



ASA South East Region

Swimming Championships Conditions

1. Swimming Championships shall be conducted annually upon dates designated for Regional Championships by the ASA. Dates shall be proposed by the Swimming Manager and confirmed by the Region Board.
2. Swimming Championships shall be conducted in accordance with ASA Laws and Technical Rules of Swimming.

3. **ELIGIBILITY FOR ENTRY**

3.1 **General**

1. The Championships shall be open to eligible swimmers, as defined by the ASA, who are members of clubs affiliated to the Region, who shall not have competed in the Championships/competitions of another Region in the same calendar year.
2. A swimmer must have been an ASA registered member of the club in whose name he is entered at least 30 days prior to the first day of the Championship.
3. For individual events a swimmer's age shall be determined as at midnight on the last day of the Championships.
4. A Junior swimmer shall be aged 16 years or under as at midnight on the last day of the Championships.

3.2 **Team Championships**

1. Team Championships shall be open to all clubs affiliated to the Association.
2. All teams shall consist of four members.
3. A swimmer entered in the name of one club, (or dual clubs), in the individual events may not compete in the name of another club (or dual clubs), in the team events.
4. Clubs may enter one or more teams, but members shall swim for one team only.
5. For team events a swimmer's age shall be determined as at the date of competition unless the event forms part of a qualifying round for entry into National Championships. In such events a Swimmer's age shall be the age attained as per the age qualifying date for the National Championships as shown on the relevant entry forms/information leaflet.

4. PROGRAMME OF EVENTS

4.1 Individual Events

Open and Junior Championships		
50m	Backstroke, Breaststroke, Butterfly, Freestyle	
100m	Backstroke, Breaststroke, Butterfly, Freestyle	
200m	Backstroke, Breaststroke, Butterfly, Freestyle, Individual Medley	
400m	Freestyle, Individual Medley	
800m	Freestyle	
1500m	Freestyle	
Youth Championships		
50m	Freestyle	
100m	Backstroke, Breaststroke, Butterfly, Freestyle	
200m	Backstroke, Breaststroke, Butterfly, Freestyle, Individual Medley	
400m	Freestyle, Individual Medley	
800m	Freestyle	
1500m	Freestyle	
Age groups: Girls: 14/15 years, 16/17 years, 18 & Over Boys: 15/16 years, 17/18 years, 19 & Over		
Age Group Championships		
100m	Backstroke, Breaststroke, Butterfly, Freestyle	
200m	Backstroke, Breaststroke, Butterfly, Freestyle, Individual Medley	
400m	Freestyle, Individual Medley	
800m	Freestyle	
1500m	Freestyle	
Age groups: Girls: 10 years, 11 years, 12 years, 13 years Boys: 10 years, 11 years, 12 years, 13 years, 14 years		
British Age Group Categories (For Age Group Championships)		
Boys	10 Years	Girls
*Best 100m Back, Breast, Fly or Free	100s	*Best 100m Back, Breast, Fly or Free
Best 200m Back, Breast or Fly	Form	Best 200m Back, Breast or Fly
Best 200m or 400m Free	Distance	Best 200m or 400m Free
200m Ind Medley	Medley	200m Ind Medley
Boys	11 Years	Girls
*Best 100m Back, Breast, Fly or Free	100s	Best 100m Back, Breast, Fly or Free
Best 200m Back, Breast or Fly	Form	Best 200m Back, Breast or Fly
Best 200m or 400m Free	Distance	Best 200m, 400m or 800m Free
Best 200m or 400m Ind Medley	Medley	Best 200m or 400m Ind Medley
Boys	12/13 Years	Girls
Best 100m Back, Breast, Fly or Free	100s	Best 100m Back, Breast, Fly or Free
Best 200m Back, Breast or Fly	Form	Best 200m Back, Breast or Fly
Best 200m, 400m or 1500m Free	Distance	Best 200m, 400m, or 800m Free
Best 200m or 400m Ind Medley	Medley	Best 200m or 400m Ind Medley
Boys	14 Years	
Best 100m Back, Breast, Fly or Free	100s	
Best 200m Back, Breast or Free	Form	
Best 200m, 400m, 800m or 1500m Free	Distance	
Best 200m or 400m Ind Medley	Medley	

* There will be no direct qualifying times for Boys ages 10/11 and girls age 10 100m events. Entry will be open to those swimmers with a qualifying time on the corresponding 200m event.

