

## SHEET 1 UPDATED 19/04/2009

| SOUTH EAST REGION LONG COURSE RECORDS MALE 11/UNDER |          |                        |            |                       |   |              |
|---|----------|------------------------|------------|-----------------------|---|--------------|
| EVENT   | TIME     | NAME                   | D.O.B.     | CLUB                  | VENUE   | DATE OF SWIM |
| 50 FREE   | 30.87    | JAMES CHATER           | 11/08/1995 | TILEHURST             | BRACKNELL OPEN:<br>GARRISON POOL<br>ALDERSHOT                 | 19/05/2007   |
| 100 FREE  | 1.03.19  | MILES MUNRO            | 24/06/1996 | BEAU SEJOUR BARRACUDA | SERASA BAGCAT<br>CHAMPIONSHIPS<br>K2 CRAWLEY                  | 31/05/2008   |
| 200 FREE  | 2.16.24  | BENJAMIN LEVART        | 06/12/1996 | AMERSHAM              | NATIONAL AGE GROUP<br>CHAMPIONSHIPS PONDS<br>FORGE SHEFFIELD  | 25/07/2008   |
| 400 FREE  | 4.42.61  | THOMAS GREGSON         | 09/12/1996 | PORTSMOUTH NORTHSEA   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS PONDS<br>FORGE SHEFFIELD  | 27/07/2008   |
| 800 FREE  | 9.48.43  | WILLIAM STANHOPE       | 17/04/1997 | PORTSMOUTH NORTHSEA   | HAMPSHIRE COUNTY<br>CHAMPIONSHIPS<br>ALDERSHOT                | 28/02/2009   |
| 1500 FREE   | 18.46.36 | WILLIAM STANHOPE       | 17/04/1997 | PORTSMOUTH NORTHSEA   | HAMPSHIRE COUNTY<br>CHAMPIONSHIPS<br>ALDERSHOT                | 01/03/2009   |
| 50 BACK   | 35.47    | HENRY YOUNG            | 02/06/1995 | SHIVERERS             | CRAWLEY OPEN<br>K2 CRAWLEY                                    | 14/04/2007   |
| 100 BACK  | 1.13.98  | ALEXANDER FARRELL      | 28/11/1995 | WINDSOR               | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 24/07/2007   |
| 200 BACK  | 2.35.52  | THOMAS GREGSON         | 09/12/1996 | PORTSMOUTH NORTHSEA   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2008   |
| 50 BREAST   | 41.02    | KYRIACOS<br>PAPA-ADAMS | 02/03/1997 | THANET SWIM CLUB      | CITY of NORWICH EASTER<br>MEET<br>NORWICH                     | 23/03/2008   |
| 100 BREAST  | 1.21.19  | JAMES CHATER           | 11/08/1995 | TILEHURST             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 23/07/2007   |
| 200 BREAST  | 2.57.54  | JAMES CHATER           | 11/08/1995 | TILEHURST             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2007   |
| 50 FLY  | 33.23    | LIAM JONES             | 19/04/1997 | WYCOMBE DISTRICT      | WYCOMBE ANNUAL L2<br>HIGH WYCOMBE                             | 14/02/2009   |
| 100 FLY   | 1.10.38  | THOMAS GREGSON         | 09/12/1996 | PORTSMOUTH NORTHSEA   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 27/07/2008   |
| 200 FLY   | 2.30.26  | THOMAS GREGSON         | 09/12/1996 | PORTSMOUTH NORTHSEA   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 24/07/2008   |
| 200 IM  | 2.35.70  | THOMAS GREGSON         | 09/12/1996 | PORTSMOUTH NORTHSEA   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2008   |
| 400 IM  | 5.20.43  | THOMAS GREGSON         | 09/12/1996 | PORTSMOUTH NORTHSEA   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 25/07/2008   |

