY   | 2.11.87  | ADAM BARRETT               | 30/07/1992 | READING               | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 23/07/2007   |
| 200 IM  | 2.14.50  | STEVEN KING                | 30/07/1993 | BRACKNELL & WOKINGHAM | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2008   |
| 400 IM  | 4.46.74  | ADAM HARRINGTON            | 20/07/1991 | CRAWLEY               | S E R A S A<br>AGE GROUP CHAMPIONSHIPS<br>K2 CRAWLEY          | 03/06/2006   |

## SHEET 5 UPDATED 20/12/2008

| SOUTH EAST REGION LONG COURSE RECORDS MALE 15 YEARS |          |                         |            |                       |  |              |
|---|----------|-------------------------|------------|-----------------------|--|--------------|
| EVENT   | TIME     | NAME                    | D.O.B.     | CLUB                  | VENUE  | DATE OF SWIM |
| 50 FREE   | 24.48    | GEOFFREY CHEAH          | 10/11/1990 | BRACKNELL & WOKINGHAM | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD | 05/08/2006   |
| 100 FREE  | 53.20    | GEOFFREY CHEAH          | 10/11/1990 | BRACKNELL & WOKINGHAM | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD | 02/08/2006   |
| 200 FREE  | 1.57.02  | SAM VAN DE SCHOOTBRUGGE | 22/03/1993 | CITY of OXFORD        | NATIONAL YOUTH CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD       | 01/08/2008   |
| 400 FREE  | 4.08.81  | SAM VAN DE SCHOOTBRUGGE | 22/03/1993 | CITY of OXFORD        | NATIONAL YOUTH CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD       | 29/07/2008   |
| 800 FREE  | 8.45.21  | TOM GALLICHAN           | 04/10/1992 | TIGERS (JERSEY)       | S.E.R.A.S.A.YOUTH CHAMPIONSHIPS: GARRISON POOL ALDERSHOT   | 04/05/2008   |
| 1500 FREE   | 16.30.43 | JAKE HOWES              | 03/09/1992 | PORTSMOUTH NORTHSEA   | ASA NATIONAL CHAMPIONSHIPS PICTON LIVERPOOL                | 12/07/2008   |
| 50 BACK   | 27.59    | GEOFFREY CHEAH          | 10/11/1990 | BRACKNELL & WOKINGHAM | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD | 03/08/2006   |
| 100 BACK  | 58.76    | GEOFFREY CHEAH          | 10/11/1990 | BRACKNELL & WOKINGHAM | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD | 01/08/2006   |
| 200 BACK  | 2.08.63  | ADAM HARRINGTON         | 20/07/1991 | CRAWLEY               | SCOTTISH NATIONAL OPENCHAMPIONSHIPS. TOLL CROSS            | 28/06/2007   |
| 50 BREAST   | 31.90    | JAMIE SHIELDS           | 24/09/1991 | BRACKNELL & WOKINGHAM | S.E.R.A.S.A.YOUTH CHAMPIONSHIPS: GARRISON POOL ALDERSHOT   | 07/05/2007   |
| 100 BREAST  | 1.08.58  | MIKAEL POPOV            | 04/07/1992 | WEST WIGHT            | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                | 01/04/2008   |
| 200 BREAST  | 2.30.77  | ANDREW WILLIS           | 03/12/1990 | RUSHMOOR ROYALS       | GATESHEAD & WICKHAM OPEN. PONDS FORGE SHEFFIELD            | 28/01/2006   |
| 50 FLY  | 27.70    | ALEX JAMESON            | 26/02/1992 | ST BEDES SCHOOL       | BURNS OPEN PONDS FORGE SHEFFIELD                           | 27/01/2008   |
| 100 FLY   | 57.30    | KARL BOTHA              | 02/02/1991 | CITY of CANTERBURY    | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD | 05/08/2006   |
| 200 FLY   | 2.10.06  | SAM VAN DE SCHOOTBRUGGE | 22/03/1993 | CITY of OXFORD        | NATIONAL YOUTH CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD       | 30/07/2008   |
| 200 IM  | 2.11.05  | SAM VAN DE SCHOOTBRUGGE | 22/03/1993 | CITY of OXFORD        | NATIONAL YOUTH CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD       | 30/07/2008   |
| 400 IM  | 4.38.60  | SAM VAN DE SCHOOTBRUGGE | 22/03/1993 | CITY of OXFORD        | NATIONAL YOUTH CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD       | 02/08/2008   |

