ASA SOUTH EAST AND LONDON REGION
2012 OPEN WATER CHAMPIONSHIP, AGE GROUP & MULTI-DISABILITY COMPETITIONS
(Under ASA Laws and ASA Technical Rules incl. IPC Rules for Multi-Disability Event)
CHICHESTER WATERSPORTS CENTRE
Saturday 7th July 2012

0900-1300

To be completed by the swimmer and a club official. Please use BLOCK LETTERS and ensure that this form is filled in fully and correctly.	**MALE please tick**
REGISTRATION NUMBER	**FEMALE please tick**

FORENAMES: _____

SURNAME: _____

CLUB NAME: _____ REGION:_____

DATE OF BIRTH: _____

E.MAIL ADDRESS: _____

Please write your email address very clearly.
Lists of accepted entries and information for competitors will be sent by email and posted on the Open Water page of the SER website

TELEPHONE: _____ *Please provide just one telephone number.*

You cannot enter both 1500m and 3000m event

Tick to enter	Event	Age at 26th July 2012	Entry Fee
	1500m		£10
	1750m		£10
	2000m		£10
	3000m	xxxxxxxxxxxxxxxxxxxx	£10

Please circle the Age Group in which you are competing (3km only age at 31/12/12)						
Under 17 (Junior)	17 to 24	25 to 34	35 to 44	45 to 54	55 to 64	65 or more

If Multi-Disability, please state your Classification	

I am entitled to free entry following 2011 cancellation (please tick)	

ENTRIES MUST BE RECEIVED BY SATURDAY 23rd JUNE 2012.

All swimmers under the age of 18 must be under the supervision of a Club Coach or designated Club Official at all times whilst in the vicinity of the water.

PLEASE READ CHAMPIONSHIP CONDITIONS CAREFULLY, DETACH AND KEEP.
>>>>>>>>>>>>>>>>>>DON'T FORGET TO SIGN THE DECLARATION RFRM>>>>>>>>>>>>>>>>

IMPORTANT - Please read this document carefully before signing. Any queries should be raised with the ASA South East Region Open Water Discipline Manager.

1. I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in Open Water Swimming events or any other associated activities. Accordingly I hereby certify that I am physically fit and well to participate in any such training and events.

2. I am aware of and appreciate the inherent risks involved in such training and competition including the possibilities of injury and accident. I undertake to always conduct myself in a responsible and professional manner.

3. I undertake at all times to use my best endeavour to train and compete in a safe and proper manner and not to do anything which would expose myself or fellow swimmers to unnecessary risk or injury.

4. I further undertake at all times to take all reasonable safety measures for the protection of myself and fellow swimmers and to inform the Referee of any concerns I may have as regards safety.

5. I acknowledge that, during Open Water Swimming events, the ASA South East and London Regions cannot be held responsible for any loss or damage to personal belongings and that I must take all reasonable steps against any such loss or damage.

6. I hereby agree to abide by and be governed by the rules of the Amateur Swimming Association and all other laws and Referee regulations applicable including the ASA Safety Laws and the Conditions of the ASA South East and London Regions.

7. Athletes with a Disability entering the Multi-Disability 1.5km or 3km Events are to present their in-date Functional Ability Card to the Referee at the start of the Race Briefing. Athletes in the Multi-Disability Events are subject to the same Cut-Off times as detailed for the overall Event.

8. I understand that competitors who do not attend their briefing will not be permitted to start.

I have read and understood the above provisions and agree to abide by them.

ENTRIES CAN ONLY BE ACCEPTED FROM REGISTERED SWIMMERS

I hereby declare that the above particulars are correct and I am an eligible competitor in accordance with the laws of the Amateur Swimming Association and will abide by the conditions laid down by the Association for this competition. I know of no medical condition or other impediment which would render my participation undesirable.

Signature of Competitor.....Date.....

I certify that the above information is correct .....Signed Club Official

Signature of Parent/Guardian if under 18 years of age……

INCOMPLETE, INCORRECT OR LATE ENTRIES WILL NOT BE ACCEPTED AND THE FEE WILL BE FORFEITED.

All cheques payable to ASA SE Region

Return the completed form together with the appropriate **ENTRY FEE** to:

Championship Organiser
Keith Barber
16 Saxon Close
Portchester
Hampshire
PO16 8ET

Email s.e.openwater@gmail.com

All timings will be confirmed after the close of entries

PLEASE DETACH AND KEEP THESE CONDITIONS

ASA SOUTH EAST and LONDON REGION
OPEN WATER SWIMMING
(UNDER ASA LAWS and ASA TECHNICAL RULES)
CHAMPIONSHIP CONDITIONS

1. The Championships are open to bona fide members of clubs affiliated to the ASA, the Scottish ASA, the Welsh ASA or registered members of clubs from Countries that are affiliated to FINA.

1.1 Competitors must be 12 years of age as of 31st December in the year of competition to enter the Championship events for 1500, 1750 and 2000 metres and 13 for 3000metres.

1.2 A swimmer shall have joined the club in whose name he is entered at least 60 days prior to the date of the competition.

1.3 A swimmer entering the Junior championship must be under 17 years of age on 26th July 2012.

1.4 The Championships are inclusive of athletes with a disability.

2. Entries

2.1 Entries will only be accepted when received by the organiser on or before the closing date on the official entry form together with the appropriate entry fee.

2.2 The organising committee reserves the right to limit the number of entries.

2.2 **All competitors must read and sign the document with the entry form.**

3. The Championship is freestyle and will be swum as a combined event.

4. Awards

4.1 The first three placed competitors in the Open, Open Multi-Disability and Junior events, male and female shall each receive a suitable award.

4.2 The first placed ASA SER competitors in the Open, Open Multi-Disability and Junior events, male and female, shall each receive a suitable award. Similar awards will be made by London Region.

4.3. Awards shall also be made in the following age groups in the 3K event

17 ~ 24 years
25 ~ 34 years
35 ~ 44 years
45 ~ 54 years
55 ~ 64 years
65 years+

4.4. In the event of less than 4 entries in a class medals will be awarded on the basis of number of entries less 1

5. Competitors must have their number written on back or upper arm.

6. A time limit of 45 minutes after each start will be applied in 1.5K events, 50 minutes in 1.75K events, 60 minutes in 2K events and 1hour 30 minutes after each start in 3K events.

7. No swimmer shall be permitted to use or wear any device which may be an aid to their speed, endurance or buoyancy. Goggles, cap, nose clip and earplugs may be used.

8. Swimmers shall be allowed to use grease or other such substances providing these are not, in the opinion of the referee, excessive.

9. Only the official Safety Boats and Canoes will be allowed on the course. Competitors are <u>not</u> allowed to use their own canoes.

10 If, due to inclement weather, the Championships/Competitions have to be cancelled then the Organisers will make every effort to re-run the event on another date. If this is not possible, then after all expenses have been paid, a percentage of the Entry Fee **<u>may</u>** be refunded.

11. Athletes with a Disability entering the Multi-Disability 1.5km or 3km Event must be Registered with the ASA, British Swimming and/or the IPC and MUST hold a valid Functional Ability Card (FAC) to be eligible to compete. Athletes in the M-D Events will swim under exactly the same Conditions as all other athletes in the relevant Event.

12. Multiple start times may be used in the interest of safety.

13. Protests shall be made and dealt with as detailed in ASA Law.

14. Any matters not provided for in these conditions shall be decided by the Regional Management Board.