SER Masters Senior Age Group Long Course Competition
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MEN

Age Group	Name	Age	Club	Time	Year
50m Backstroke					
18/24	Chris Rowley	21	Rushmoor Ryl	27.46	2011
25/29	Craig Steenhoff	29	Hailsham	30.57	2011
30/34	Daniel Cotton	33	Otter	30.39	2007
35/39	Lee Peterson	36	Braintree	29.17	2010
40/44	Mark Salway	42	Mid Sussex	32.50	2010
45/49	Guy Emerson	46	Amersham	32.83	2009
50/54	David MILLER	50	Otter	34.68	2008
55/59	Graeme Milne	56	Truro City	35.12	2010
60/64	Neil Jackson	61	Hants North	35.65	2007
65/69	Roger Billing	66	Guildford Ct	38.17	2009
70/74	John Lake	70	Spencer	38.84	2010
75/79	Janos Leigh	75	Romford Town	50.41	2009
80/84	James GREEN	80	Redhill & R	56.53	2008
100m Backstroke					
18/24	Chris Rowley	21	Rushmoor Ryl	59.44	2011
25/29	Craig Steenhoff	29	Hailsham	1:06.40	2011
30/34	Neil McMahon	33	Leatherhead	1:04.72	2007
35/39	Lee Peterson	36	Braintree	1:03.18	2010
40/44	Michael Nolan	40	Royal Navy	1:05.32	2011
45/49	Guy Emerson	48	Amersham	1:12.47	2011
50/54	John RITTENHOUSE	50	Barnet Copt	1:09.85	2008
55/59	Carl Mullender	55	Haslemere	1:23.40	2010
60/64	Ivan Myal	62	Chelmsford	1:18.81	2009
65/69	Roger Billing	66	Guildford Ct	1:24.59	2008
70/74	Nigel Salsbury	71	Spencer	1:31.46	2011
75/79	Janos Leigh	75	Romford Town	1:54.79	2009
80/84	Robert Curr	80	Serpentine	2:36.50	2009
95/99	John Harrison	95	Godalming	2:42.01	2009
200m Backstroke					
18/24	Alistair GARMENDIA	24	Eastleigh	2:23.51	2008
25/29	Andrew Young	27	Camden Swiss	2:30.46	2011
30/34	Benjamin Pennington	31	Spencer	2:27.20	2011
35/39	Richard Gardner	38	RTW Monson	2:39.64	2011
40/44	Michael Nolan	40	Royal Navy	2:22.13	2011
45/49	Cristian Rentsch	46	AMT Zurich	2:37.76	2009
50/54	John RITTENHOUSE	50	Barnet Copt	2:31.10	2008
55/59	Len PHOENIX	59	Diss Otters	3:24.60	2008
60/64	Malcolm MUNRO	61	Acton	2:48.23	2008
65/69	Nigel Salsbury	69	Reading	3:15.32	2009
70/74	Nigel Salsbury	71	Spencer	3:26.72	2011
75/79	Janos Leigh	75	Romford Town	4:07.05	2009
80/84	Robert Curr	80	Serpentine	5:20.27	2009
95/99	John Harrison	96	Godalming	6:10.65	2010
50m Breaststroke					
18/24	Barrie Stewart	24	Havant & Wat	30.94	2007
25/29	Peter ROSS	27	B Hill & H Heath	30.71	2008
30/34	Martin Jurco	33	Wandsworth	31.38	2007
35/39	Lee Peterson	36	Braintree	32.15	2010
40/44	Andrea Viola	44	Co Cambridge	33.84	2007
45/49	Dave Milburn	47	Newbury	32.66	2009
50/54	Alan Parkins	51	Croydon Amph	36.34	2011
55/59	Chris Kaethner	55	Clissold	36.26	2010
60/64	Martin Murphy	60	Epsom Dist	39.84	2011
65/69	Chris Jones	66	B Hill & H Heath	39.34	2009
70/74	Anthony Gimson	72	B Hill & H Heath	44.34	2009
75/79	Derrick Fuller	76	Thanet Swim	47.32	2009
80/84	James Green	81	Redhill & R	55.18	2009
100m Breaststroke					
18/24	Barrie Stewart	24	Havant & Wat	1:09.95	2007
25/29	Peter ROSS	27	B Hill & H Heath	1:07.85	2008
30/34	Martin Jurco	33	Wandsworth	1:14.57	2007
35/39	Lee Peterson	36	Braintree	1:12.82	2010