## SHEET 6 UPDATED 20/12/2008

| SOUTH EAST REGION LONG COURSE RECORDS MALE 16 YEARS |          |   |                               |                                   |   |              |
|---|----------|---|-------------------------------|-----------------------------------|---|--------------|
| EVENT   | TIME     | NAME                                      | D.O.B.                        | CLUB                              | VENUE   | DATE OF SWIM |
| 50 FREE   | 23.86    | GEOFFREY CHEAH                            | 10/11/1990                    | BRACKNELL & WOKINGHAM             | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD  | 31/07/2007   |
| 100 FREE  | 52.25    | ROBERT MATTHEWS-STROUD                    | 11/07/1989                    | WYCOMBE DISTRICT                  | ISF GYMNASIADE ATHENS GREECE                                | 28/06/2006   |
| 200 FREE  | 1.53.63  | TOM PARRIS                                | 25/01/1991                    | HASTINGS SEAGULLS                 | QUEENSLAND CHAMPIONSHIPS AUSTRALIA                          | 17/12/2007   |
| 400 FREE  | 4.08.37  | JJL GALLICHAN                             | 13/08/1991                    | TIGERS (JERSEY)                   | SERASA YOUTH CHMPTIONSHIPS. ALDRSHOT                        | 04/05/2008   |
| 800 FREE  | 8.33.38  | GARRY DIXON                               | 12/03/1990                    | READING                           | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD  | 02/08/2006   |
| 1500 FREE   | 16.07.89 | GARRY DIXON                               | 12/03/1990                    | READING                           | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD  | 06/08/2006   |
| 50 BACK   | 27.47    | GEOFFREY CHEAH                            | 10/11/1990                    | BRACKNELL & WOKINGHAM             | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD  | 30/07/2007   |
| 100 BACK  | 57.91    | ADAM HARRINGTON<br><b>ENGLISH RECORD</b>  | 20/07/1991<br><b>16 YEAR</b>  | CRAWLEY<br><b>ENGLISH RECORD</b>  | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 31/03/2008   |
| 200 BACK  | 2.04.66  | ADAM HARRINGTON                           | 20/07/1991                    | CRAWLEY                           | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 02/04/2008   |
| 50 BREAST   | 30.82    | LEON MACLEAN                              | 26/11/1990                    | HAYWARDS HEATH                    | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD  | 01/08/2007   |
| 100 BREAST  | 1.06.70  | ANDREW WILLIS                             | 03/12/1990                    | BRACKNELL & WOKINGHAM             | NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD | 27/07/2007   |
| 200 BREAST  | 2.20.80  | ANDREW WILLIS                             | 03/12/1990                    | BRACKNELL & WOKINGHAM             | NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD | 29/07/2007   |
| 50 FLY  | 26.03    | CALLUM HILLICKS<br><b>SCOTTISH RECORD</b> | 01/11/1991<br><b>16 YEARS</b> | CRAWLEY<br><b>SCOTTISH RECORD</b> | NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD     | 02/08/2008   |
| 100 FLY   | 56.11    | KARL BOTHA                                | 02/02/1991                    | CITY of CANTERBURY                | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD  | 31/07/2007   |
| 200 FLY   | 2.04.79  | KARL BOTHA                                | 02/02/1991                    | CITY of CANTERBURY                | NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD | 29/07/2007   |
| 200 IM  | 2.10.97  | ANDREW WILLIS                             | 03/12/1990                    | BRACKNELL & WOKINGHAM             | NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD | 28/07/2007   |
| 400 IM  | 4.27.69  | ADAM HARRINGTON                           | 20/07/1991                    | CRAWLEY                           | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 03/04/2008   |