## SHEET 2 UPDATED 19/04/2009

| SOUTH EAST REGION LONG COURSE RECORDS MALE 12 YEARS |          |                 |            |                       |   |              |
|---|----------|-----------------|------------|-----------------------|---|--------------|
| EVENT   | TIME     | NAME            | D.O.B.     | CLUB                  | VENUE   | DATE OF SWIM |
| 50 FREE   | 26.88    | OLIVER LEONARD  | 12/03/1995 | BRACKNELL & WOKINGHAM | BURNS OPEN<br>PONDS FORGE<br>SHEFFIELD                        | 26/01/2008   |
| 100 FREE  | 57.05    | MATTHEW POWELL  | 18/10/1994 | HASLEMERE             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 25/07/2007   |
| 200 FREE  | 2.03.04  | MATTHEW POWELL  | 18/10/1994 | HASLEMERE             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 24/07/2007   |
| 400 FREE  | 4.24.03  | MATTHEW POWELL  | 18/10/1994 | HASLEMERE             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2007   |
| 800 FREE  | 9.31.17  | LIAM SMALL      | 13/07/1995 | PORTSMOUTH NORTHSEA   | SCOTTISH AGE GROUP<br>CHAMPIONSHIPS:<br>TOLLCROSS             | 13/04/2008   |
| 1500 FREE   | 17.41.06 | JOSEPH PATCHING | 16/04/1994 | BRACKNELL & WOKINGHAM | CITY of SHEFFIELD OPEN:<br>PONDS FORGE<br>SHEFFIELD           | 30/03/2007   |
| 50 BACK   | 32.67    | OLIVER LEONARD  | 12/03/1995 | BRACKNELL & WOKINGHAM | BURNS OPEN<br>PONDS FORGE<br>SHEFFIELD                        | 27/01/2008   |
| 100 BACK  | 1.06.56  | MATTHEW POWELL  | 18/10/1994 | HASLEMERE             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 24/07/2007   |
| 200 BACK  | 2.28.03  | JOSH PANKHURST  | 10/01/1996 | EAST GRINSTEAD        | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2008   |
| 50 BREAST   | 36.39    | OLIVER LEONARD  | 12/03/1995 | BRACKNELL & WOKINGHAM | RUSHMOOR ROYALS OPEN<br>GARRISON POOL<br>ALDERSHOT            | 20/10/2007   |
| 100 BREAST  | 1.15.85  | JAMES CHATER    | 11/08/1995 | TILEHURST             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 24/07/2008   |
| 200 BREAST  | 2.43.04  | JAMES CHATER    | 11/08/1995 | TILEHURST             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 27/07/2008   |
| 50 FLY  | 28.90    | OLIVER LEONARD  | 12/03/1995 | BRACKNELL & WOKINGHAM | DRAGON MEET<br>SWANSEA  | 11/01/2008   |
| 100 FLY   | 1.02.52  | STEVEN KING     | 30/07/1993 | BRACKNELL & WOKINGHAM | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD  | 28/07/2006   |
| 200 FLY   | 2.19.21  | STEVEN KING     | 30/07/2003 | BRACKNELL & WOKINGHAM | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD  | 29/07/2006   |
| 200 IM  | 2.24.02  | MATTHEW POWELL  | 18/10/1994 | HASLEMERE             | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 25/07/2007   |
| 400 IM  | 5.08.56  | STEVEN KING     | 30/07/1993 | BRACKNELL & WOKINGHAM | S E R A S A<br>AGE GROUP CHAMPIONSHIPS<br>K2 CRAWLEY          | 03/06/2006   |

## SHEET 3 UPDATED 19/04/2009

| SOUTH EAST REGION LONG COURSE RECORDS MALE 13 YEARS |          |   |                               |                                    |   |              |
|---|----------|---|-------------------------------|------------------------------------|---|--------------|
| EVENT   | TIME     | NAME                                    | D.O.B.                        | CLUB                               | VENUE   | DATE OF SWIM |
| 50 FREE   | 25.32    | MATTHEW POWELL                          | 18/10/1994                    | HASLEMERE                          | EARLY BIRD MEET<br>K2 CRAWLEY                                 | 05/10/2008   |
| 100 FREE  | 54.53    | MATTHEW POWELL<br><b>BRITISH RECORD</b> | 18/10/1994<br><b>13 YEARS</b> | HASLEMERE<br><b>BRITISH RECORD</b> | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2008   |
| 200 FREE  | 2.00.74  | MATTHEW POWELL                          | 18/10/1994                    | HASLEMERE                          | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 25/07/2008   |
| 400 FREE  | 4.27.66  | STEVEN KING                             | 30/07/1993                    | BRACKNELL & WOKINGHAM              | BERKS & BUCKS OPEN:<br>GARRISON POOL<br>ALDERSHOT             | 28/04/2007   |
| 800 FREE  | 9.11.56  | JACK BEDDOES                            | 29/04/1995                    | LEATHERHEAD                        | SURREY COUNTY<br>CHAMPIONSHIPS<br>ALDERSHOT                   | 31/01/2009   |
| 1500 FREE   | 17.11.30 | JOSHUA FOWLER                           | 28/10/1992                    | PORTSMOUTH NORTHSEA                | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD  | 29/07/2006   |
| 50 BACK   | 31.20    | OLIVER LEONARD                          | 12/03/1995                    | FARNHAM                            | RUSHMOOR ROYALS OPEN<br>GARRISON POOL<br>ALDERSHOT            | 26/10/2008   |
| 100 BACK  | 1.02.46  | MATTHEW POWELL                          | 18/10/1994                    | HASLEMERE                          | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 25/07/2008   |
| 200 BACK  | 2.21.00  | MATTHEW MASTERS                         | 31/10/1994                    | CITY of MILTON KEYNES              | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2008   |
| 50 BREAST   | 34.09    | ALEX MURPHY                             | 11/06/1995                    | DIDCOT BARRAMUNDI                  | DRAGON MEET SWANSEA   | 11/01/2009   |
| 100 BREAST  | 1.12.04  | CHRISTOPHER FEBO                        | 30/10/1993                    | CITY of SOUTHAMPTON                | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 23/07/2007   |
| 200 BREAST  | 2.36.06  | CHRISTOPHER FEBO                        | 30/10/1993                    | CITY of SOUTHAMPTON                | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2007   |
| 50 FLY  | 27.63    | MATTHEW POWELL<br><b>BRITISH RECORD</b> | 18/10/1994<br><b>13 YEAR</b>  | HASLEMERE<br><b>BRITISH RECORD</b> | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2008   |
| 100 FLY   | 58.47    | MATTHEW POWELL<br><b>BRITISH RECORD</b> | 18/10/1994<br><b>13 YEAR</b>  | HASLEMERE<br><b>BRITISH RECORD</b> | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 27/07/2008   |
| 200 FLY   | 2.15.13  | STEVEN KING                             | 30/07/1993                    | BRACKNELL & WOKINGHAM              | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 23/07/2007   |
| 200 IM  | 2.18.53  | STEVEN KING                             | 30/07/1993                    | BRACKNELL & WOKINGHAM              | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 25/07/2007   |
| 400 IM  | 4.58.76  | JOSHUA FOWLER                           | 28/10/1992                    | PORTSMOUTH NORTHSEA                | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD  | 30/07/2006   |