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40/44	Nigel VICKERS	42	Rushmoor Roy	1:16.49	2008
45/49	Dave Milburn	47	Newbury	1:12.51	2009
50/54	Thomas Morrow	54	Co Milton K	1:21.56	2010
55/59	Thomas Morrow	55	Co Milton K	1:21.27	2011
60/64	Martin Murphy	60	Epsom Dist	1:29.35	2011
65/69	Henry DICK	66	Spencer	1:31.02	2008
70/74	Keith Ingram	70	Birmingham M	1:36.35	2010
75/79	Derrick FULLER	75	Thanet Swim	1:49.52	2008
80/84	James GREEN	80	Redhill & R	2:08.48	2008
200m Breaststroke					
18/24	Stephen Murphy	22	Brighton	2:33.96	2007
25/29	Peter ROSS	27	B Hill & H Heath	2:24.93	2008
30/34	Enrico Hahn	30	Otter	2:49.04	2011
35/39	Stephen Irwin	36	Kingston Roy	2:53.18	2007
40/44	Paul Smoothy	43	Spencer	2:54.86	2011
45/49	Dave Milburn	47	Newbury	2:43.56	2009
50/54	Thomas Morrow	51	Co Milton K	2:58.43	2007
55/59	Graham Pearson	59	Carlisle Mas	2:57.16	2011
60/64	Martin Murphy	60	Epsom Dist	3:24.87	2011
65/69	Chris Jones	66	B Hill & H Heath	3:30.03	2008
75/79	Edward Askew	77	Chichester C	4:44.15	2009
70/74	Keith Ingram	70	Birmingham M	3:39.77	2010
75/79	John WALKER	75	Brighton	4:09.44	2008
80/84	James Green	81	Redhill & R	4:36.22	2008
50m Butterfly					
18/24	Jonathan Pook	21	Atlantis	27.09	2009
25/29	William Felgate	25	Havant & Wat	26.36	2007
30/34	Ed Clayton	34	G B Police	27.08	2010
35/39	David Warren	39	Mid Sussex	27.25	2010
40/44	John Cunningham	40	Potters Bar	27.17	2010
45/49	Nicolus Vaughan	46	Royal Navy	28.52	2010
50/54	Steve Braine	53	B Hill & H Heath	29.72	2007
55/59	Steve Braine	55	B Hill & H Heath	29.88	2009
60/64	Tony Meek	60	Sevenoaks	32.08	2010
65/69	Derek Parr	65	Broomfield P	31.61	2009
70/74	David Cumming	71	Eastbourne	35.95	2008
75/79	Derrick FULLER	75	Thanet Swim	48.57	2008
80/84	Robert Curr	80	Serpentine	1:09.35	2009
100m Butterfly					
18/24	Stephen Murhpy	24	B Hill & H Heath	1:00.94	2009
25/29	Flavio Rusconi	25	Otter	1:02.04	2008
30/34	Ed Clayton	34	G B Police	59.79	2010
35/39	Dave Warren	38	B Hill & H Heath	59.29	2009
40/44	Marco Pilloud	41	AMT Zurich	1:06.42	2009
45/49	Nicolus Vaughan	46	Royal Navy	1:06.50	2010
50/54	Stephen Braine	53	B Hill & H Heath	1:10.20	2007
55/59	Graeme Milne	56	Truro City	1:09.37	2010
60/64	Barrie Rolfe	61	Eastbourne	1:18.53	2008
65/69	Derek Parr	65	Broomfield P	1:12.14	2009
70/74	David CUMMING	70	Eastbourne	1:24.29	2008
75/79	Edward Askew	75	Chichester C	2:05.93	2007
200m Butterfly					
18/24	Justin LANGFORD	18	Brighton	2:18.12	2008
25/29	Nick Valentine	29	Co Newcastle	2:28.14	2010
30/34	James Leitch	34	Co Glasgow	2:19.60	2009
35/39	David Warren	36	B Hill & H Heath	2:21.41	2007
40/44	Marco Pilloud	42	AMT Swiss	2:34.27	2010
45/49	Anthony Corben	45	Fareham N'ds	2:41.99	2007
50/54	Thomas Enright	50	Romford Town	3:14.89	2009
60/64	Martin Murphy	60	Epsom Dist	3:36.94	2011
65/69	Derek Parr	65	Broomfield P	2:58.12	2009
70/74	David Cumming	71	Eastbourne	3:23.54	2008
50m Freestyle					
18/24	Chris Rowley	21	Rushmoor Ryl	25.19	2011
25/29	Guy Sherwin	25	Atlantis	23.49	2009
30/34	Adrian Turner	32	Spencer	25.12	2009