## SHEET 7 UPDATED 20/12/2008

| SOUTH EAST REGION LONG COURSE RECORDS MALE 17 YEARS |          |  |                               |  |   |              |
|---|----------|--|-------------------------------|--|---|--------------|
| EVENT   | TIME     | NAME                                   | D.O.B.                        | CLUB   | VENUE   | DATE OF SWIM |
| 50 FREE   | 23.67    | ALEX GARNETT                           | 26/12/1990                    | STAINES  | NATIONAL YOUTH CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD        | 01/08/2008   |
| 100 FREE  | 51.14    | TOM PARRIS                             | 25/01/1991                    | HASTINGS SEAGULLS                              | EUROPEAN JUNIOR CHAMPIONSHIPS BELGRADE                      | 30/07/2008   |
| 200 FREE  | 1.51.50  | TOM PARRIS                             | 25/01/1991                    | HASTINGS SEAGULLS                              | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 02/04/2008   |
| 400 FREE  | 4.09.10  | JAMES WHELAN                           | 15/09/1989                    | PORTSMOUTH NORTHSEA                            | NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD | 27/07/2007   |
| 800 FREE  | 8.33.46  | GARRY DIXON                            | 12/03/1990                    | READING  | S.E.R.A.S.A.YOUTH CHAMPIONSHIPS: GARRISON POOL ALDERSHOT    | 05/05/2007   |
| 1500 FREE   | 16.24.40 | GARRY DIXON                            | 12/03/1990                    | READING  | SERASA OPEN CHAMPIONSHIPS K2 CRAWLEY                        | 04/11/2007   |
| 50 BACK   | 27.57    | ADAM HARRINGTON                        | 20/07/1991                    | CRAWLEY  | EUROPEAN JUNIOR CHAMPIONSHIPS BELGRADE                      | 30/07/2008   |
| 100 BACK  | 59.01    | JAMES STOCKDALE                        | 08/09/1988                    | PORTSMOUTH NORTHSEA                            | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD  | 01/08/2006   |
| 200 BACK  | 2.04.65  | ADAM HARRINGTON                        | 20/07/1991                    | CRAWLEY  | EUROPEAN JUNIOR CHAMPIONSHIPS BELGRADE                      | 30/07/2008   |
| 50 BREAST   | 31.07    | ANDREW WILLIS                          | 03/12/1990                    | BRACKNELL & WOKINGHAM                          | S.E.R.A.S.A.OPEN CHAMPIONSHIPS: GARRISON POOL ALDERSHOT     | 01/11/2008   |
| 100 BREAST  | 1.06.35  | ANDREW WILLIS                          | 03/12/1990                    | BRACKNELL & WOKINGHAM                          | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 01/04/2008   |
| 200 BREAST  | 2.15.86  | ANDREW WILLIS<br><b>BRITISH RECORD</b> | 03/12/1990<br><b>17 YEARS</b> | BRACKNELL & WOKINGHAM<br><b>BRITISH RECORD</b> | EUROPEAN JUNIOR CHAMPIONSHIPS BELGRADE                      | 30/07/2008   |
| 50 FLY  | 25.59    | MARK HARRIS                            | 18/04/1989                    | WINDSOR  | CITY of DERBY OPEN: PONDS FORGE SHEFFIELD                   | 07/01/2007   |
| 100 FLY   | 57.41    | MATTHEW SANDERSON                      | 09/04/1989                    | CITY of OXFORD                                 | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD  | 05/08/2006   |
| 200 FLY   | 2.07.77  | OLIVER SUMMERS                         | 22/02/1991                    | PORTSMOUTH NORTHSEA                            | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 05/04/2008   |
| 200 IM  | 2.10.06  | JAMES STOCKDALE                        | 08/09/1988                    | PORTSMOUTH NORTHSEA                            | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD  | 02/08/2006   |
| 400 IM  | 4.34.21  | ANDREW WILLIS                          | 03/12/1990                    | BRACKNELL & WOKINGHAM                          | S E R A S A OPEN CHAMPIONSHIPS GARRISON POOL ALDERSHOT      | 01/11/2008   |

