

## *Hampshire County ASA Open Water Championships 2006*

The HCASA Open Water Championships will take place as part of the ASA South East Region Open Water Championships on 23 July 2006 at Southsea Beach, Portsmouth, starting at 1300. The HCASA Championship will incorporate Junior, Open, Masters and Multi-Disability (1.5km).

The Championships will consist of 2 events, 1.5km and 3km, each swimmer may enter only one event.

Age Groups :

Minimum Age – 13 yrs (as of Dec 31 2006)

Junior – Under 17 (as of Dec 31 2006)

Open – minimum age as above

Masters – (age on on 31 Dec 06)

25 – 34

35 – 44

45 -54

55 yrs +

NOTE – These are NOT the same age groupings that ASASER will be using for the regional Championship, the HCASA age groups are for the County alone – and therefore you must please be very clear and include your date of birth on the entry form – we will do the rest!!!!

Awards

The winner in each category, age group or band will receive an Award for 1<sup>st</sup> Place, Awards for 2<sup>nd</sup> and 3<sup>rd</sup> places will then be awarded dependant on the number of entries on a “minus one” basis (ie; 4 or more entries – 3 places awarded, 3 entries - 2 places awarded)

Multi-Disability (1.5km)

This 1.5km event is open to all athletes who hold a valid IPC, INAS or National classification, please note that the cut-off time for the event is a maximum of 2 hrs, please make a note of your Classification on the top of your Entry Form.

This is a new event for MD this year, and we propose to use the relevant (indoor) 1500m WR times and determine respective placings on that basis .

Entry Forms are available on the SER web site at

<http://www.southeastswimming.org/calendar/showevent.php?id=99>

Please ensure that you state very clearly your age AND that you are a HCASA swimmer on the Entry Form, and return the Form to Trevor Linkins at the address on the Form. There is no additional cost to enter the HCASA championship. You are required to comply with ALL of the entry conditions stated on the ASASER entry form

Any queries – contact Dave Harman at [david.harman@hampshireswimming.org](mailto:david.harman@hampshireswimming.org)