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35/39	Paul Allen	37	Boston	25.59	2009
40/44	Adam Perrott	44	Havant & Wat	26.30	2011
45/49	Nicolus Vaughan	46	Royal Navy	26.68	2010
50/54	Tom Greenwood	50	Hart	27.70	2010
55/59	Barrie Rolfe	59	Eastbourne	28.63	2007
60/64	Barrie Rolfe	61	Eastbourne	28.34	2008
65/69	Paul Webster	67	Co Cant'bury	32.73	2008
70/74	John Tennant	71	Birmingham M	32.29	2010
75/79	Derrick FULLER	75	Thanet Swim	36.80	2008
80/84	Robert Curr	80	Serpentine	1:01.83	2009
95/99	John Harrison	95	Godalming	1:14.72	2009
100m Freestyle					
18/24	Chris Rowley	21	Rushmoor Ryl	54.21	2011
25/29	Guy Sherwin	25	Atlantis	52.51	2009
30/34	Karl Buchholtz	30	Reading	55.97	2007
35/39	Mark Jones	38	Ealing	56.03	2010
40/44	Neil Tait	42	Royal Navy	57.49	2010
45/49	Tom GREENWOOD	48	Hart	59.04	2008
50/54	Tom Greenwood	50	Hart	1:00.17	2010
55/59	Steve Braine	55	B Hill & H Heath	1:04.93	2009
60/64	Chris DUNN	62	Hatfield	1:02.98	2008
65/69	Paul Webster	67	Co Cant'bury	1:12.28	2009
70/74	Roger Lloyd-Mostyn	70	Otter	1:13.64	2011
75/79	Frank Taylor	78	Hart	1:35.07	2009
80/84	Frank Taylor	80	Hart	1:32.79	2011
95/99	John Harrison	95	Godalming	2:44.63	2009
200m Freestyle					
18/24	Stephen MURPHY	23	Brighton	2:05.24	2008
25/29	Guy Sherwin	25	Atlantis	1:59.04	2009
30/34	James Leitch	34	Co Glasgow	2:07.72	2009
30/34	Neil McMahon	33	Leatherhead	2:07.72	2007
35/39	Richard Stannard	37	Guildford Ct	2:02.54	2011
40/44	Toni PAVICIC-DONKIC	40	AMT	2:08.10	2008
45/49	Tom GREENWOOD	48	Hart	2:09.99	2008
50/54	Tom Greenwood	51	Hart	2:14.20	2011
55/59	Peter RAE	55	Otter	2:20.90	2008
60/64	Chris DUNN	62	Hatfield	2:21.16	2008
65/69	Rodney MILLER	65	Eastbourne	2:48.29	2008
70/74	Roger Lloyd-Mostyn	70	Otter	2:46.80	2011
75/79	Frank Taylor	78	Hart	3:50.20	2009
400m Freestyle					
18/24	Justin LANGFORD	18	Brighton	4:29.76	2008
25/29	Christopher Grabham	27	Ren 96	4:27.64	2009
30/34	James Leitch	34	Co Glasgow	4:25.40	2009
35/39	Richard Stannard	37	Guildford Ct	4:19.45	2011
40/44	Toni PAVICIC-DONKIC	40	AMT	4:31.56	2008
45/49	Wray SHEWELL-COOPER	47	Potters Bar	4:41.54	2008
50/54	Dave Davenport	54	Bracknell	5:11.23	2007
55/59	Peter RAE	55	Otter	4:57.45	2008
60/64	Duncan McCreadie	62	Maidenhead	4:55.77	2007
65/69	Rodney MILLER	65	Eastbourne	5:56.43	2008
70/74	John Tennant	71	Birmingham M	5:56.00	2010
75/79	Edward Askew	77	Chichester C	7:29.44	2009
80/84	Robert Curr	81	Serpentine	11:17.49	2010
800m Freestyle					
18/24	Justin LANGFORD	18	Brighton	9:31.84	2008
25/29	Christopher Grabham	27	Ren 96	9:18.11	2009
30/34	James Leitch	34	Co Glasgow	9:11.14	2009
35/39	Richard Stannard	35	Leatherhead	8:50.51	2009
40/44	Fred Clatworthy	40	Ealing	9:00.94	2010
45/49	Robert Barker	46	Kingston Roy	9:19.58	2009
50/54	Peter Jaggs	51	Camden Swiss	10:35.3	2009
55/59	Tony Morris	56	AER Lingus	10:27.2	2011
60/64	Chris DUNN	62	Hatfield	10:26.4	2008
65/69	Derek Parr	67	Otter	12:32.7	2011
70/74	Anthony Gimson	72	B Hill & H Heath	13:28.10	2007