## SHEET 4 UPDATED 19/04/2009

| SOUTH EAST REGION LONG COURSE RECORDS MALE 14 YEARS |          |                            |            |                       |   |              |
|---|----------|----------------------------|------------|-----------------------|---|--------------|
| EVENT   | TIME     | NAME                       | D.O.B.     | CLUB                  | VENUE   | DATE OF SWIM |
| 50 FREE   | 26.11    | STEVEN KING                | 30/07/1993 | BRACKNELL & WOKINGHAM | BURNS OPEN<br>PONDS FORGE<br>SHEFFIELD                        | 26/01/2008   |
| 100 FREE  | 54.34    | BRADLEY MOORHOUSE          | 02/08/1991 | BLACK LION            | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD  | 27/07/2006   |
| 200 FREE  | 1.59.32  | STEVEN KING                | 30/07/1993 | BRACKNELL & WOKINGHAM | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD  | 25/07/2008   |
| 400 FREE  | 4.16.75  | ADAM HARRINGTON            | 20/07/1991 | CRAWLEY               | S E R A S A<br>AGE GROUP CHAMPIONSHIPS<br>K2 CRAWLEY          | 03/06/2006   |
| 800 FREE  | 8.46.02  | ADAM HARRINGTON            | 20/07/1991 | CRAWLEY               | CRAWLEY OPEN<br>K2 CRAWLEY                                    | 11/06/2006   |
| 1500 FREE   | 16.42.13 | DANIEL WHITE               | 04/04/1992 | PORTSMOUTH NORTHSEA   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD  | 29/07/2006   |
| 50 BACK   | 30.59    | ANDREW NORMAN              | 01/04/1994 | LEATHERHEAD           | BURNS OPEN<br>PONDS FORGE<br>SHEFFIELD                        | 25/01/2009   |
| 100 BACK  | 1.02.74  | ADAM HARRINGTON            | 20/06/2007 | CRAWLEY               | S E R A S A<br>AGE GROUP CHAMPIONSHIPS<br>K2 CRAWLEY          | 03/06/2006   |
| 200 BACK  | 2.11.99  | SAM VAN DE<br>SCHOOTBRUGGE | 22/03/1993 | CITY of OXFORD        | DUTCH OPEN<br>EINDHOVEN                                       | 06/12/2007   |
| 50 BREAST   | 32.76    | DAVID ANDREWS              | 10/04/1993 | LEATHERHEAD           | BURNS OPEN<br>PONDS FORGE<br>SHEFFIELD                        | 26/01/2008   |
| 100 BREAST  | 1.10.87  | CHRISTOPHER FEBO           | 30/10/1993 | CITY of SOUTHAMPTON   | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 24/07/2008   |
| 200 BREAST  | 2.32.23  | ANDREW WILLIS              | 03/12/1990 | RUSHMOOR ROYALS       | S E R A S A CHAMPIONSHIPS<br>GARRISON POOL<br>ALDRESHOT       | 27/11/2005   |
| 50 FLY  | 28.06    | STEVEN KING                | 30/07/1993 | BRACKNELL & WOKINGHAM | BURNS OPEN<br>PONDS FORGE<br>SHEFFIELD                        | 27/01/2008   |
| 100 FLY   | 58.68    | STEVEN KING                | 30/07/1993 | BRACKNELL & WOKINGHAM | NATIONAL AGE GROUP<br>CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD  | 27/07/2008   |
| 200 FLY   | 2.11.87  | ADAM BARRETT               | 30/07/1992 | READING               | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 23/07/2007   |
| 200 IM  | 2.14.50  | STEVEN KING                | 30/07/1993 | BRACKNELL & WOKINGHAM | NATIONAL AGE GROUP<br>CHAMPIONSHIPS:<br>PONDS FORGE SHEFFIELD | 26/07/2008   |
| 400 IM  | 4.46.74  | ADAM HARRINGTON            | 20/07/1991 | CRAWLEY               | S E R A S A<br>AGE GROUP CHAMPIONSHIPS<br>K2 CRAWLEY          | 03/06/2006   |

