

**ASA South East Region**  
**CPD Course**



**SWIM**  
South East

**Introduction to Backcrawl**  
**Aimed at all Teachers & Coaches**

**Sunday 20 May 2007 10am-1pm**  
**Birley Pavillion, Canterbury**

Tutor: Kim Longland

**3 hour session** describes all areas of Back crawl using the 'BLABT' principle as the organisational structure. It looks at all aspects of Back crawl for the beginner swimmer, gives examples of good teaching points for each technical area and looks at progressive practices and drills.

**£33.50 for IOS members (please include IOS number on form)**

**£37 Non IOS members**

Includes Tea, coffee and Danish pastry and IOS Certificate.

To book your place on this course please call Jenny Norvill on 07917 726403 or email [jenny.norvill@swimming.org](mailto:jenny.norvill@swimming.org)

(Points gained for teacher licensing and professional development)