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75/79	Edward Askew	77	Chichester C	14:29.00	2007
200m IM					
18/24	Alistair GARMENDIA	24	Eastleigh	2:24.40	2008
25/29	Alex Chklar	26	Spencer	2:29.45	2007
30/34	Neil McMahon	33	Leatherhead	2:20.25	2007
35/39	Dave Warren	36	B Hill & H Heath	2:16.96	2007
40/44	Marco Pilloud	41	AMT Zurich	2:29.56	2009
45/49	Wray SHEWELL-COOPER	47	Potters Bar	2:30.98	2008
50/54	Alan Parkins	50	Croydon Amph	2:46.98	2010
55/59	Steve Braine	55	B Hill & H Heath	2:55.24	2009
60/64	Duncan McCreadie	62	Maidenhead	2:42.93	2007
65/69	Neil Tasker	69	Shiverers	3:09.59	2007
70/74	Garfield Thomas	71	Bridgend City	3:27.24	2011
75/79	Edward Askew	75	Chichester C	3:59.45	2007
80/84	Robert Curr	80	Serpentine	5:37.30	2009
400m IM					
18/24	Stephen MURPHY	23	Brighton	5:02.27	2008
25/29	Stephen Murphy	25	Mid Sussex	5:16.01	2010
30/34	Andrew Chamberlain	34	Hart	5:12.10	2007
35/39	Dave Warren	38	B Hill & H Heath	4:58.71	2009
40/44	Gavin Barlow	43	Spencer	5:42.98	2011
45/49	Cristian Rentsch	46	AMT Zurich	5:37.56	2009
50/54	David MILLER	50	Otter	6:34.18	2008
55/59	Stuart McLellean	58	Sudbury	6:37.11	2007
60/64	Martin Murphy	60	Epsom Dist	7:07.60	2011
65/69	Derek Parr	65	Broomfield P	6:41.53	2009
70/74	David Cumming	71	Eastbourne	7:00.35	2008
75/79	Edward Askew	78	Chichester	8:50.66	2010