## SHEET 5 UPDATED 19/04/2009

| SOUTH EAST REGION LONG COURSE RECORDS MALE 15 YEARS |          |                                      |                               |  |   |              |
|---|----------|--------------------------------------|-------------------------------|--|---|--------------|
| EVENT   | TIME     | NAME                                 | D.O.B.                        | CLUB   | VENUE   | DATE OF SWIM |
| 50 FREE   | 24.02    | STEVEN KING                          | 30/07/1993                    | BRACKNELL & WOKINGHAM                          | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 16/03/2009   |
| 100 FREE  | 52.95    | STEVEN KING                          | 30/07/1993                    | BRACKNELL & WOKINGHAM                          | CRAWLEY OPEN<br>K2 CRAWLEY  | 18/04/2009   |
| 200 FREE  | 1.55.00  | SAM VAN DE<br>SCHOOTBRUGGE           | 22/03/1993                    | CITY of OXFORD                                 | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 17/03/2009   |
| 400 FREE  | 4.04.82  | SAM VAN DE<br>SCHOOTBRUGGE           | 22/03/1993                    | CITY of OXFORD                                 | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 16/03/2009   |
| 800 FREE  | 8.45.21  | TOM GALLICHAN                        | 04/10/1992                    | TIGERS (JERSEY)                                | S.E.R.A.S.A.YOUTH<br>CHAMPIONSHIPS:<br>GARRISON POOL<br>ALDERSHOT   | 04/05/2008   |
| 1500 FREE   | 16.30.43 | JAKE HOWES                           | 03/09/1992                    | PORTSMOUTH NORTHSEA                            | ASA NATIONAL<br>CHAMPIONSHIPS<br>PICTON LIVERPOOL                   | 12/07/2008   |
| 50 BACK   | 27.59    | GEOFFREY CHEAH                       | 10/11/1990                    | BRACKNELL & WOKINGHAM                          | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 03/08/2006   |
| 100 BACK  | 58.76    | GEOFFREY CHEAH                       | 10/11/1990                    | BRACKNELL & WOKINGHAM                          | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 01/08/2006   |
| 200 BACK  | 2.07.68  | SAM VAN DE<br>SCHOOTBRUGGE           | 22/03/1993                    | CITY of OXFORD                                 | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 18/03/2009   |
| 50 BREAST   | 31.78    | XANDER ALARI WILLIAMS                | 12/03/1993                    | SEVENOAKS                                      | CITY OF LEEDS<br>XMAS CRACKER<br>LEEDS                              | 20/12/2008   |
| 100 BREAST  | 1.08.58  | MIKAEL POPOV                         | 04/07/1992                    | WEST WIGHT                                     | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 01/04/2008   |
| 200 BREAST  | 2.30.77  | ANDREW WILLIS                        | 03/12/1990                    | RUSHMOOR ROYALS                                | GATESHEAD & WICKHAM<br>OPEN. PONDS FORGE<br>SHEFFIELD               | 28/01/2006   |
| 50 FLY  | 25.81    | STEVEN KING                          | 30/07/1993                    | BRACKNELL & WOKINGHAM                          | CRAWLEY OPEN<br>K2 CRAWLEY  | 18/04/2009   |
| 100 FLY   | 55.70    | STEVEN KING<br><b>BRITISH RECORD</b> | 30/07/1993<br><b>15 YEARS</b> | BRACKNELL & WOKINGHAM<br><b>BRITISH RECORD</b> | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 19/03/2009   |
| 200 FLY   | 2.07.74  | SAM VAN DE<br>SCHOOTBRUGGE           | 22/03/1993                    | CITY of OXFORD                                 | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 16/03/2009   |
| 200 IM  | 2.07.63  | SAM VAN DE<br>SCHOOTBRUGGE           | 22/03/1993                    | CITY of OXFORD                                 | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 17/03/2009   |
| 400 IM  | 4.34.54  | SAM VAN DE<br>SCHOOTBRUGGE           | 22/03/1993                    | CITY of OXFORD                                 | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 20/03/2009   |

## SHEET 6 UPDATED 19/04/2009

| SOUTH EAST REGION LONG COURSE RECORDS MALE 16 YEARS |          |   |                               |                                   |   |              |
|---|----------|---|-------------------------------|-----------------------------------|---|--------------|
| EVENT   | TIME     | NAME                                      | D.O.B.                        | CLUB                              | VENUE   | DATE OF SWIM |
| 50 FREE   | 23.86    | GEOFFREY CHEAH                            | 10/11/1990                    | BRACKNELL & WOKINGHAM             | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD  | 31/07/2007   |
| 100 FREE  | 52.25    | ROBERT MATTHEWS-STROUD                    | 11/07/1989                    | WYCOMBE DISTRICT                  | ISF GYMNASIADE ATHENS GREECE                                | 28/06/2006   |
| 200 FREE  | 1.53.63  | TOM PARRIS                                | 25/01/1991                    | HASTINGS SEAGULLS                 | QUEENSLAND CHAMPIONSHIPS AUSTRALIA                          | 17/12/2007   |
| 400 FREE  | 4.08.37  | JJL GALLICHAN                             | 13/08/1991                    | TIGERS (JERSEY)                   | SERASA YOUTH CHMPIONSHIPS. ALDERSHOT                        | 04/05/2008   |
| 800 FREE  | 8.33.38  | GARRY DIXON                               | 12/03/1990                    | READING                           | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD  | 02/08/2006   |
| 1500 FREE   | 16.07.89 | GARRY DIXON                               | 12/03/1990                    | READING                           | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD  | 06/08/2006   |
| 50 BACK   | 27.47    | GEOFFREY CHEAH                            | 10/11/1990                    | BRACKNELL & WOKINGHAM             | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD  | 30/07/2007   |
| 100 BACK  | 57.91    | ADAM HARRINGTON<br><b>ENGLISH RECORD</b>  | 20/07/1991<br><b>16 YEAR</b>  | CRAWLEY<br><b>ENGLISH RECORD</b>  | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 31/03/2008   |
| 200 BACK  | 2.04.66  | ADAM HARRINGTON                           | 20/07/1991                    | CRAWLEY                           | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 02/04/2008   |
| 50 BREAST   | 30.82    | LEON MACLEAN                              | 26/11/1990                    | HAYWARDS HEATH                    | NATIONAL YOUTH & OPEN CHAMPIONSHIPS: PONDS FORGE SHEFFIELD  | 01/08/2007   |
| 100 BREAST  | 1.06.70  | ANDREW WILLIS                             | 03/12/1990                    | BRACKNELL & WOKINGHAM             | NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD | 27/07/2007   |
| 200 BREAST  | 2.20.80  | ANDREW WILLIS                             | 03/12/1990                    | BRACKNELL & WOKINGHAM             | NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD | 29/07/2007   |
| 50 FLY  | 26.03    | CALLUM HILLICKS<br><b>SCOTTISH RECORD</b> | 01/11/1991<br><b>16 YEARS</b> | CRAWLEY<br><b>SCOTTISH RECORD</b> | NATIONAL AGE GROUP CHAMPIONSHIPS: PONDS FORGE SHEFFIELD     | 02/08/2008   |
| 100 FLY   | 56.01    | THOMAS KENNEDY                            | 30/04/1992                    | HASLEMERE                         | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 19/03/2009   |
| 200 FLY   | 2.04.79  | KARL BOTHA                                | 02/02/1991                    | CITY of CANTERBURY                | NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD | 29/07/2007   |
| 200 IM  | 2.10.97  | ANDREW WILLIS                             | 03/12/1990                    | BRACKNELL & WOKINGHAM             | NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD | 28/07/2007   |
| 400 IM  | 4.27.69  | ADAM HARRINGTON                           | 20/07/1991                    | CRAWLEY                           | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 03/04/2008   |