## SHEET 8 UPDATED 20/12/2008

| SOUTH EAST REGION LONG COURSE RECORDS MALE 18 YEARS        |          |                    |            |                       |   |              |
|--|----------|--------------------|------------|-----------------------|---|--------------|
| EVENT  | TIME     | NAME               | D.O.B.     | CLUB                  | VENUE   | DATE OF SWIM |
| 50 FREE  | 23.33    | ROBERT IDDIOLS     | 11/07/1989 | WINDSOR               | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 01/04/2008   |
| 100 FREE   | 51.64    | ROBERT IDDIOLS     | 11/07/1989 | WINDSOR               | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 04/04/2008   |
| 200 FREE   | 1.55.04  | NICHOLAS MIDDLETON | 12/08/1988 | GUILDFORD CITY        | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS. PONDS<br>FORGE. SHEFFIELD   | 30/07/2007   |
| 400 FREE   | 4.10.41  | EDWARD CASTRO      | 02/07/1988 | ST BEDES SCHOOL       | S.E.R.A.S.A.YOUTH<br>CHAMPIONSHIPS:<br>GARRISON POOL<br>ALDERSHOT   | 06/05/2007   |
| 800 FREE   | 8.37.51  | EDWARD CASTRO      | 02/07/1988 | ST BEDES SCHOOL       | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 02/08/2006   |
| 1500 FREE  | 16.28.36 | EDWARD CASTRO      | 02/07/1988 | ST BEDES SCHOOL       | BATH GRAND PRIX<br>BATH UNIVERSITY                                  | 01/12/2006   |
| 50 BACK  | 26.17    | MARCO LOUGHRAN     | 24/03/1989 | GUILDFORD CITY        | BRITISH CHAMPIONSHIPS:<br>MANCHESTER                                | 28/03/2007   |
| 100 BACK   | 55.63    | MARCO LOUGHRAN     | 24/03/1989 | GUILDFORD CITY        | EUROPEAN JUNIOR<br>CHAMPIONSHIPS:<br>ANTWERP                        | 19/07/2007   |
| 200 BACK   | 2.00.22  | MARCO LOUGHRAN     | 24/03/1989 | GUILDFORD CITY        | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 31/07/2007   |
| <b>BRITISH RECORD. 18 YEARS. BRITISH RECORD. 18 YEARS.</b> |          |                    |            |                       |   |              |
| 50 BREAST  | 31.01    | TOM ROOKE          | 07/06/1990 | CRAWLEY               | S.E.R.A.S.A.OPEN<br>CHAMPIONSHIPS:<br>GARRISON POOL<br>ALDERSHOT    | 01/11/2008   |
| 100 BREAST   | 1.06.21  | IAN BLACK          | 03/04/1989 | TIGERS (JERSEY)       | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS. PONDS<br>FORGE. SHEFFIELD   | 27/07/2007   |
| 200 BREAST   | 2.31.18  | IAN BLACK          | 03/04/1989 | TIGERS (JERSEY)       | CITY of SHEFFIELD OPEN:<br>PONDS FORGE<br>SHEFFIELD                 | 26/05/2007   |
| 50 FLY   | 25.13    | MARCO LOUGHRAN     | 24/03/1989 | GUILDFORD CITY        | DUTCH OPEN<br>EINDHOVEN   | 08/12/2007   |
| 100 FLY  | 56.57    | TOM HOLLINGSWORTH  | 26/02/1988 | BEAU SEJOUR BARRACUDA | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 05/08/2006   |
| 200 FLY  | 2.03.53  | TOM HOLLINGSWORTH  | 26/02/1988 | BEAU SEJOUR BARRACUDA | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 03/08/2006   |
| 200 IM   | 2.09.34  | MARCO LOUGHRAN     | 24/03/1989 | GUILDFORD CITY        | BRITISH CHAMPIONSHIPS:<br>MANCHESTER                                | 27/03/2007   |
| 400 IM   | 4.39.09  | IAN BLACK          | 03/04/1989 | TIGERS (JERSEY)       | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 01/08/2007   |