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WOMEN

Age Group	Name	Age	Club	Time	Year
50m Backstroke					
18/24	Hannah Keen	23	Hastings SG	32.76	2009
25/29	Anna Fenton	29	Camden Swiss	33.28	2011
30/34	Gina Hobson	33	Otter	35.51	2010
35/39	Kitty Perkins	39	Box Hill	32.55	2009
40/44	Joanna Corben	41	Portsmouth N	35.51	2011
45/49	Karlyn Pipes-Neilson	45	TIM	33.56	2007
50/54	Kathy BIDNALL	53	B Hill & H Heath	39.52	2008
55/59	Kathy Bidnall	56	Mid Sussex	40.56	2011
60/64	Carol FELLOWS	62	Spencer	40.74	2008
65/69	Elizabeth Savidge	65	Kings Corm	45.65	2009
70/74	Janet Masters	70	South Beds	50.86	2010
75/79	Jane Asher	78	Kings Corm	45.87	2008
80/84	Joan KIDD	80	Io Wight	59.01	2007
100m Backstroke					
18/24	Lauren Willcox	24	Dorking	1:12.07	2010
25/29	Anna Fenton	29	Camden Swiss	1:12.15	2011
30/34	Gina Hobson	30	Otter	1:15.51	2007
35/39	Jo CORBEN	38	Fareham N'ds	1:09.45	2008
40/44	Jo Corben	40	Royal Navy	1:11.39	2010
45/49	Vicki Linton-Crook	45	Camden Swiss	1:19.54	2009
50/54	Kathy Bidnall	52	B Hill & H Heath	1:23.87	2007
55/59	Kathy Bidnall	56	Mid Sussex	1:27.44	2011
60/64	Susie Breslin	60	Barnet Copt	1:27.73	2007
65/69	Helen Trippe	65	Winchester	1:33.52	2011
70/74	Janet Masters	70	South Beds	1:49.86	2010
75/79	Jane Asher	76	Kings Corm	1:42.17	2007
80/84	Joan KIDD	80	Io Wight	2:05.60	2007
200m Backstroke					
18/24	Sarah Turner	22	Maxwell	2:37.10	2009
25/29	Jane LEIGHTON	27	Otter	2:38.16	2008
30/34	Gina Hobson	30	Otter	2:45.27	2007
35/39	Jo Corben	37	Fareham N'ds	2:26.37	2007
40/44	Joanna Corben	41	Portsmouth N	2:32.28	2011
45/49	Bridget Bewick	46	Maidenhead	2:53.57	2011
50/54	Judith Hattle	51	Carlisle Mas	2:49.47	2011
55/59	Anne CORK	57	Slough Eton	2:58.22	2008
60/64	Susie Breslin	60	Barnet Copt	3:14.58	2007
65/69	Helen Trippe	65	Winchester	3:21.96	2011
70/74	Jenny Ball	73	Io Wight Ma	4:08.25	2011
75/79	Grace Isaac	79	Spencer	4:45.83	2011
80/84	Joan Kidd	80	Io Wight	4:34.21	2007
50m Breaststroke					
18/24	Sara Parfett	19	Black Lion	35.48	2010
25/29	Kyla Steenhart	29	Camden Swiss	36.39	2007
30/34	Sharon CROWHURST	32	Crawley	37.55	2008
35/39	Sharon Burchell	35	Crawley	38.21	2011
40/44	Meera Siva	40	Dorking	39.15	2009
45/49	Della Jenkins	45	RTW Monson	39.43	2011
50/54	Alison NYE	50	Orpington OJ	38.08	2007
55/59	Jennifer Merritt	56	Spondon	42.82	2007
60/64	Julie CRAYFORD	60	CLAMS	44.17	2008
65/69	Diane Ford	66	Rushmoor Ryl	44.43	2008
70/74	Muriel Hitchcock	71	Chichester C	48.18	2008
75/79	Audrey Taylor	75	Brighton Dol	1:05.57	2011
80/84	Joan KIDD	80	Io Wight	1:00.22	2007
100m Breaststroke					
18/24	Sara Parfett	19	Black Lion	1:17.09	2010
25/29	Carol Eyles	28	Reading	1:22.19	2007
30/34	Sharon CROWHURST	32	Crawley	1:22.79	2008
35/39	Sharon Burchell	35	Crawley	1:23.94	2011
40/44	Sharon Lock	42	Basingstoke	1:25.61	2011
45/49	Hannah Ueckermann	46	Ceolecanth	1:28.44	2009
50/54	Amanda Heath	50	Spencer	1:26.02	2007

