

PORTSMOUTH NORTHSEA SWIMMING CLUB
SUPPORTED BY PORTSMOUTH CITY COUNCIL

SOUTHSEA PIER TO PIER RACE (CLARENCE TO SOUTH PARADE)

UNDER ASA LAWS & TECHNICAL RULES OF OPEN WATER SWIMMING

SUNDAY 9 SEPTEMBER 2007 START OF RACE 1.00 PM

ENTRY FORM

DISTANCE: 1.25 Miles

ENTRY FEE: £7.00

The event is inclusive of disabilities athletes

Please enter me for the above swim, I enclose a cheque payable to PNSC, plus S.A.E. for confirmation and further information.

Please circle entry category: -

MENS LADIES JUNIOR – under 16 as at 31 December 2007

MASTERS 25-39 40-49 50-59 60-69 70+ as at 31 December 2007

SURNAME:.....

OTHER NAMES IN FULL:.....

AGE & DATE OF BIRTH

FULL ADDRESS:.....
(including Post Code)

.....

Tel No: ASA Registration No.....

CLUB

I am an amateur according to the Rules of the ASA. I have the necessary ability to complete 1.25 miles in open water, and accept the conditions of the race as laid out in the information sheet. NOTE :- If you are unable to complete the course in the time of 1 hour 15 minutes, you may be requested to withdraw from the race and leave the water.

Signature of entrant Date

Signature of parent / guardian:(If junior – under 16 years)

NB: If currently resident in or born in Hampshire, please tick

PLEASE RETURN THIS FORM AS SOON AS POSSIBLE TO:
Meet Management, PNSC Office, Victoria Swimming Centre, Anglesea Road, Portsmouth
Hants PO1 3DL CLOSING DATE –20 AUGUST 2007

– NO LATE ENTRIES ACCEPTED
INFORMATION SHEET

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SOUTHSEA PIER TO PIER SWIMMING RACE

UNDER ASA LAWS & TECHNICAL RULES OF OPEN WATER SWIMMING

SUNDAY 9 SEPTEMBER 2007

RACE STARTS AT 1.00 PM

Course: CLARENCE PIER TO SOUTH PARADE PIER (Approx. 1.25 miles)

Entries: The competitor's entry form and fee - £7.00 – must be sent to Portsmouth Northsea SC, Victoria Swimming Centre, Anglesea Road, Portsmouth, Hants, PO1 3DL
To arrive NO LATER THAN 20 August 2007

The races are only open to registered swimmers of ASA affiliated clubs, and competitors must comply with the following conditions:-

- a) Entrants must be 13 years as at 31 December 2007. Ages are at 31.12.07
- b) Men should be able to swim 1 mile in 36 minutes and women, 1 mile in 40 minutes, in open water. NOTE:- If you are unable to complete the course in the time of 1 hour 15 minutes you may be requested to withdraw from the race and leave the water
- c) The Club reserves the right to limit numbers
- d) Disabilities swimmers must bring FAC on the day or INAS card and registration

Competitors: Assemble at Clarence Pier promenade for checking and briefing at 12.30 pm and should provide a clearly marked bag for transferring gear to the finish

Conditions: The club will not incur any legal liability for anything done or omitted to be done by officials and shall not be held liable for any personal injury, damage to, or loss of property sustained by any person in connection with the event

Note: The officials' reserve the right to postpone or cancel the swim should the weather conditions be considered dangerous or unsuitable and competitors must accept this as a condition of entry. BOATS and CANOES will patrol the course seaward of the swimmers and LIFEGUARDS will patrol the beaches to ensure the safety of swimmers

PRESENTATIONS On the beach by the Lifeguard Headquarters at Southsea Seafront 2.30 pm approx.

On receipt of S.A.E. your entry will be confirmed, Please apply before 20 August 2007 as this is the closing date. Entries after this will only be time trials.

TROPHIES TO BE AWARDED

THE CITY OF PORTSMOUTH CUP.....	MEN'S RACE WINNER
WALLIS CUP.....	WOMEN'S RACE WINNER
D.R.BOSWORTH WRIGHT CUP	1 ST HAMPSHIRE MAN
BERNEY CUP	1 ST PORTSMOUTH MAN
TYRELL SHIELD.....	1 ST HAMPSHIRE WOMAN
PORTSMOUTH NORTHSEA CUP.....	1 ST PORTSMOUTH WOMAN

NO LATE ENTRIES

Meet Management, Portsmouth Northsea Swimming Club, Victoria Swimming Centre, Anglesea Road, Portsmouth, Hants, PO1 3DL Tel 023 9281 8770