## SHEET 7 UPDATED 19/04/2009

| SOUTH EAST REGION LONG COURSE RECORDS MALE 17 YEARS |          |  |                               |  |   |              |
|---|----------|--|-------------------------------|--|---|--------------|
| EVENT   | TIME     | NAME                                   | D.O.B.                        | CLUB   | VENUE   | DATE OF SWIM |
| 50 FREE   | 23.67    | ALEX GARNETT                           | 26/12/1990                    | STAINES  | NATIONAL YOUTH CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD        | 01/08/2008   |
| 100 FREE  | 51.14    | TOM PARRIS                             | 25/01/1991                    | HASTINGS SEAGULLS                              | EUROPEAN JUNIOR CHAMPIONSHIPS BELGRADE                      | 30/07/2008   |
| 200 FREE  | 1.51.50  | TOM PARRIS                             | 25/01/1991                    | HASTINGS SEAGULLS                              | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 02/04/2008   |
| 400 FREE  | 4.09.10  | JAMES WHELAN                           | 15/09/1989                    | PORTSMOUTH NORTHSEA                            | NATIONAL YOUTH & OPEN CHAMPIONSHIPS. PONDS FORGE. SHEFFIELD | 27/07/2007   |
| 800 FREE  | 8.25.95  | ADAM HARRINGTON                        | 20/07/1991                    | CRAWLEY  | SUSSEX COUNTY CHAMPIONSHIPS: K2 CRAWLEY                     | 21/03/2009   |
| 1500 FREE   | 16.24.40 | GARRY DIXON                            | 12/03/1990                    | READING  | SERASA OPEN CHAMPIONSHIPS K2 CRAWLEY                        | 04/11/2007   |
| 50 BACK   | 27.57    | ADAM HARRINGTON                        | 20/07/1991                    | CRAWLEY  | EUROPEAN JUNIOR CHAMPIONSHIPS BELGRADE                      | 30/07/2008   |
| 100 BACK  | 57.66    | ADAM HARRINGTON                        | 20/07/1991                    | CRAWLEY  | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 16/03/2009   |
| 200 BACK  | 2.02.69  | ADAM HARRINGTON                        | 20/07/1991                    | CRAWLEY  | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 18/03/2009   |
| 50 BREAST   | 31.07    | ANDREW WILLIS                          | 03/12/1990                    | BRACKNELL & WOKINGHAM                          | S.E.R.A.S.A.OPEN CHAMPIONSHIPS: GARRISON POOL ALDERSHOT     | 01/11/2008   |
| 100 BREAST  | 1.06.35  | ANDREW WILLIS                          | 03/12/1990                    | BRACKNELL & WOKINGHAM                          | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 01/04/2008   |
| 200 BREAST  | 2.15.86  | ANDREW WILLIS<br><b>BRITISH RECORD</b> | 03/12/1990<br><b>17 YEARS</b> | BRACKNELL & WOKINGHAM<br><b>BRITISH RECORD</b> | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 30/07/2008   |
| 50 FLY  | 25.07    | CALLUM HILLICKS                        | 01/11/1991                    | CRAWLEY  | CRAWLEY OPEN K2 CRAWLEY                                     | 18/04/2009   |
| 100 FLY   | 54.99    | CALLUM HILLICKS                        | 01/11/1991                    | CRAWLEY  | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 19/03/2009   |
| 200 FLY   | 2.06.14  | CALLUM HILLICKS                        | 01/11/1991                    | CRAWLEY  | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 16/03/2009   |
| 200 IM  | 2.04.65  | ADAM HARRINGTON                        | 20/07/1991                    | CRAWLEY  | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 17/03/2009   |
| 400 IM  | 4.22.59  | ADAM HARRINGTON                        | 20/07/1991                    | CRAWLEY  | BRITISH CHAMPIONSHIPS PONDS FORGE SHEFFIELD                 | 20/03/2009   |