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55/59	Jennifer Merritt	56	Spondon	1:29.51	2007
60/64	Jane Hoy	63	Haslemere	1:59.13	2011
65/69	Diane Ford	66	Rushmoor Ryl	1:36.20	2008
70/74	Muriel Hitchcock	71	Chichester C	1:46.89	2008
75/79	Jane ASHER	77	Kings Corm	1:58.18	2008
80/84	Jane Asher	80	Kings Corm	2:05.45	2011
200m Breast					
18/24	Sara Parfett	19	Black Lion	2:55.62	2010
25/29	Jane Leighton	26	Otter	2:53.29	2007
30/34	Tracey Jennings	30	Spencer	3:03.30	2007
35/39	Sue Price	36	Hants North	2:55.64	2007
40/44	Sharon Lock	42	Basingstoke	3:02.15	2011
45/49	Hannah Ueckermann	47	Coelecanth	3:07.10	2010
50/54	Amanda HEATH	51	Spencer	3:05.69	2008
55/59	Jennifer Merritt	56	Spondon	3:16.84	2007
60/64	Diane Ford	64	Spencer	3:35.42	2007
65/69	Diane Ford	66	Rushmoor Ryl	3:30.09	2008
70/74	Muriel Hitchcock	71	Chichester C	3:52.64	2009
80/84	Joan KIDD	80	Io Wight	4:54.94	2007
50m Butterfly					
18/24	Sara Parfett	19	Black Lion	30.80	2010
25/29	Gemma Howells	25	Royal Navy	30.97	2009
30/34	Elizabeth Bellinger	33	Out To Swim	29.52	2011
35/39	Teresa Dray	37	Eastbourne	31.03	2009
40/44	Angela Wilson	42	Maidenhead	32.93	2007
45/49	Karlyn Pipes-Neilson	45	TIM	30.73	2007
50/54	Judith Hattle	50	Carlisle Mas	32.05	2010
55/59	Meryl Alexander	59	Crawley	40.84	2009
60/64	Vivienne Alexander	60	Crawley	39.83	2010
65/69	Diane Ford	66	Rushmoor Ryl	42.67	2008
70/74	Janet Masters	70	South Beds	50.60	2010
75/79	Jane ASHER	77	Kings Corm	47.67	2008
100m Butterfly					
18/24	Faye GARDINER	23	Cant CC Uni	1:18.08	2008
25/29	Gemma Howells	25	Royal Navy	1:08.98	2009
30/34	Gina Hobson	32	Otter	1:10.65	2009
35/39	Teresa Dray	37	Eastbourne	1:09.18	2009
40/44	Lesley NORTON	44	Brighton Dol	1:10.08	2008
45/49	Lesley Norton	45	Brighton Dol	1:12.37	2009
50/54	Judith Hattle	50	Carlisle Mas	1:12.01	2010
55/59	Meryl ALEXANDER	58	Crawley	1:35.87	2008
60/64	Julie CRAYFORD	60	CLAMS	1:34.55	2008
80/84	Jane Asher	80	Kings Corm	2:03.50	2011
200m Butterfly					
18/24	Joanne Ball	19	Erith & Dist	3:02.04	2011
25/29	Kirsty Hodd	27	Spencer	2:39.51	2010
30/34	Emma Anderson	31	Co Cambridge	2:42.77	2007
35/39	Nicola LATTY	37	Oundle	2:29.37	2008
40/44	Nicola Latty	40	Oundle	2:34.69	2011
45/49	Sandra-Jane Jones	47	Gloucester M	3:05.67	2011
50/54	Judith Hattle	50	Carlisle Mas	2:46.16	2010
55/59	Karen Bellas	59	Camden Swiss	3:47.14	2011
50m Freestyle					
18/24	Hannah Keen	23	Hastings SG	27.47	2009
25/29	Anna Fenton	29	Camden Swiss	29.37	2011
30/34	Emma Anderson	31	Co Cambridge	29.67	2007
35/39	Michelle Ware	38	Guildford Ct	29.66	2011
40/44	Lesley NORTON	44	Brighton Dol	29.40	2008
45/49	Rebecca Jenkinson	46	Exeter City	30.94	2009
50/54	Alyson Fordham	54	Romford Town	31.14	2010
55/59	Marie STUTZ	55	AMT	34.11	2008
60/64	Alison GWYNN	60	B Hill & H Heath	34.99	2008
65/69	Jean Howard-Jones	68	Spencer	35.14	2011
70/74	Janet Masters	70	South Beds	43.33	2010
80/84	Joan Kidd	83	Io Wight Ma	54.1	2010
100m Freestyle					