| SOUTH EAST REGION <u>OPEN</u> MALE LONG COURSE RECORDS                        |          |  |                               |  |   |              |
|---|----------|--|-------------------------------|--|---|--------------|
| EVENT   | TIME     | NAME                                   | D.O.B.                        | CLUB   | VENUE   | DATE OF SWIM |
| 50 FREE   | 22.38    | SIMON BURNETT                          | 14/04/1983                    | WINDSOR  | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 02/04/2008   |
| 100 FREE  | 48.20    | SIMON BURNETT<br><b>BRITISH RECORD</b> | 14/04/1983                    | WINDSOR  | OLYMPIC GAMES<br>BEIJING  | 10/08/2008   |
| <b><u>BRITISH RECORD. BRITISH RECORD. BRITISH RECORD. BRITISH RECORD.</u></b> |          |  |                               |  |   |              |
| 200 FREE  | 1.48.01  | SIMON BURNETT                          | 14/04/1983                    | SLOUGH & ETON                                  | EUROPEAN CHAMPIONSHIPS:<br>BUDAPEST, HUNGARY                        | 02/08/2006   |
| 400 FREE  | 4.06.5   | EDWARD CASTRO                          | 02/07/1988                    | ST BEDES SCHOOL                                | ASA NATIONAL<br>CHAMPIONSHIPS<br>PICTON LIVERPOOL                   | 10/07/2008   |
| 800 FREE  | 8.33.38  | GARRY DIXON                            | 12/03/1990                    | READING  | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 02/08/2006   |
| 1500 FREE   | 16.07.89 | GARRY DIXON                            | 12/03/1990                    | READING  | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 06/08/2006   |
| 50 BACK   | 25.95    | MARCO LOUGHRAN                         | 24/03/1989                    | GUILDFORD CITY                                 | ASA NATIONAL<br>CHAMPIONSHIPS<br>PICTON LIVERPOOL                   | 11/07/2008   |
| 100 BACK  | 54.40    | MARCO LOUGHRAN                         | 24/03/1989                    | GUILDFORD CITY                                 | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 31/03/2008   |
| 200 BACK  | 1.58.16  | MARCO LOUGHRAN                         | 24/03/1989                    | GUILDFORD CITY                                 | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 02/04/2008   |
| <b><u>BRITISH RECORD. 18 YEARS. BRITISH RECORD. 18 YEARS.</u></b>             |          |  |                               |  |   |              |
| 50 BREAST   | 29.83    | ROBERT MESSENGER                       | 07/05/1982                    | CITY of CANTERBURY                             | ASA NATIONAL<br>CHAMPIONSHIPS<br>PICTON LIVERPOOL                   | 10/07/2008   |
| 100 BREAST  | 1.05.69  | PETER ROSS                             | 20/03/1981                    | HAYWARDS HEATH                                 | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 01/08/2006   |
| 200 BREAST  | 2.15.86  | ANDREW WILLIS<br><b>BRITISH RECORD</b> | 03/12/1990<br><b>17 YEARS</b> | BRACKNELL & WOKINGHAM<br><b>BRITISH RECORD</b> | EUROPEAN JUNIOR<br>CHAMPIONSHIPS<br>BELGRADE                        | 30/07/2008   |
| 50 FLY  | 24.35    | OWEN MORGAN                            | 08/02/1984                    | CRANLEIGH                                      | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 01/08/2006   |
| 100 FLY   | 53.77    | IAN POWELL                             | 16/12/1985                    | BEAU SEJOUR BARRACUDA                          | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 04/04/2008   |
| 200 FLY   | 1.59.78  | IAN POWELL                             | 16/12/1985                    | BEAU SEJOUR BARRACUDA                          | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 05/04/2008   |
| 200 IM  | 2.04.67  | SIMON BURNETT                          | 14/04/1983                    | WYCOMBE DISTRICT                               | JANET EVANS INVITATIONAL<br>MEET<br>LOS ANGELES                     | 14/07/2007   |
| 400 IM  | 4.27.24  | EDWARD DOWNES                          | 25/04/1987                    | MAXWELL  | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 03/04/2008   |

