



London Swimming

presents

An Open Water Swimming Official's Course

London Region are hosting a course on Open Water officiating in preparation for the 2007 season of events. This course is an introduction to Open Water officiating.

Saturday 27th January 2007
Loughton Leisure Centre
Traps Hill, Loughton IG10 1SZ

(4 miles from Junction 26 of M25 and close to bottom end of M11)
Pay and Display Car Park next to Pool

This course is FREE The venue can accommodate 30+ people

Programme

Arrive for 12 noon for Registration with refreshments. Course starts at 12.30pm closing by 6.00pm

Tutor: [Les Debenham](#) (National Organiser for Open Water Swimming Officials)

The Course will cover the specific Open Water technical rules and the additional health and safety requirements of an Open Water event. The course is aimed at anyone who is interested in Open Water officiating, you can be qualified as a pool official already or you could just want to get involved in Open Water swimming with no previous pool experience.

NB Bring your own lunch

If you wish to attend, please fill in the details on the Application Form then post/e-mail to Richard or Susan Whitehead at
62, Forest Edge, Buckhurst Hill, Essex IG9 5AB
(essexasasec@hotmail.com)

For further details, telephone Richard or Susan on 0208 281 0254