



ASA South East Region
CPD Course

Voice Protection & Projection Course
For Teachers & Coaches

Sunday 4 March 2007
Arun Leisure Centre

**Tutor: Priscilla Morris LGSM, LLCM,
LLAM (Hons), PGCA, MSTSD
International Voice Coach**

3 hour session includes:

- ❖ Trouble shooting
- ❖ How the voice works
- ❖ Power from the breath
- ❖ Relaxation and posture
- ❖ Communication in all forms
- ❖ Clarity – how to improve it
- ❖ Making an interesting voice
- ❖ Exercises to use at home and work
- ❖ Vocal warm up and self help lists

£34 per candidate

To book your place on this course please call Jenny Norvill
on 07917 726403 or email jenny.norvill@swimming.org
(Points gained for teacher licensing and professional development)