## SOUTH EAST REGION BOYS JUNIOR(U/16) SHORT COURSE RECORDS

| EVENT  | TIME     | NAME                 | DOB        | CLUB                  | VENUE & DATE OF SWIM   |
|--|----------|----------------------|------------|-----------------------|--|
| 50 FREE  | 24.53    | ALEX JAMESON         | 26/02/1992 | ST BEDES SCHOOL       | BORO' of WALTHAM FOREST<br>OPEN:<br>WALTHAM FOREST<br>26/05/2007 |
| 100 FREE   | 53.07    | CHRISTOPHER FERGUSON | 15/04/1991 | BASINGSTOKE BLUEFINS  | ESSA CHAMPIONSHIPS:<br>MANCHESTER<br>28/10/2006                  |
| 200 FREE   | 1.55.11  | ADAM HARRINGTON      | 20/07/1991 | CRAWLEY               | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY<br>11/03/2006      |
| 400 FREE   | 4.03.32  | ADAM HARRINGTON      | 20/07/1991 | CRAWLEY               | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY<br>24/02/2007      |
| 800 FREE   | 8.31.34  | ADAM HARRINGTON      | 20/07/1991 | CRAWLEY               | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY<br>11/03/2007      |
| 1500 FREE  | 16.11.00 | SAMUEL FERNANDES     | 21/05/1991 | TIGERS (JERSEY)       | CHANNEL ISLES<br>CHAMPIONSHIPS:<br>GUERNSEY<br>20/01/2007        |
| 50 BACK  | 27.46    | ADAM HARRINGTON      | 20/07/1991 | CRAWLEY               | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY<br>17/03/2007      |
| 100 BACK   | 58.07    | ADAM HARRINGTON      | 20/07/1991 | CRAWLEY               | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY<br>25/02/2007      |
| 200 BACK   | 2.02.17  | ADAM HARRINGTON      | 20/07/1991 | CRAWLEY               | HATFIELD UK CHALLENGE<br>MEET:<br>HATFIELD<br>19/05/2007         |
| <b>BRITISH JUNIOR RECORD      BRITISH JUNIOR RECORD      BRITISH JUNIOR RECORD</b> |          |                      |            |                       |  |
| 50 BREAST  | 30.89    | MIKAEL POPOV         | 04/07/1992 | WEST WIGHT            | HAMPSHIRE COUNTY<br>CHAMPIONSHIPS.<br>SOUTHAMPTON<br>15/03/2008  |
| 100 BREAST   | 1.07.23  | ANDREW WILLIS        | 03/12/1990 | BRACKNELL & WOKINGHAM | ESSA CHAMPIONSHIPS:<br>MANCHESTER<br>28/10/2006                  |
| 200 BREAST   | 2.24.94  | ANDREW WILLIS        | 03/12/1990 | BRACKNELL & WOKINGHAM | SERASA CHAMPIONSHIPS:<br>WATERLOOVILLE<br>04/11/2006             |
| 50 FLY   | 27.13    | ALEX JAMESON         | 26/02/1992 | ST BEDES SCHOOL       | VALENTINE MEET<br>HATFIELD<br>09/02/2008                         |
| 100 FLY  | 57.25    | KARL BOTHA           | 02/02/1991 | CITY of CANTERBURY    | ESSA CHAMPIONSHIPS:<br>MANCHESTER<br>28/10/2006                  |
| 200 FLY  | 2.10.52  | KARL BOTHA           | 02/02/1991 | CITY of CANTERBURY    | SERASA CHAMPIONSHIPS:<br>WATERLOOVILLE<br>04/11/2006             |
| 100 IM   | 59.56    | ADAM HARRINGTON      | 20/07/1991 | CRAWLEY               | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY<br>25/02/2007      |
| 200 IM   | 2.09.00  | ADAM HARRINGTON      | 20/07/1991 | CRAWLEY               | ESSA CHAMPIONSHIPS:<br>MANCHESTER<br>28/10/2006                  |
| 400 IM   | 4.30.71  | ADAM HARRINGTON      | 20/07/1991 | CRAWLEY               | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY<br>17/03/2007      |