4.2 Team Events

Open Championships

4x100m

Freestyle and Medley

Youth Championships

4x100m

Freestyle and Medley

4x200m Freestyle

Age Groups:

Girls 14-17 years, Boys 15-18 years

Age Group Championships

4x100m

Freestyle and Medley

4x200m

Freestyle

Age Groups:

Girls 11-13 years, Boys 11-14 years

5. ENTRIES

5.1 Entry fees shall be proposed by the Swimming Manager and authorised by the Region Board.

5.2 Entries shall be made on the official entry form (or photocopies thereof).

5.3 Entries, accompanied by the appropriate entry fee, shall be received by the designated Entries Administrator for the Championship by the specified closing date. The closing date shall be no earlier than 42 days before the first day of the Championship. Late entries may be accepted at the discretion of the Swimming Manager, *but in exceptional circumstances only*.

5.4 For all individual events, the Swimming Manager shall set automatic qualifying times and may set base level qualifying times. Swimmers must submit a time for each entry, achieved in a Licensed Meet on or after a date to be published on the entry form for the competition. Submitted times shall be based on a 25m pool; all times to be converted by the use of the published ASA Equivalent Performance Tables. South East Region reserves the right to validate times against the ranking published by the ASA and/or to ask for proof of entry time. Subsequent improved times will not be accepted. The Swimming Manager may waive the requirement for times to have been achieved in a Licensed Meet for selected events where that event is not regularly included in competition programmes.

5.5 All swimmers who have achieved the automatic qualifying time shall be accepted for that event. If there is time available, South East Region may accept additional swimmers who have not achieved the automatic qualifying time, on the basis of the time submitted. All swimmers must have achieved the base level qualifying time if set.

5.6 Notwithstanding condition 5.5, in the interests of safety and to ensure the smooth running of the Championships, the Swimming Manager reserves the right to restrict the number of entries in any event, in which case, the swimmers with the fastest submitted times shall take preference.

6. **CONFIRMATION OF ENTRY**

- 6.1 The Entries Administrator shall make reasonable efforts to despatch confirmation of entry for all accepted entries at least 14 days before the first day of the Championship.
- 6.2 Swimmers should check their entry confirmation carefully. Any errors found must be notified to the Entries Administrator at least 7 days before the first day of the Championship. South East Region will make every effort to correct any error reported by this date, irrespective of the source of the error. Subsequent to this date only errors introduced by South East Region will be corrected.

7. **MEET PROCEDURE**

- 7.1 There shall be separate events for males and females. For distances longer than 400m the promoter shall have the right to seed male and female swimmers together.
- 7.2 A withdrawal system will be in operation. Club representatives are expected to submit withdrawal forms for swimmers who are not intending to swim no later than 45 minutes before the advertised starting time of the first event in the session. Competitors who fail to withdraw and do not present themselves at the start may be suspended from all further events at the Championships.

7.3 Heats and Finals

- 7.3.1 Events may be combined for the purpose of heats and heat declared winner events. Where finals are held, individual finals will be held for each age group. Heats shall be held for all events.
- 7.3.2 In finals, the maximum number of places practicable shall be allocated. A maximum of four reserves shall be declared for each final. Lanes for finals shall be allocated on the spearhead principle.
- 7.3.3 The names of finalists and at least two of a maximum of four reserves shall be announced as soon as practicable after completion of the heats. Announced finalists and reserves not intending to swim shall withdraw by completing a withdrawal form, no more than 30 minutes after the announcement.
- 7.3.4 Any competitor or team withdrawing from a final more than 30 minutes after the announcement of finalists (except in the case of genuine illness or of a proven emergency) may be suspended from all further events at the Championships.
- 7.3.5 Where a reserve is brought in as a result of a withdrawal within 30 minutes of the announcement of finalists, the final shall be reseeded. Where a reserve is brought in after this period, the reserve shall occupy the vacant lane and there shall be no changes made to the allocation of other lanes.
- 7.3.6 All events where heats are necessary shall be seeded slowest to fastest. The final heat in each event shall be spearheaded.
- 7.3.7 Individual events of 400m and over in the Open and Junior and Youth Championships, and all events in the Age Group Championships, shall be decided on heat times and places (heat declared winner). In heat declared winner events, the final heat shall be spearheaded.
- 7.4 Junior results shall be determined as follows:
 - Junior swimmers who are placed in the final shall be placed in order of finishing in the final, ahead of all other Junior Swimmers
 - Other Junior Swimmers shall be placed in accordance with heat times
- 7.5 Time Trials will not be permitted during the Championships.

7.6 Competitors are responsible for presenting themselves to the clerks of the course in time for their race. If a competitor fails to appear at the start of their heat, there will be a single call for the competitor by name. If the competitor or their representative fails to indicate immediately their intent to compete, the event shall continue without them.

8. Competitors with a Permanent Disability

8.1 The Championships shall include multi-disability events as directed by the Amateur Swimming Association. Eligibility and the algorithm for determining results shall be as advised by the Amateur Swimming Association.

9. Awards

9.1 The first, second and third placed swimmers or teams in each individual and team event shall be awarded medals.

10. Disputes

10.1 Any dispute related to a matter not covered in these conditions shall be determined by the Promoter.