## SHEET 8 UPDATED 19/04/2009

| SOUTH EAST REGION LONG COURSE RECORDS MALE 18 YEARS |          |  |                               |  |   |              |
|---|----------|--|-------------------------------|--|---|--------------|
| EVENT   | TIME     | NAME                                   | D.O.B.                        | CLUB   | VENUE   | DATE OF SWIM |
| 50 FREE   | 23.33    | ROBERT IDDIOLS                         | 11/07/1989                    | WINDSOR  | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 01/04/2008   |
| 100 FREE  | 50.92    | TOM PARRIS                             | 25/01/1991                    | HASTINGS SEAGULLS                              | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 19/03/2009   |
| 200 FREE  | 1.50.23  | TOM PARRIS                             | 25/01/1991                    | HASTINGS SEAGULLS                              | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 17/03/2009   |
| 400 FREE  | 3.55.92  | TOM PARRIS                             | 25/01/1991                    | HASTINGS SEAGULLS                              | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 16/03/2009   |
| 800 FREE  | 8.36.76  | MATTHEW BRECKON                        | 12/09/1990                    | LEATHERHEAD                                    | SURREY COUNTY<br>CHAMPIONSHIPS<br>ALDERSHOT                         | 31/01/2009   |
| 1500 FREE   | 16.28.36 | EDWARD CASTRO                          | 02/07/1988                    | ST BEDES SCHOOL                                | BATH GRAND PRIX<br>BATH UNIVERSITY                                  | 01/12/2006   |
| 50 BACK   | 26.17    | MARCO LOUGHRAN                         | 24/03/1989                    | GUILDFORD CITY                                 | BRITISH CHAMPIONSHIPS:<br>MANCHESTER                                | 28/03/2007   |
| 100 BACK  | 55.63    | MARCO LOUGHRAN                         | 24/03/1989                    | GUILDFORD CITY                                 | EUROPEAN JUNIOR<br>CHAMPIONSHIPS:<br>ANTWERP                        | 19/07/2007   |
| 200 BACK  | 1.58.16  | MARCO LOUGHRAN                         | 24/03/1989                    | GUILDFORD CITY                                 | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 02/04/2008   |
|   |          |  |                               |  |   |              |
| 50 BREAST   | 31.01    | TOM ROOKE                              | 07/06/1990                    | CRAWLEY  | S.E.R.A.S.A.OPEN<br>CHAMPIONSHIPS:<br>GARRISON POOL<br>ALDERSHOT    | 01/11/2008   |
| 100 BREAST  | 1.04.85  | ANDREW WILLIS                          | 03/12/1990                    | BRACKNELL & WOKINGHAM                          | WISE INTERNATIONAL<br>SWANSEA                                       | 14/03/2009   |
| 200 BREAST  | 2.12.69  | ANDREW WILLIS<br><b>BRITISH RECORD</b> | 03/12/1990<br><b>18 YEARS</b> | BRACKNELL & WOKINGHAM<br><b>BRITISH RECORD</b> | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 19/03/2009   |
| 50 FLY  | 25.09    | PATRICK CLEMENT                        | 29/07/1990                    | HASLEMERE                                      | BURNS OPEN<br>SHEFFIELD   | 25/01/2009   |
| 100 FLY   | 56.57    | TOM HOLLINGSWORTH                      | 26/02/1988                    | BEAU SEJOUR BARRACUDA                          | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 05/08/2006   |
| 200 FLY   | 2.03.53  | TOM HOLLINGSWORTH                      | 26/02/1988                    | BEAU SEJOUR BARRACUDA                          | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 03/08/2006   |
| 200 IM  | 2.08.31  | ANDREW WILLIS                          | 03/12/1990                    | BRACKNELL & WOKINGHAM                          | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 14/03/2009   |
| 400 IM  | 4.29.65  | ANDREW WILLIS                          | 03/12/1990                    | BRACKNELL & WOKINGHAM                          | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 20/03/2009   |

## SHEET 9 UPDATED 19/04/2009

| SOUTH EAST REGION <u>OPEN</u> MALE LONG COURSE RECORDS                 |          |  |                               |  |   |              |
|--|----------|--|-------------------------------|--|---|--------------|
| EVENT  | TIME     | NAME                                   | D.O.B.                        | CLUB   | VENUE   | DATE OF SWIM |
| 50 FREE  | 22.33    | SIMON BURNETT                          | 14/04/1983                    | WINDSOR  | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 16/03/2009   |
| 100 FREE   | 48.20    | SIMON BURNETT                          | 14/04/1983                    | WINDSOR  | OLYMPIC GAMES<br>BEIJING  | 10/08/2008   |
| <b>BRITISH RECORD. BRITISH RECORD. BRITISH RECORD. BRITISH RECORD.</b> |          |  |                               |  |   |              |
| 200 FREE   | 1.48.01  | SIMON BURNETT                          | 14/04/1983                    | SLOUGH & ETON                                  | EUROPEAN CHAMPIONSHIPS:<br>BUDAPEST, HUNGARY                        | 02/08/2006   |
| 400 FREE   | 3.55.92  | TOM PARRIS                             | 25/01/1991                    | HASTINGS SEAGULLS                              | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 16/03/2009   |
| 800 FREE   | 8.25.95  | ADAM HARRINGTON                        | 20/07/1991                    | CRAWLEY  | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY                       | 21/03/2009   |
| 1500 FREE  | 16.07.89 | GARRY DIXON                            | 12/03/1990                    | READING  | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 06/08/2006   |
| 50 BACK  | 25.95    | MARCO LOUGHRAN                         | 24/03/1989                    | GUILDFORD CITY                                 | ASA NATIONAL<br>CHAMPIONSHIPS<br>PICTON LIVERPOOL                   | 11/07/2008   |
| 100 BACK   | 54.40    | MARCO LOUGHRAN                         | 24/03/1989                    | GUILDFORD CITY                                 | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 31/03/2008   |
| 200 BACK   | 1.58.16  | MARCO LOUGHRAN                         | 24/03/1989                    | GUILDFORD CITY                                 | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 02/04/2008   |
| 50 BREAST  | 29.83    | ROBERT MESSENGER                       | 07/05/1982                    | CITY of CANTERBURY                             | ASA NATIONAL<br>CHAMPIONSHIPS<br>PICTON LIVERPOOL                   | 10/07/2008   |
| 100 BREAST   | 1.04.85  | ANDREW WILLIS                          | 03/12/1990                    | BRACKNELL & WOKINGHAM                          | WISE INTERNATIONAL<br>SWANSEA                                       | 14/03/2009   |
| 200 BREAST   | 2.12.69  | ANDREW WILLIS<br><b>BRITISH RECORD</b> | 03/12/1990<br><b>18 YEARS</b> | BRACKNELL & WOKINGHAM<br><b>BRITISH RECORD</b> | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 19/03/2009   |
| 50 FLY   | 24.35    | OWEN MORGAN                            | 08/02/1984                    | CRANLEIGH                                      | NATIONAL YOUTH & OPEN<br>CHAMPIONSHIPS:<br>PONDS FORGE<br>SHEFFIELD | 01/08/2006   |
| 100 FLY  | 53.76    | IAN POWELL                             | 16/12/1985                    | BEAU SEJOUR BARRACUDA                          | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 19/03/2009   |
| 200 FLY  | 1.58.49  | IAN POWELL                             | 16/12/1985                    | BEAU SEJOUR BARRACUDA                          | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 16/03/2009   |
| 200 IM   | 2.04.65  | ADAM HARRINGTON                        | 20/07/1991                    | CRAWLEY  | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 17/03/2009   |
| 400 IM   | 4.22.59  | ADAM HARRINGTON                        | 20/07/1991                    | CRAWLEY  | BRITISH CHAMPIONSHIPS<br>PONDS FORGE SHEFFIELD                      | 20/03/2009   |