# SOUTH EAST REGION MENS OPEN SHORT COURSE RECORDS

| EVENT  | TIME     | NAME                                     | DOB        | CLUB                              | VENUE & DATE OF SWIM  |
|--|----------|--|------------|-----------------------------------|---|
| 50 FREE  | 22.04    | OWEN MORGAN                              | 08/02/1984 | GODALMING                         | EUROPEAN CHAMPIONSHIPS<br>DEBRECEN. HUNGARY 16/12/2007                |
| 100 FREE   | 49.82    | GUY SHERWIN                              | 10/03/1984 | SHIVERERS                         | SUSSEX COUNTY<br>CHAMPIONSHIPS<br>K2 CRAWLEY 16/03/2008               |
| 200 FREE   | 1.51.56  | CRAIG GIBBONS                            | 29/11/1985 | MAXWELL                           | DERWENTSIDE OPEN:<br>STANLEY 10/12/2006                               |
| 400 FREE   | 4.00.18  | TOM PARRIS                               | 25/01/1991 | HASTINGS SEAGULLS                 | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY 24/02/2007              |
| 800 FREE   | 8.24.48  | CHRISTOPHER ROWLEY                       | 24/04/1990 | BRACKNELL & WOKINGHAM             | BERKS & BUCKS<br>CHAMPIONSHIPS:<br>MAIDENHEAD 17/03/2007              |
| 1500 FREE  | 15.57.02 | JAMES STOCKDALE                          | 08/09/1988 | PORTSMOUTH NORTHSEA               | BLUE RIBBON OPEN:<br>VICTORIA BATHS<br>PORTSMOUTH 21/01/2007          |
| 50 BACK  | 24.04    | MARCO LOUGHRAN                           | 24/03/1989 | GUILDFORD CITY                    | EUROPEAN CHAMPIONSHIPS<br>RIJEKA. CROATIA 12/12/2008                  |
| 100 BACK   | 51.86    | MARCO LOUGHRAN                           | 24/03/1989 | GUILDFORD CITY                    | EUROPEAN CHAMPIONSHIPS<br>RIJEKA. CROATIA 14/12/2008                  |
| 200 BACK   | 1.53.40  | MARCO LOUGHRAN                           | 24/03/1989 | GUILDFORD CITY                    | EUROPEAN CHAMPIONSHIPS<br>RIJEKA. CROATIA 11/12/2008                  |
| <b>BRITISH JUNIOR RECORD      BRITISH JUNIOR RECORD      BRITISH JUNIOR RECORD</b> |          |  |            |                                   |   |
| 50 BREAST  | 29.70    | BARRIE STEWART                           | 08/06/1983 | HAVANT & WATERLOOVILLE            | NATIONAL MASTERS: PONDS<br>FORGE<br>SHEFFIELD 28/10/2007              |
| 100 BREAST   | 1.04.68  | PETER ROSS                               | 20/03/1981 | BURGESS HILL & HAYWARDS<br>HEATH  | SUSSEX COUNTY<br>CHAMPIONSHIPS<br>K2 CRAWLEY 16/03/2008               |
| 200 BREAST   | 2.20.68  | JOSHUA CLINCH                            | 18/10/1989 | PORTSMOUTH NORTHSEA               | PORTSMOUTH<br>EASTER MEET:<br>VICTORIA BATHS<br>PORTSMOUTH 05/04/2007 |
| 50 FLY   | 24.07    | OWEN MORGAN                              | 08/02/1984 | CRANLEIGH                         | GUILDFORD OPEN:<br>SPECTRUM CENTRE<br>GUILDFORD 03/12/2006            |
| 100 FLY  | 55.54    | CALLUM HILICKS<br><b>SCOTTISH RECORD</b> | 01/11/1991 | CRAWLEY<br><b>SCOTTISH RECORD</b> | ESSA CHAMPIONSHIPS<br>SOUTHBURY ROAD POOL<br>ENFIELD 25/10/2008       |
| 200 FLY  | 2.01.79  | EDWARD DOWNES                            | 25/04/1987 | MAXWELL                           | NATIONAL MASTERS: PONDS<br>FORGE<br>SHEFFIELD 28/10/2006              |
| 100 IM   | 58.41    | RICHARD SALT                             | 25/05/1983 | SHIVERERS                         | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY 19/03/2006              |
| 200 IM   | 2.01.37  | ADAM HARRINGTON                          | 20/07/1991 | CRAWLEY                           | AUSTALIAN CHAMPIONSHIPS<br>MELBOURNE 22/09/2008                       |
| 400 IM   | 4.17.06  | ADAM HARRINGTON                          | 20/07/1991 | CRAWLEY                           | AUSTALIAN CHAMPIONSHIPS<br>MELBOURNE 21/09/2008                       |