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18/24	Sara Parfett	19	Black Lion	1:01.39	2010
25/29	Laura Walsh	29	Staines	1:03.13	2011
30/34	Gina Hobson	34	Otter	1:03.15	2011
35/39	Nicola LATTY	37	Oundle	1:03.93	2008
40/44	Amanda Picard	41	AMT Zurich	1:03.37	2009
45/49	Lesley Norton	45	Brighton Dol	1:05.22	2009
50/54	Alyson Fordham	54	Romford Town	1:09.21	2010
55/59	Alyson Fordham	55	Romford Town	1:09.21	2011
60/64	Carol FELLOWS	62	Spencer	1:17.63	2008
65/69	Jill COMLPLIN	68	Romford Town	1:22.73	2008
70/74	Jenny Ball	72	Io Wight Ma	1:39.16	2010
80/84	Jane Asher	80	Kings Corm	1:24.66	2011
200m Freestyle					
18/24	Lauren Willcox	24	Dorking	2:20.04	2010
25/29	Samantha Effemey	26	Camden Swiss	2:18.44	2011
30/34	Emma Anderson	31	Co Cambridge	2:23.37	2007
35/39	Nicola LATTY	37	Oundle	2:21.41	2008
40/44	Amanda Picard	41	AMT Zurich	2:16.90	2009
45/49	Nuala Muir-cochrane	45	Camden Swiss	2:27.39	2009
50/54	Jill Jones	50	Trafford Metro	2:29.35	2007
55/59	Alison Gwynn	59	B Hill & H Heath	2:58.66	2007
60/64	Carol FELLOWS	62	Spencer	2:49.33	2008
65/69	Penny WEBSTER	66	Kingston Roy	3:02.29	2008
70/74	Jenny BALL	70	Io Wight	3:31.79	2008
80/84	Vivien BATTEN	83	Nofio Cymru	6:24.41	2008
400m Freestyle					
18/24	Rebecca O'brian	20	Amersham	4:48.65	2009
25/29	Samantha Effemey	26	Camden Swiss	4:55.25	2011
30/34	Michelle Senecal	30	Otter	5:05.07	2007
35/39	Jo Corben	37	Fareham N'ds	4:47.91	2007
40/44	Angela Wilson	42	Maidenhead	5:08.67	2007
45/49	Esther Iseppi	49	AMT	5:24.92	2007
50/54	Lesley COOK	50	Romford Town	5:42.38	2008
55/59	Christine BROOKS	56	Eastbourne	6:18.98	2008
60/64	Carol FELLOWS	62	Spencer	6:00.13	2008
65/69	Penny WEBSTER	66	Kingston Roy	6:21.22	2008
70/74	Barbara FENTIMAN	74	Bromley	7:01.91	2008
75/79	Jane ASHER	77	Kings Corm	6:22.55	2008
800m Freestyle					
18/24	Emma Davis	23	Leatherhead	9:42.08	2009
25/29	Samantha Effemey	26	Camden Swiss	10:05.8	2011
30/34	Nari Lawrey	33	Camden Swiss	10:13.90	2010
35/39	Jessica Wooddisse	36	Stroud Mast	10:03.0	2011
40/44	Amanda Picard	41	AMT Zurich	9:39.61	2009
45/49	Vicki Linton-crook	45	Camden Swiss	10:58.1	2009
50/54	Esther Iseppi	52	AMT Swiss	10:57.77	2010
55/59	Karen Bellas	59	Camden Swiss	12:23.9	2011
60/64	Elaine Blower	64	Barnet Copt	13:06.90	2007
65/69	Penny WEBSTER	66	Kingston Roy	12:54.00	2007
70/74	Barbara FENTIMAN	74	Bromley	14:26.7	2008
75/79	Jane ASHER	77	Kings Corm	13:23.2	2008
80/84	Jane ASHER	80	Kings Corm	13:51.2	2011
200m IM					
18/24	Rebecca O'brian	20	Amersham	2:40.67	2009
25/29	Gemma Howells	25	Royal Navy	2:37.70	2009
30/34	Tracey Jennings	30	Spencer	2:41.63	2007
35/39	Jo Corben	37	Fareham N'ds	2:35.97	2007
40/44	Anne HEGVOLD	42	Spencer	2:41.11	2008
45/49	Bridget Bewick	46	Maidenhead	2:48.16	2011
50/54	Judith Hattle	50	Carlisle Mas	2:45.23	2010
55/59	Karen Bellas	59	Camden Swiss	3:25.52	2011
60/64	Julie CRAYFORD	60	CLAMS	3:20.86	2008
65/69	Elaine Blower	65	Barnet Copt	3:41.76	2010
70/74	Janet Masters	70	South Beds	3:59.55	2010
75/79	Jane ASHER	77	Kings Corm	3:46.64	2008
80/84	Vivien BATTEN	83	Nofio Cymru	8:41.61	2008

SER Masters Senior Age Group Long Course Competition
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400m IM