## SHEET 10 UPDATED 19/04/2009

### SOUTH EAST REGION BOYS JUNIOR(U/16) SHORT COURSE RECORDS

| EVENT      | TIME     | NAME  | DOB   | CLUB   | VENUE & DATE OF SWIM   |
|------------|----------|---|---|--|--|
| 50 FREE    | 24.53    | ALEX JAMESON  | 26/02/1992  | ST BEDES SCHOOL                                    | BORO' of WALTHAM FOREST<br>OPEN:<br>WALTHAM FOREST<br>26/05/2007     |
| 100 FREE   | 53.07    | CHRISTOPHER FERGUSON  | 15/04/1991  | BASINGSTOKE BLUEFINS                               | ESSA CHAMPIONSHIPS:<br>MANCHESTER<br>28/10/2006                      |
| 200 FREE   | 1.55.11  | ADAM HARRINGTON   | 20/07/1991  | CRAWLEY  | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY<br>11/03/2006          |
| 400 FREE   | 4.03.32  | ADAM HARRINGTON   | 20/07/1991  | CRAWLEY  | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY<br>24/02/2007          |
| 800 FREE   | 8.31.34  | ADAM HARRINGTON   | 20/07/1991  | CRAWLEY  | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY<br>11/03/2007          |
| 1500 FREE  | 16.11.00 | SAMUEL FERNANDES  | 21/05/1991  | TIGERS (JERSEY)                                    | CHANNEL ISLES<br>CHAMPIONSHIPS:<br>GUERNSEY<br>20/01/2007            |
| 50 BACK    | 27.46    | ADAM HARRINGTON   | 20/07/1991  | CRAWLEY  | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY<br>17/03/2007          |
| 100 BACK   | 58.07    | ADAM HARRINGTON   | 20/07/1991  | CRAWLEY  | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY<br>25/02/2007          |
| 200 BACK   | 2.02.17  | ADAM HARRINGTON<br><span style="color: red;">BRITISH</span> | 20/07/1991<br><span style="color: red;">JUNIOR</span> | CRAWLEY<br><span style="color: red;">RECORD</span> | HATFIELD UK CHALLENGE<br>MEET:<br>HATFIELD<br>19/05/2007             |
|            |          |   |   |  |  |
| 50 BREAST  | 30.89    | MIKAEL POPOV  | 04/07/1992  | WEST WIGHT   | HAMPSHIRE COUNTY<br>CHAMPIONSHIPS.<br>SOUTHAMPTON<br>15/03/2008      |
| 100 BREAST | 1.07.05  | XANDER<br>ALARI-WILLIAMS                                    | 12/03/1993  | SEVENOAKS  | KENT COUNTY<br>CHAMPIONSHIPS<br>BLACK LION, GILLINGHAM<br>28/02/2009 |
| 200 BREAST | 2.24.94  | ANDREW WILLIS   | 03/12/1990  | BRACKNELL & WOKINGHAM                              | SERASA CHAMPIONSHIPS:<br>WATERLOOVILLE<br>04/11/2006                 |
| 50 FLY     | 26.46    | STEVEN KING   | 30/07/1993  | BRACKNELL & WOKINGHAM                              | BERKS & BUCKS<br>CHAMPIONSHIPS:<br>MAIDENHEAD<br>14/03/2009          |
| 100 FLY    | 56.09    | STEVEN KING   | 30/07/1993  | BRACKNELL & WOKINGHAM                              | BERKS & BUCKS<br>CHAMPIONSHIPS:<br>MAIDENHEAD<br>28/02/2009          |
| 200 FLY    | 2.10.52  | KARL BOTHA  | 02/02/1991  | CITY of CANTERBURY                                 | SERASA CHAMPIONSHIPS:<br>WATERLOOVILLE<br>04/11/2006                 |
| 100 IM     | 59.56    | ADAM HARRINGTON   | 20/07/1991  | CRAWLEY  | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY<br>25/02/2007          |
| 200 IM     | 2.07.60  | STEVEN KING   | 30/07/1993  | BRACKNELL & WOKINGHAM                              | BERKS & BUCKS<br>CHAMPIONSHIPS:<br>MAIDENHEAD<br>28/02/2009          |
| 400 IM     | 4.30.71  | ADAM HARRINGTON   | 20/07/1991  | CRAWLEY  | SUSSEX COUNTY<br>CHAMPIONSHIPS:<br>K2 CRAWLEY<br>17/03/2007          |

**SHEET 11 UPDATED 19/04/2009**

**SOUTH EAST REGION MENS OPEN SHORT COURSE RECORDS**

| <b>EVENT</b> | <b>TIME</b> | <b>NAME</b>                       | <b>DOB</b>             | <b>CLUB</b>                | <b>VENUE &amp; DATE OF SWIM</b>   |
|--------------|-------------|-----------------------------------|------------------------|----------------------------|---|
| 50 FREE      | 22.04       | OWEN MORGAN                       | 08/02/1984             | GODALMING                  | EUROPEAN CHAMPIONSHIPS<br>DEBRECEN. HUNGARY<br>16/12/2007               |
| 100 FREE     | 49.82       | GUY SHERWIN                       | 10/03/1984             | SHIVERERS                  | SUSSEX COUNTY<br>CHAMPIONSHIPS<br>K2 CRAWLEY<br>16/03/2008              |
| 200 FREE     | 1.51.56     | CRAIG GIBBONS                     | 29/11/1985             | MAXWELL                    | DERWENTSIDE OPEN:<br>STANLEY<br>10/12/2006                              |
| 400 FREE     | 3.57.47     | MATTHEW BRECKON                   | 12/09/1990             | LEATHERHEAD                | HASLEMERE L1 OPEN<br>HASLEMERE<br>15/11/2008                            |
| 800 FREE     | 8.24.48     | CHRISTOPHER ROWLEY                | 24/04/1990             | BRACKNELL & WOKINGHAM      | BERKS & BUCKS<br>CHAMPIONSHIPS:<br>MAIDENHEAD<br>17/03/2007             |
| 1500 FREE    | 15.57.02    | JAMES STOCKDALE                   | 08/09/1988             | PORTSMOUTH NORTHSEA        | BLUE RIBBON OPEN:<br>VICTORIA BATHS<br>PORTSMOUTH<br>21/01/2007         |
| 50 BACK      | 24.04       | MARCO LOUGHRAN                    | 24/03/1989             | GUILDFORD CITY             | EUROPEAN CHAMPIONSHIPS<br>RIJEKA. CROATIA<br>12/12/2008                 |
| 100 BACK     | 51.86       | MARCO LOUGHRAN                    | 24/03/1989             | GUILDFORD CITY             | EUROPEAN CHAMPIONSHIPS<br>RIJEKA. CROATIA<br>14/12/2008                 |
| 200 BACK     | 1.53.40     | MARCO LOUGHRAN                    | 24/03/1989             | GUILDFORD CITY             | EUROPEAN CHAMPIONSHIPS<br>RIJEKA. CROATIA<br>11/12/2008                 |
| 50 BREAST    | 29.55       | ROBERT MESSENGER                  | 07/05/1982             | CITY of CANTERBURY         | KENT COUNTY<br>CHAMPIONSHIPS<br>BLACK LION. GILLINGHAM<br>14/02/2009    |
| 100 BREAST   | 1.03.46     | TOM ROOKE                         | 07/06/1990             | CRAWLEY                    | SCOTTISH CHAMPIONSHIPS<br>TOLLCROSS<br>17/01/2009                       |
| 200 BREAST   | 2.13.32     | ANDREW WILLIS                     | 03/12/1990             | BRACKNELL & WOKINGHAM      | BERKS & SOUTH BUCKS<br>COUNTY CHAMPIONSHIPS<br>MAIDENHEAD<br>28/02/2009 |
| 50 FLY       | 24.07       | OWEN MORGAN                       | 08/02/1984             | CRANLEIGH                  | GUILDFORD OPEN:<br>SPECTRUM CENTRE<br>GUILDFORD<br>03/12/2006           |
| 100 FLY      | 54.71       | CALLUM HILICKS<br>SCOTTISH RECORD | 01/11/1991<br>17 YEARS | CRAWLEY<br>SCOTTISH RECORD | SCOTTISH CHAMPIONSHIPS<br>TOLLCROSS<br>16/01/2009                       |
| 200 FLY      | 2.01.79     | EDWARD DOWNES                     | 25/04/1987             | MAXWELL                    | NATIONAL MASTERS: PONDS<br>FORGE<br>SHEFFIELD<br>28/10/2006             |
| 100 IM       | 58.28       | PATRICK CLEMENT                   | 29/07/1990             | HASLEMERE                  | SURREY COUNTY<br>CHAMPIONSHIPS<br>GUILDFORD<br>14/02/2009               |
| 200 IM       | 2.01.37     | ADAM HARRINGTON                   | 20/07/1991             | CRAWLEY                    | AUSTALIAN CHAMPIONSHIPS<br>MELBOURNE<br>22/09/2008                      |
| 400 IM       | 4.17.06     | ADAM HARRINGTON                   | 20/07/1991             | CRAWLEY                    | AUSTALIAN CHAMPIONSHIPS<br>MELBOURNE<br>21/09/2008                      |