18/24	Julia Braybrooke	24	Killerwhales	5:42.21	2010
25/29	Carol Thain	25	Heart Of Mid	5:37.32	2010
30/34	Emma Anderson	31	Co Cambridge	5:46.03	2007
35/39	Jo Corben	37	Fareham N'ds	5:26.82	2007
40/44	Jo Corben	40	Royal Navy	5:36.87	2010
45/49	Karlyn Pipes-Neilson	45	TIM	5:19.44	2007
50/54	Judith Hattle	50	Carlisle Mas	5:54.88	2010
55/59	Frances Penwarden	56	Croydon Amph	6:31.31	2010
60/64	Julie CRAYFORD	60	CLAMS	7:15.43	2008
65/69	Elaine Blower	65	Barnet Copt	7:53.58	2010
70/74	Maureen Fakley	70	Hythe	12:20.30	2007
80/84	Jane Asher	80	Kings Corm	8:21.88	2011

SER Masters Senior Age Group Long Course Competition
Best Performances 2007 to 2011

TEAMS

Age group	Club	Time	Year
Mixed 200m Freestyle Team			
072+	Otter	1:51.56	2007
120+	Spencer Swim Team	1:54.57	2010
160+	Eastbourne SC	1:51.39	2009
200+	B Hill & H Heath	2:07.29	2009
240+	Co Cant'bury	2:20.25	2008
Mixed 200m Medley Team			
72+	Otter	2:02.61	2007
120+	Guildford Ct	2:16.17	2008
160+	AMT Zurich	2:11.35	2009
200+	Rushmoor Ryl	2:25.89	2008
240+	B Hill & H Heath	2:35.81	2009
Mens 200m Freestyle Team			
072+	Otter	1:43.55	2007
120+	Spencer Swim Team	1:48.33	2009
160+	AMT Zurich	1:49.73	2008
200+	Dorking Swimming Club	1:57.07	2008
240+	Eastbourne SC	2:09.21	2009
Womens 200m Freestyle Team			
072+	Black Lion	2:00.98	2010
120+	Orpington Ojays	2:06.92	2008
160+	AMT Zurich	2:05.41	2008
200+	Spencer Swim Team	2:14.78	2009
240+	B Hill & H Heath	2:33.28	2008
Mens 200m Medley Team			
72+	Brighton	1:59.36	2007
120+	Spencer Swim Team	2:07.69	2007
160+	Spencer Swim Team	2:04.52	2009
200+	Olympus Marlins	2:13.77	2008
240+	Hastings Seagull SC	2:35.43	2009
Womens 200m Medley Team			
072+	Black Lion	2:16.97	2010
120+	Spencer Swim Team	2:19.88	2010
160+	Crawley SC	2:32.42	2009
200+	Spencer	2:34.50	2008
Mixed 400m Freestyle Team			
072+	Camden Swiss Cottage S	4:18.23	2011
120+	Guildford City A	4:26.14	2011
160+	Mid-Sussex Marlins	4:36.20	2011
200+	Mid-Sussex Marlins	4:38.45	2011
240+	Mid-Sussex Marlins	5:12.73	2011
Mixed 400m Medley Team			
72+	Camden Swiss Cottage	4:47.54	2011
120+	Guildford City	4:47.27	2011
160+	Spencer Swim Team	5:03.12	2011
200+	Mid-Sussex Marlins	5:15.04	2011
240+	Mid-Sussex Marlins	5:35.96	2011
Mens 400m Freestyle Team			
072+	Brighton Dolphin	3:51.56	2011
120+	Chichester (Cormorant)	4:12.76	2011
160+	Guildford City	4:02.94	2011
200+	Mid-Sussex Marlins	4:21.51	2011
240+	Otter SC	5:21.28	2011
Womens 400m Freestyle Team			
072+	Andover Swimming and W	4:44.40	2011
120+	Spencer Swim Team	5:09.05	2011
160+	Mid-Sussex Marlins	5:07.30	2011
240+	Spencer	5:26.59	2011
Mens 400m Medley Team			
72+	Brighton Dolphin	4:21.99	2011
120+	Chichester (Cormorant)	4:46.72	2011
160+	Guildford City	4:31.34	2011
200+	Mid-Sussex Marlins	4:59.10	2011

SER Masters Senior Age Group Long Course Competition
Best Performances 2007 to 2011

240+	Spencer Swim Team	6:16.56	2011
Womens 400m Medley Team			
072+	Andover Swimming and W	5:24.41	2011
160+	Mid-Sussex Marlins	5:47.27	2011
240+	Mid-Sussex Marlins	6:19.38	2011